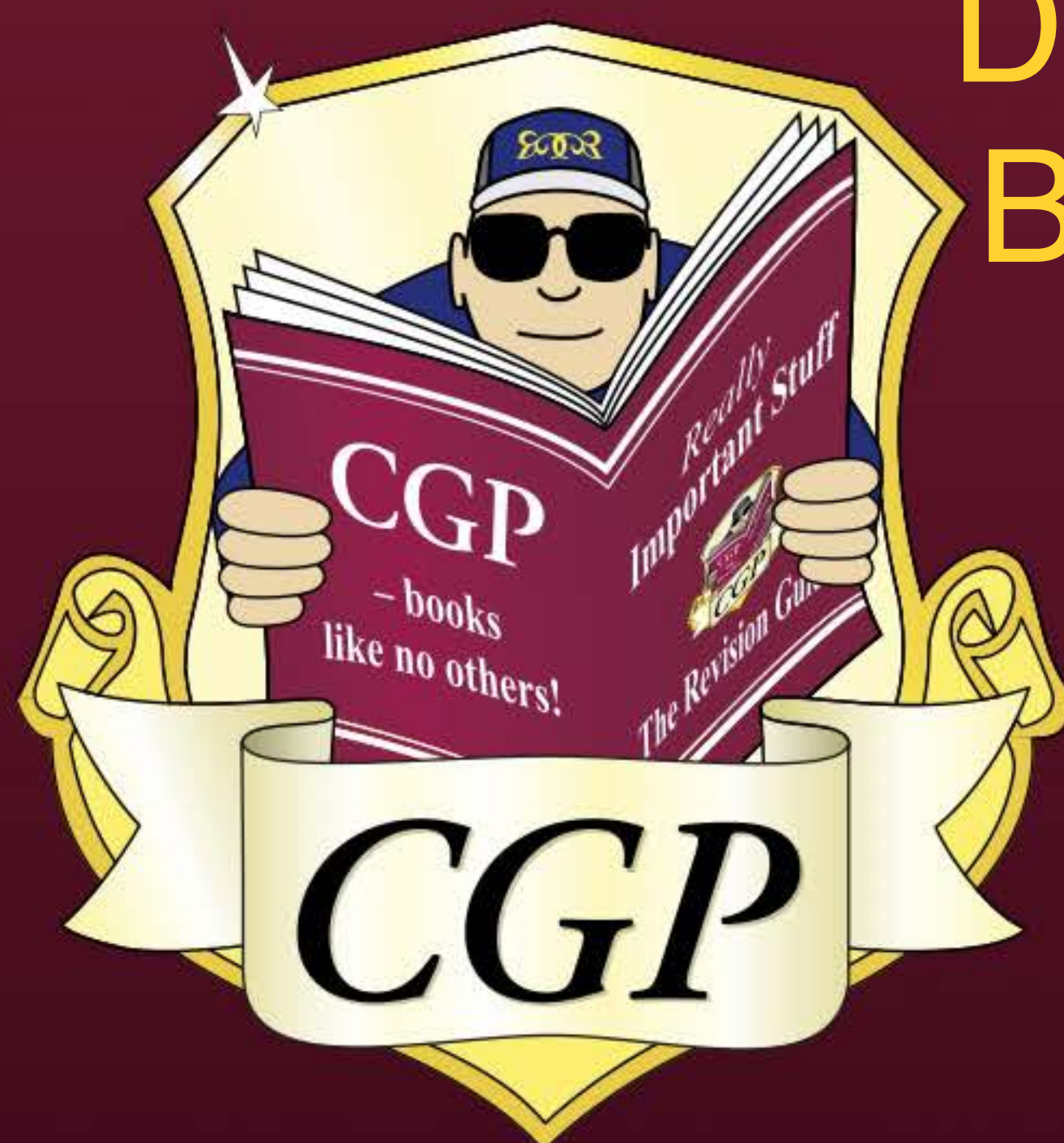


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Key Stage Three
Science
Higher Level



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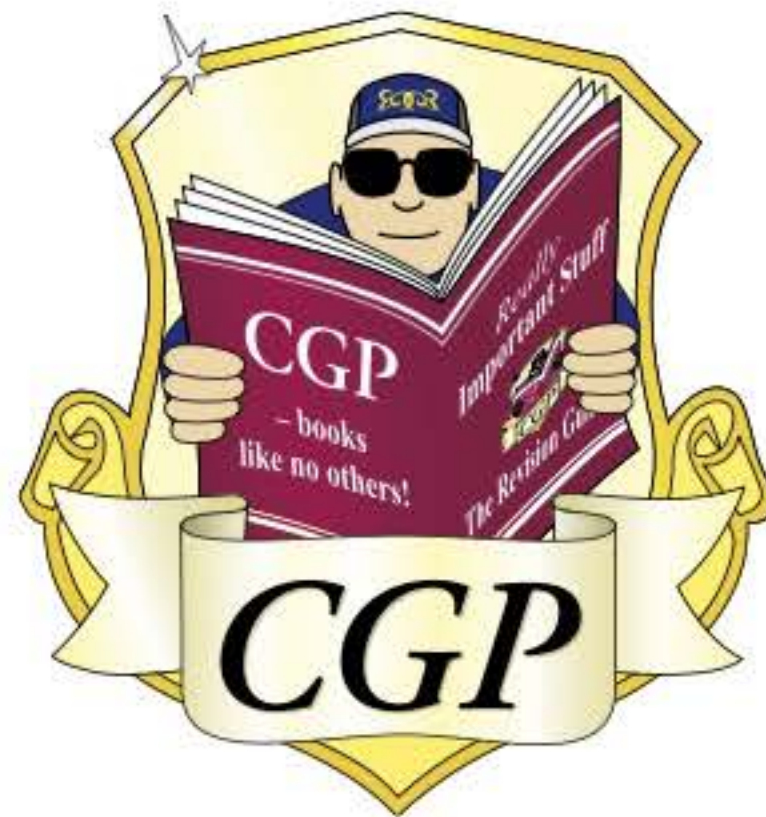
The Study Guide

The Periodic Table

Periods																		Group 0				
1																	1	H Hydrogen 1	4	He Helium 2		
	Group 1		Group 2														Group 3	Group 4	Group 5	Group 6	Group 7	
2	7 Li Lithium 3	9 Be Beryllium 4													11 B Boron 5	12 C Carbon 6	14 N Nitrogen 7	16 O Oxygen 8	19 F Fluorine 9	20 Ne Neon 10		
3	23 Na Sodium 11	24 Mg Magnesium 12													27 Al Aluminium 13	28 Si Silicon 14	31 P Phosphorus 15	32 S Sulfur 16	35.5 Cl Chlorine 17	40 Ar Argon 18		
4	39 K Potassium 19	40 Ca Calcium 20	45 Sc Scandium 21	48 Ti Titanium 22	51 V Vanadium 23	52 Cr Chromium 24	55 Mn Manganese 25	56 Fe Iron 26	59 Co Cobalt 27	59 Ni Nickel 28	63.5 Cu Copper 29	65 Zn Zinc 30	70 Ga Gallium 31	73 Ge Germanium 32	75 As Arsenic 33	79 Se Selenium 34	80 Br Bromine 35	84 Kr Krypton 36				
5	86 Rb Rubidium 37	88 Sr Strontium 38	89 Y Yttrium 39	91 Zr Zirconium 40	93 Nb Niobium 41	96 Mo Molybdenum 42	99 Tc Technetium 43	101 Ru Ruthenium 44	103 Rh Rhodium 45	106 Pd Palladium 46	108 Ag Silver 47	112 Cd Cadmium 48	115 In Indium 49	119 Sn Tin 50	122 Sb Antimony 51	128 Te Tellurium 52	127 I Iodine 53	131 Xe Xenon 54				
6	133 Cs Caesium 55	137 Ba Barium 56	57-71 Lanthanides	179 Hf Hafnium 72	181 Ta Tantalum 73	184 W Tungsten 74	186 Re Rhenium 75	190 Os Osmium 76	192 Ir Iridium 77	195 Pt Platinum 78	197 Au Gold 79	201 Hg Mercury 80	204 Tl Thallium 81	207 Pb Lead 82	209 Bi Bismuth 83	210 Po Polonium 84	210 At Astatine 85	222 Rn Radon 86				
7	223 Fr Francium 87	226 Ra Radium 88	89-103 Actinides																			

Useful Physics Symbols and Units

	Quantity	Symbol	Standard Units	Formula
1	Energy		joules, J, kilojoules, kJ, kilowatt-hours, kWh	
2	Distance	d	metres, m	
3	Power		watts, W, kilowatts, kW	
4	Speed	s	metres/sec, m/s	$s = d/t$
5	Time	t	seconds, s	
6	Force	F	newtons, N	
7	Moment	M	newton metres, Nm	$M = F \times d$
8	Pressure	P	pascals, Pa (N/m^2)	$P = F/A$
9	Area	A	metres ² , m ²	Area = length \times width
10	Frequency		hertz, Hz	
11	Resistance		ohms, Ω	
12	Current		amperes, A	
13	Potential difference		volts, V	
14	Mass	m	kilograms, kg	
15	Weight (a force)	W	newtons, N	$W = m \times g$
16	Gravitational field strength	g	newtons/kilogram, N/kg	



It's another great book from CGP...

This book has everything you need to get your head around Science at KS3 (ages 11-14) — every topic is explained in a clear, straightforward style.

Bursting with practice questions, helpful diagrams and top revision tips and tricks, it's ideal if you're working at a higher level. Really, what more could you want?!

CGP — still the best! 😊

Our sole aim here at CGP is to produce the highest quality books — carefully written, immaculately presented and dangerously close to being funny.

Then we work our socks off to get them out to you
— at the cheapest possible prices.

Contents

Section 1 — Cells and Respiration

The Microscope.....	1
Cells.....	2
Cell Organisation.....	3
Respiration.....	4
Section Summary.....	5

Section 2 — Humans as Organisms

Nutrition.....	6
More on Nutrition.....	7
Digestion.....	8
More on Digestion.....	9
The Skeleton and Muscles.....	10
How Muscles Work.....	11
Gas Exchange.....	12
Breathing.....	13
Exercise, Asthma and Smoking.....	14
Human Reproductive Systems.....	15
Having a Baby.....	16
Health and Drugs.....	17
Section Summary.....	18

Section 3 — Plants and Ecosystems

Plant Nutrition.....	19
Plant Reproduction.....	20
Fertilisation and Seed Formation.....	21
Investigating Seed Dispersal Mechanisms.....	22
Dependence on Other Organisms.....	23
Food Chains and Food Webs.....	24
Section Summary.....	25

Section 4 — Inheritance, Variance and Survival

DNA and Inheritance.....	26
Variation.....	27
Natural Selection and Survival.....	28
Extinction and Preserving Species.....	29
Section Summary.....	30

Section 5 — Classifying Materials

Solids, Liquids and Gases.....	31
Particle Theory.....	32
More Particle Theory.....	33
Physical Changes.....	34
Atoms and Elements.....	35
The Periodic Table.....	36
Compounds.....	37
Naming Compounds.....	38
Mixtures.....	39

Separating Mixtures.....	40
Properties of Metals.....	42
Properties of Non-Metals.....	44
Properties of Other Materials.....	46
Section Summary.....	47

Section 6 — Chemical Changes

Chemical Reactions.....	48
Examples of Chemical Reactions.....	49
More on Chemical Reactions.....	50
Balancing Equations.....	51
Acids and Alkalis.....	52
Neutralisation Reactions.....	53
Reactivity Series and Metal Extraction.....	54
Reaction of Metals with Acids.....	55
Reactions of Oxides with Acids.....	56
Displacement Reactions.....	57
Section Summary.....	58

Section 7 — The Earth and The Atmosphere

The Earth's Structure.....	59
Rock Types.....	60
The Rock Cycle.....	61
Recycling.....	62
The Carbon Cycle.....	63
The Atmosphere and Climate.....	64
Section Summary.....	65

Section 8 — Energy and Matter

Energy Transfer.....	66
More Energy Transfer.....	67
Energy Transfer by Heating.....	68
Conservation of Energy.....	69
Energy Resources.....	70
Generating Electricity.....	71
The Cost of Electricity.....	72
Comparing Power Ratings and Energy Values.....	73
Physical Changes.....	74
Movement of Particles.....	75
Section Summary.....	76

Section 9 — Forces and Motion

Speed.....	77
More on Speed.....	78
Forces and Movement.....	79
Friction and Resistance.....	80
Force Diagrams.....	81
Moments.....	82
Forces and Elasticity.....	83
Pressure.....	84
Section Summary.....	85

Section 10 — Waves

Water Waves.....	86
Light Waves.....	87
Reflection and Refraction.....	88
How We See.....	89
Colour.....	90
Sound.....	91
Hearing.....	92
Energy and Waves.....	93
Section Summary.....	94

Section 11 — Electricity and Magnetism

Electrical Circuits.....	95
Measuring Current and Potential Difference.....	96
Series and Parallel Circuits.....	97
Static Electricity.....	98
Magnets.....	99
Electromagnets.....	100
Section Summary.....	101

Section 12 — The Earth and Beyond

Gravity.....	102
The Sun and Stars.....	103
Day and Night and the Four Seasons.....	104
Section Summary.....	105
Index.....	106
Answers.....	108

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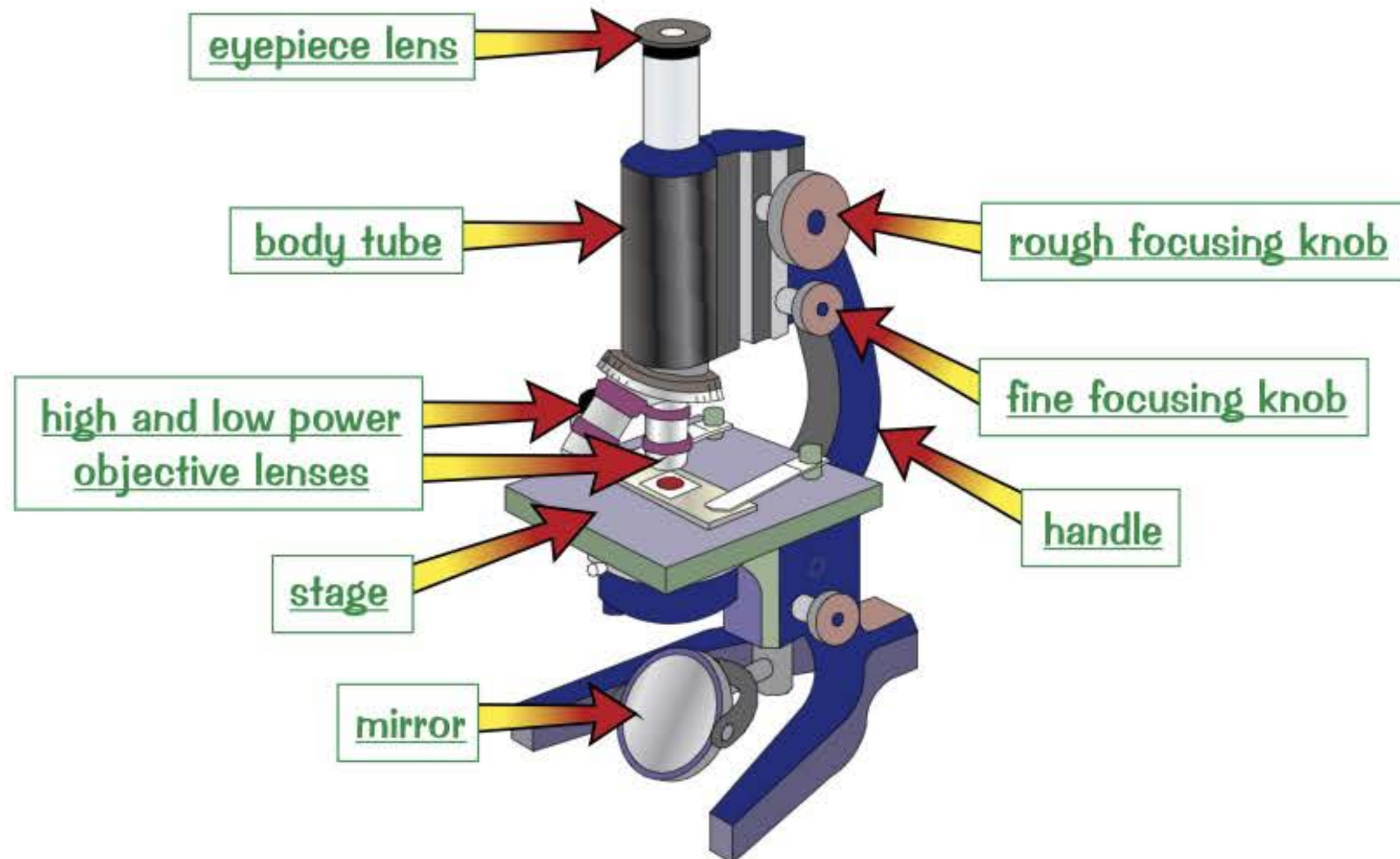
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The Microscope

A microscope is used for looking at objects that are too small to see with the naked eye. The lenses in the microscope magnify objects (make them look bigger) so that you can see them. It's magical stuff...

Learn the Different Parts of a Microscope

Here are some of the main parts of a light microscope — make sure you can identify them.



Follow These Easy Steps to Using a Light Microscope

- 1) Carry your microscope by the handle.
- 2) Place it near a lamp or a window, and angle the mirror so light shines up through the hole in the stage.
- 3) Clip a slide onto the stage. The slide should have the object(s) you want to look at stuck to it.
- 4) Select the lowest powered objective lens.
- 5) Turn the rough focusing knob to move the objective lens down to just above the slide.
- 6) Look down the eyepiece lens and adjust the focus using the fine focusing knob.
- 7) Keep adjusting until you get a clear image of whatever's on the slide.
- 8) If you need to see the slide with greater magnification, switch to a higher powered objective lens (a longer one).
- 9) Now refocus the microscope (repeat steps 5 to 7).



Don't reflect direct sunlight into the microscope — it could damage your eyes.

DON'T BREAK THE SLIDE

Always turn the fine focusing knob so that the objective lens is moving away from the slide — so the lens and slide don't crash together.

Microscopes — useful for looking at onions...

Teachers love getting you to look at onions under the microscope. Not a whole one mind, just the slimy skin between the onion layers (yuk). A microscope lets you see all the tiny building blocks (called cells) that the onion skin is made up of. It's, um, more interesting than it sounds. There's more on cells on the next page.

Cells

This page is about what living things are made of. Be prepared to find out that you're quite similar to a plant.

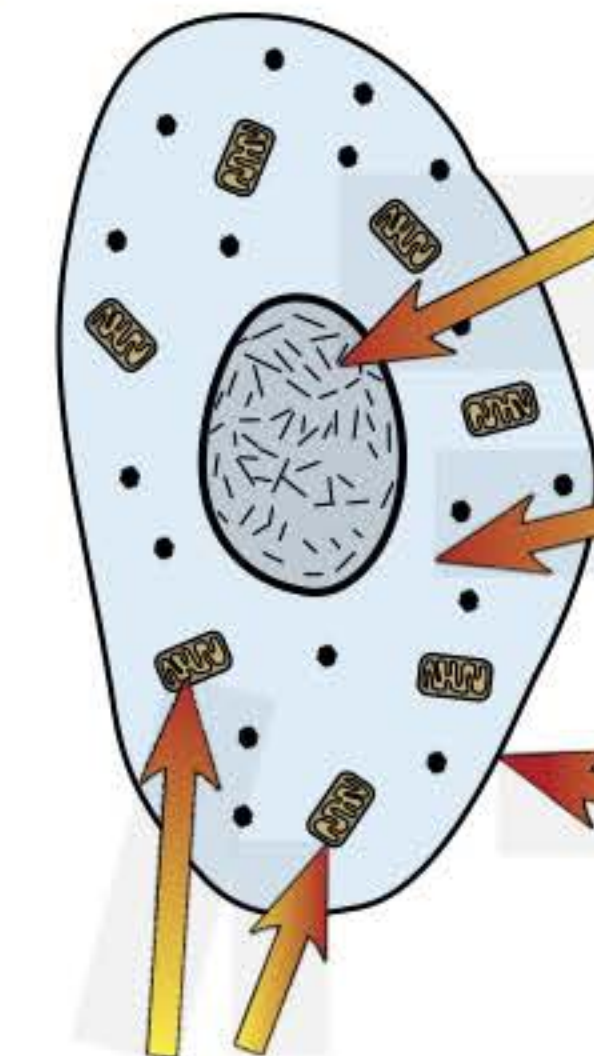
Living Things are Made of Cells

- 1) Another word for a living thing is an organism.
All organisms are made up of tiny building blocks known as cells.
- 2) Cells can be seen through a microscope (see previous page) — but it helps if you stain them first (using a coloured dye).



Animal and Plant Cells Have Similarities and Differences

An Animal Cell



4) Mitochondria:

These are tiny structures inside the cell where most of the reactions for aerobic respiration (see page 4) take place. Respiration releases energy for the cell.

BOTH have:

1) A Nucleus:

This controls what the cell does.

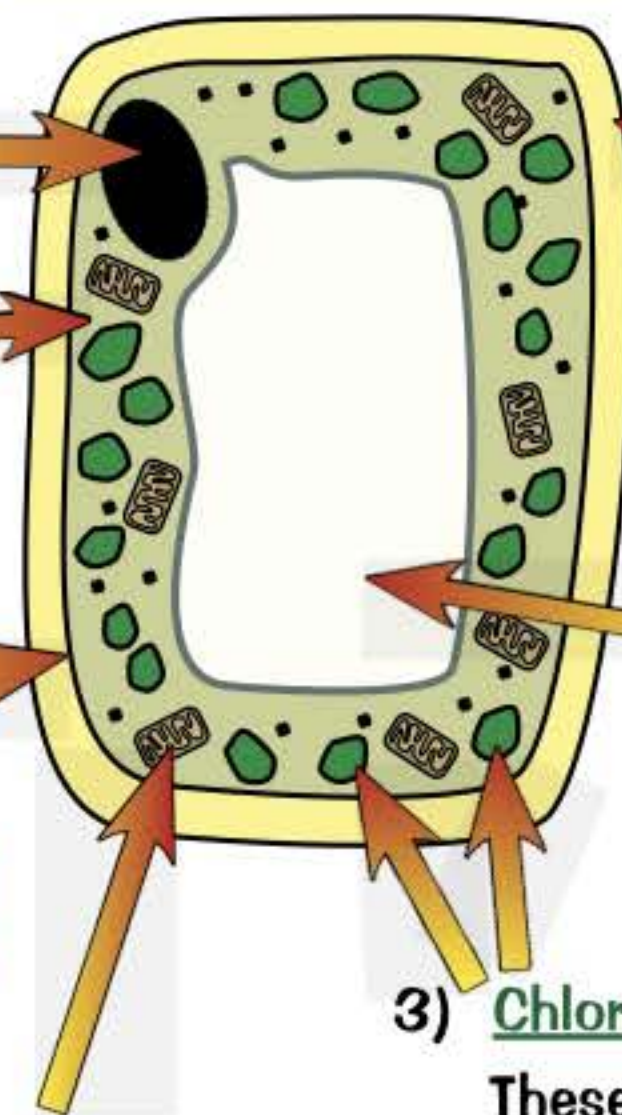
2) Cytoplasm:

This is a jelly-like stuff where most chemical reactions happen.

3) A Cell Membrane:

This is a thin skin around the cell — it holds the cell together and also controls what goes in and out.

A Plant Cell



ONLY PLANTS have:

1) A Cell Wall:

A rigid outer coating made of cellulose — it gives support to the cell.

2) A Vacuole:

This is filled with cell sap — a weak solution of sugar and salts.

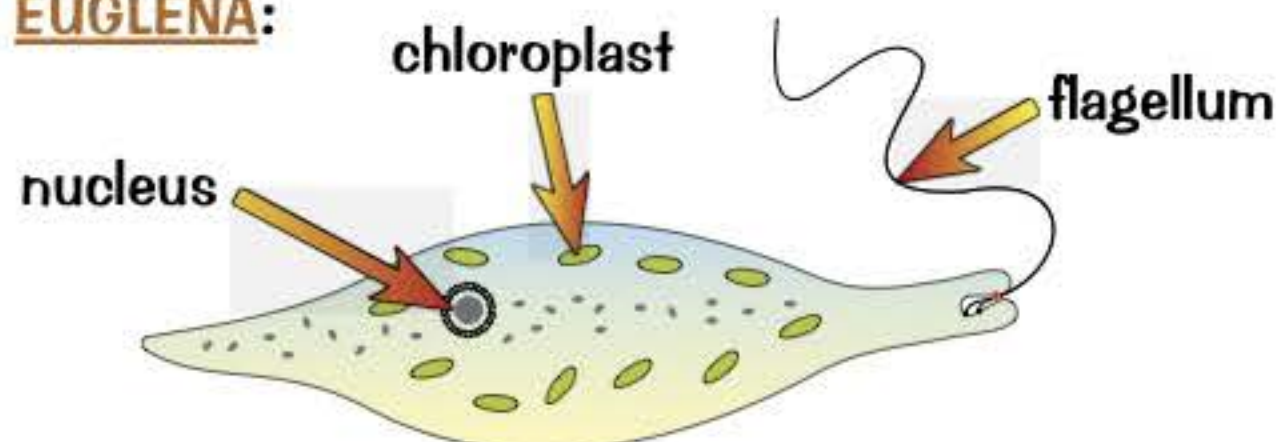
3) Chloroplasts:

These contain chlorophyll used for photosynthesis (see p. 19). Photosynthesis makes food for the plant.

Some Living Things are Unicellular

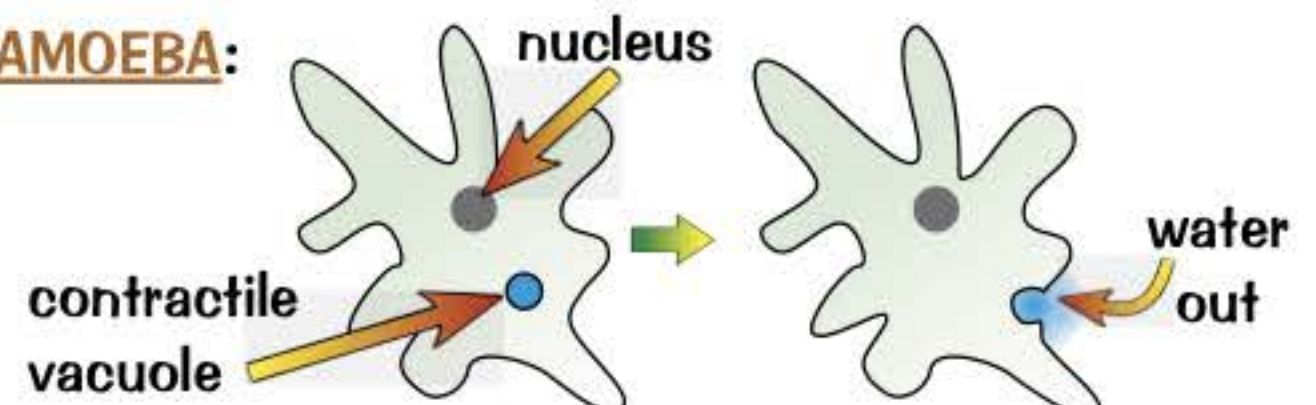
- 1) Animals and plants are made up of lots of cells. They're multicellular organisms.
- 2) But many living things are made up of only one cell — these are called unicellular organisms. Unicellular organisms have adaptations to help them survive in the environment they live in, e.g.

EUGLENA:



Euglena live in water. They have a tail-like structure called a flagellum to help them swim.

AMOEBA:



Some amoeba also live in water. They use a contractile vacuole to collect any excess water inside them and squeeze it out at the cell membrane.

Cells — they're great for locking things up...

You need to learn what all the bits and pieces in animal and plant cells look like, so you can identify them under a microscope. Have a go at drawing the top two cells above for yourself and then labelling them.

Cell Organisation

Cells are organised. They write all their appointments down in a little diary and never forget your birthday.

Learn How Cells are Organised

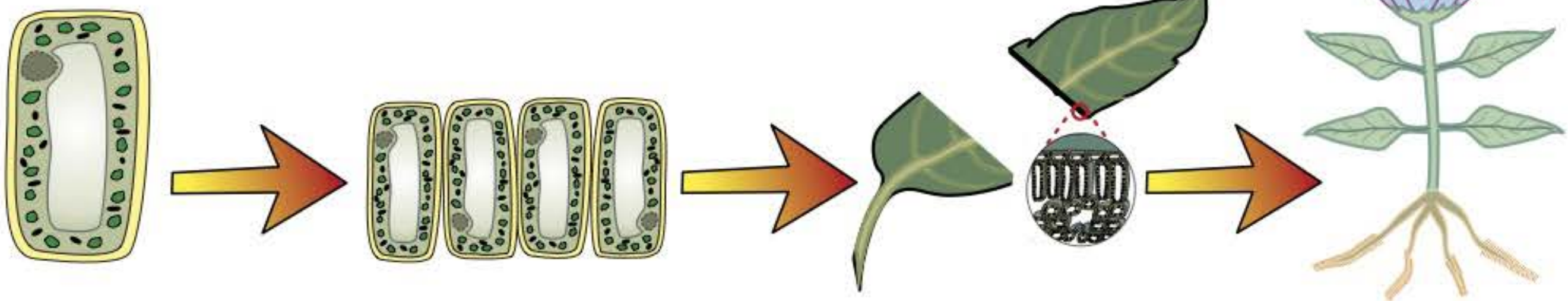
In organisms with lots of cells (like animals and plants), the cells are organised into groups. Here's how:

A group of similar cells come together to make a tissue.
 A group of different tissues work together to make an organ.
 A group of organs work together to make an organ system.
 A multicellular organism is usually made up of several organ systems.



Here's a rather jolly example from a plant.

Don't forget that the sequence applies just as well to animals.



palisade CELLS...

...make up palisade TISSUE...

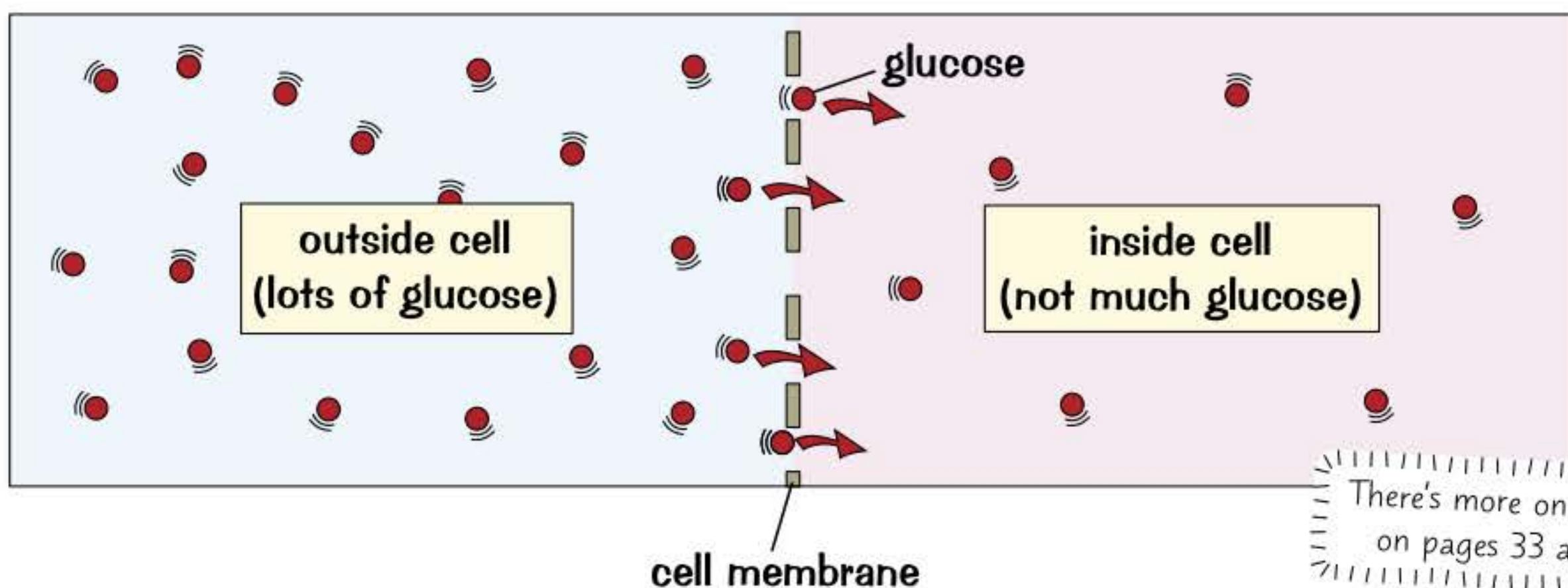
...which, with other tissues, makes up a leaf (an ORGAN)...

...which, with more leaves and other organs, makes up the shoot system (an ORGAN SYSTEM). Various organ systems make up a full plant (an ORGANISM).

A palisade cell is just the name for a particular type of plant cell.

Stuff Moves Into and Out of Cells by Diffusion

- 1) Cells need things like glucose (a sugar) and oxygen to survive. They also need to get rid of waste products, like carbon dioxide.
- 2) These materials all move into or out of cells by a process called diffusion.
- 3) Diffusion is where a substance moves from an area of high concentration (where there's lots of it) to an area of low concentration (where there's less of it) — just like glucose in this diagram...



There's more on diffusion on pages 33 and 75.

Get organised — learn this page...

Remember: cells → tissues → organs → organ systems → organisms. You need to get your head around diffusion too — it comes up all the time in KS3 science, so it's worth getting to grips with now.

Section Summary

Welcome to your very first Section Summary. It's full of questions written especially for finding out what you actually know — and, more importantly, what you don't. Here's what you have to do... 1) Go through the whole lot of these Section Summary questions and try to answer them. 2) Look up the answers to any you can't do and try to really learn them (hint: the answers are all somewhere in Section 1). 3) Try all the questions again to see if you can answer more than you could before. 4) Keep going till you get them all right.

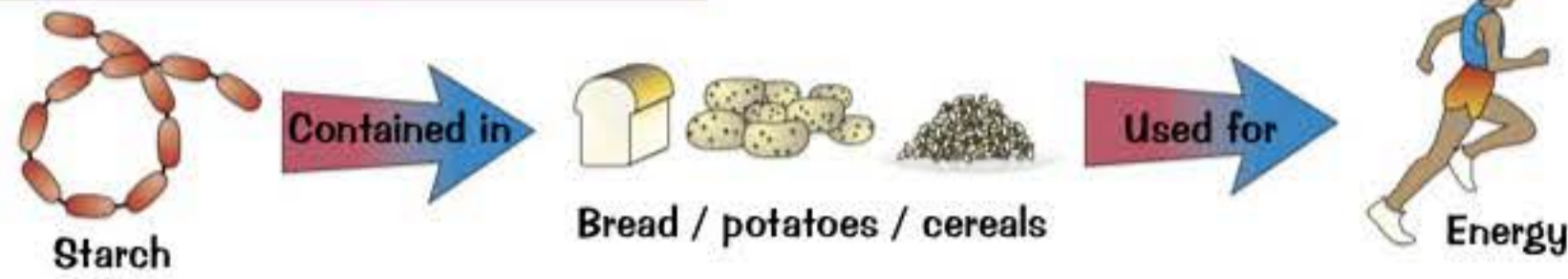
- 1) What part of a microscope do you clip your slide onto?
- 2) What do the focusing knobs on a microscope do?
- 3) Why should you always move the objective lens away from the slide when you're focusing a microscope?
- 4) What is an organism?
- 5) What instrument would you use to look at a cell? What can you do to help see cells?
- 6) Name four parts that both plant cells and animal cells have. Say what they all do.
- 7) Name three parts of a cell that only plant cells have.
- 8) Give an example of a unicellular organism and say how it's adapted to its environment.
- 9) Explain the meaning of: a) tissue b) organ c) organ system. Give an example of each.
- 10) What is diffusion?
- 11) Give two examples of substances that move into or out of cells by diffusion.
- 12) What's the name of the process that goes on in every cell, releasing energy?
- 13) What is the energy released by this process used for? Give three examples.
- 14) What is aerobic respiration? Where does it take place in plant and animal cells?
- 15) Write down the word equation for aerobic respiration.
- 16) Give two differences between aerobic respiration and anaerobic respiration in humans. When might humans respire anaerobically?
- 17) What are the products of anaerobic respiration in yeast?
- 18) What is fermentation? What can fermentation be used to make?

Nutrition

Nutrition is what you eat — and what you eat is really important for your health.

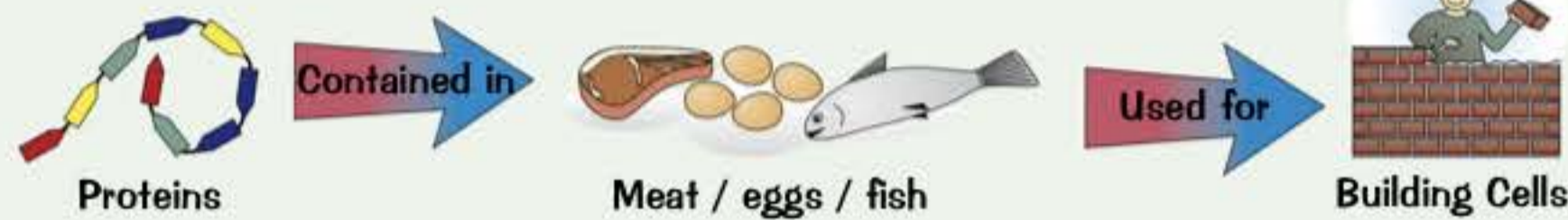
A balanced diet will have the right amount of the five nutrients listed below, as well as fibre and water.

1) Carbohydrates



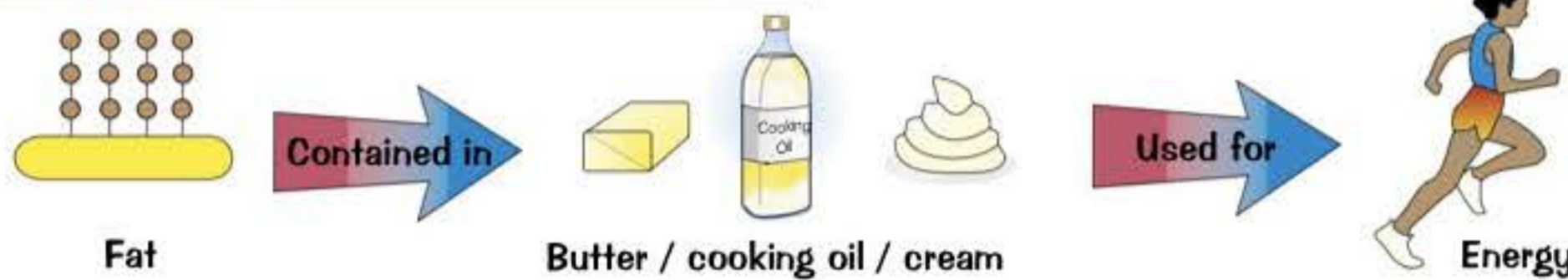
These are like fuel for your body. Active or growing folk need lots of carbohydrate.

2) Proteins



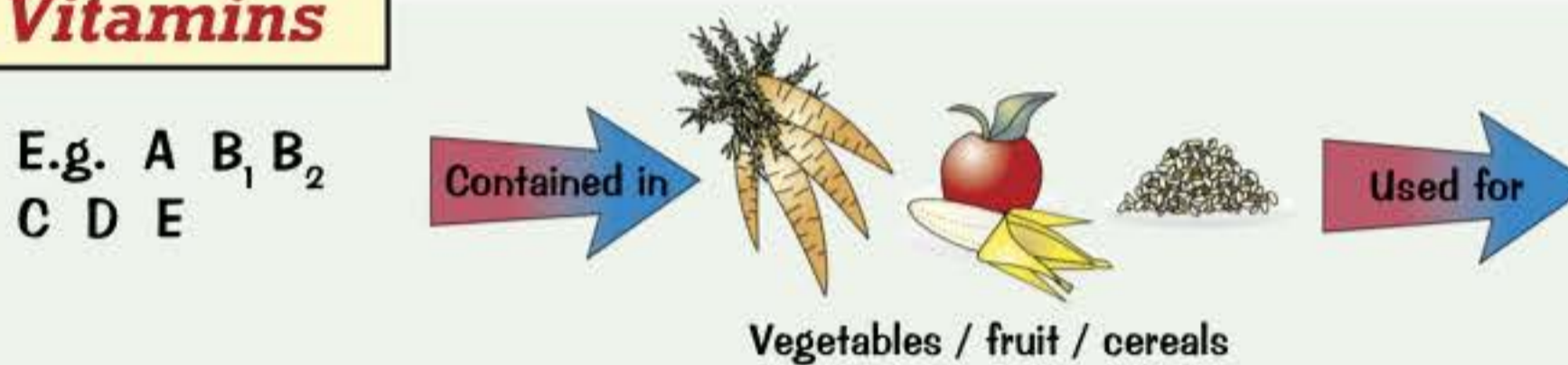
Proteins are vital for growth and to repair damaged areas.

3) Lipids (Fats and Oils)



Lipids act as a store of energy — which you use if your body runs out of carbohydrates.

4) Vitamins



Vitamins are only needed in very small amounts — they keep many vital processes happening.

5) Minerals

E.g. —

Found in —

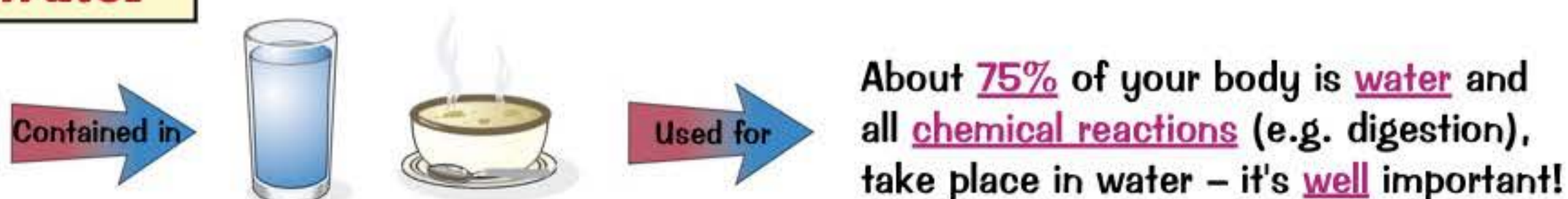
Needed for —



Fibre



Water



Obviously we only had gruel when I was a lad... sob ...sob...

Five types of nutrient, what you find them in and what they're for. And then there's fibre and water too.

Learn each section and test yourself with the only method that works — covering the page and jotting it down.

More on Nutrition

Your body needs energy all the time. Even when you're asleep your body is using energy just to keep you alive. You get the energy your body needs from carbohydrates and fats in your diet.

Different People Have Different Energy Requirements

- 1) The amount of energy you need each day depends on your body mass ("weight") and level of activity.
- 2) The heavier and the more active you are, the more energy you will need.

You Can Work Out Your Daily Basic Energy Requirement...

- 1) Every cell (see page 2) in the body needs energy. So the bigger you are, the more cells you have, and the more energy you'll need.
- 2) You also need energy to move, and it takes more energy to move a bigger mass.
- 3) For every kg of body mass, you need 5.4 kJ of energy every hour. This is the basic energy requirement (BER) needed to maintain essential bodily functions.

A kJ is a unit of energy.

You calculate it

like this:

$$\text{Daily BER (kJ/day)} = 5.4 \times 24 \text{ hours} \times \text{body mass (kg)}$$

E.g. a 60 kg person requires $5.4 \times 24 \times 60 = 7776$ kJ/day

...and How Much Extra Energy You Need for Your Activities

- 1) The more active you are the more energy you will need.
- 2) For example, a 60 kg person will use about 400 kJ walking for half an hour but 1500 kJ running for half an hour.
- 3) To find out how much energy you need in a day you have to add together your daily BER and the extra energy you use in your activities.



400 kJ



1500 kJ

An Unbalanced Diet Can Cause Health Problems

Obesity

- 1) If you take in more energy from your diet than you use, your body will store the extra energy as fat — so you will put on weight.
- 2) If you weigh over 20% more than the recommended weight for your height, then you are classed as obese.
- 3) Obesity can lead to health problems such as high blood pressure and heart disease.



Starvation and Deficiency Diseases



- 1) Some people don't get enough food to eat — this is starvation.
- 2) The effects of starvation include slow growth (in children), being more likely to get infections, and irregular periods in women.
- 3) Some people don't get enough vitamins or minerals — this can cause deficiency diseases. For example, a lack of vitamin C can cause scurvy, a deficiency disease that causes problems with the skin, joints and gums.

Summon up the energy to learn this page...

You should be able to work out how much energy a person needs in a day. Also, make sure you understand about the health problems that can be caused from eating too much or too little food.

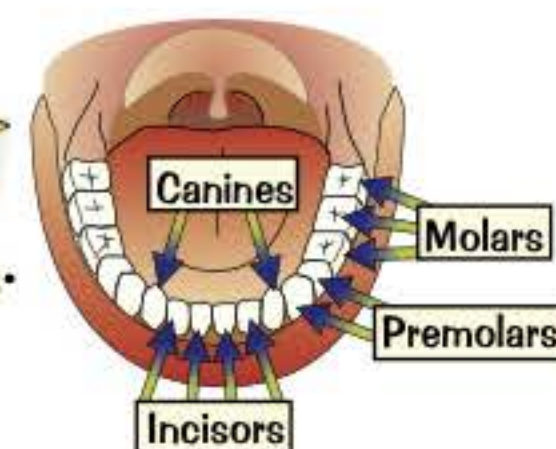
Digestion

Digestion's fab. The body breaks down almost all the food we shove into our mouths, so we can use the nutrients it contains. But it's not easy — lots of different organs have to work together to get the job done.

Digestion is All About Breaking Down Food

There are two steps to this. The first is quick, the second isn't:

- 1) Breaking down the food MECHANICALLY, e.g. chewing with teeth:
- 2) Breaking down the food CHEMICALLY — with the help of proteins called enzymes. Enzymes are biological catalysts — this means they speed up the rate of chemical reactions in the body.



Eight Bits of The Alimentary Canal

1) Mouth

Digestion starts here where the teeth have a good old chew and mix the food with saliva. Saliva contains an enzyme (called amylase) that breaks down carbohydrates.

2) Oesophagus

(Food pipe) Links the mouth to the stomach.

3) Stomach

- 1) Here the food mixes with protease enzymes which digest proteins. The stomach contains muscular tissue to move the stomach wall and churn up food.
- 2) Hydrochloric acid is present to kill harmful bacteria and give a low pH for the enzymes to work.

4) Liver

The liver makes bile, which breaks fats into tiny droplets (emulsification). It's also alkaline to give the right pH for the enzymes in the small intestine.

5) Pancreas

- The pancreas contains glandular tissue, which makes three enzymes:
- 1) PROtease digests PROtein.
 - 2) CARBOHYDRase digests CARBOHYDRates.
 - 3) LIPase digests LIPids — i.e. fats.

7) Large intestine

Here water is absorbed — so we don't all shrivel up.

8) Rectum

Food usually contains some materials that we can't digest. This undigested food is stored as faeces. Here the digestion story ends when it plops out of the anus — egestion.

6) Small intestine

- 1) This produces more enzymes to further digest proteins, carbohydrates and fats.
- 2) Food is also absorbed through the gut wall into the blood, which then takes it around the body to wherever it's needed.

The alimentary canal — don't try to float a boat down it...

As a first step you need to memorise the headings — including each of the eight bits of the alimentary canal. Then there's just the small matter of learning all the details that go with them. Get an image in your head of the whole page and gradually learn the details as you scribble on. It'll get easier the more you practise.

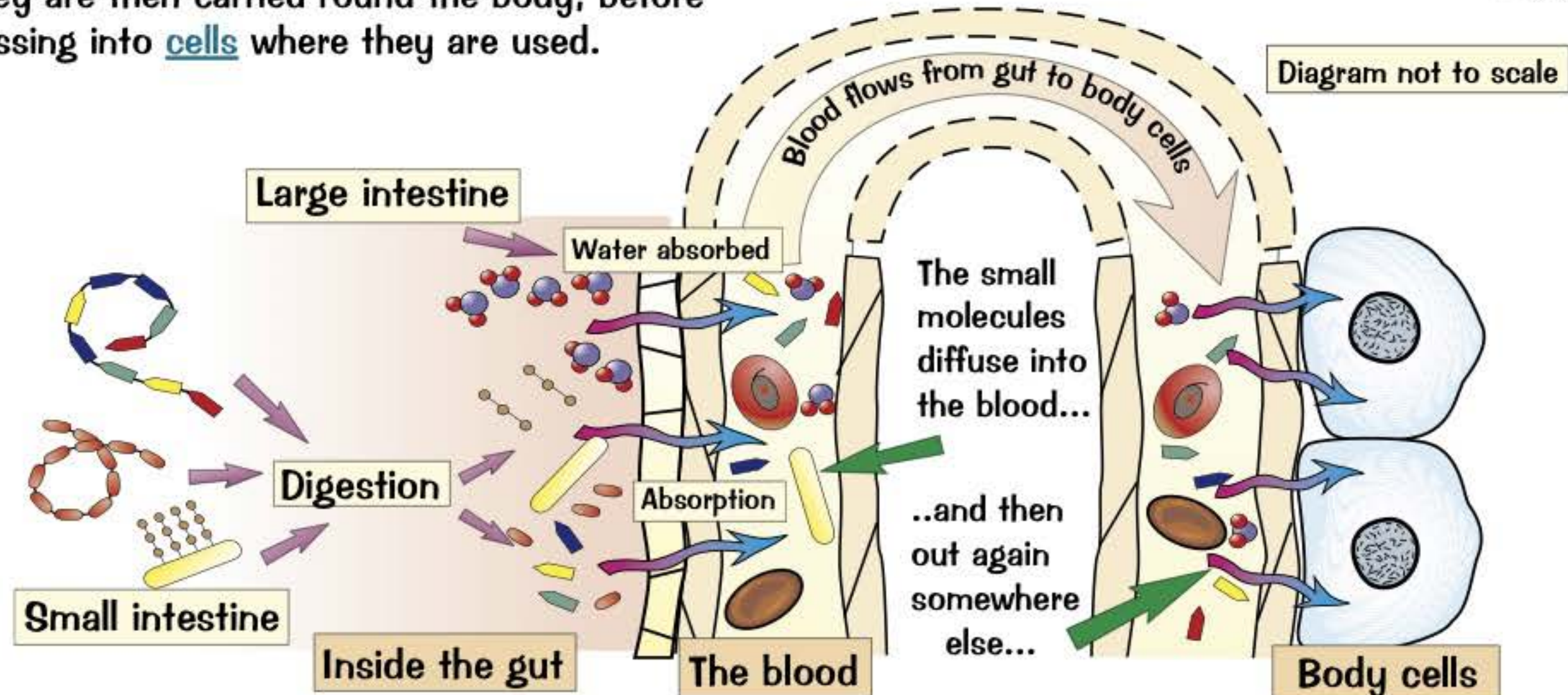
More on Digestion

Well would you believe it? There's more to learn about digestion.

Absorption of Food Molecules

- 1) **Big, insoluble** food molecules **can't** pass through the **gut wall**.
- 2) So enzymes are used to **break up** the big molecules into **smaller, soluble ones**.
- 3) These small molecules **can** pass through the **gut wall** into the **blood**. They are then carried round the body, before passing into **cells** where they are used.

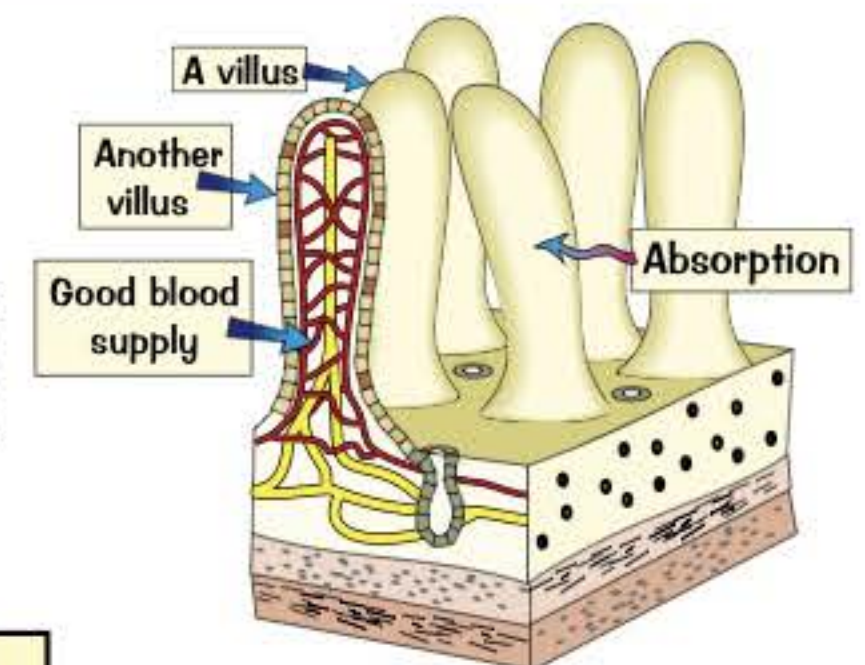
'Insoluble' means 'won't dissolve'. 'Soluble' means 'will dissolve'.
See page 39 for more.



The Small Intestine is Covered with Millions of Villi

- 1) Food molecules are **absorbed into the blood** in the **small intestine**.
- 2) The small intestine is lined with tiny **finger-like projections** called **VILLI**.
- 3) Villi are **perfect** for **absorbing food** because:
 - They have a **thin outer layer of cells**.
 - They have a **good blood supply**.
 - They provide a **large surface area** for absorption.

Villi is the plural of villus — i.e. it's one villus but two (or more) villi.



Bacteria are Really Important in the Gut

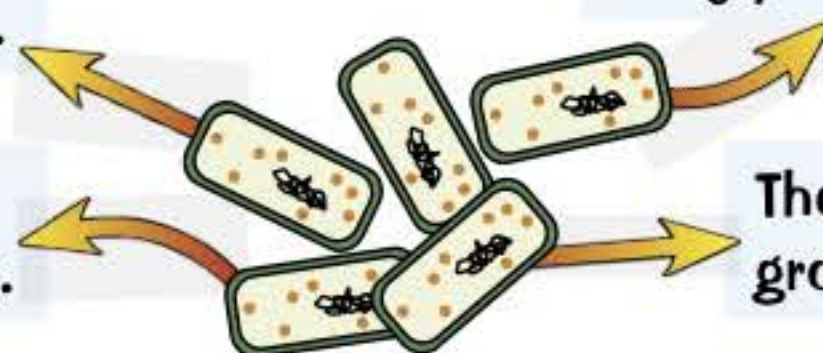
- 1) Bacteria are **unicellular organisms** (see page 2).
- 2) There are about **100 trillion bacterial cells** in the **alimentary canal**. That's **loads**.
- 3) Most of these are in the **end part** of the **small intestine** and in the **large intestine**.
- 4) Some types of bacteria can make you really **ill** if they get into your body, but the **bacteria** found **naturally in your gut** actually do a lot of **good**:

They produce **enzymes** that help to digest food.

They produce **useful hormones**.

They make **useful vitamins**, e.g. vitamin K.

They reduce the possibility of **harmful bacteria** growing in your intestines and making you **ill**.



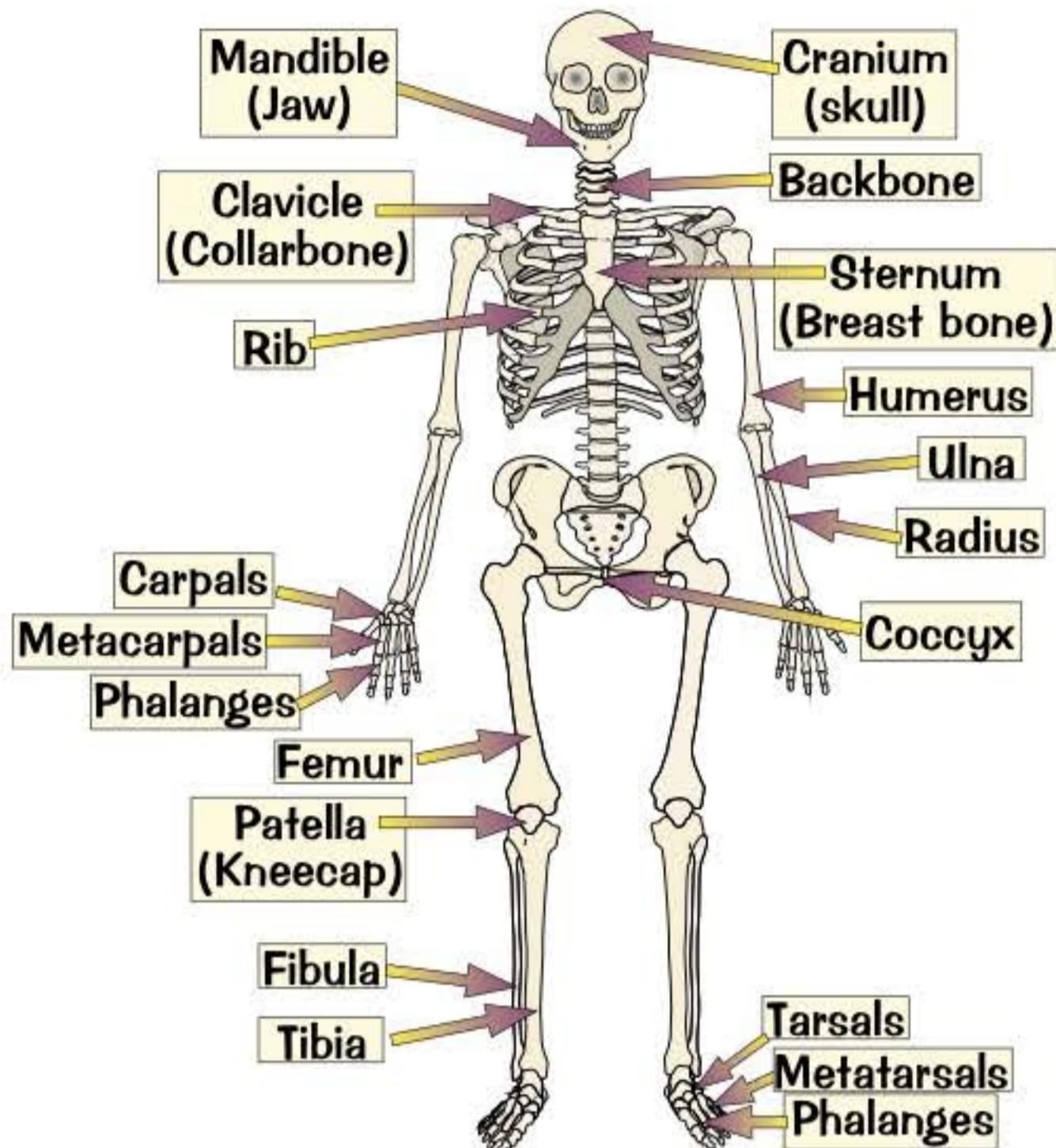
Just like convicts, food can't pass through walls...

As well as just looking pretty, the **diagrams** on this page are really important for helping you understand how food is **broken down** and **absorbed** — so make sure you look at them properly and absorb the information. :)

The Skeleton and Muscles

The human skeletal system is made up of **206 bones** and the muscular system has around **640 muscles**. Together these systems are really important for allowing you to **move around**.

The Skeletal System



Bones are made from **different types of tissue**:

- The **outer layer** of bone is made from **really strong and hard** tissue — this makes bones **rigid** (they can't bend).
- The **inner layer** is made from more **spongy** tissue, but it's still **strong**.

The skeletal system has **four** main functions:

1) Protection

Bone is **rigid** and **tough** so it can **protect delicate organs** — in particular the **brain**.

2) Support

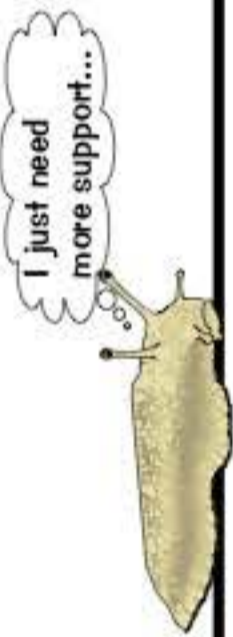
- 1) The skeleton provides a **rigid frame** for the rest of the body to kind of **hang off** — kind of like a custom made coat-hanger.
- 2) All the **soft tissues** are **supported** by the skeleton — this allows us to **stand up**.

3) Production of Blood Cells

- 1) Many bones have a soft tissue called **bone marrow** in the **middle** of them.
- 2) Bone marrow produces **red blood cells** (which carry **oxygen** around the body) and **white blood cells** (which help to **protect** the body from **infection**).

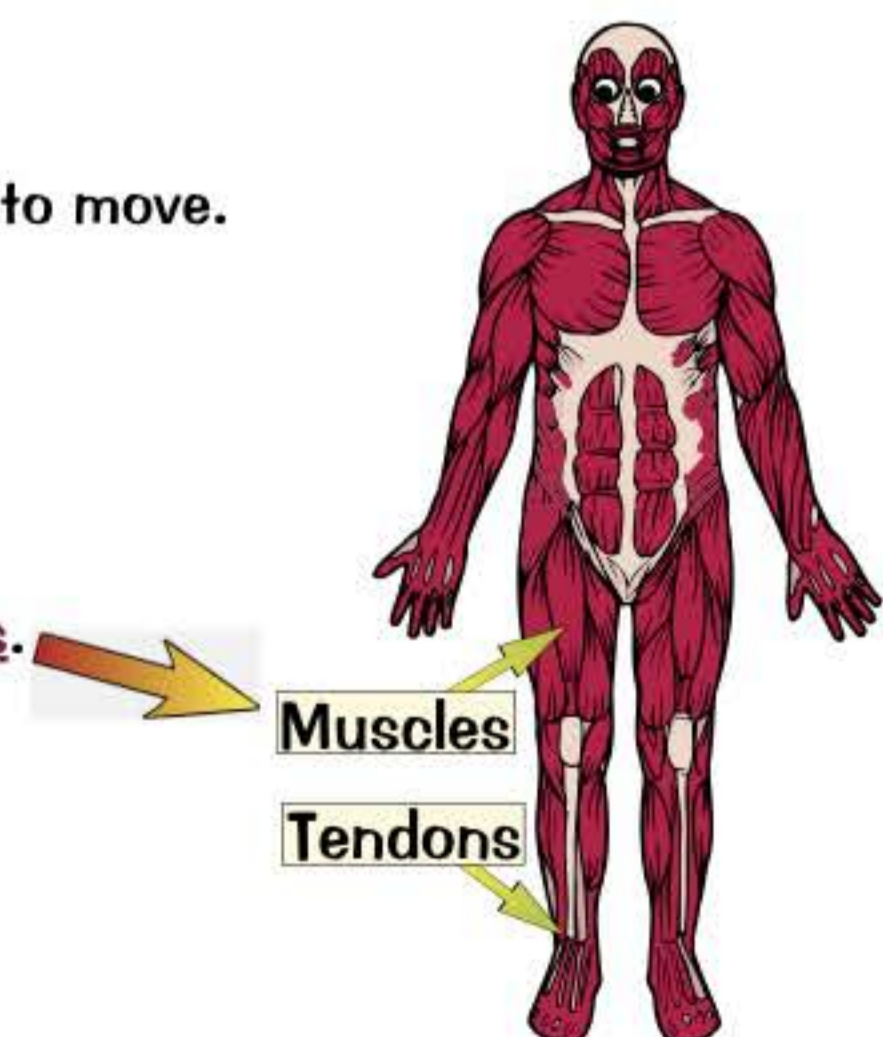
4) Movement

- 1) **Muscles** are **attached** to bones (see below).
- 2) The action of muscles allows the skeleton to **move**.
- 3) **Joints** (e.g. the knees and elbows) also allow the skeleton to move.



The Muscular System

- 1) **Muscles** are attached to bones via **tough bands** called **tendons**.
- 2) When a **muscle contracts** it applies a **force** to the bone it's attached to, which makes the **bone move**.
- 3) **Muscles** are found **in pairs** round a **joint** (see the next page).



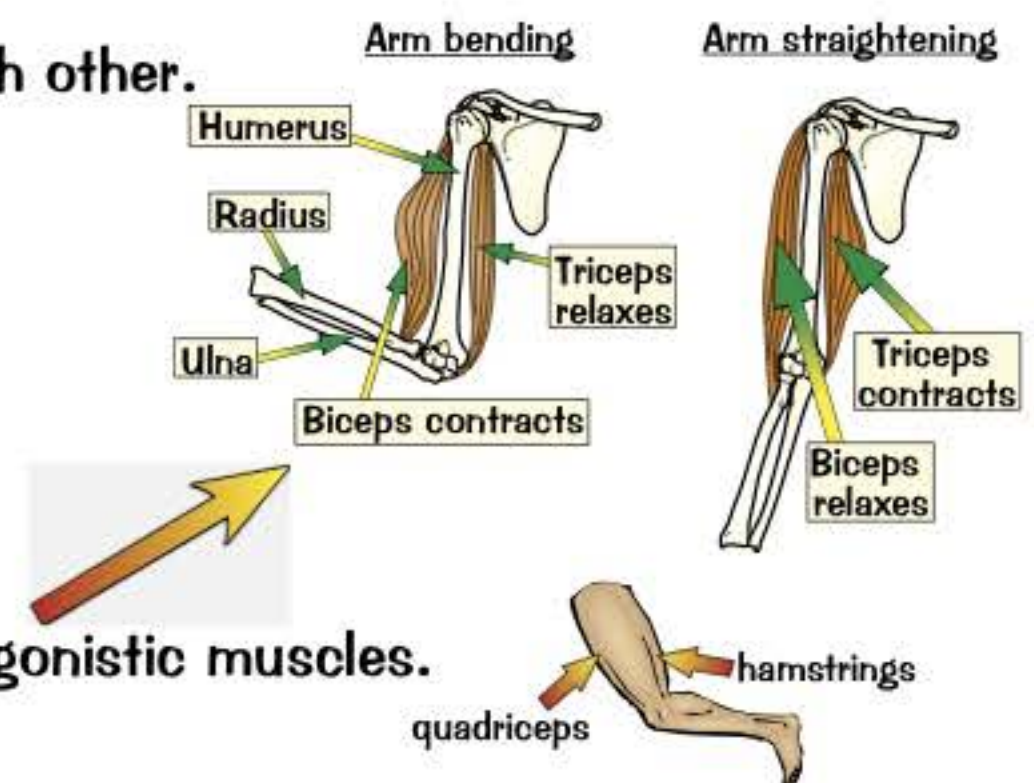
A body without bones? Ever seen a tent without poles...

Lots of bone-tingly exciting facts to **learn** here. You don't need to learn the names of all those bones — **much more important** than the names are what the bones and muscles **actually do**. The skeletal system has **four main functions** — you know what to do, cover up the page and see if you can scribble them all down.

How Muscles Work

Antagonistic Muscles Work in Pairs

- 1) **Antagonistic** muscles are **pairs of muscles** that work **against** each other.
- 2) One muscle **contracts** (shortens) while the other one **relaxes** (lengthens) and **vice versa**.
- 3) They are **attached** to bones with **tendons**. This allows them to **pull** on the bone, which then acts like a **lever** (see below).
- 4) **One muscle** pulls the bone in **one direction** and the **other** pulls it in the **opposite direction** — causing **movement** at the joint.
- 5) The **biceps** and **triceps** muscles in the **arm** are examples of antagonistic muscles. So are the **hamstrings** and **quadriceps** in the **legs**.



You Can Measure the Force Applied by a Muscle

Let's look at a muscle in the **arm** as an **example**:

Start By Calculating the Moment

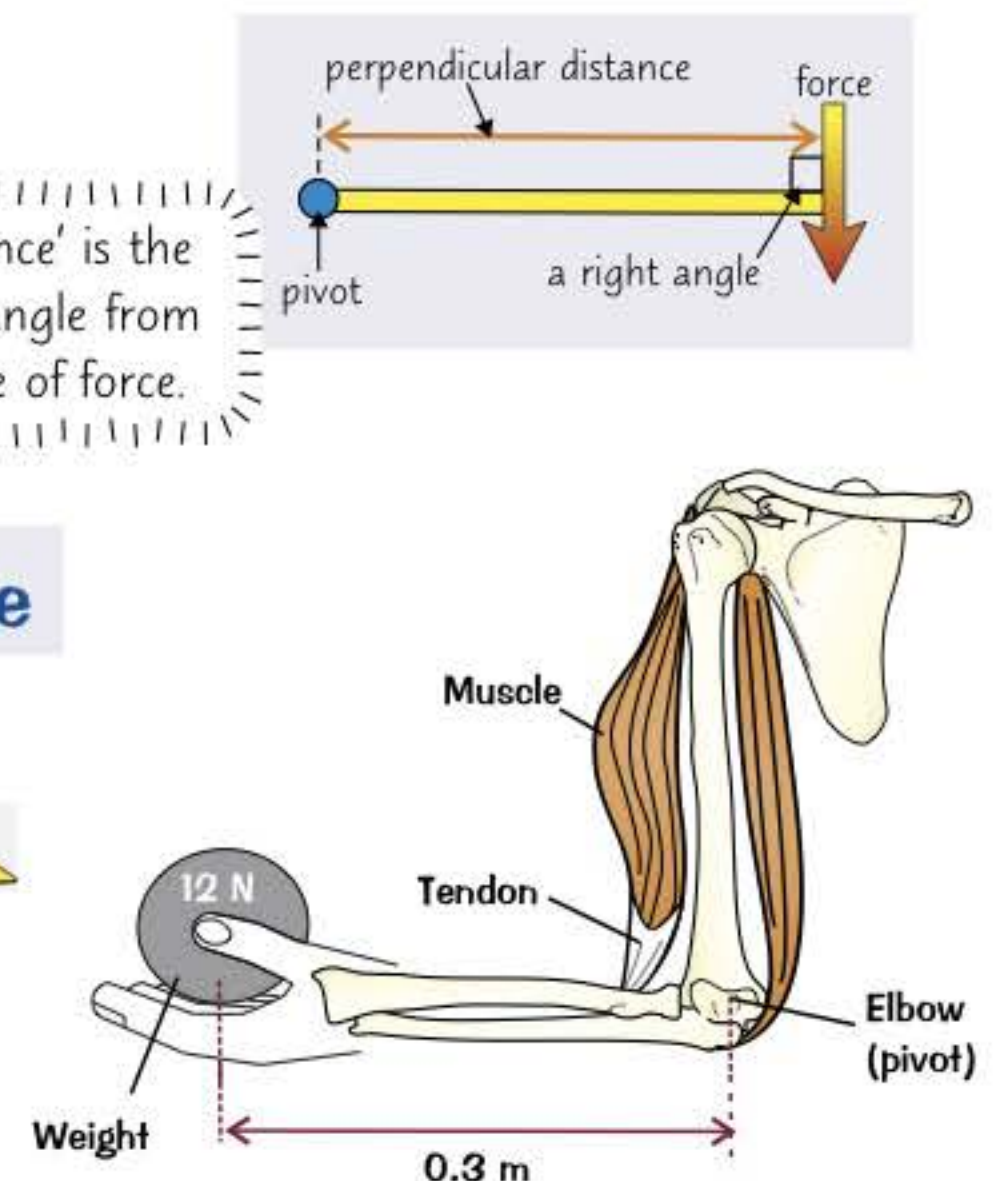
The study of forces acting on the body is called **biomechanics**.

- 1) A **pivot** is the point around which a **rotation** happens. A **lever** is a **bar** attached to a pivot.
- 2) When a **force** acts on something that has a **pivot**, it creates a "**turning effect**" known as a **moment** (see page 82).
- 3) The **arm** works as a **lever** with the **elbow** as a **pivot**. This means when a **force** acts on the arm there's a **moment**.
- 4) To **calculate** the **size** of a **moment**, you can use this **equation**:

$$\text{Moment} = \text{force} \times \text{perpendicular distance}$$

In newton metres (Nm) In newtons (N) In metres (m)

- 5) In the diagram here, the **weight** (a force) in the hand is creating a **moment**.
- 6) The weight has a force of **12 N**. It is **0.3 m** away from the **pivot** (the elbow). So using the equation above, the **moment of the weight** is $12 \times 0.3 = 3.6 \text{ Nm}$.
- 7) But the **weight** is not the only thing applying a force to the arm — the **muscle** is applying a force to **counteract** the moment of the weight and **keep the arm still**. For the arm to stay still, the **moment of the muscle** has to be **the same** as the **moment of the weight** (but acting in the **opposite direction**).



Now Work Out The Force Applied By the Muscle

You can **rearrange the equation above** to calculate the **force** applied by the **muscle**:

In the example above, the weight has a moment of **3.6 Nm**, so the muscle must also have a moment of **3.6 Nm**.

$$\text{Force} = \text{moment} \div \text{perpendicular distance}$$

In newtons (N) In newton metres (Nm) In metres (m)

The distance between the **muscle** and the **pivot** (elbow) is **0.05 m**.

So the force applied by the muscle is $3.6 \div 0.05 = 72 \text{ N}$.

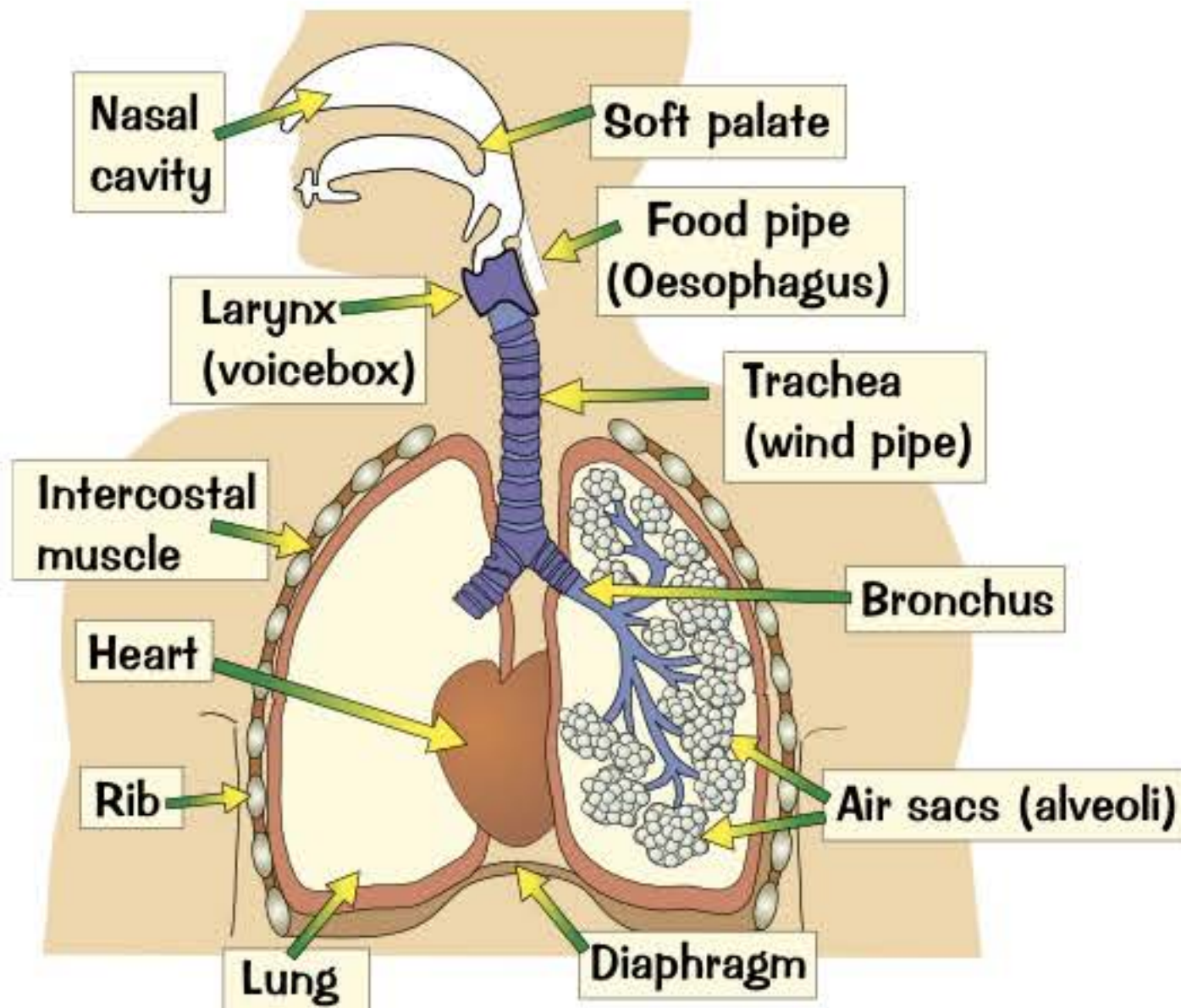
Hang on a moment... what?

All this talk of **forces** and **levers** and **moments** can be pretty tricky to get your head around. But stick with it — you'll really impress your teacher with your super science knowledge if you can explain how **muscles work**.

Gas Exchange

You need to get **oxygen** from the air into your bloodstream. You also need to get rid of the **carbon dioxide** that's in your bloodstream. Funnily enough, this **exchange of gases** happens in your **gas exchange system**.

Learn These Structures in the Gas Exchange System

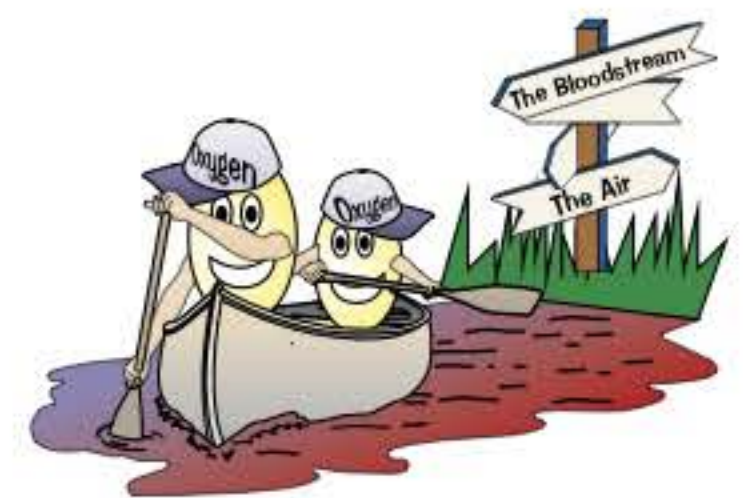
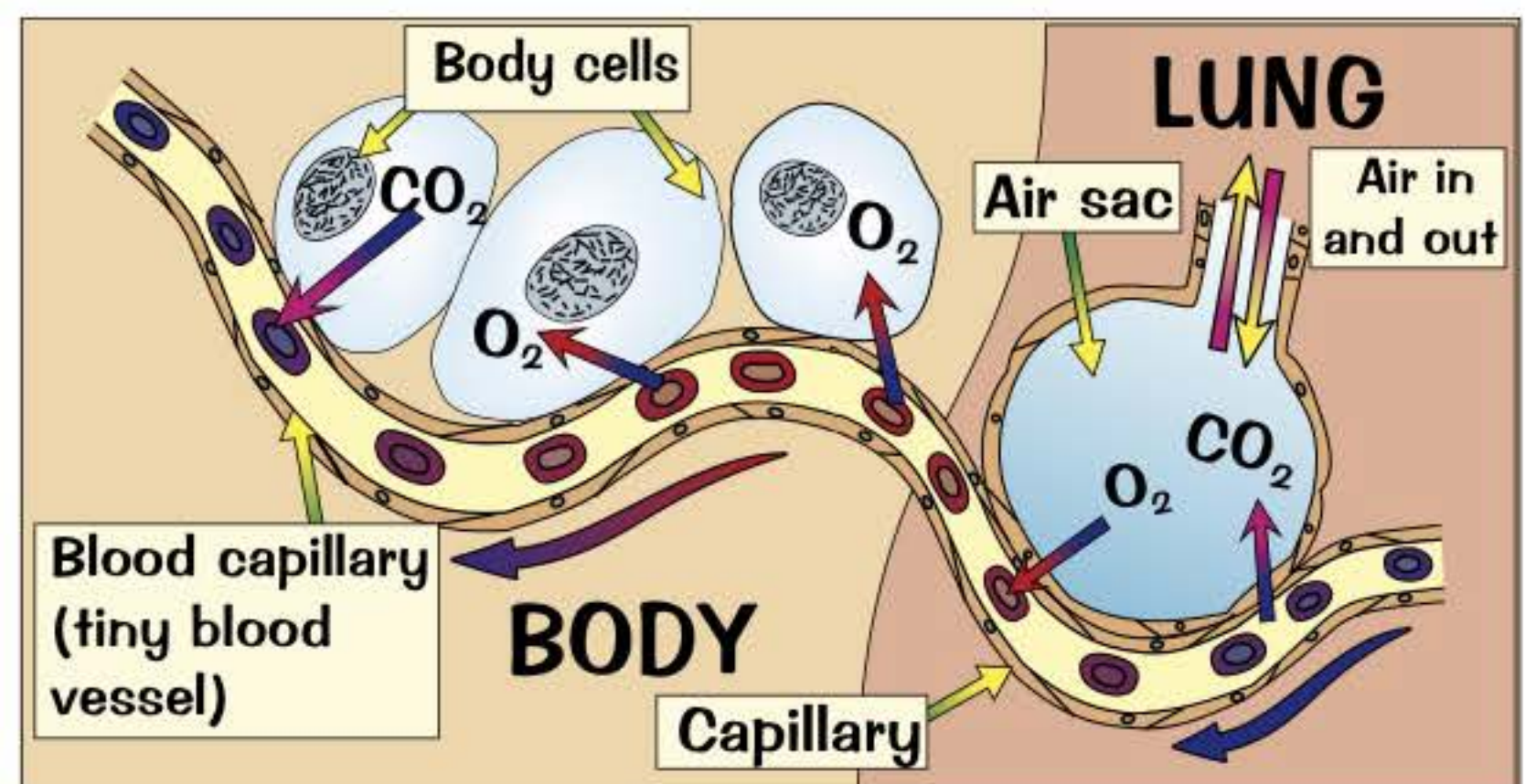


- 1) The lungs are like big pink **sponges**. They're protected by the **ribcage**.
- 2) The **diaphragm** is a **muscle** that sits underneath the **ribcage**. It **moves up** when it **relaxes** and **down** when it **contracts**. This movement helps to get **air** in and out of your lungs (see next page).
- 3) The air that you breathe in goes through the **trachea**. This splits into two tubes called '**bronchi**' (each one is 'a bronchus'), one going to each lung.
- 4) The bronchi split into smaller tubes called **bronchioles**.
- 5) The bronchioles end at small air sacs in the lungs called **alveoli**. These are where **gas exchange** takes place.

Gas Exchange Happens in the Lungs

- 1) Air is **inhaled** into the lungs.
- 2) **Some** of the **oxygen** in the inhaled air **passes into** the **bloodstream** to be used in **respiration** (see page 4).
- 3) **Carbon dioxide** is a **waste product** of **respiration**. In the lungs it **passes out** of the **blood** and is then **breathed out**.
- 4) The gases pass into or out of the bloodstream by **diffusion** — where a substance moves from where there's **lots of it** to where there's **less of it** — see page 3.
- 5) The lungs are well **adapted** for gas exchange:

- 1) They're **moist**.
- 2) They have a **good blood supply**.
- 3) The **alveoli** (air sacs) give the lungs a **big inside surface area**.



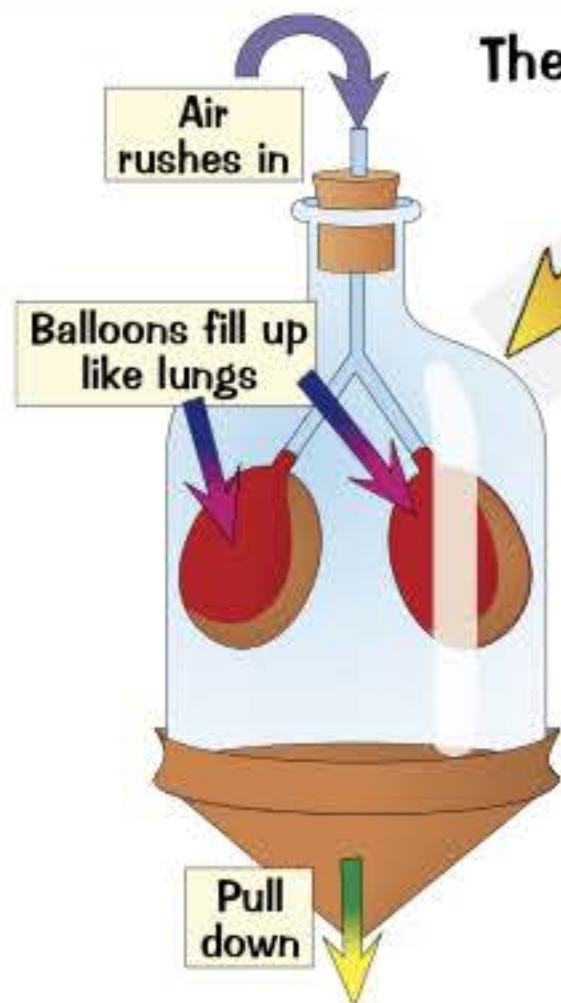
I love ribs — spare ones are my favourite though...

There are a couple of quite detailed diagrams here which need **learning**. Sooner or later you're expected to **learn** all the **structures** in the gas exchange system and **what they do**, so you may as well start **now**.

Breathing

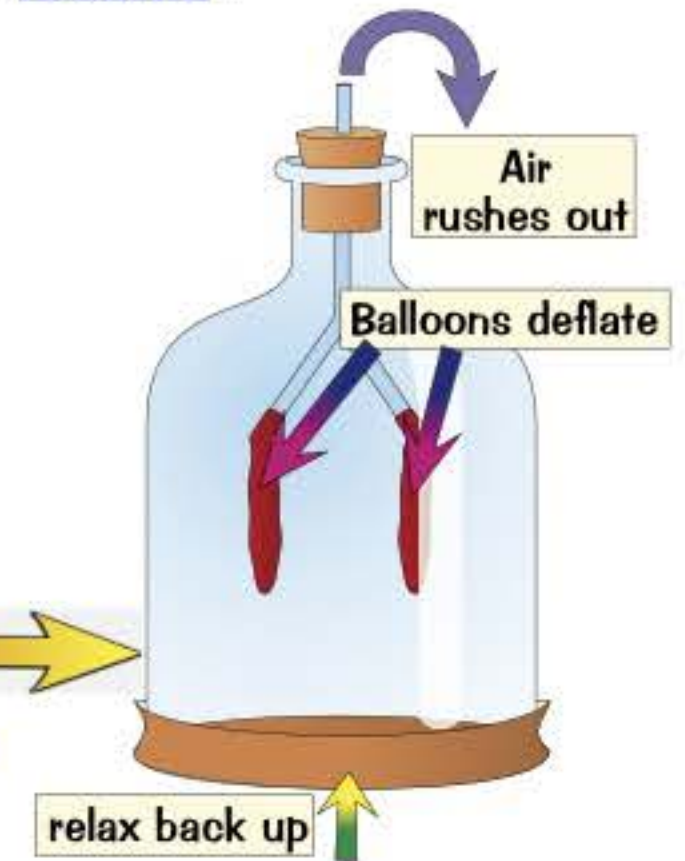
Breathing is how the air gets in and out of your lungs. It's definitely a useful skill.

The Mechanism of Breathing



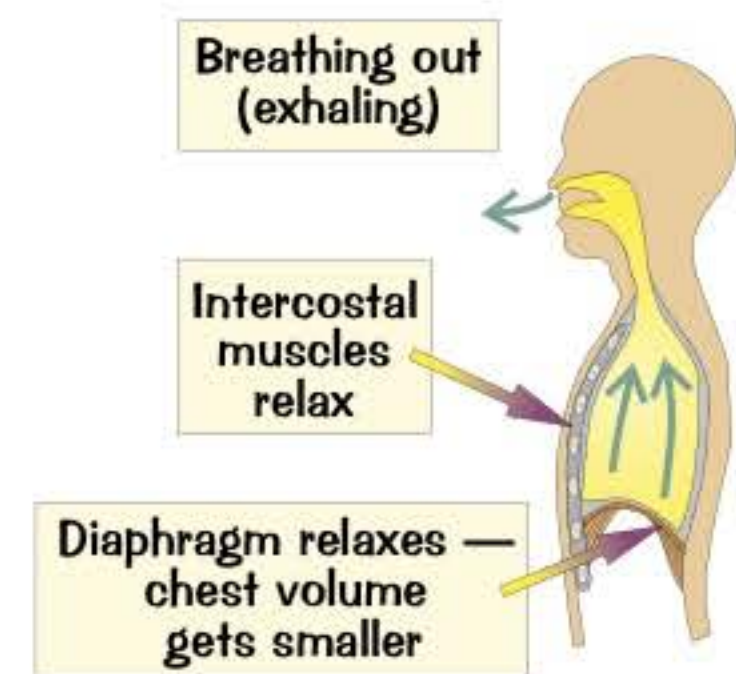
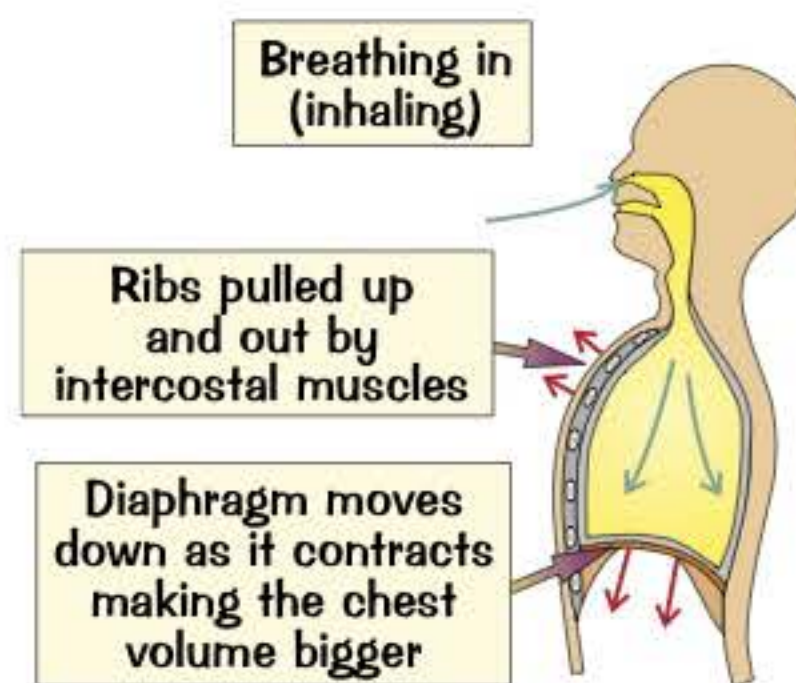
The Bell Jar demonstration shows us what's going on when you breathe:

- 1) First you pull the rubber sheet down — like it's your diaphragm.
- 2) This increases the volume inside the bell jar, which decreases the pressure.
- 3) The drop in pressure causes air to rush into the balloons — this is like breathing in.
- 4) Let go of the rubber sheet — this is like relaxing your diaphragm.
- 5) The volume in the jar gets smaller. This increases the pressure, so air rushes out. Cool, innit...



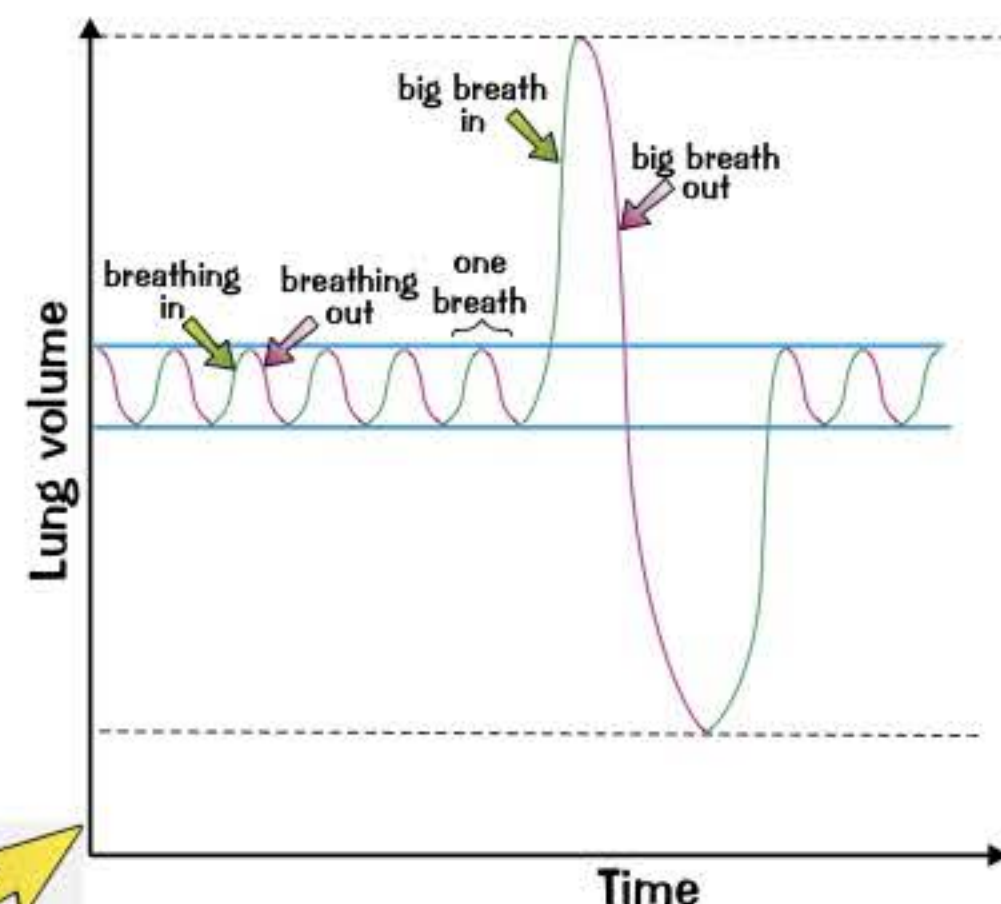
Inhaling and Exhaling is Breathing In and Out

- 1) The chest cavity is like a bell jar.
- 2) When you breathe in, the diaphragm moves down and the ribs move up. This increases the volume of the chest cavity, which decreases the pressure. So air rushes in to fill the lungs.
- 3) When the diaphragm moves up and the ribs move down, air rushes out.



Lung Volume Can Be Measured

- 1) Lung volume is the amount of air you can breathe into your lungs in a single breath.
- 2) Lung volume is different for different people. For example, taller people tend to have a bigger lung volume than shorter people. And some diseases may reduce a person's lung volume.
- 3) Lung volume can be measured using a machine called a spirometer.
- 4) To use a spirometer, a person breathes into the machine (through a tube) for a few minutes. The volume of air that is breathed in and out is measured and plotted on a graph (called a spirogram) like this one...



Now take a deep breath and learn these facts...

Well, if ever you wanted to know how you breathe in and out, now you know. Learn how breathing works — use that bell jar demo to help you understand what goes on in your actual lungs. Make sure you know how lung volume can be measured too. You'll be acing all things breathing in no time at all.

Exercise, Asthma and Smoking

Exercise, asthma and smoking can all affect your gas exchange system and the way in which you breathe.

Exercise



- 1) When you exercise, your muscles need more oxygen and glucose so they can respire and release energy (see page 4) to keep you going.
- 2) During exercise, your breathing rate and depth of breathing increase so you can get more oxygen into your blood.
- 3) If you exercise regularly, the muscles that you use to breathe (the diaphragm and intercostal muscles) will get stronger.
- 4) This means that your chest cavity can open up more when you breathe in, so you can get more air into your lungs.
- 5) Over time, regular exercise can also cause an increase in the number and size of the small blood vessels in your lungs and in the number of alveoli. This means gas exchange becomes more efficient.

Asthma

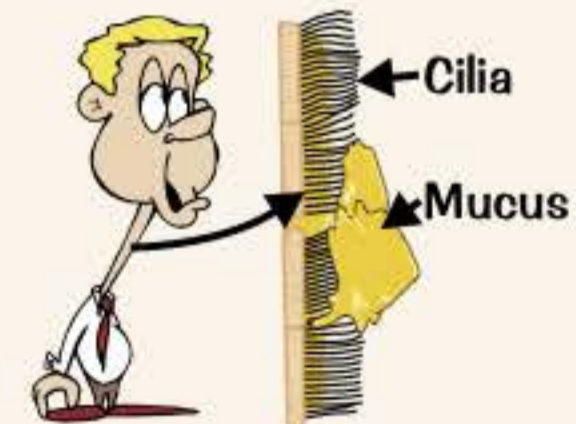
- 1) People with asthma (asthmatics) have lungs that are too sensitive to certain things (e.g. pet hair, pollen, dust, smoke...).
- 2) If an asthmatic breathes these things in, the muscles around their bronchioles contract. This narrows the airways.
- 3) The lining of the airways becomes inflamed and fluid builds up in the airways, making it hard to breathe (an asthma attack).
- 4) Symptoms of an attack are:
 - difficulty breathing,
 - wheezing,
 - a tight chest.
- 5) When symptoms appear, sufferers can use an inhaler containing drugs that open up the airways.



Smoking

- 1) Cigarette smoke contains four main things: carbon monoxide, nicotine, tar and particulates.
- 2) Tar in particular is really bad for you:

- Tar covers the cilia (little hairs) on the lining of the airways.
- The damaged cilia can't get rid of mucus properly.
- The mucus sticks to the airways, making you cough more — this is known as smoker's cough.
- The damage builds up and can eventually lead to bronchitis (a disease that inflames the lining of the bronchi) and emphysema (a disease that destroys the air sacs in the lungs). Both these diseases make it difficult to breathe.
- And there's more... tar contains carcinogens (substances that can cause cancer). Smoking causes cancer of the lung, throat and mouth.



This page is just breathtaking...

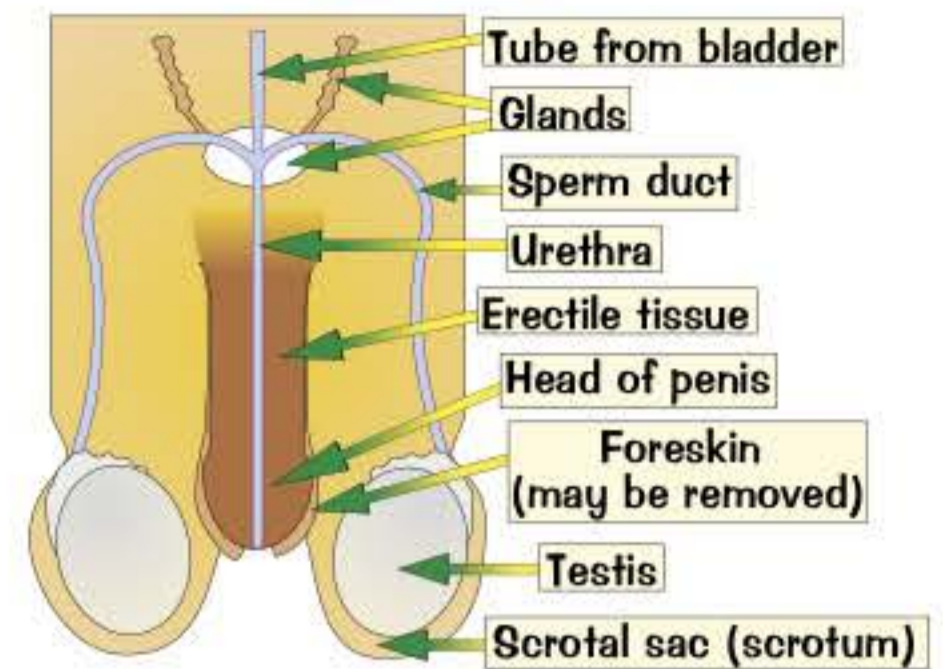
So there you have it — three different things that have an impact on the gas exchange system. Make sure you know them all. Cover up the page and see how much you can write down about each one. If you're struggling, then re-read the page and try again (and again and again...) until you're confident you know it.

Human Reproductive Systems

Like all [mammals](#), humans have different [boy bits](#) and [girl bits](#) that allow us to [reproduce](#). No giggling now.

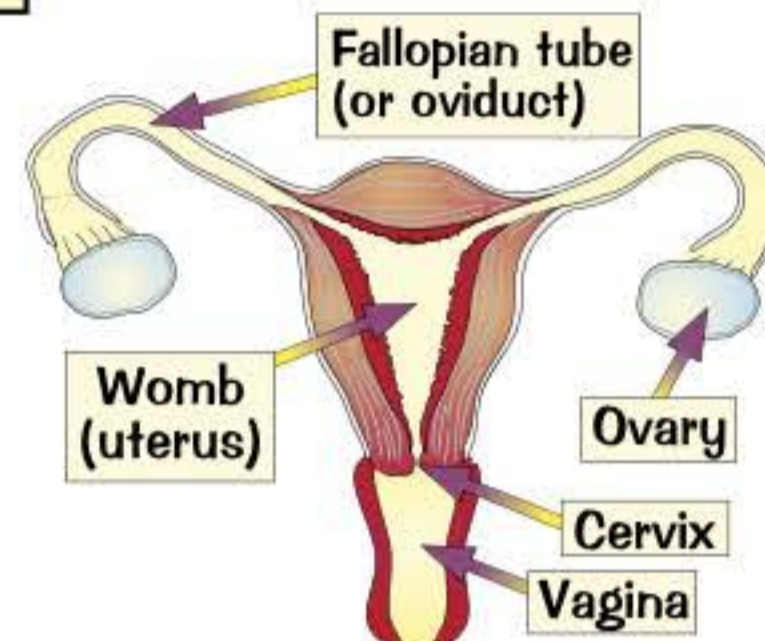
The Male Reproductive System

- 1) [Sperm](#) are the male [sex cells](#) or '[gametes](#)'.
- 2) Sperm are made in the [testes](#) after puberty.
- 3) Sperm mix with [a liquid](#) to make [semen](#), which is [ejaculated](#) from the penis during sexual intercourse.



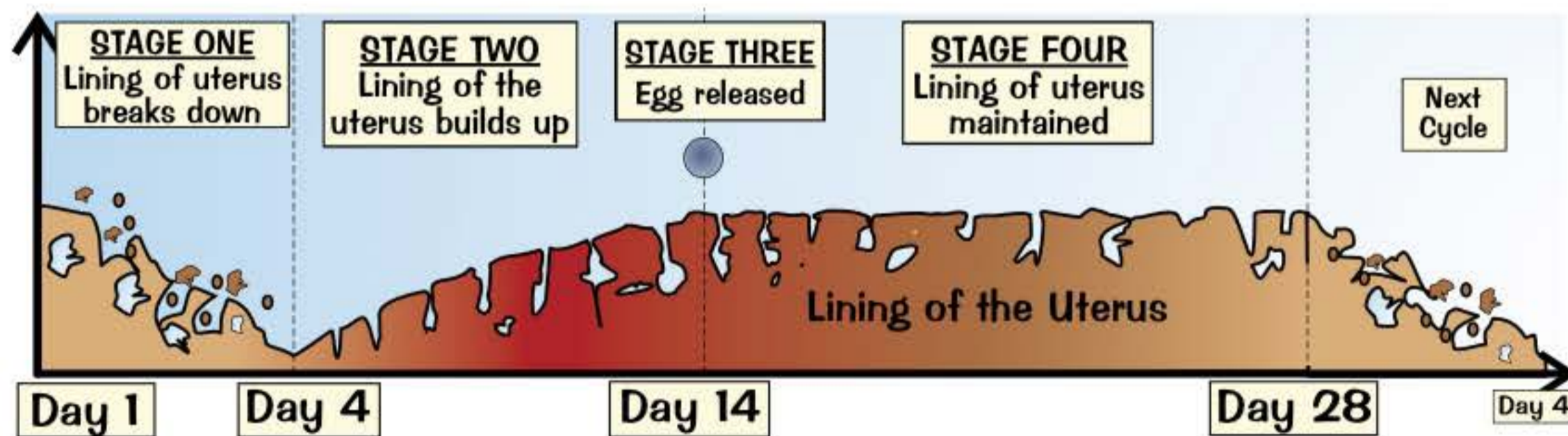
The Female Reproductive System

- 1) An [egg](#) is a female [sex cell](#) or '[gamete](#)'.
- 2) [One](#) of the two ovaries releases an egg [every 28 days](#).
- 3) It passes into the [fallopian tube](#) (or oviduct) where it may [meet sperm](#), which has entered the vagina during [sexual intercourse](#) (sometimes known as copulation).
- 4) If it [isn't fertilised](#) by sperm (see next page), the egg will [die](#) after about a [day](#) and pass out of the vagina.



The Menstrual Cycle Takes 28 Days

- 1) From the age of puberty females undergo a [monthly](#) sequence of events which are collectively known as the [MENSTRUAL CYCLE](#).
- 2) This involves the body [preparing](#) the [uterus](#) (womb) in case it receives a [fertilised egg](#).
- 3) If this doesn't happen, then the egg and uterus lining [break down](#) and are [lost](#) from the body through the [vagina](#) over a period of [three](#) to [four](#) days, usually.
- 4) The cycle has [four](#) main stages — they are summarised in the diagram and table below:



Day	What happens...
1	BLEEDING STARTS as the lining of the uterus (the womb) breaks down and passes out of the vagina — this is what's known as "having a PERIOD ".
4	The lining of the uterus starts to build up again. It thickens into a spongy layer full of blood vessels ready for IMPLANTATION . (See next page.)
14	An egg is released from the ovaries of the female, so this is the MOST LIKELY time in which a female may become pregnant . (This day may vary from one woman to the next.)
28	The wall remains thick awaiting the arrival of a fertilised egg . If this doesn't happen then this lining breaks down , passing out of the vagina. Then the whole cycle starts again .

The end of the cycle depends on whether the egg's fertilised...

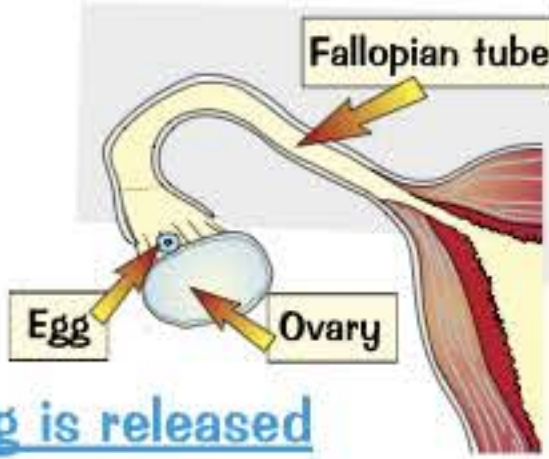
There are quite a few details to [learn](#) here. [Make sure](#) you [know](#) all the bits and bobs in the [male](#) and [female reproductive systems](#), plus exactly what all the four stages of the [menstrual cycle](#) are and when they occur.

Having a Baby

Once Dad's sperm has fertilised Mum's egg, an embryo forms, the gestation period passes, a baby is born.

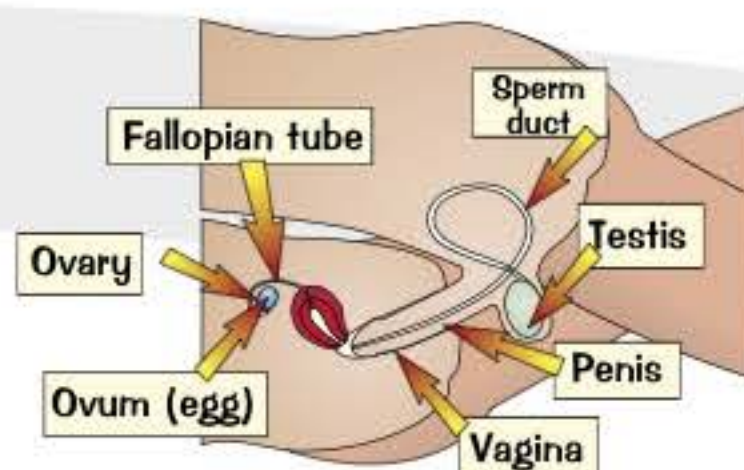
Fertilisation and Development

1) Ovulation



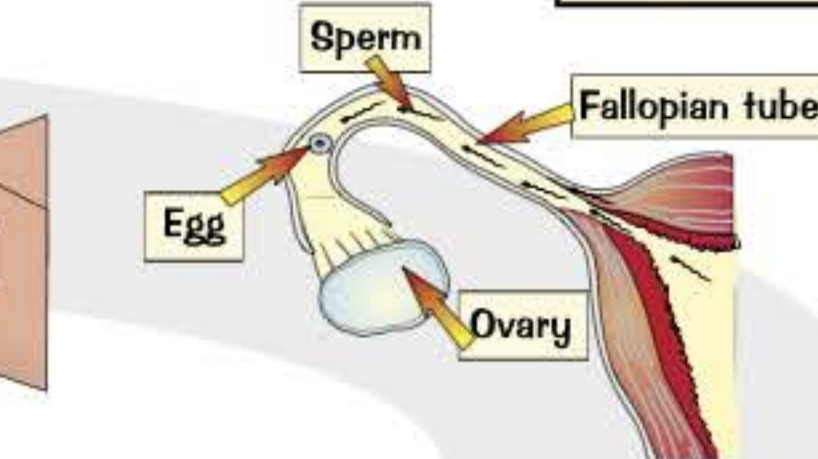
An egg is released from an ovary (around day 14).

2) Copulation



Millions of sperm are released from the penis into the vagina during intercourse.

3) Fertilisation



The egg is fertilised when the nuclei of the egg and sperm join — the fertilised egg is called a ZYGOTE.

5) Implantation

About one week after fertilisation, the embryo starts to embed (implant) itself into the wall of the uterus and the placenta begins to develop.



4) Cell Division

24 HOURS after fertilisation the fertilised egg divides into two. After about 4 DAYS the egg has divided into 32 cells. It's now called an EMBRYO.

The Embryo Develops During Gestation

Start here →

At 1 Month

The embryo is 6 mm long and has a brain, heart, eyes, ears and legs.

At 9 Weeks

The body is about 25 mm long and is completely formed — it's now called a FOETUS.

At 39 weeks

The baby is about 520 mm long. It's fully developed and ready to be BORN.



At 7 Months

The foetus is 370 mm long and is 'VIABLE'. This means it would have a fair chance of surviving if it were born at this stage.

At 5 Months

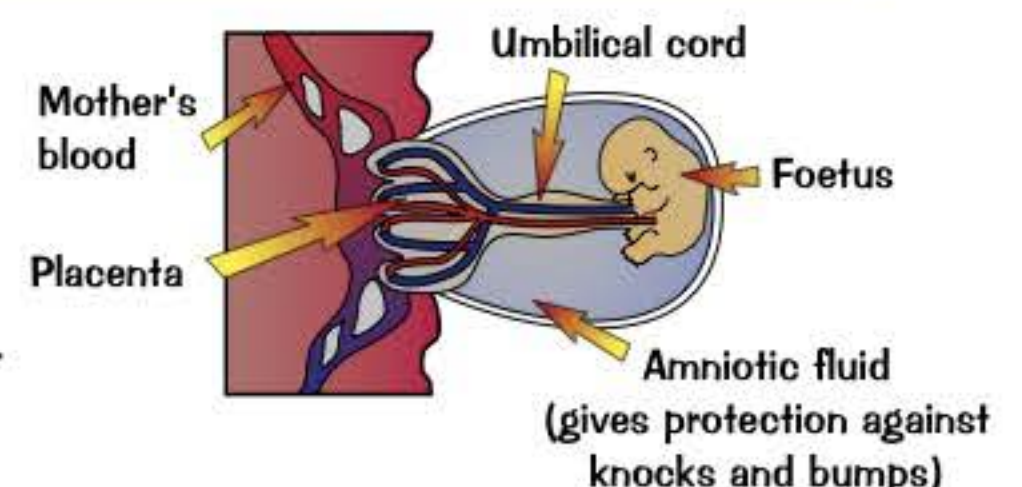
It's now about 160 mm long. It kicks and its pesky finger nails can be felt.

At 3 Months

The foetus is 54 mm long and looks much more like a baby.

The Mother's Lifestyle During Pregnancy is Important

- 1) The placenta lets the blood of the foetus and mother get very close to allow exchange of food, oxygen and wastes.
- 2) If the mother smokes, drinks alcohol or takes other drugs while she is pregnant, harmful chemicals in her blood can cross the placenta and affect the foetus. For example, the foetus may not develop properly and could have health problems after it's born.



Health and Drugs

Good health is a situation where you're **fine and dandy** both **physically** and **mentally**.
Recreational drugs can have serious **negative effects** on your health.

Health is More Than Just the Absence of Disease

Good health means having **BOTH** of these:

- 1) A **healthy body** that's **all working properly** with **no diseases**.
- 2) A **healthy mental state** where you're able to cope with the **ups and downs** of life.

You should **look after your body** by eating a **balanced diet**, doing enough **exercise** and **not abusing drugs**.

Drugs

- 1) A drug is anything that **affects the way** the body works.
E.g. They may raise the heart rate or cause blurred vision.
- 2) There are **LEGAL DRUGS** and **ILLEGAL DRUGS**.
Aspirin, caffeine and antibiotics are examples of **legal drugs**.
Cannabis, speed and ecstasy are examples of **illegal drugs**.
- 3) **RECREATIONAL DRUGS** are drugs used for enjoyment, rather than as medicine. They can be legal or illegal.
- 4) Drugs can affect **life processes**. For example, drugs that affect the **brain** are likely to affect **movement** and **sensitivity**. And drugs that affect the **liver and kidneys** will most likely affect **excretion** (as these are the organs that process waste).

7 Life Processes

Movement — moving parts of the body.
Reproduction — producing offspring.
Sensitivity — responding and reacting.
Nutrition — getting food to stay alive.
Excretion — getting rid of waste.
Respiration — releasing energy from food.
Growth — getting to adult size.

Solvents

- 1) Solvents are found in most homes — in things like **paints**, **aerosols** and **glues**.
- 2) They're drugs because they cause **hallucinations**, which are illusions of the mind.
Solvents usually have a severe effect on **behaviour** and **character**.
- 3) They also cause serious **damage** to the **lungs**, the **brain**, **liver** and **kidneys**.

Alcohol

- 1) Alcohol is found in **beers**, **wines** and **spirits**. It's **illegal** to buy it **under the age of 18**.
- 2) It's a **depressant**, which means it **decreases the activity of the brain** and **slows down responses**.
- 3) It's a **poison** which affects the **brain** and **liver** leading to various health problems, e.g. **cirrhosis** (liver disease).
- 4) It **impairs judgement** which can lead to **accidents**. It's also very **addictive**.

Illegal Drugs — Dangerous, Addictive and Life-Wrecking

- 1) Ecstasy and LSD are **hallucinogens**. Ecstasy can give the feeling of **boundless energy** which can lead to **overheating**, **dehydration** and sometimes **DEATH**.
- 2) Heroin and Morphine were developed as **painkillers**. However they turned out to be highly **addictive**. They can both cause severe **degeneration** of a person's life.
- 3) Amphetamine (speed) and Methedrine are **stimulants**. They give a feeling of **boundless energy**. However, users quickly become **psychologically dependent** on the drug (i.e. they think they **need** them), so **behaviour** and **character** deteriorate.
- 4) Barbiturates are **depressants**. They **slow down** the nervous system and therefore **slow down** reaction time. They can help **sleeping** but they're **seriously habit-forming**.



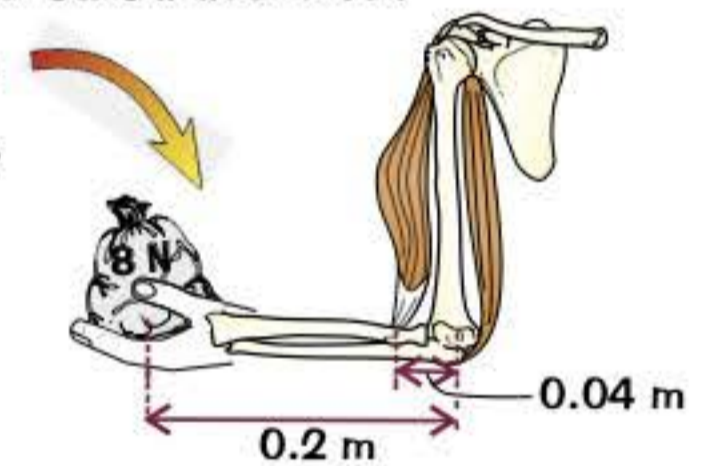
Drugs aren't harmless fun — they're a slippery slope...

There are lots of details here. Make sure you know how different **recreational drugs** can affect **behaviour**, **health** and **life processes**. And above all else, make sure you realise the **dangers** of illegal drugs. **Learn it well**.

Section Summary

Well, there's certainly some stuff in Section 2 — all you ever wanted to know about human beings, and a good deal more besides I should think. Now what you've got to do is make sure you learn it all. And here again for your delectation and enjoyment I have prepared some more of those splendid questions. I didn't say exciting questions — just splendid. Remember, you have to keep coming back to these questions time and time again, to see how many of them you can do. All they do is test the basic simple facts. OK then — let's see how much you've learnt so far...

- 1) Name all five nutrients in a balanced diet.
- 2) Say what each nutrient is important for in the body.
- 3) For each of the five nutrients, give three examples of foods that contain them.
- 4) Apart from the five nutrients, give two things that are needed in a balanced diet and explain why they're needed.
- 5) Give two things that affect how much energy a person needs each day.
- 6)* Sonia has a body mass of 54 kg. What is her daily basic energy requirement?
- 7) What is obesity? How is it caused?
- 8) What health problems can be caused by getting too little food?
- 9) What does digestion do?
- 10) Name eight main bits of the alimentary canal.
- 11) Say what goes on in each of the eight bits.
- 12) Why can't big molecules pass through gut walls? What has to happen to them first?
- 13) What are villi? What is their function (job) and how are they well-suited to it?
- 14) Give four reasons why the bacteria found naturally in your digestive system are good news.
- 15) Give four functions of the skeleton.
- 16) What are antagonistic muscles?
- 17) Explain in terms of "muscle contraction" how you can move your arm up and down.
- 18) What is a moment? What two pieces of information do you need to be able to calculate one?
- 19)* Calculate the force applied by the muscle to keep the arm still in this diagram.
- 20) Sketch the human gas exchange system and label all the important structures.
- 21) What gases are exchanged in the lungs when air is breathed in?
Where does each gas move from and to?
- 22) Give three ways in which the lungs are well-adapted for gas exchange.
- 23) Explain how we breathe air in and out.
- 24) How can lung volume be measured?
- 25) How does exercise affect the gas exchange system?
- 26) What happens in the gas exchange system when someone has an asthma attack?
- 27) What are the symptoms of an asthma attack?
- 28) Give two ways in which smoking affects the gas exchange system.
- 29) What are the male sex cells called? Where are they made?
- 30) And what are the female sex cells called? Where are they made?
- 31) Outline the four main stages of the menstrual cycle and say when they happen.
- 32) What exactly is fertilisation?
- 33) List five things which must happen before a human embryo can start to develop.
- 34) Describe what an embryo looks like at:
1 month, 9 weeks, 3 months, 5 months, 7 months, 39 weeks.
- 35) Explain why it's not a good idea for a woman to smoke while she's pregnant.
- 36) What does being healthy mean?
- 37) What are drugs? What is meant by a 'recreational' drug?
- 38) Name three legal drugs and three illegal drugs. (Steer clear pal.)
- 39) Name one recreational drug and explain how it affects life processes.



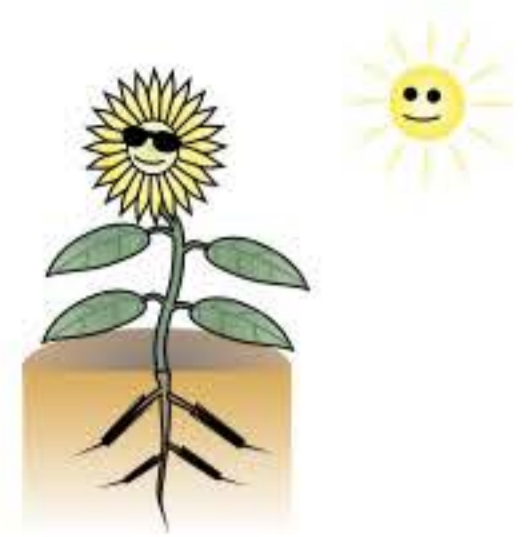
*Answers on page 108.

Plant Nutrition

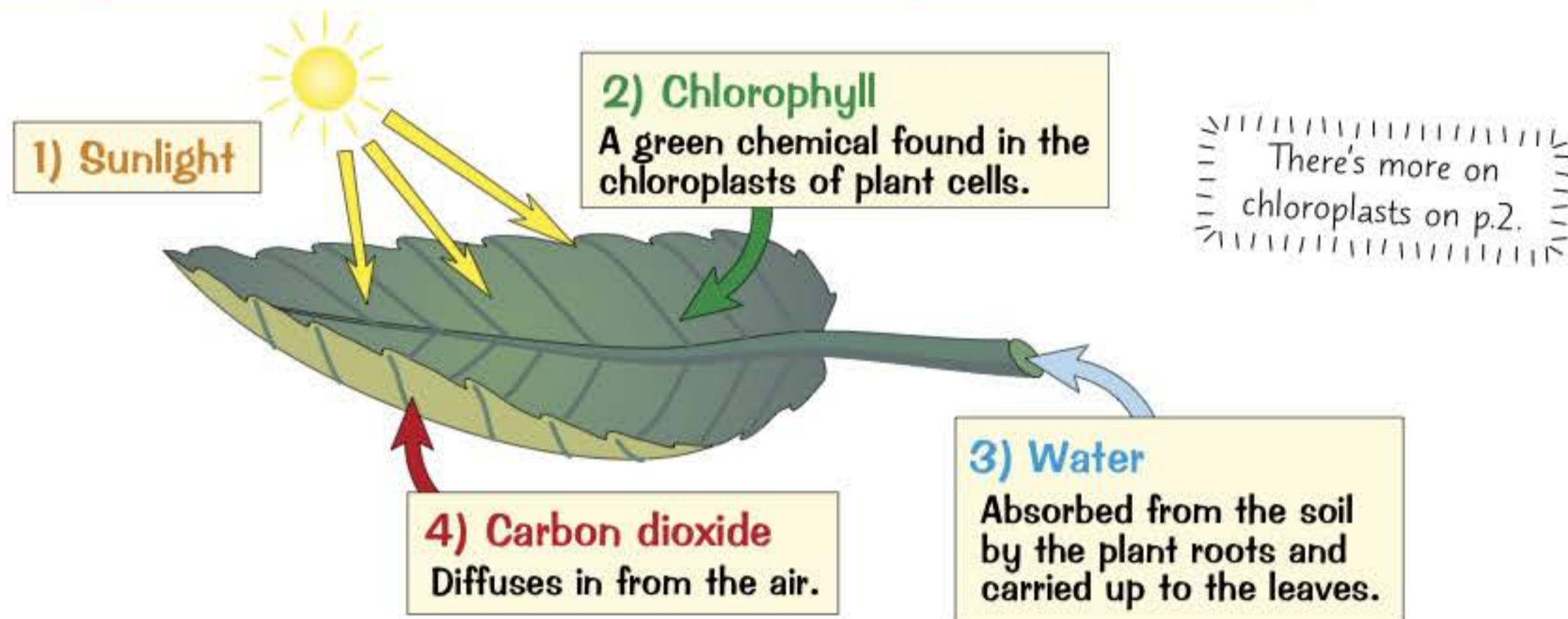
THINK about this: plants make their own food — it's a nice trick if you can do it.

Photosynthesis Makes Food From Sunlight

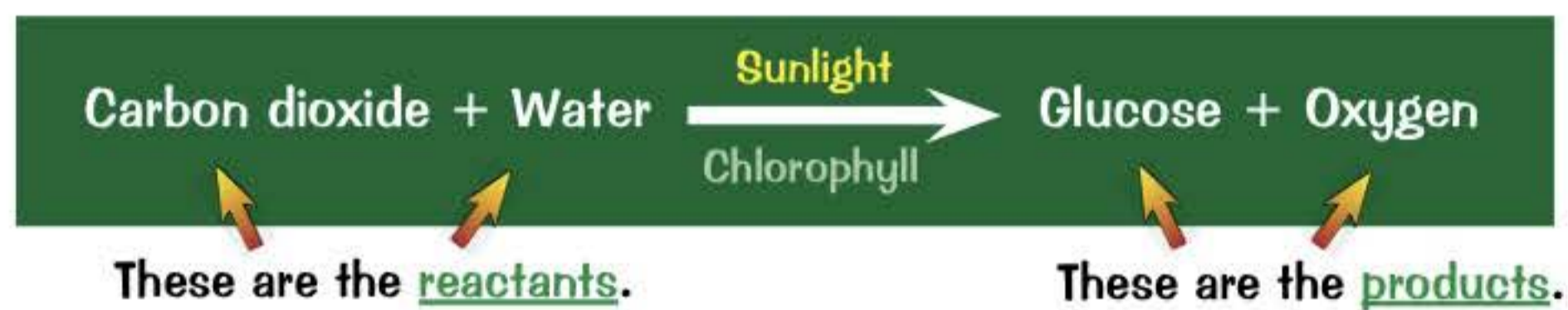
- 1) Photosynthesis is a chemical process which takes place in every green plant.
- 2) Photosynthesis basically produces food — in the form of glucose (a carbohydrate).
- 3) The plant can then use the glucose to increase its biomass — i.e. to grow.
- 4) Photosynthesis happens in all the green bits of a plant but mainly in the leaves.



Four Things are Needed for Photosynthesis...



Chlorophyll absorbs sunlight and uses the energy to convert carbon dioxide and water into glucose. Oxygen is also produced. This word equation summarises what happens during photosynthesis. Learn it:



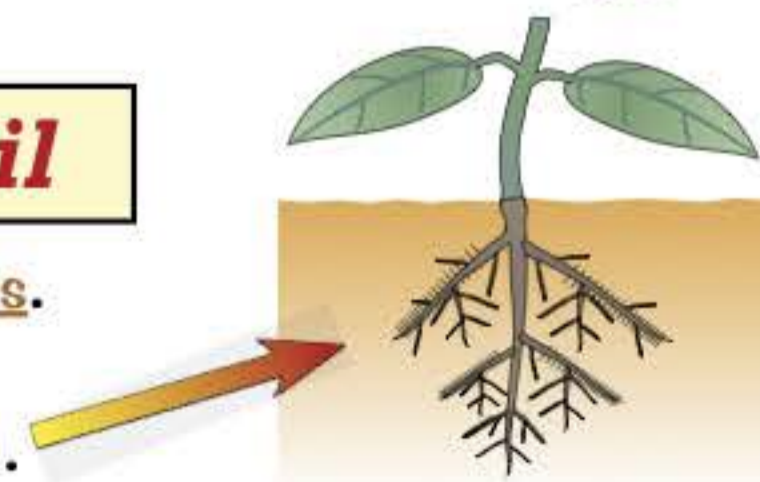
Leaves are Adapted for Efficient Photosynthesis

Leaves are really good at carrying out photosynthesis. Here's why...

- 1) Leaves are broad, so there's a big surface area for absorbing light.
- 2) Most of the chloroplasts are found in cells near the top of the leaf, where they can get the most light.
- 3) The underside of the leaf is covered in tiny holes called stomata. These holes allow carbon dioxide to diffuse (move) into the leaf from the air. They also allow oxygen to diffuse out. Air spaces inside the leaf allow carbon dioxide to move easily between the leaf cells.
- 4) Leaves also contain a network of veins, which deliver water to the leaf cells and take away glucose.

Plants Also Need Minerals from the Soil

- 1) Plants grow using the food they make themselves in photosynthesis. But to keep healthy they also need mineral nutrients from the soil.
- 2) Plants absorb these minerals through their roots (along with water).



Hmm, it's all clever stuff — just make sure you learn it...

Remember, plants don't get food from the soil — they make it themselves using photosynthesis. They do get water and tiny amounts of the minerals they need to stay healthy from the soil. Got that? Sorted.

Plant Reproduction

Just like humans, plants reproduce (make babies). This page is all about how plant reproduction starts.

The Flower Contains the Reproductive Organs

1) Stamens

The sta-men-s are the male parts of the flower. They consist of the anther and the filament. The anther contains pollen grains, which produce the male sex cells. The filament supports the anther.

2) Carpels

The female parts of the flower. They consist of the

stigma,
style and
ovary.

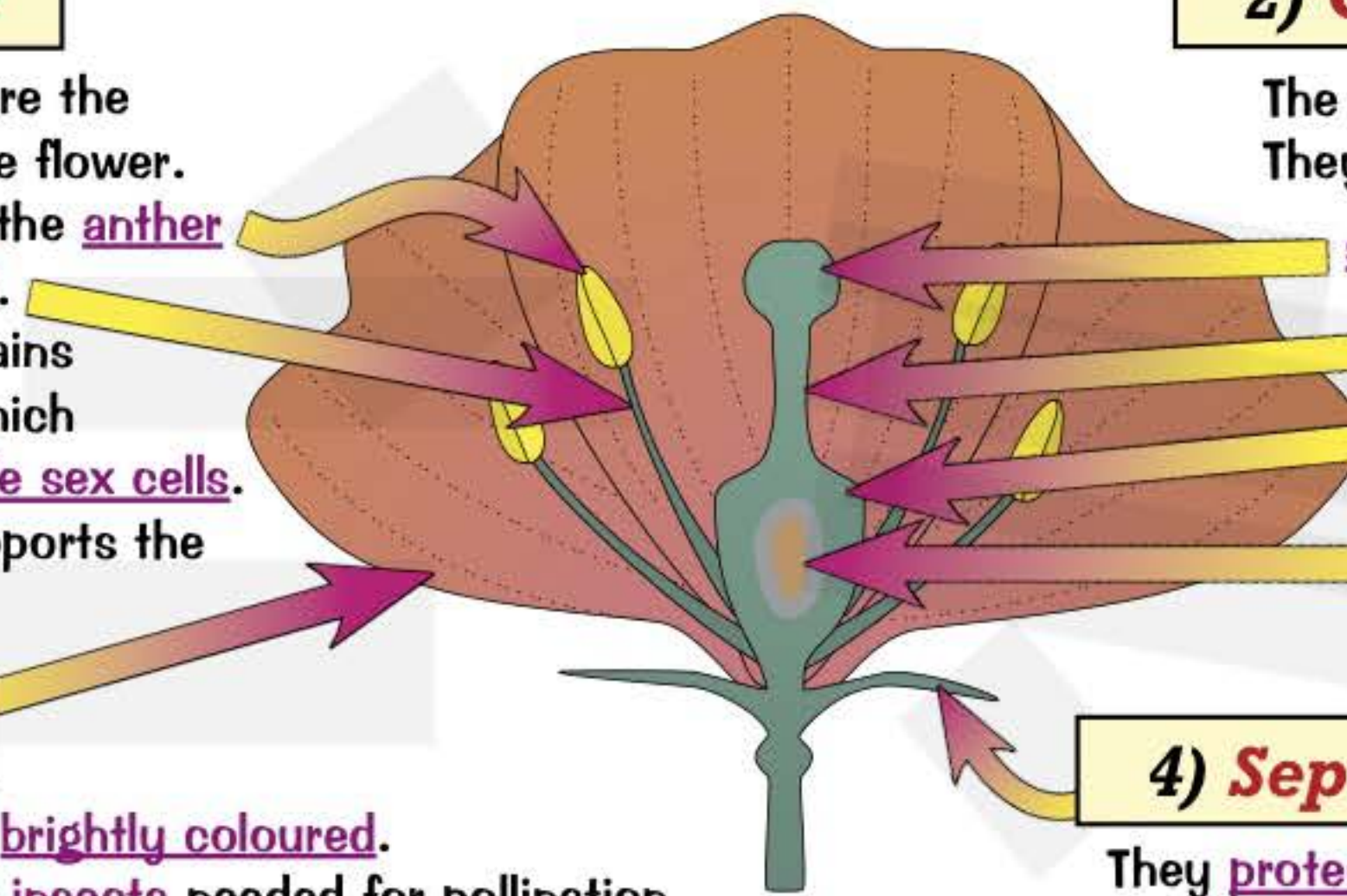
The ovary contains the female sex cells inside ovules.

3) Petals

These are often brightly coloured. They attract the insects needed for pollination.

4) Sepals

These are green and leaf-like. They protect the flower in the bud. They're found below the main petals.



"Pollination" is Getting Pollen to the Stigma

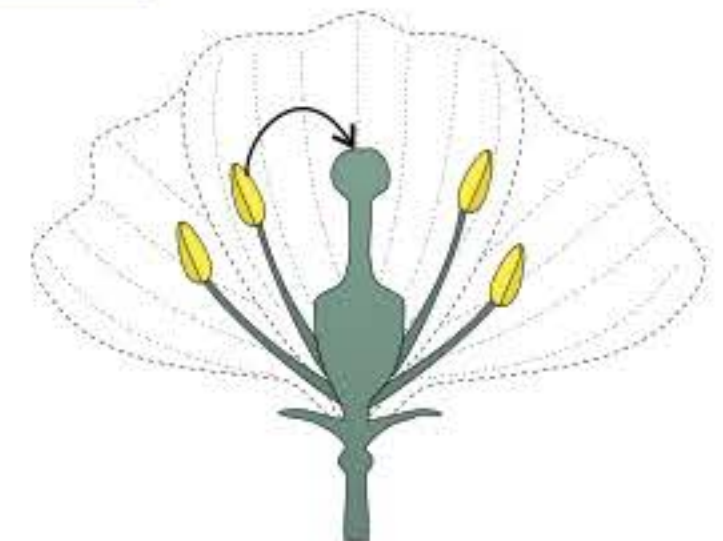
- To make a seed (which will eventually grow into a new plant) the male and female sex cells must "meet up".
- To do this, the pollen grains must get from a stamen to a stigma. This can happen in two ways:

1) Self Pollination

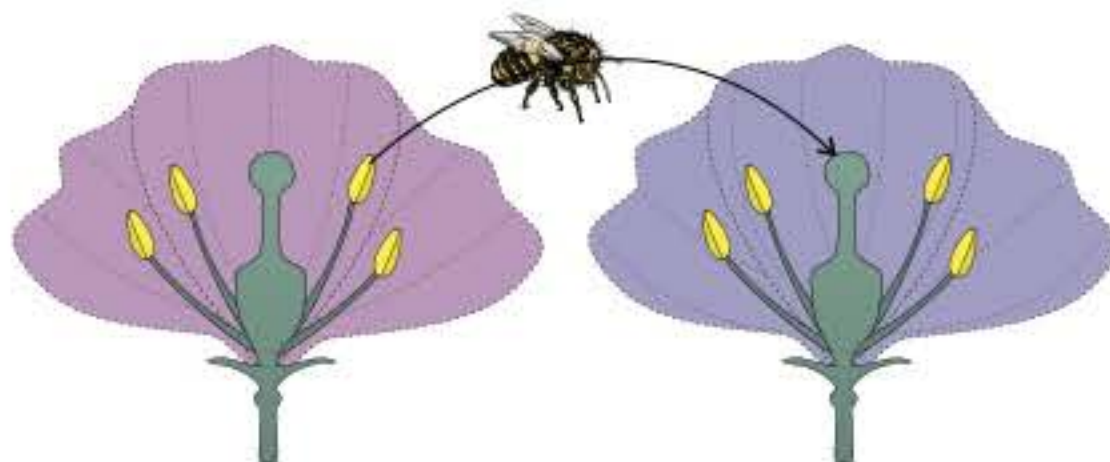
— pollen is transferred from stamen to stigma on the SAME PLANT.

2) Cross Pollination

— pollen is transferred from the stamen of one plant to the stigma of a DIFFERENT PLANT. Cross pollination can involve...



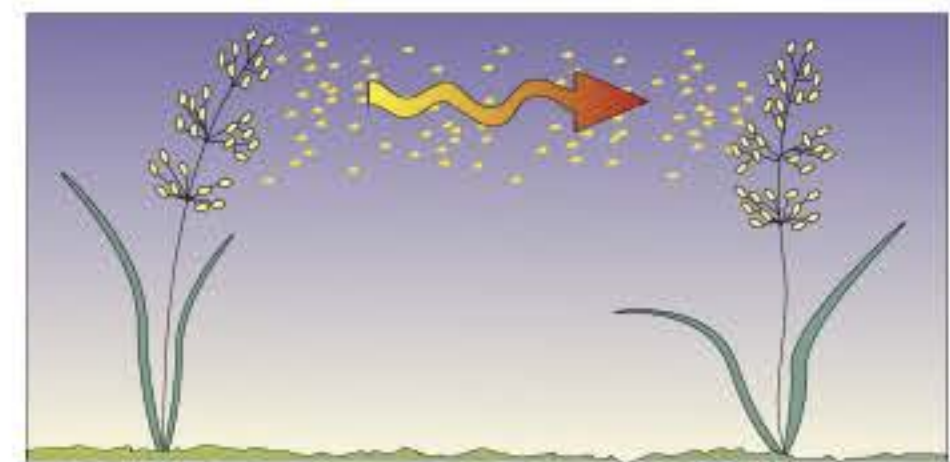
...Insect Pollination



Plant features that help insect pollination:

- Bright coloured petals.
- Scented flowers with nectaries (glands that produce a sugary liquid for insects to feed on).
- Sticky stigma to take the pollen off the insect as it goes from plant to plant to feed in the nectaries.

...Wind Pollination



Features of plants that use wind pollination:

- Usually small dull petals on the flower.
- No scent or nectaries.
- Long filaments hang the anthers outside the flower so a lot of pollen is blown away.
- Stigmas are feathery to catch pollen as it's carried past in the wind.

There are no "B"s in wind pollination — bzzzz bzzz...

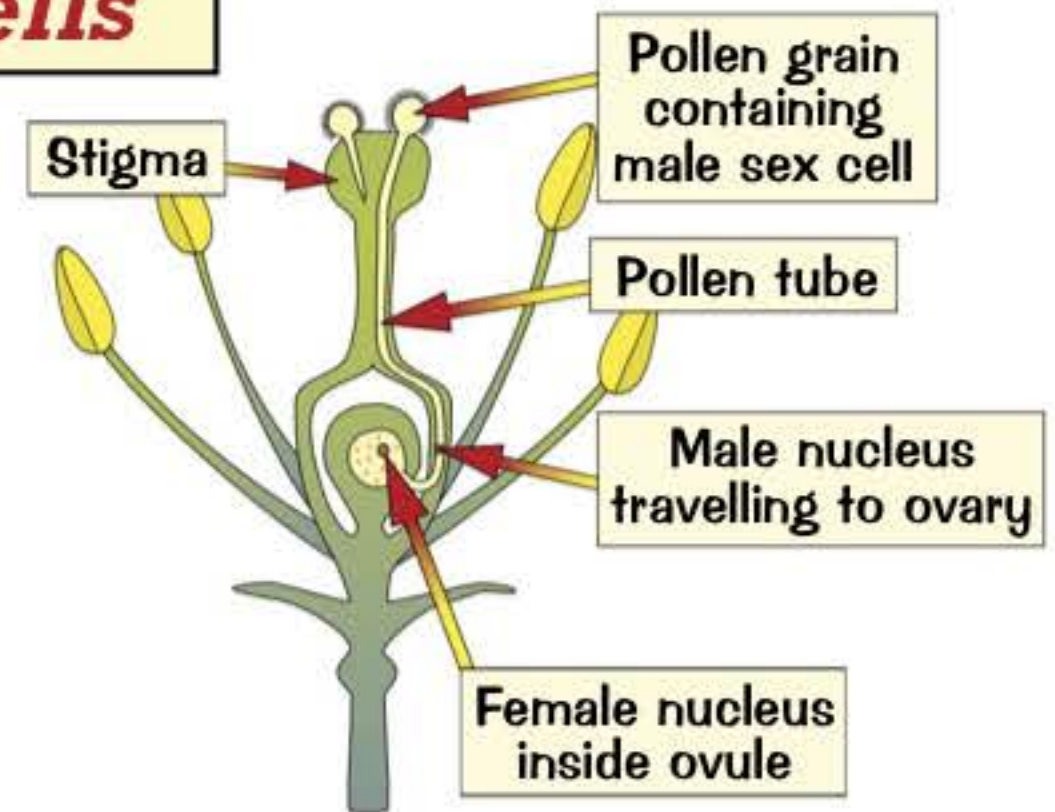
All those bits of a flower to learn and then the "ins and outs" of pollination. Make sure you know it all before you move on to the next page or you'll be in a pretty pickle. And not the edible kind either...

Fertilisation and Seed Formation

Here it is, the long awaited sequel to Plant Reproduction — or what happens after a flower is pollinated.

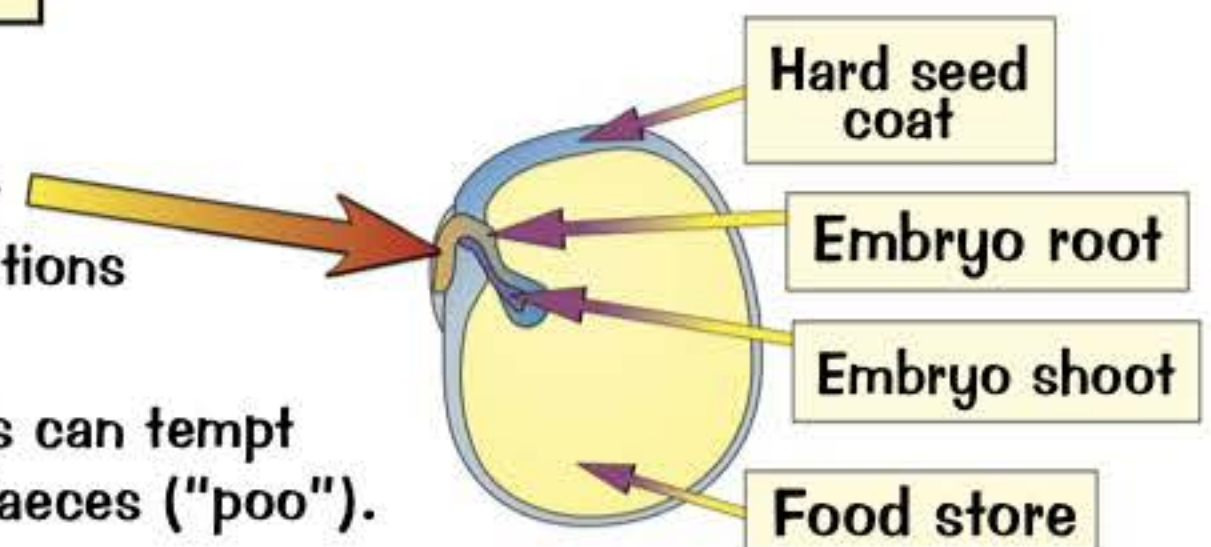
Fertilisation is the Joining of Sex Cells

- 1) Pollen is the plant equivalent of human sperm.
- 2) Pollen grains land on a ripe stigma with help from insects or the wind (see previous page).
- 3) A pollen tube then grows out of a pollen grain, down through the style to the ovary.
- 4) The nucleus from a male sex cell moves down the tube to join with a female sex cell inside an ovule. Fertilisation is when the two nuclei join.



Seeds are Formed From Ovules

- 1) After fertilisation, the ovule develops into a seed. Each seed contains a dormant (inactive) embryo plant.
- 2) The embryo has a food store which it uses when conditions are right — i.e. it starts to grow or "germinate".
- 3) The ovary develops into a fruit around the seed. Fruits can tempt animals to eat them and so scatter the seeds in their faeces ("poo").



Seed Dispersal is Scattering Seeds

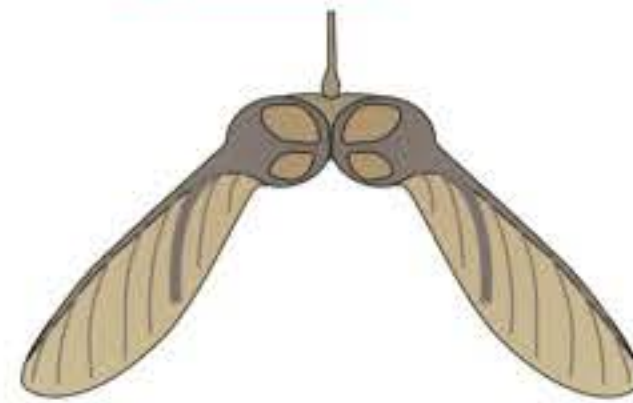
Seeds are dispersed or spread out so that they can grow without too much competition from each other. Here are some ways in which the seed can be dispersed:

1) Wind dispersal

Dandelion fruit.

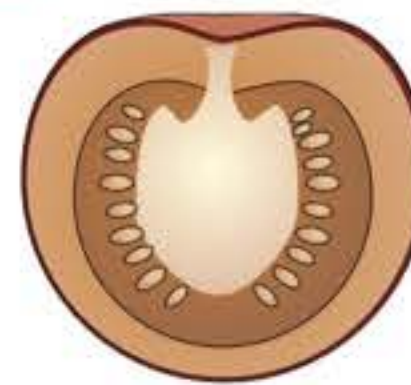


Sycamore fruit.

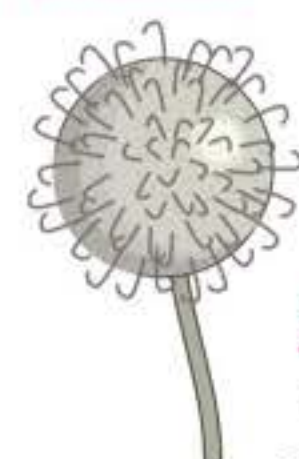


2) Animal dispersal

Tomato fruit.

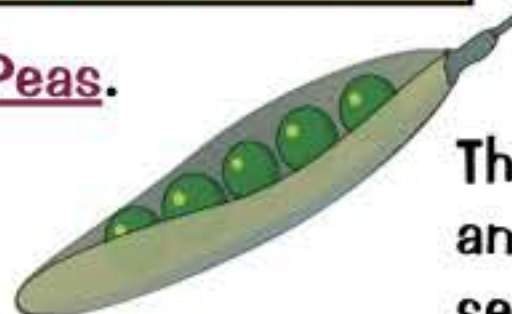


Burdock fruit.



3) Explosions

Peas.



4) Drop and Roll

The heavy fruit falls down from the tree. It splits when it hits the ground and the seeds roll out.



The seeds then tend to be further dispersed by animals.

What has a hazelnut in every bite — Squirrel poo...

Phew, what a palaver. It all starts with pretty flowers which lead to pollination, then fertilisation. That leads on to seed development, and then the business of dispersal. Eventually, the seeds will grow into new plants far away from their parents. It makes your head hurt just thinking about it. You do need to learn it though.

Investigating Seed Dispersal Mechanisms

At last, a little bit of science in action. Roll up your sleeves and let's get started.

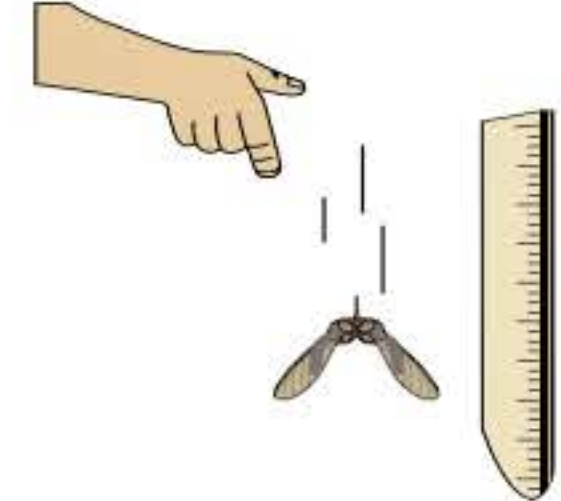
You Can Investigate Seed Dispersal by Dropping Fruit

You can investigate how well different seeds disperse from the comfort of your own classroom. It's easiest to investigate the wind and drop and roll dispersal mechanisms.

Here's what you have to do.

- 1) Get yourself some fruit (containing seeds). You could compare ones with different dispersal mechanisms, e.g. sycamore fruit and horse chestnut fruit.
- 2) Decide on a fixed height to drop the fruit from.
- 3) Drop the fruit one at a time from this height, directly above a set point on the ground.
- 4) Using a tape measure, measure and record how far along the ground the seeds have been dispersed.

Do this at least three times for each type of seed and then find the average distance each type travels or 'dispersed' when dropped.



Seed Type	Distance Dispersed (cm)		
Sycamore	20	25	
Horse Chestnut			

Make Sure it's a Fair Test

So that you can make a fair comparison between the distances travelled by different seed types, you need to keep the following the same each time you do the experiment:

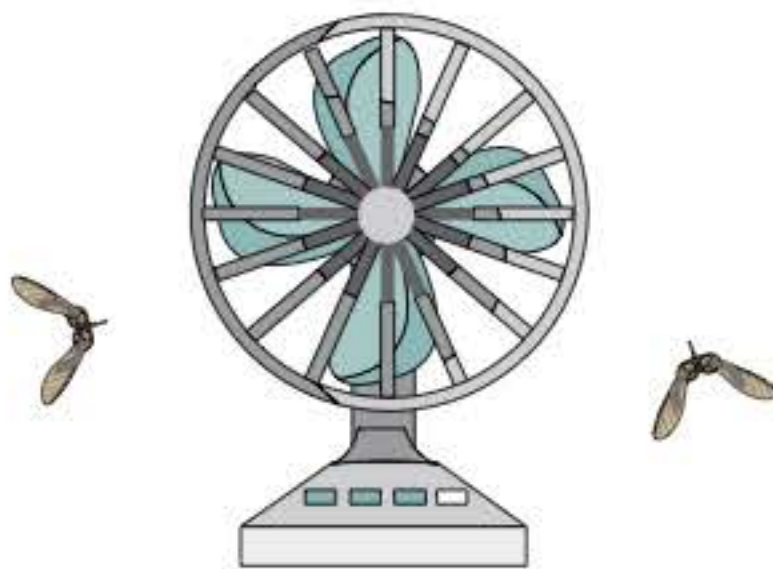
- the person dropping the fruit,
- the height the fruit are dropped from,
- the place you're doing the experiment (stay away from doors and windows that might cause draughts).

This is called
"controlling the variables".

Use a Fan to Investigate the "Wind Factor"

Many seed dispersal mechanisms are affected by the wind. The special shape of sycamore fruit helps the wind to catch the fruit and carry the seeds far away from the parent sycamore tree.

You can investigate just how much the wind affects seed dispersal by introducing an electric fan into the experiment above. Here's how:



- 1) Set up the fan a fixed distance from the person dropping the fruit.
- 2) Switch the fan on — it needs to be set to the same speed for every fruit you drop. This makes sure the experiment will be a fair test.
- 3) Drop the fruit as before and measure how far along the ground the seeds travel.

You should find that the sycamore seeds travel much further in windy conditions (i.e. when the fan is switched on). This might not be the case for every seed type though.



I've got a pea shooter — is that a seed dispersal mechanism?

Ahh, the things you get up to in science lessons. You can also investigate how much the shape of sycamore fruit helps the seeds to disperse — just cut the wings off and repeat the experiment in front of the fan.

Dependence on Other Organisms

It probably won't surprise you to learn that organisms depend on other organisms for their survival.

Organisms in an Ecosystem are Interdependent

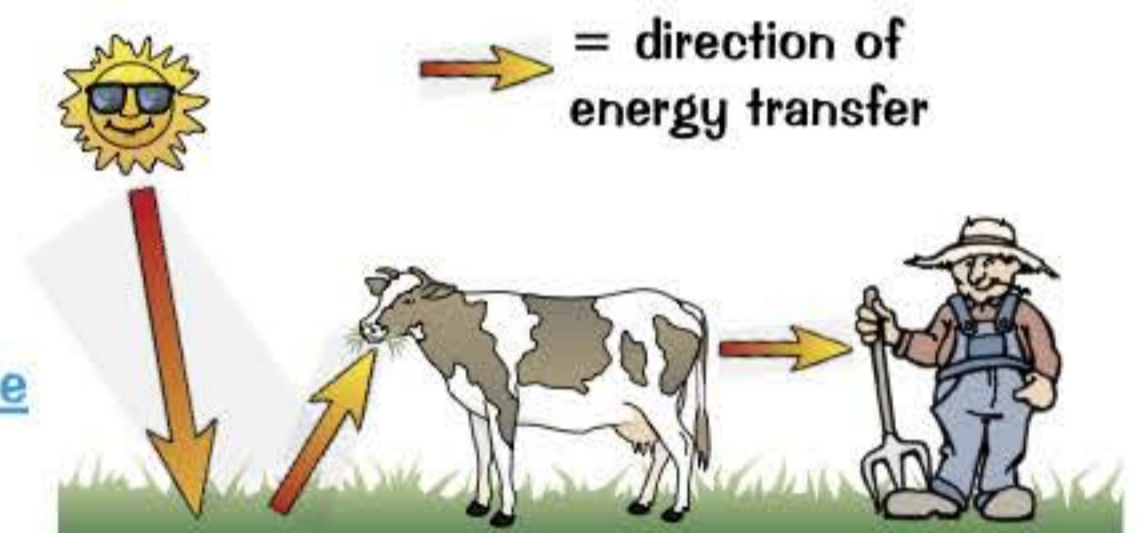
- 1) An ecosystem is all the living organisms in one area, plus their environment.
- 2) The organisms in an ecosystem are interdependent — they need each other to survive.

Almost All Living Things Depend on Plants

Almost all life on Earth depends on plants. Without them, we just wouldn't be here. Here's why...

Plants Capture the Sun's Energy

- 1) Almost all energy on Earth comes from the Sun.
- 2) Plants use some of the Sun's energy to make food during photosynthesis (see page 19). They then use this food to build "organic molecules" (things like carbohydrates and proteins), which become part of the plants' cells.
- 3) These organic molecules store the Sun's energy. The energy gets passed on from plants to animals when animals eat the plants. It gets passed on again when these animals are eaten by other animals.
- 4) Only plants, algae (seaweeds) and some bacteria are able to carry out photosynthesis. So nearly all living things rely on plants to capture and store the Sun's energy.

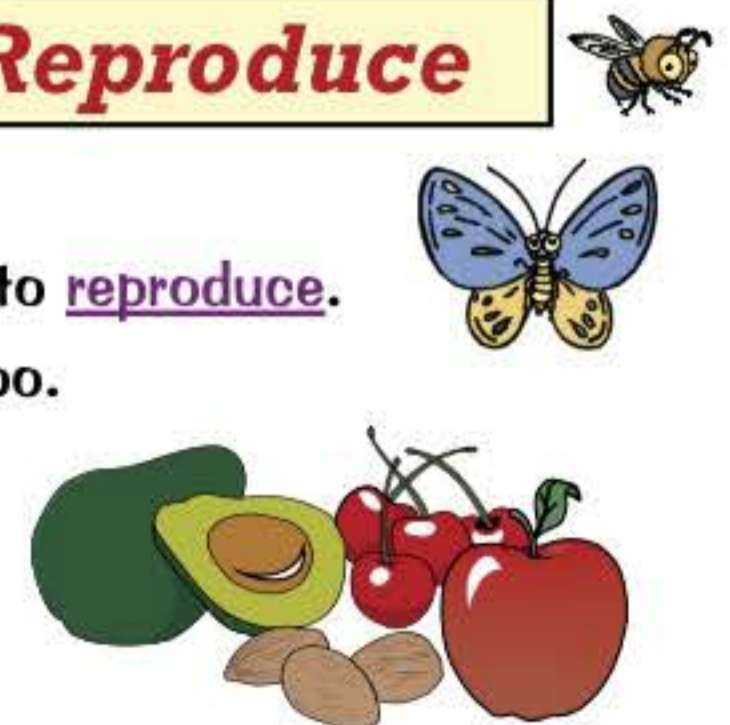


Plants Release Oxygen and Take in Carbon Dioxide

- 1) All living things respire (see page 4).
- 2) When plants and animals respire, they take in oxygen (O_2) from the atmosphere and release carbon dioxide (CO_2).
- 3) When plants photosynthesize, they do the opposite — they release oxygen and take in carbon dioxide.
- 4) So photosynthesis helps make sure there's always plenty of oxygen around for respiration. It also helps to stop the carbon dioxide level in the atmosphere from getting too high. This is an example of organisms affecting their environment.

Many Plants Depend on Insects in Order to Reproduce

- 1) Many plants depend on insects to pollinate them (see page 20).
- 2) Without insects like bees, moths and butterflies, these plants would struggle to reproduce.
- 3) This would obviously be bad for the plants, but it would be bad for humans too. Many of our crop plants need to be pollinated by insects in order to produce the fruit, nuts and seeds that we eat.
- 4) So we depend on insects to pollinate our crops and ensure our food supply.



We're all just one big happy family...

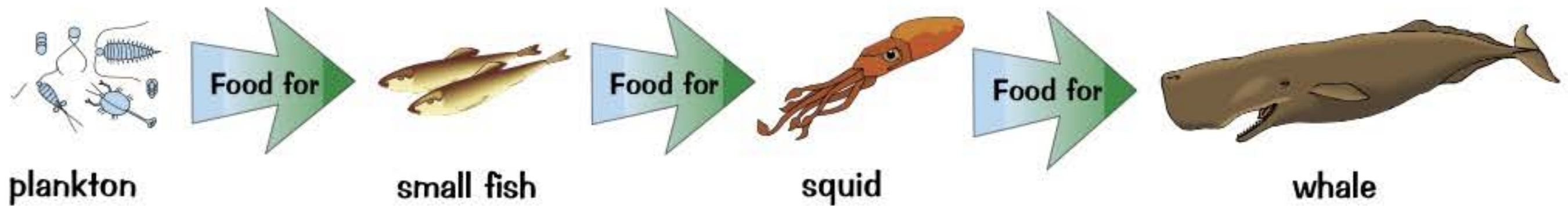
Remember, the organisms in an ecosystem are interdependent — we depend on plants for all our energy and to produce the oxygen we use up in respiration. And many plants depend on insects to pollinate them.

Food Chains and Food Webs

Organisms depend on each other to survive. Mainly this means that they depend on each other for food.

Food Chains Show What is Eaten by What

1) The organisms in a food chain are usually in the same ecosystem.



2) The arrows show what is eaten by what — i.e. "food for". (Plankton is food for small fish, etc.)

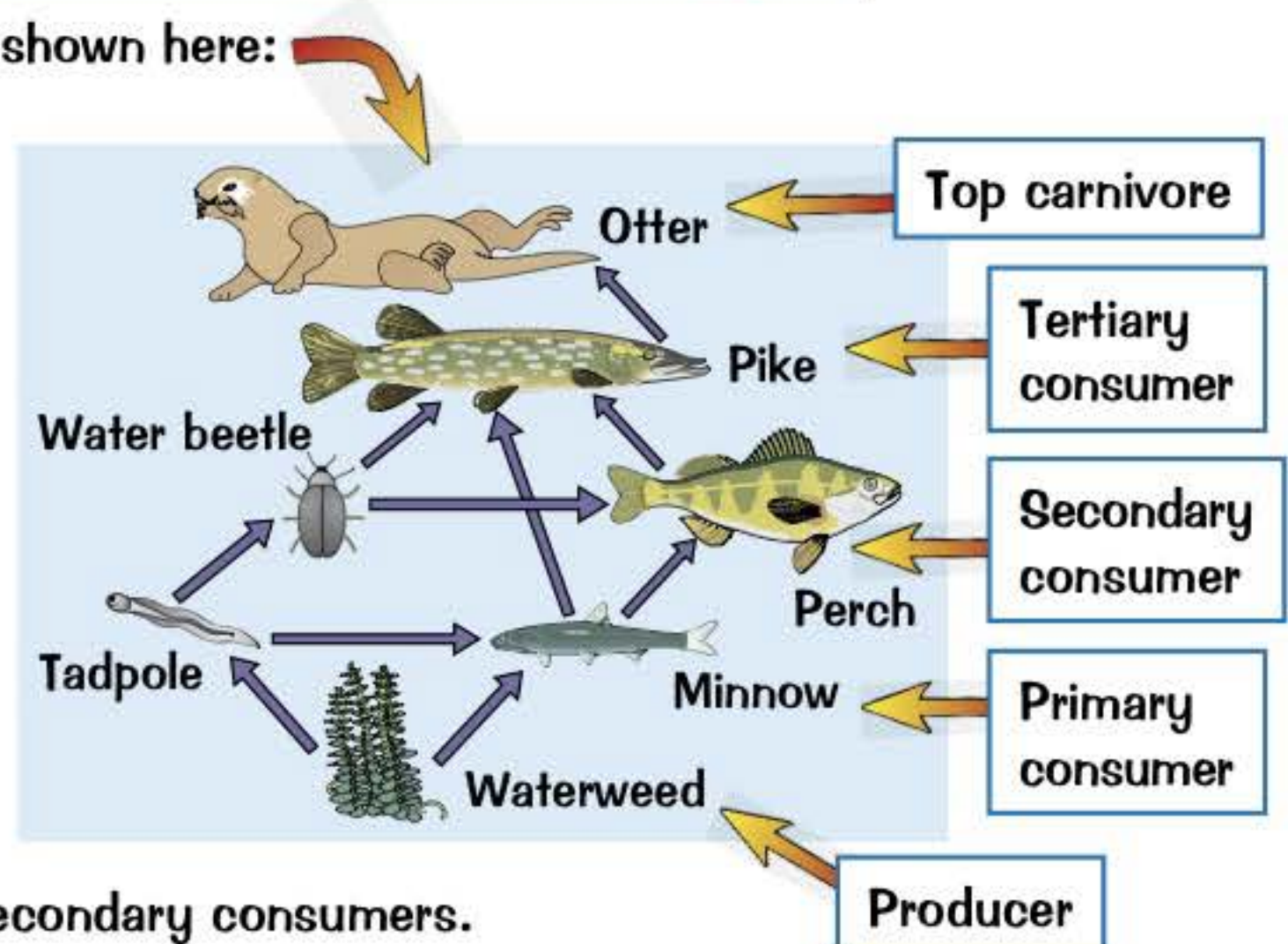
3) The arrows also show the direction of energy flow.

Food Webs and Their Tremendous Terminology

Food webs contain many interlinked food chains as shown here:

Learn these nine bits of terminology:

- 1) **PRODUCER** — all plants are producers. They store energy from the Sun.
- 2) **HERBIVORE** — an animal that only eats plants, e.g. tadpoles, rabbits, caterpillars, aphids.
- 3) **CONSUMER** — all animals are consumers. (All plants are not, because they're producers.)
- 4) **PRIMARY CONSUMER** — an animal that eats producers (plants).
- 5) **SECONDARY CONSUMER** — an animal that eats primary consumers.
- 6) **TERTIARY CONSUMER** — an animal that eats secondary consumers.
- 7) **CARNIVORE** — eats only animals, never plants.
- 8) **TOP CARNIVORE** — is not eaten by anything else.
- 9) **OMNIVORE** — eats both plants and animals.

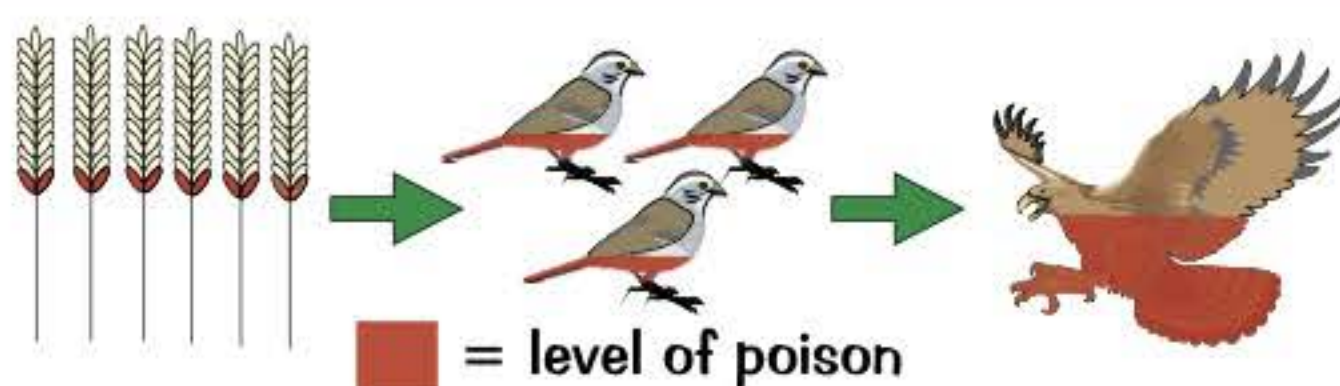


The organisms in a food web are all interdependent — so a change in one organism can easily affect others.

Example — What happens if the minnows are removed?

- 1) Who will get eaten LESS? The tadpoles, as there are no minnows there to eat them.
- 2) Who will get eaten MORE?
 - a) Water beetles (by perch who'll get hungry without minnows).
 - b) Waterweeds (since the numbers of tadpoles will increase).

Poisons Build Up as They are Passed Along a Food Chain



Toxic materials (poisons) can sometimes get into food chains and harm the organisms involved. Organisms higher up the food chain (usually the top carnivores) are likely to be the worst affected as the toxins accumulate (build up) as they are passed along.

Learn about Food Webs — but don't get tangled up...

Once you've learnt everything on this page, you can practise this typical food web question: "If the number of otters decreased, give one reason why the number of water beetles might a) decrease b) increase".*

Section Summary

Green plants are ace aren't they? What I really like about them is that they're all so clean and fresh — human and animal biology always seems to end up so gory with all sorts of gruesome diagrams and horrid diseases. But plants have such simple lives — they just seem to "go with the flow", with no apparent discomfort and no worries — and let's face it, it's a nice trick if you can do it.

Alas nature conspired to give humans an altogether more "challenging" experience on this little blue-green planet of ours — and somehow that's ended up with you needing to know the answers to all these questions. Hmmm, it's a funny old world isn't it — when you think about it from that angle... Anyway, here they are. Off you go then...

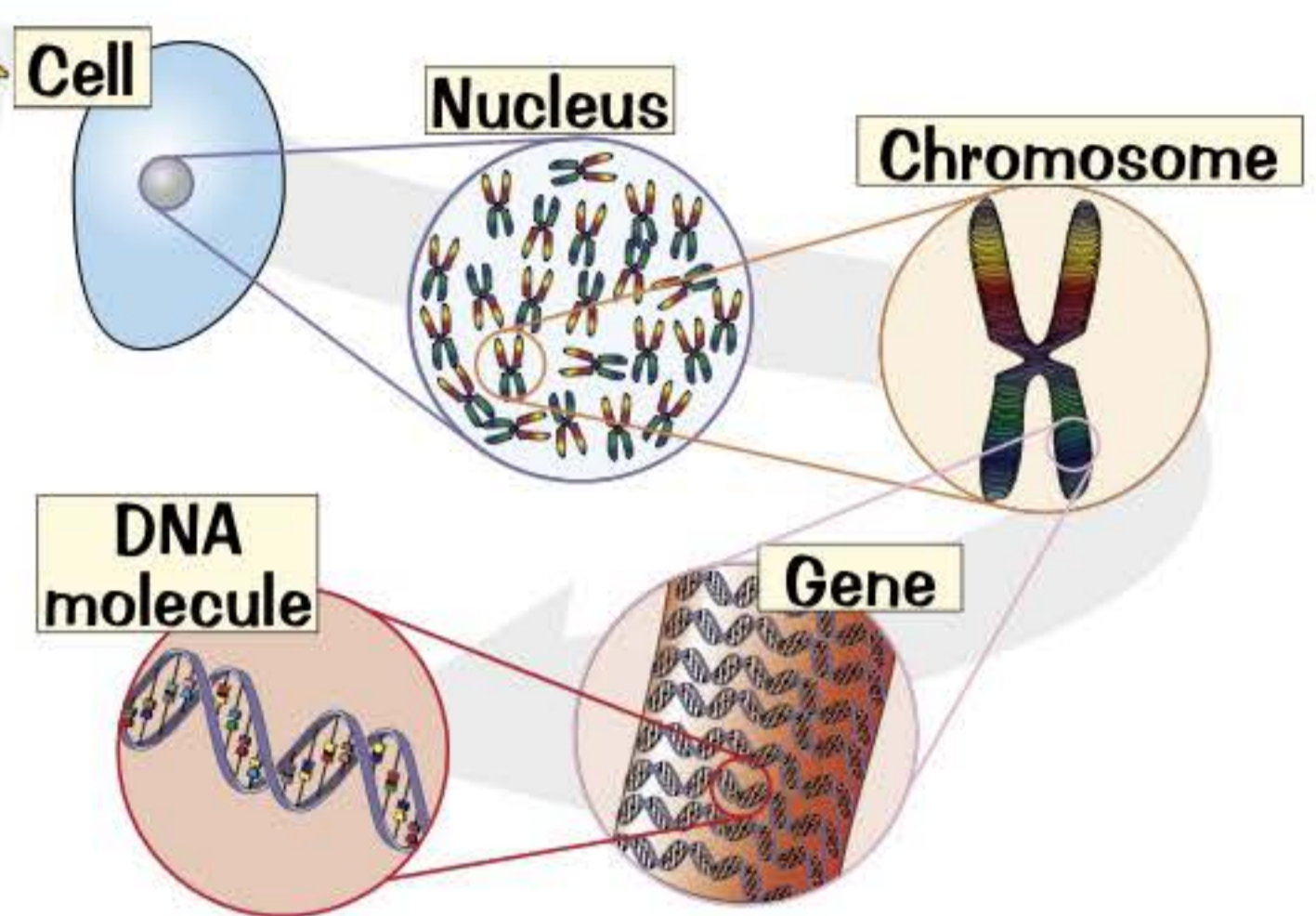
- 1) What is made during photosynthesis?
- 2) What do plants do with glucose?
- 3) What are the four things needed for photosynthesis to happen?
- 4) Write out the word equation for photosynthesis.
- 5) What is the by-product made in photosynthesis, which is needed by animals?
- 6) Apart from water, what do plants need from the soil?
- 7) What are the four main parts of a flower? Say what each part actually does.
- 8) What is pollination? What are the two types of pollination?
- 9) What is the difference between insect pollination and wind pollination?
- 10) Give three features of: a) an insect pollinated plant, b) a wind pollinated plant.
- 11) What is fertilisation? How does the male sex cell nucleus get from the stigma to the ovary?
- 12) What does an ovule develop into after fertilisation?
- 13) What does the ovary eventually develop into?
- 14) Give another name for seed dispersal.
- 15) Give four ways in which seeds can be dispersed.
Give an example of a fruit that disperses seeds in each of these ways.
- 16) Describe how you could investigate the seed dispersal mechanism of a sycamore tree.
How could you investigate the effect of wind on this dispersal mechanism?
- 17) What is an ecosystem?
- 18) Explain why most living things rely on plants for energy.
- 19) What else do living things rely on plants for?
- 20) What do many plants rely on insects for? How does this affect us humans?
- 21) What is a food chain? And a food web?
- 22) Give good definitions for all of the following terms:
a) producer b) herbivore c) consumer
d) primary consumer e) secondary consumer f) tertiary consumer
g) carnivore h) top carnivore i) omnivore.
- 23) What happens to poisons as they are passed along a food chain?

DNA and Inheritance

DNA's **brilliant stuff** — it's like your body's own **instruction manual**. When you're being made, you get bits of DNA from your mum and bits from your dad — this is how you **inherit characteristics**.

Chromosomes, DNA and Genes

- 1) Most cells in your body have a **nucleus**. The nucleus contains **chromosomes**.
- 2) Chromosomes are **long, coiled up lengths** of a molecule called **DNA**.
- 3) DNA is a long **list** of **chemical instructions** on how to build an organism.
- 4) A **gene** is a **short section** of a chromosome (and so a short section of **DNA**).
- 5) Genes **control** many of our **characteristics**, e.g. hair colour, eye colour, hairiness, etc. Different genes control **different** characteristics.
- 6) Genes **work in pairs** — one will usually be **dominant** over the other.



We Inherit Characteristics From Our Parents

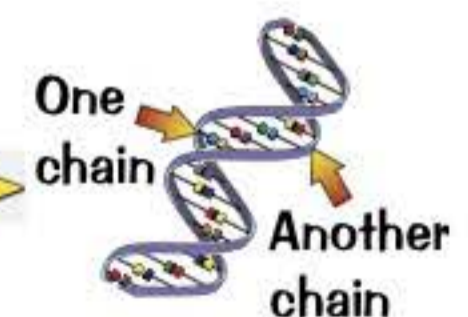
- 1) Human body cells have **46 chromosomes** (23 pairs).
- 2) **Sperm** and **egg** cells carry only **23 chromosomes**.
- 3) During reproduction, when an egg is **fertilised**, the **nucleus** of the egg **fuses** with the **nucleus** of the sperm.
- 4) This means that the fertilised egg contains **23 matched pairs** of chromosomes. It has **one copy of each gene** from the **mother** and **one** from the **father**.
- 5) Since genes control characteristics, the fertilised egg develops into an embryo with a **mixture** of the **parents' characteristics**. This is how you '**inherit**' your parents' characteristics.
- 6) The process by which genes are **passed down** from parents to their offspring is called **heredity**.



A characteristic passed on in this way is called a '**hereditary**' characteristic.

The Structure of DNA Was Only Worked Out Recently

- 1) Scientists **struggled** for **decades** to work out the **structure** of DNA.
- 2) **Crick** and **Watson** were the **first** scientists to build a **model** of DNA — they did it in **1953**.
- 3) They used **data** from other scientists, **Wilkins** and **Franklin**, to help them **understand** the structure of the molecule. This included **X-ray data** showing that DNA is a **double helix** — a **spiral** made of **two chains** wound together.
- 4) By putting all the information **together**, Crick and Watson were able to **build** a **model** showing what DNA looks like.



DNA? I get all my genes from Topshop...

I can see **three main headings**, **sixteen numbered points** and **two important diagrams** — and they all need **learning**. Sitting down and **challenging yourself** to repeat the main details from this page really isn't that hard. If you're struggling with any bits you can **re-read the page**, then cover it back up and **try again**.

Variation

This page is all about differences between organisms — both big, obvious differences, like those between a tree and a cow, and less obvious differences, like people having different blood groups.

Different Species Have Different Genes



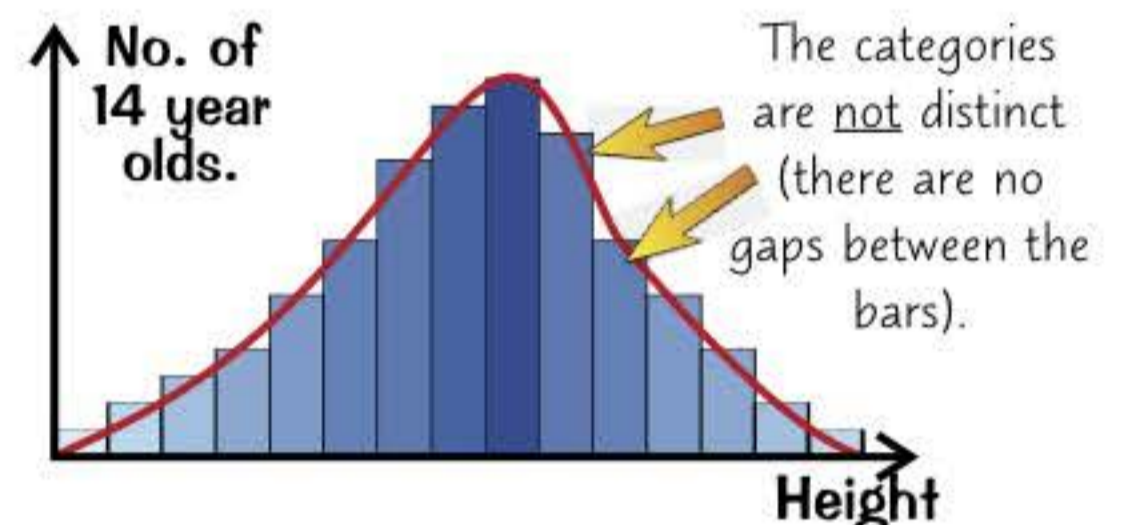
- 1) All living things in the world are different — we say that they show VARIATION.
- 2) A human, a cow, a dandelion and a tree all look different because they're different species. These differences between species occur because their genes are very different.
- 3) But you also see variation within a species, i.e. plants or animals that have basically the same genes will also show differences between them, e.g. skin colour, height, flower size, etc. Any difference is known as a characteristic feature.
- 4) Characteristic features can be inherited (come from your parents via genes) or they can be environmental (caused by your surroundings).

Continuous and Discontinuous Variation

Variation within a species can either be classed as continuous or discontinuous.

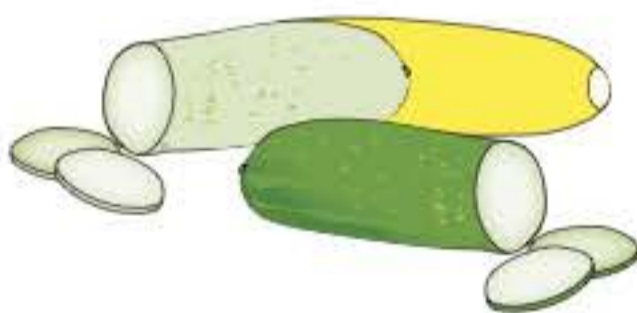
Continuous Variation — the feature can vary over a range of values

- 1) Examples of this are things like height, weight, skin colour, intelligence, leaf area, etc. where the feature can have any value at all — within a certain range. If you did a survey of kids' heights you could plot the results on a chart like the one opposite (the heights would be collected into groups to give the bars).
- 2) The smooth distribution curve drawn on afterwards (the red line) shows much better the continuous way that values for height actually vary.

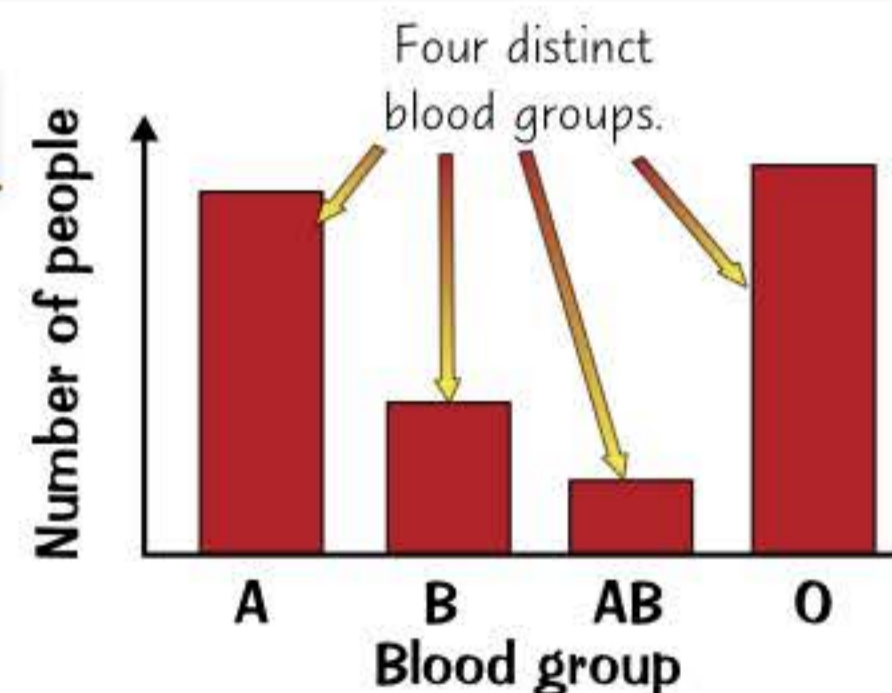


Discontinuous Variation — the feature can only take certain values

- 1) An example of this is a person's blood group, where there are just four distinct options, NOT a whole continuous range.



- 2) Another example is the colour of a courgette. A courgette is either yellow, light green or dark green — there's no range of values.



Variationvariationvariation — guess what type of variation that is...

Don't let the fancy word "variation" put you off. People seem to think it must mean something really complicated. It doesn't. It just means "differences" (between any living things). You can have variation (differences) between different species, and you can also have variation (differences) within one species.

Natural Selection and Survival

It's OK to be **different** — that's what our parents are always trying to tell us. In nature, being different can be **really important**. Having a different **characteristic** to other organisms can determine whether an organism (and its future generations) are likely to **survive** in the long run or not. It's **serious stuff**.

Variation Leads to Natural Selection

- 1) Organisms show **variation** because of **differences in their genes** (see previous page).
- 2) Organisms also have to **compete** for the resources they need in order to **survive** and **reproduce**, e.g. food, water and shelter. They have to compete with other members of **their own species**, as well as organisms from **other species**.

FOR EXAMPLE...

...this **red squirrel**...

...has to compete with **other red squirrels** (members of its own species)...



...as well as **grey squirrels** (a different species), in order to get **food**.

- 3) Organisms with **characteristics** that make them **better at competing** are **more likely** to **survive** and **reproduce**. This means they're more likely to **pass on the genes** for their useful characteristics to the next generation.
- 4) Organisms that are **less successful competitors** are usually the first to **die** — possibly **before** they've had a chance to **reproduce**. This means their genes and less useful characteristics won't be passed on to any **offspring**.
- 5) So, over time, the gene for a useful characteristic will become **more common**.
- 6) This process in which a characteristic gradually becomes more (or less) common in a **population** is known as **natural selection**.

A population is all the organisms of one species that live in the same ecosystem.

Giraffes Have Long Necks Due to Natural Selection

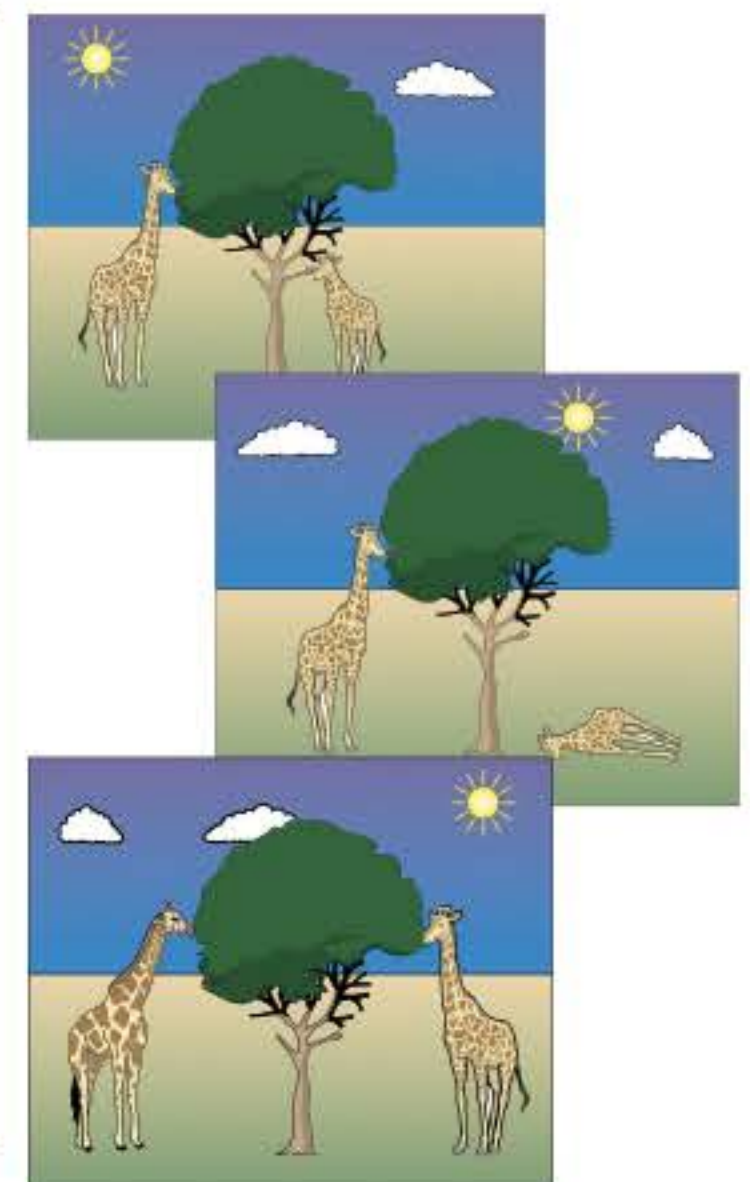
Are you sitting comfortably...

Once upon a time there was a group of animals munching leaves from a tree. Unfortunately the population was high and food was running short. Soon all the leaves on the lower parts of the trees were gone and the animals started to get hungry — some even died. Except, that is, for a couple of animals which happened to have slightly longer necks than normal. This meant that they could compete better for food — they could reach just that bit higher, to the juicy and yummy leaves higher up the trees.

They survived that year, unlike a lot of animals, and had lots of babies.

The babies also had longer necks, and could eventually reach up the tree for the juicy yummy leaves.

It soon got to a situation where most of the animals in the population had long necks...



Survival of the Giraffe — a tall story...

Make sure you get the gist of this. Only those who are born with features that make them **great at competing** in the world they live in will **survive** and **produce offspring** — the sick and the inept all **die off** very quickly. Just be glad you're a human and live in the time and the place that you do!

Extinction and Preserving Species

Organisms that can't compete don't survive for long. It's a cruel world out there.

Many Species Are at Risk of Becoming Extinct

- 1) Many organisms survive because they are well-adapted for competing in their environment.
- 2) But if the environment changes in some way, some organisms may struggle to compete successfully for the resources they need to survive and reproduce.
- 3) If this happens to a whole species, then that species is at risk of becoming extinct. Extinct means that there are none of them left at all (like the woolly mammoth).
- 4) Species at risk of becoming extinct are called endangered species.



Humans Can Suffer When Species Become Extinct

- 1) Humans rely on plants and animals for food.
- 2) We also use them to make clothing, medicines, fuel, etc.
- 3) We need to protect the organisms we already use in this way. We also need to make sure organisms we haven't discovered yet don't become extinct before we find them — or we might miss out on new sources of useful products.
- 4) Ecosystems are complex. If one species becomes extinct, this can have a knock-on effect for other organisms — including us.
- 5) That's why it's important for us to maintain the planet's biodiversity — the variety of species that live on Earth.



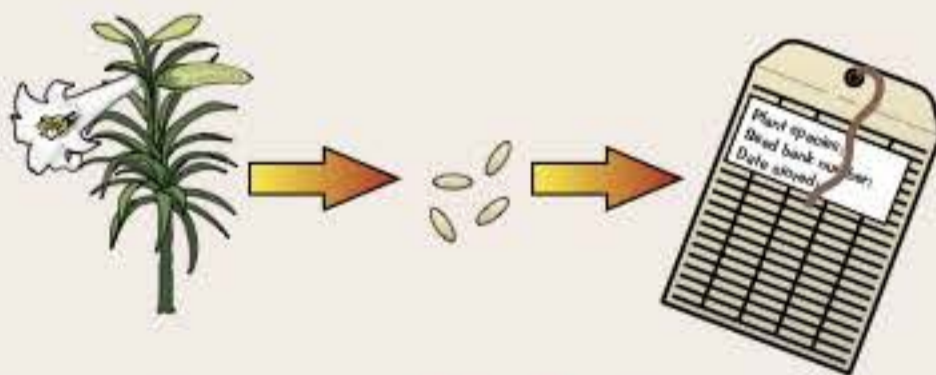
There are probably loads of species we don't know about, e.g. in unexplored rainforests and deep in the ocean.

Gene Banks May Help to Prevent Extinction

- 1) A gene bank is basically a store of the genes of different species.
- 2) This means that if a species becomes endangered or even extinct, it may be possible to create new members of that species. So gene banks could be a way of maintaining biodiversity in the future.
- 3) Genes are stored differently for plants and animals. For example:

PLANTS

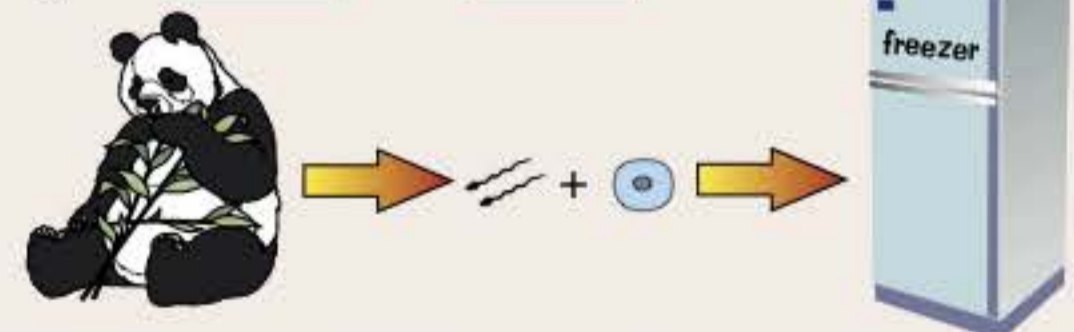
Seeds (which contain genes) can be collected from plants and stored in seed banks.



If the plants become extinct in the wild, new plants can be grown from the seeds kept in storage.

ANIMALS

Sperm and egg cells (which contain genes) may be frozen and stored.



Scientists could then use these cells to create new animal embryos in the future.

Gene banks aren't the only way to maintain biodiversity. It's much better to try to stop species becoming extinct in the first place, e.g. by preventing the destruction of habitats (the areas where organisms live).

My bank balance is two seeds and an egg...

You need to understand how environmental changes can put species at risk of extinction. Also, make sure you understand why it's so important to maintain biodiversity and how gene banks may help to do this.

Section Summary

Section 4 is fairly basic stuff really, but there are one or two fancy words which might cause you quite a bit of grief until you've made the effort to learn exactly what they mean: "DNA" is just a list of instructions for how any living creature is put together; "variation" just means "differences", etc., etc.

These questions aren't the easiest you could find, but they test exactly what you know and find out exactly what you don't. You need to be able to answer them all, because all they do is test the basic facts.

You must practise these questions over and over again until you can just sail through them.

- 1) Where do you find chromosomes?
- 2) What are chromosomes made of?
- 3) What is a gene? What do genes control?
- 4) How many chromosomes do humans have in each body cell?
- 5) How many chromosomes are there in human sperm cells? How about in human egg cells?
- 6) What happens at fertilisation?
- 7) What does heredity mean?
- 8) Name the two scientists who first built a model of DNA.
Name the other two scientists whose data helped them.
- 9) Describe the structure of a DNA molecule.
- 10) What does variation mean?
- 11) Why do different species look different?
- 12) What is a characteristic feature?
- 13) What is continuous variation? Give three examples.
- 14) What is discontinuous variation? Give two examples.
- 15) Give one way in which a graph showing continuous variation would differ from a graph showing discontinuous variation.
- 16) Why is it important that organisms are good at competing for the things they need?
- 17) Why are genes for useful characteristics likely to become more common in a population over time?
What is this process called?
- 18) How did giraffes end up with very long necks?
- 19) Why could it be bad news for an organism if its environment changes?
- 20) What does extinct mean?
- 21) What does endangered mean?
- 22) What is biodiversity? Why is it important for us to maintain the planet's biodiversity?
- 23) What is a gene bank? What are they used for?
- 24) What part of a plant may be stored in a gene bank? What about an animal?

Solids, Liquids and Gases












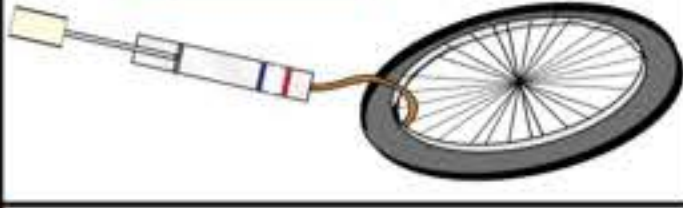

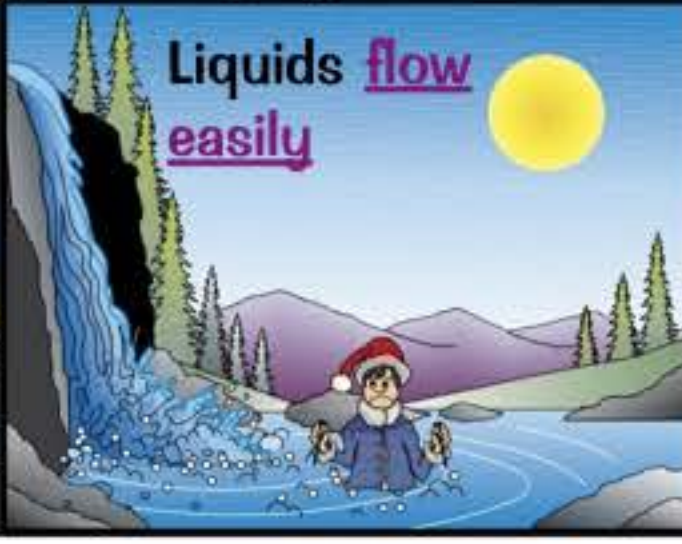

The first page in this section is all about states of matter and there are only three you need to know.

The Three States of Matter — Solid, Liquid and Gas

- 1) Materials come in three different forms — solids, liquids and gases.
- 2) These are called the Three States of Matter.
- 3) All materials are made up of tiny particles.
- 4) Which state you get (solid, liquid or gas) depends on how strongly the particles stick together.
How well they stick together depends on three things:
 - a) the material
 - b) the temperature
 - c) the pressure.

Solids, Liquids and Gases Have Different Properties

- 1) We can recognise solids, liquids and gases by their different properties.
- 2) A property of a substance is just a way of saying how it behaves.

Property	Solids	Liquids	Gases
Volume This is how much space something takes up.	Solids have a <u>definite volume</u> 	Liquids have a <u>definite volume</u> 	Gases have <u>no</u> definite volume — they always <u>fill the container</u> they're in 
Shape	Solids have a <u>definite shape</u> 	Liquids match the shape of the <u>container</u> 	Gases become the same shape as the <u>container</u> 
Density This is how heavy something is for its size.	Solids usually have a <u>high density</u> (heavy for their size) 	Liquids usually have <u>medium density</u> 	Gases have a very <u>low density</u> 
Compressibility This is how much you can squash something.	Solids are <u>not</u> easily squashed 	Liquids are <u>not</u> easily squashed Can't push 	Gases are <u>easily</u> squashed 
Ease of Flow	Solids <u>don't</u> flow 	Liquids <u>flow</u> easily 	Gases <u>flow</u> easily 

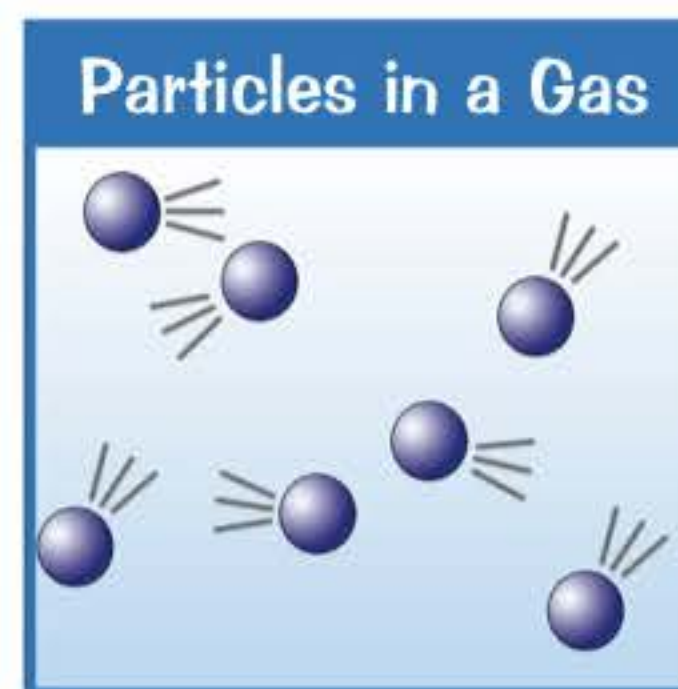
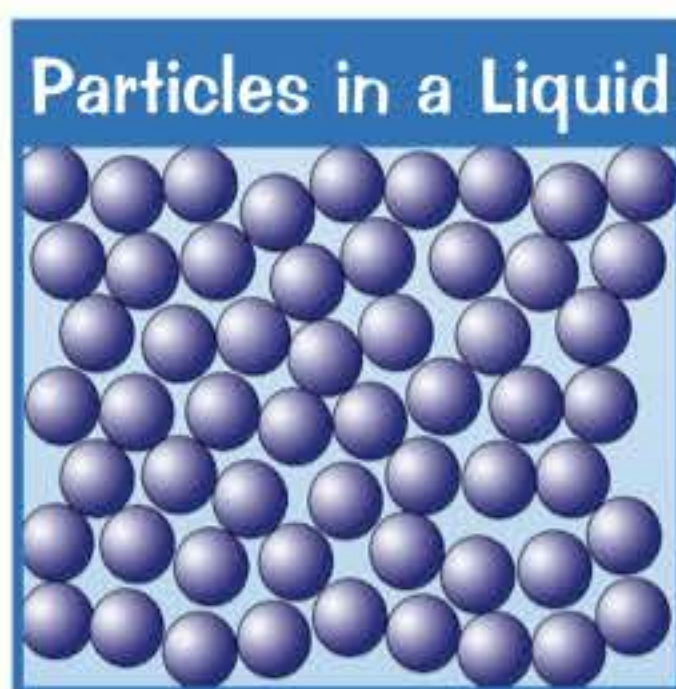
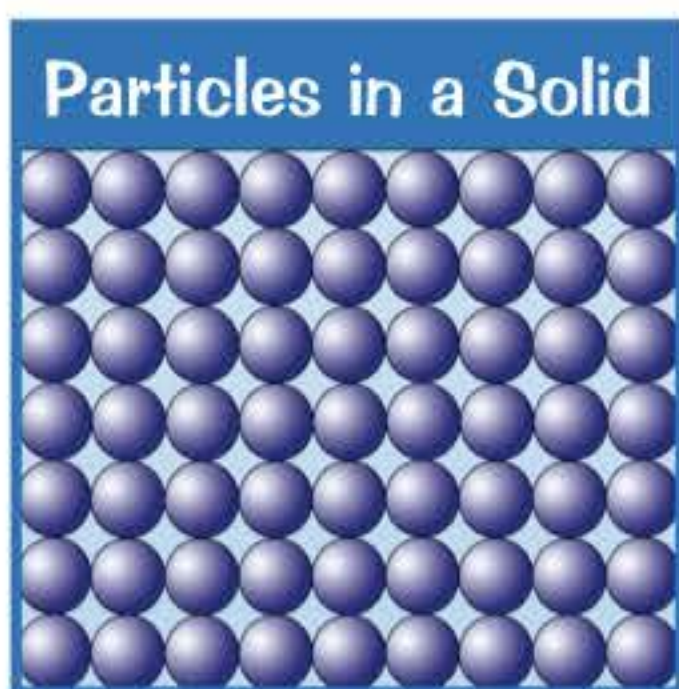
The Three States — do they really matter....

Solids, liquids and gases — you must learn all those numbered points and the properties of all three. When you think you know it, cover the page and scribble it all down from memory. That soon shows what you really know — and what you don't. Keep trying till you can do it.

Particle Theory

Particle theory — sounds pretty fancy. But actually it's pretty straightforward.

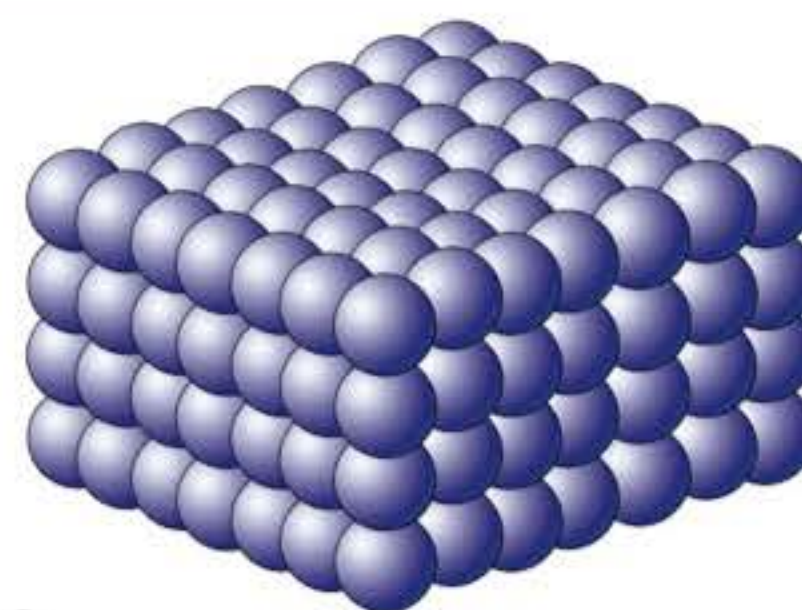
- 1) The particles in a substance stay the same whether it's a solid, a liquid or a gas.
- 2) What changes is the arrangement of the particles and their energy.



- 3) This particle theory explains all the different properties of solids, liquids and gases...

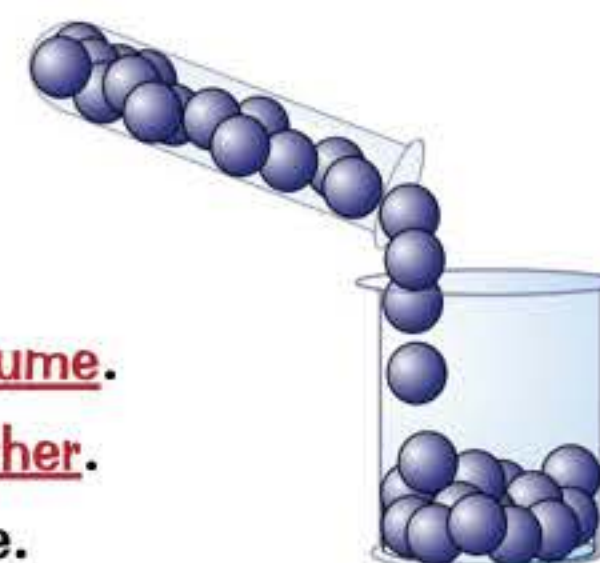
Solids — Particles are Held Very Tightly Together

- 1) There are strong forces of attraction between particles.
- 2) The particles are held closely in fixed positions in a very regular arrangement. But they do vibrate to and fro.
- 3) The particles don't move from their positions, so all solids keep a definite shape and volume, and can't flow like liquids.
- 4) Solids can't easily be compressed because the particles are already packed very closely together.
- 5) Solids are usually dense, as there are lots of particles in a small volume.



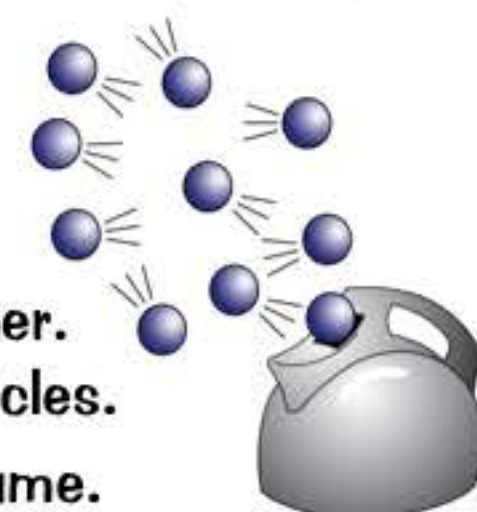
Liquids — Particles are Close Together But They Can Move

- 1) There are some forces of attraction between the particles.
- 2) The particles are close, but free to move past each other — and they do stick together. The particles are constantly moving in all directions.
- 3) Liquids don't keep a definite shape and can form puddles. They flow and fill the bottom of a container. But they do keep the same volume.
- 4) Liquids won't compress easily because the particles are packed closely together.
- 5) Liquids are quite dense, as there are quite a lot of particles in a small volume.



Gases — Particles are Far Apart and Whizz About a Lot

- 1) There are very weak forces of attraction between the particles.
- 2) The particles are far apart and free to move quickly in all directions.
- 3) The particles move fast, and so collide with each other and the container.
- 4) Gases don't keep a definite shape or volume and will always expand to fill any container. Gases can be compressed easily because there's a lot of free space between the particles.
- 5) Gases all have very low densities, because there are not many particles in a large volume.



Phew, Particle Theory — particle-ularly gripping stuff...

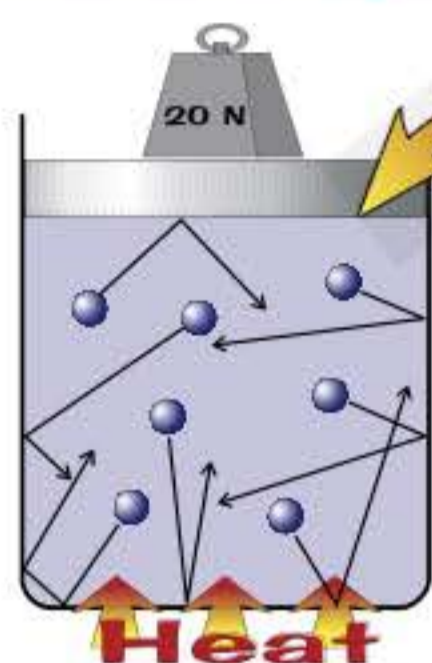
It's pretty clever the way you can explain all the differences between solids, liquids and gases with a page full of snooker balls. Anyway, that's the easy bit. The not-so-easy bit is making sure you understand it.

More Particle Theory

Particle theory can be used to explain all sorts of exciting things, like, erm, gas pressure and diffusion. I say exciting. I may be exaggerating just a teensy tiny bit...

Gas Pressure is Due to Particles Hitting a Surface

Increasing the Temperature Increases Pressure

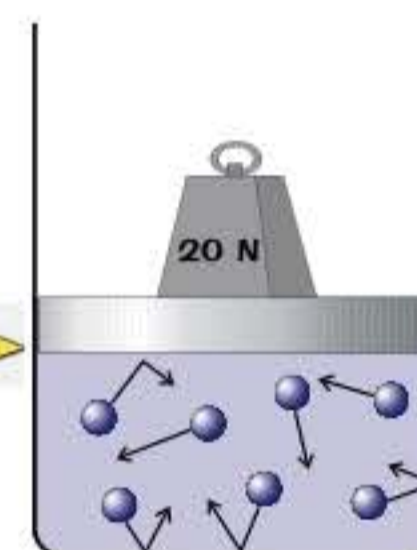


- 1) When you increase the temperature, it makes the particles move faster.
- 2) This has two effects:
 - a) They hit the walls harder.
 - b) They hit more often.
- 3) Both these things increase the pressure.

Increasing the temperature will only increase the pressure if the volume stays the same.

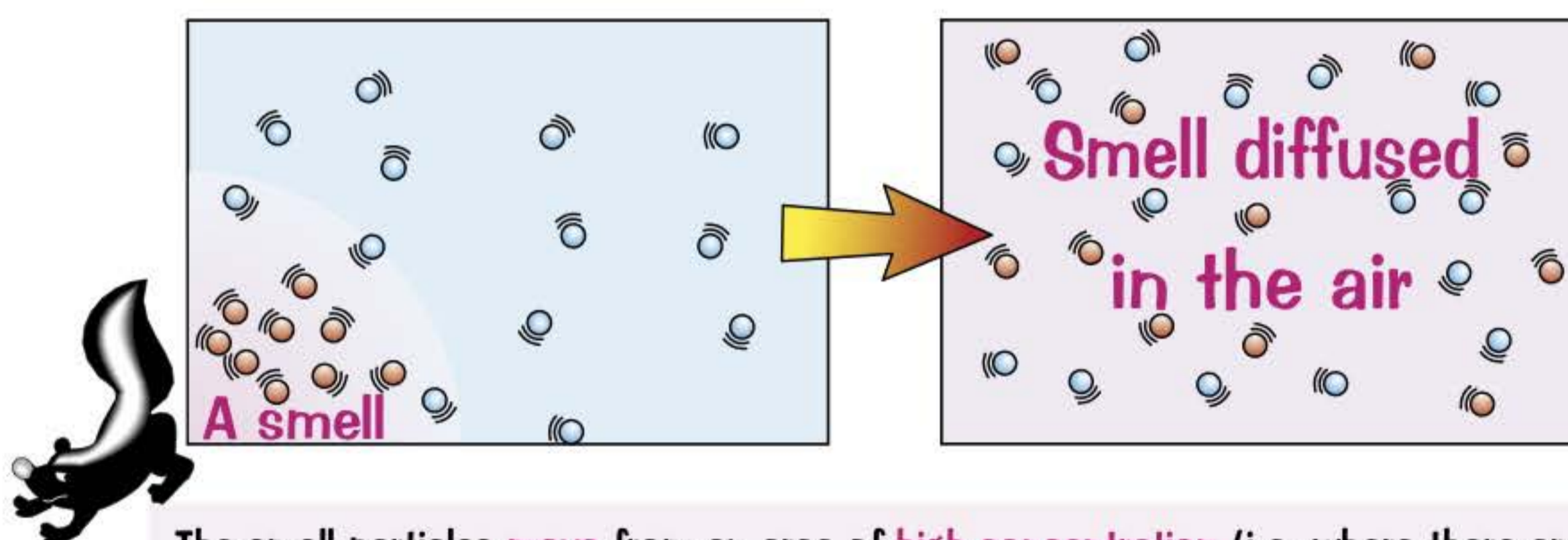
Reducing the Volume Increases Pressure

- 1) If you reduce the volume it makes the pressure increase.
- 2) This is because when the particles are squashed up into a smaller space they'll hit the walls more often.



Diffusion is Just Particles Spreading Out

- 1) Particles "want" to spread out — this is called diffusion. An example is when a smell spreads slowly through a room.



The smell particles move from an area of high concentration (i.e. where there are lots of them) to an area of low concentration (where there's only a few of them).

- 2) Diffusion is slow because the smell particles keep bumping into air particles, which stops them making forward progress and often sends them off in a completely different direction — it's a bit like trying to run blindfold through a herd of frisky bullocks. As you do.

Let the information on this page diffuse into your mind...

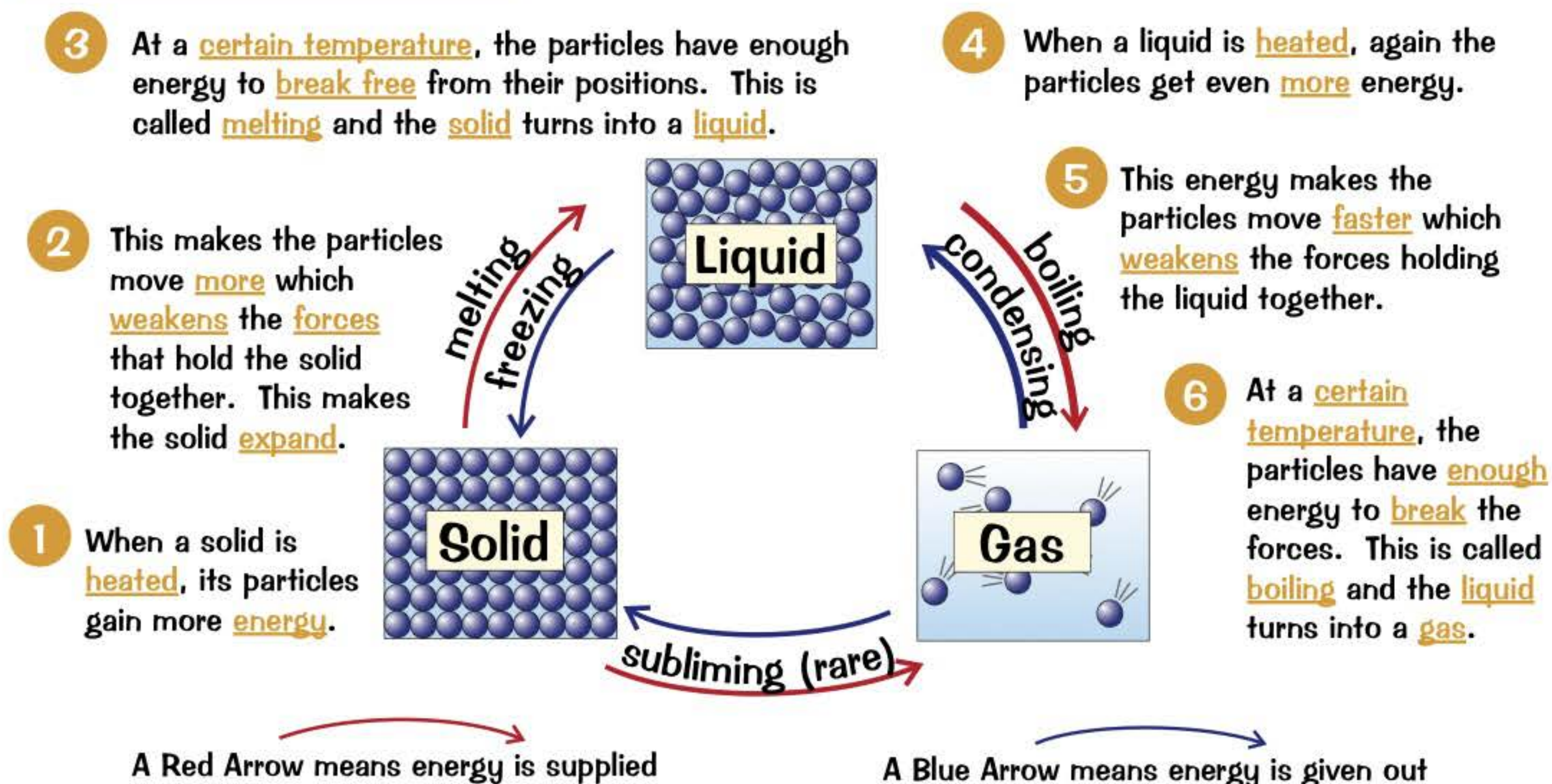
...you know — move from where there's a high concentration of information (this page) to where there's a low concentration (err... your mind). To be honest though, you're going to need to be a bit more active when it comes to learning this page. You know the drill by now. Look, cover and scribble it all down.

Physical Changes

Physical changes don't change the particles — just their arrangement or their energy.

Changes of State

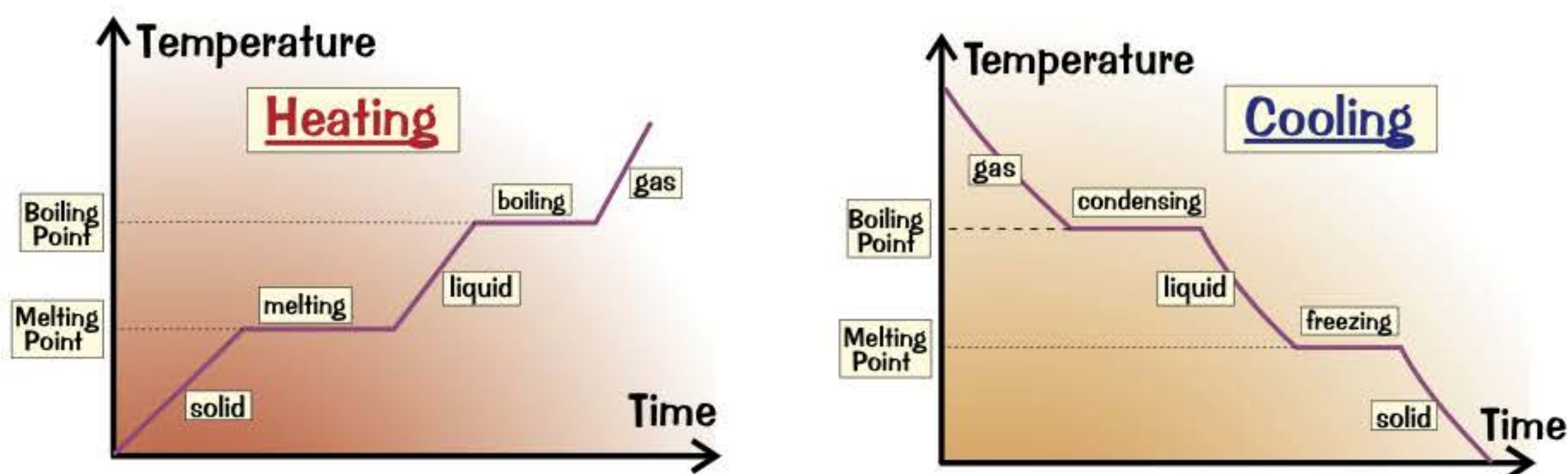
— i.e. changing from one state of matter to another.



A change of state doesn't involve a change in mass (see page 74), only a change in energy.

Heating and Cooling Curves have Flat Bits

Heating and cooling curves show the energy changes that happen when a substance changes state:



- 1) When a substance is melting or boiling, all the energy supplied from heating is used to weaken the forces between particles rather than raising the temperature — hence the flat bits on the heating graph.
- 2) When a substance is cooled, the cooling graph will show flat bits at the condensing and freezing points.
- 3) This is because the forces between particles get stronger when a gas condenses or when a liquid freezes — and energy is given out. This means that the temperature doesn't go down until all the substance has changed state.

Phew — another page of jostling snooker balls...

So the reason your ice cream melts is because the little snooker balls of ice cream take in energy, which means they can break free from their positions and become a liquid. Not that my ice creams last that long.

Atoms and Elements

If you've ever wondered what everything is made of, then the simple answer is atoms.

You Need to Know About *Atoms*...

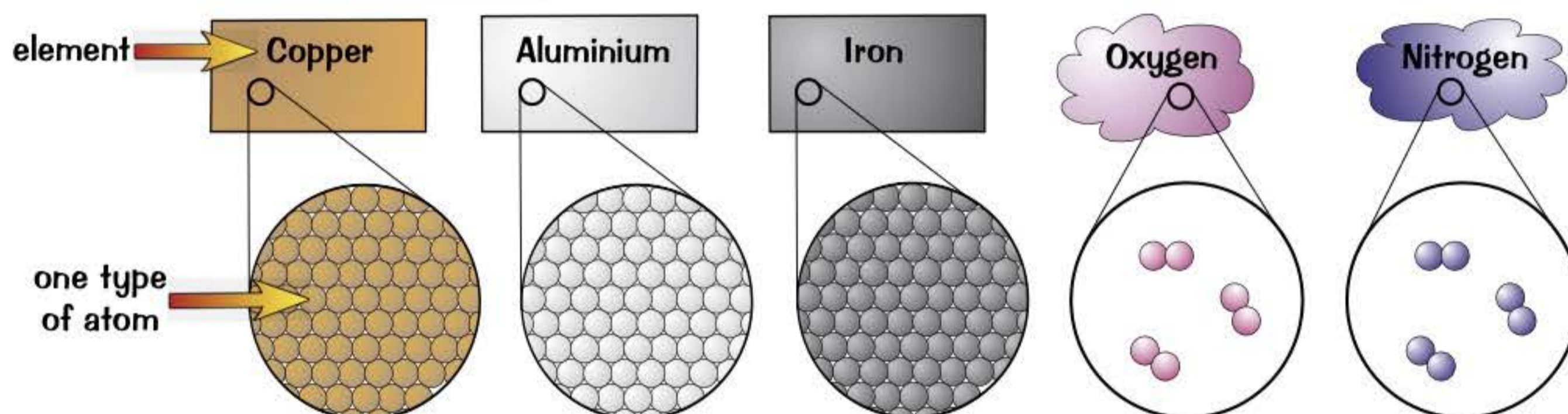
- 1) Atoms are a type of tiny, tiny, particle.
- 2) They're so small that you can't see them directly.
So for a long time, no one knew much about them.
- 3) Dalton was the first modern scientist to try to explain things about atoms.
According to the Dalton model:

- All matter is made up of atoms.
- There are different types of atom.
- Each element (see below) contains a different type.

Scientists now know a lot more about atoms — but luckily, this is all you need to learn for Key Stage 3.

...and Elements

- 1) An element is a substance that contains only one type of atom.
- 2) Quite a lot of everyday substances are elements:



- 3) All of these elements have different properties.
For example, copper is a soft, bendy metal. Oxygen is a colourless gas.

All Elements Have a Name and a Symbol

- 1) There are over 100 different elements and writing their names out each time you wanted to mention one would take ages.
- 2) So each element has a symbol — usually of one or two letters.

Examples:

Oxygen has the symbol O.

Carbon has the symbol C.

Helium has the symbol He.

Iron has the symbol Fe.

Some symbols make sense (like O for oxygen) but others are based on Latin, so are a bit weird — like Fe for iron.

- 3) You can see the symbol for each element on the periodic table (see next page).



It's elemental, my dear Watson...

Atoms — you can't see them, but these tiny little footballs are absolutely everywhere.

Understanding atoms and elements is pretty fundamental to the whole of chemistry — so make absolutely certain you've learnt this page before you even think about moving on to the next one.

The Periodic Table

How can you find out what all those chemical symbols mean? Step forth the periodic table...

The Periodic Table Lists All the Elements

- 1) The periodic table shows all the elements we have discovered.
- 2) The first version of the table was put together by a scientist called Mendeleev. It's thanks to Mendeleev that elements with very similar properties are arranged into vertical columns in the table.
- 3) The vertical columns are called groups.
- 4) The horizontal rows are called periods.
- 5) If you know the properties of one element in a group, you can predict the properties of other elements in that group. E.g. Group 1 elements are all soft, shiny metals, which react in a similar way with water.

Periods

1																	Group 0	
1																	4	
																	He	
																	Helium	
																	2	
Group 1	Group 2											Group 3	Group 4	Group 5	Group 6	Group 7		
2	7	9											11	12	14	16	19	20
	Li	Be											B	C	N	O	F	Ne
	Lithium	Beryllium											Boron	Carbon	Nitrogen	Oxygen	Fluorine	Neon
	3	4											5	6	7	8	9	10
3	23	24											27	28	31	32	35.5	40
	Na	Mg											Al	Si	P	S	Cl	Ar
	Sodium	Magnesium											Aluminium	Silicon	Phosphorus	Sulfur	Chlorine	Argon
	11	12											13	14	15	16	17	18
4	39	40	45	48	51	52	55	56	59	59	63.5	65	70	73	75	79	80	84
	K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr
	Potassium	Calcium	Scandium	Titanium	Vanadium	Chromium	Manganese	Iron	Cobalt	Nickel	Copper	Zinc	Gallium	Germanium	Arsenic	Selenium	Bromine	Krypton
	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36
5	86	88	89	91	93	96	99	101	103	106	108	112	115	119	122	128	127	131
	Rb	Sr	Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I	Xe
	Rubidium	Strontium	Yttrium	Zirconium	Niobium	Molybdenum	Technetium	Ruthenium	Rhodium	Palladium	Silver	Cadmium	Indium	Tin	Antimony	Tellurium	Iodine	Xenon
	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54
6	133	137	57-71	179	181	184	186	190	192	195	197	201	204	207	209	210	210	222
	Cs	Ba	Lanthanides	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Po	At	Rn
	Caesium	Barium		Hafnium	Tantalum	Tungsten	Rhenium	Osmium	Iridium	Platinum	Gold	Mercury	Thallium	Lead	Bismuth	Polonium	Astatine	Radon
	55	56		72	73	74	75	76	77	78	79	80	81	82	83	84	85	86
7	223	226	89-103															
	Fr	Ra	Actinides															
	Francium	Radium																
	87	88																

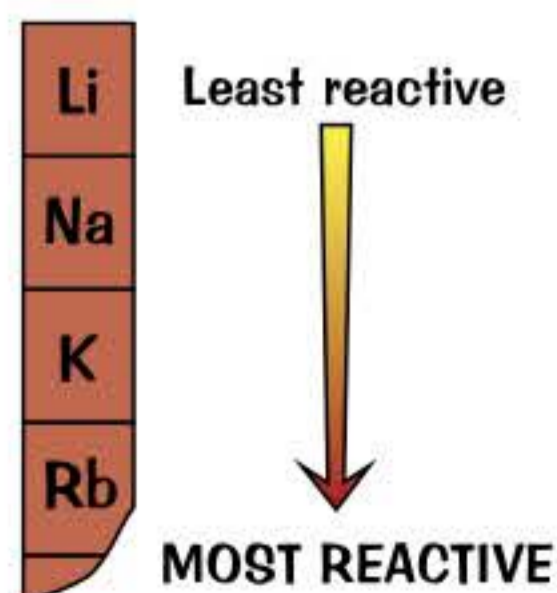
reactive metals
 transition metals
 other metals
 non-metals
 noble gases
 separates metals from non-metals

You Can Use the Periodic Table to Predict Patterns in Reactions

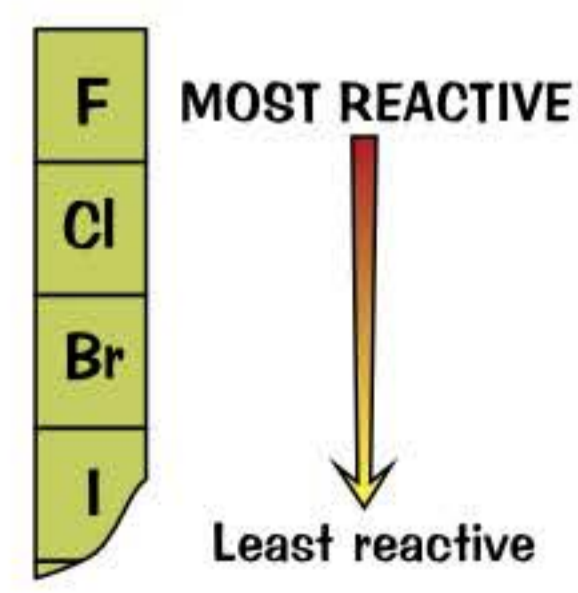
- 1) In a chemical reaction, elements combine to form new substances (see next page).
- 2) An element that's dead keen to combine with other elements is said to be very reactive. Group 1, 2 and 7 elements are all pretty reactive.
- 3) Group 0 elements (the "noble gases") are all extremely unreactive. They almost never take part in any chemical reactions.
- 4) You can use the periodic table to predict patterns in chemical reactions. For example...



The Group 1 metals get **MORE reactive** as you go down the group. You can see this by the way the Group 1 metals react with water. When lithium (Li) reacts with water, it fizzes. When rubidium (Rb) reacts with water, it explodes. This is because rubidium is much more reactive than lithium.



The non-metals in Group 7 behave in the opposite way to the metals in Group 1. They get **LESS reactive** as you go down the group.



Group 1 metals — always spoiling for a fight...

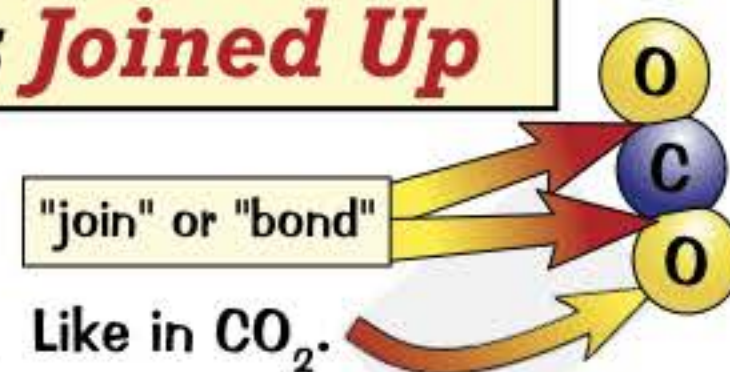
So... the periodic table is made up of groups and periods. All the elements in a group have similar properties.

Compounds

It'd be pretty boring if we only had elements to play with, but luckily compounds give us all sorts of exciting materials...

Compounds Contain Two or More Elements Joined Up

- 1) When two or more atoms join together, a molecule is made. The "join" is known as a chemical bond.
- 2) Compounds are formed when atoms from different elements join together. Like in CO_2 .



An <u>ELEMENT</u> which is made up of <u>atoms</u>	An <u>ELEMENT</u> which is made up of <u>molecules</u>	Molecules in a <u>COMPOUND</u>	A <u>MIXTURE</u> of different <u>elements</u>
The atoms are all the same and not joined up — it must be an <u>element</u> .	The atoms are joined, but there's still only one type, so it's still an <u>element</u> .	Here we have different atoms joined together — that's a <u>compound</u> alright.	This is <u>not</u> a compound because the elements aren't joined up — it's a <u>mixture</u> .

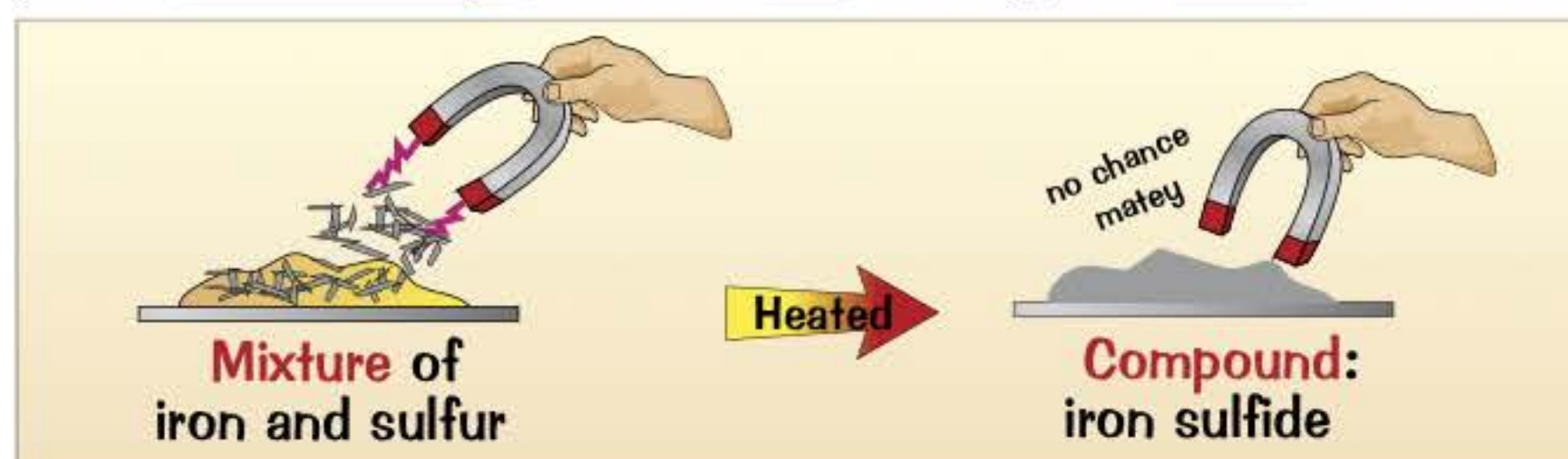
Compounds are Formed from Chemical Reactions

- 1) A chemical reaction involves chemicals (called the reactants) combining together or splitting apart to form one or more new substances (called the products).
- 2) When a new compound is synthesised (made), elements combine.
- 3) The new compounds produced by any chemical reaction are always totally different from the original elements (or reactants). The classic example of this is iron reacting with sulfur as shown below:

Iron is magnetic.

It reacts with sulfur to make iron sulfide, a totally new substance which is not magnetic.

These equations show what happens in the reaction:



Word equation: Iron + Sulfur $\xrightarrow{\text{Heated}}$ Iron Sulfide

In symbols: $\text{Fe} + \text{S} \xrightarrow{\text{Heated}} \text{FeS}$

- 4) When elements undergo a chemical reaction like the one above, the products will always have a chemical formula — e.g. H_2O for water or FeS for iron sulfide.
- 5) Compounds can be split up back into their original elements but it won't just happen by itself — you have to supply a lot of energy to make the reaction go in reverse.

Remember, every element has a name and a symbol. See p. 35 for more.

Learn about Compounds — and try and make it stick...

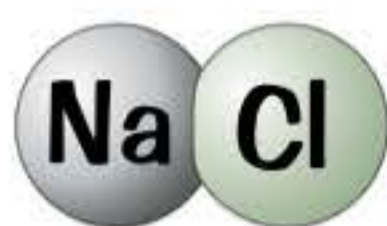
They really do like seeing if you know the difference between elements and compounds (and mixtures — see page 39 for more on these). Make sure you do. You'll also need to learn what happens in chemical reactions. It's not that tricky — but you do have to learn all the picky details on this page good 'n' proper.

Naming Compounds

When elements combine to make a compound, their names change slightly. Learn the [Two Simple Rules](#).

Naming Compounds — Two Simple Rules

Rule 1: When two different elements combine the ending is usually "something -ide".



NaCl

Formula

MgO



Sodium and Chlorine

give: **SODIUM CHLORIDE**

Elements present

Magnesium and Oxygen

give: **MAGNESIUM OXIDE**

And in just the same way:

Sulfur changes to Sulfide

Iodine changes to Iodide

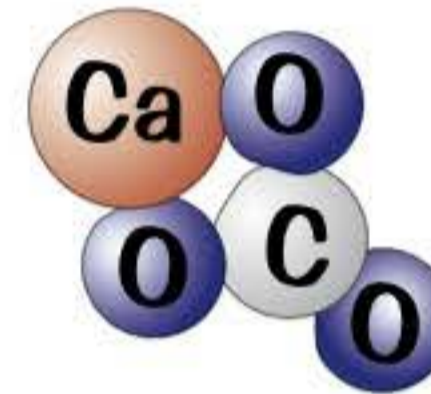
Bromine changes to Bromide

Fluorine changes to Fluoride

Rule 2: When three or more different elements combine — and one of them is oxygen — the ending will usually be "something -ate".

CuSO₄

Formula

CaCO₃

1 Copper, 1 Sulfur, 4 Oxygens

COPPER SULFATE

Elements present

1 Calcium, 1 Carbon, 3 Oxygens

CALCIUM CARBONATE

And in just the same way:

Sodium + Carbon + 3 Oxygens makes:

SODIUM CARBONATE

Potassium + Sulfur + 4 Oxygens makes:

POTASSIUM SULFATE

Ammonia + Nitrogen + 3 Oxygens makes:

AMMONIUM NITRATE

If Two Identical Elements Combine, it's Not a Compound

Identical atoms of the same element are often found combined.

This doesn't make them a compound though — in fact, their name doesn't even change.

H₂ = HydrogenF₂ = FluorineN₂ = NitrogenCl₂ = ChlorineO₂ = OxygenBr₂ = Bromine

These are all elements with two atoms, not compounds. They're almost never found as single atoms in nature.

-ides and -ates — it's the game of the name, pal...

Naming compounds can get very tricky of course, but for KS3 you'll do just fine learning those two simple rules. When you have, work out the names of these three:

1) Sodium joined with fluorine

2) Two iodines joined up

3) Calcium with sulfur and oxygen.*

Mixtures

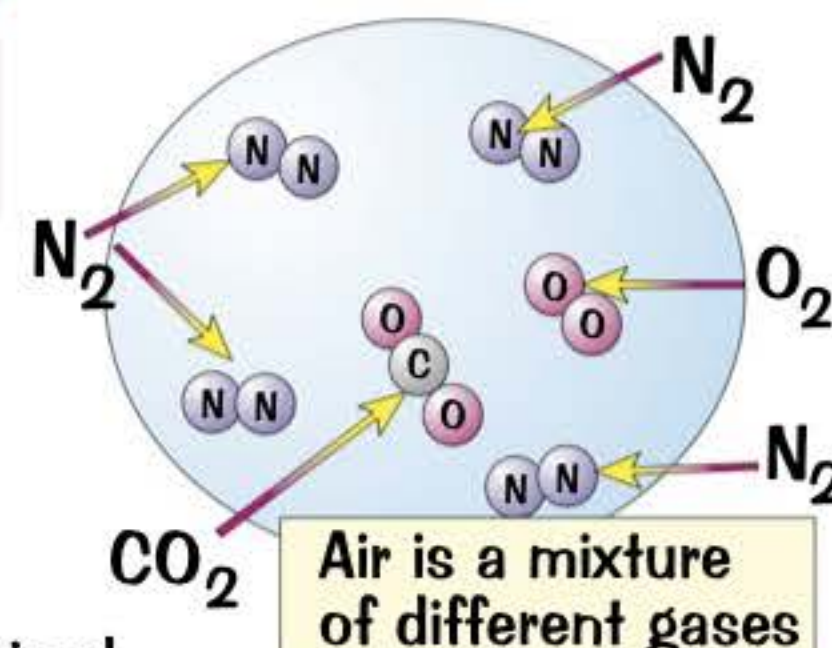
Mixtures in chemistry are like cake mix in the kitchen — all the components are mushed up together, but you can still pick out the raisins if you really want. You'll need to learn the technical terms too though...

Mixtures are Substances That are **NOT** Chemically Joined Up

- 1) A pure substance is made up of only one type of element OR only one type of compound. It can't be separated into anything simpler without a chemical reaction.

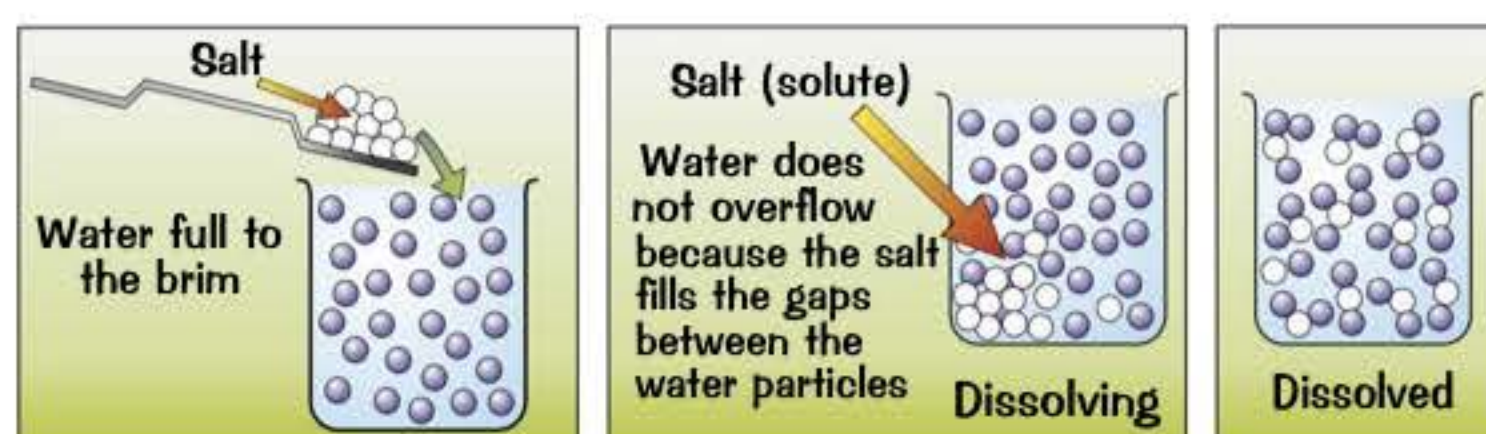
E.g. pure water is made up of H₂O molecules only. These molecules can't be separated into H and O atoms without a chemical reaction.

- 2) A mixture contains two or more different substances. These substances aren't chemically joined up — so, if you're clever, you can separate them very easily using physical methods (i.e. without a chemical reaction). See pages 40-41 for more.
- 3) Sea water and air are good examples of mixtures — they contain several different substances which aren't chemically combined.
- 4) A mixture has the properties of its constituent parts (i.e. the parts it's made from).



Dissolving isn't Disappearing

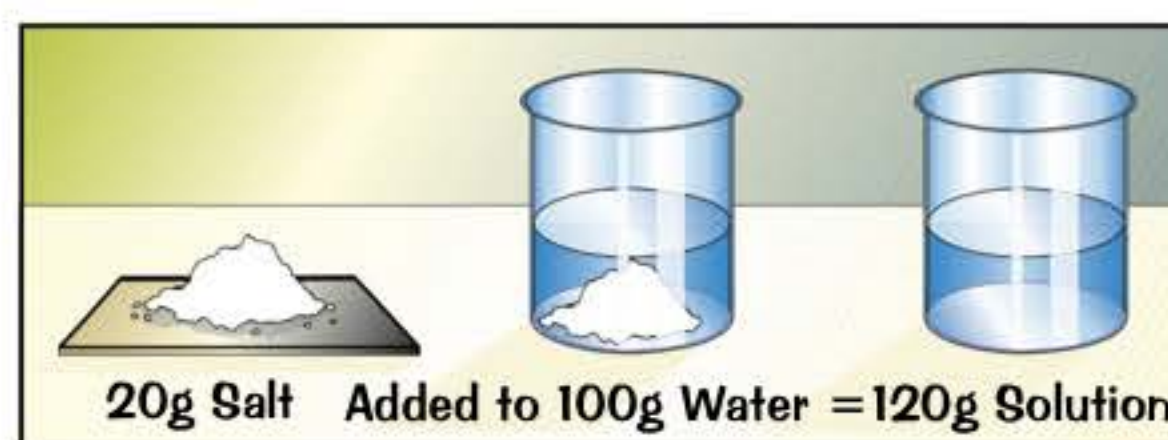
- 1) Dissolving is a common way mixtures are made.
- 2) When you add a solid (the solute) to a liquid (the solvent) the bonds holding the solute particles together sometimes break.
- 3) The solute particles then mix with the particles in the liquid forming a solution.



Learn these seven definitions:

- 1) Solute – is the solid being dissolved.
- 2) Solvent – is the liquid it's dissolving into.
- 3) Solution – is a mixture of a solute and a solvent that does not separate out.
- 4) Soluble – means it WILL dissolve.
- 5) Insoluble – means it will NOT dissolve.
- 6) Saturated – a solution that won't dissolve any more solute at that temperature.
- 7) Solubility – a measure of how much solute will dissolve.

- 4) Remember, when salt dissolves it hasn't vanished — it's still there — no mass is lost.
- 5) If you evaporated off the solvent (the water), you'd see the solute (the salt) again.



Solubility Increases with Temperature

- 1) At higher temperatures more solute will dissolve in the solvent because particles move faster.
- 2) However some solutes won't dissolve in certain solvents. E.g. salt won't dissolve in petrol.

I said nothing disappears — just don't ask Derren Brown...

Learn the three main headings on this page till you can write them down from memory.

Then learn the stuff underneath them, including the diagrams. Cover the page and write it all down.

Separating Mixtures

There are all sorts of ways you can separate mixtures. You've got to know **four** of them.

Mixtures Can be Separated Using Physical Methods

There are **four separation techniques** you need to be familiar with.

- 1) **FILTRATION**
- 2) **EVAPORATION**
- 3) **CHROMATOGRAPHY**
- 4) **DISTILLATION** (see next page).

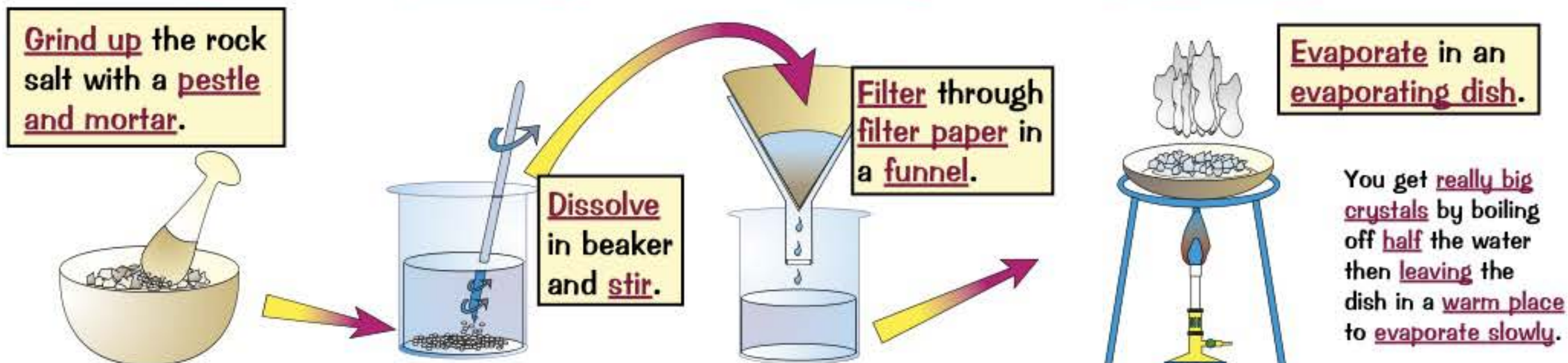
All four make use of the **different properties** of the **constituent parts** to **separate** them out.

Filtration and Evaporation — E.g. for the Separation of Rock Salt

- 1) **Rock Salt** is simply a **mixture** of **salt** and **sand** (they spread it on the roads in winter).
- 2) Salt and sand are both **compounds** — but **salt dissolves** in water and **sand doesn't**. This **vital difference** in their **physical properties** gives us a great way to **separate** them.

You Need to Learn the Four Steps of the Method:

- 1) **Grinding**
- 2) **Dissolving**
- 3) **Filtering**
- 4) **Evaporating**



- The sand doesn't dissolve (it's **insoluble**) so it stays as **big grains** and obviously these **won't fit** through the **tiny holes** in the filter paper — so it **collects on the filter paper**.
- The **salt** is dissolved in **solution** so it does go through — and when the water's **evaporated**, the salt forms as **crystals** in the **evaporating dish**. This is called **crystallisation**. (Surprise surprise.)

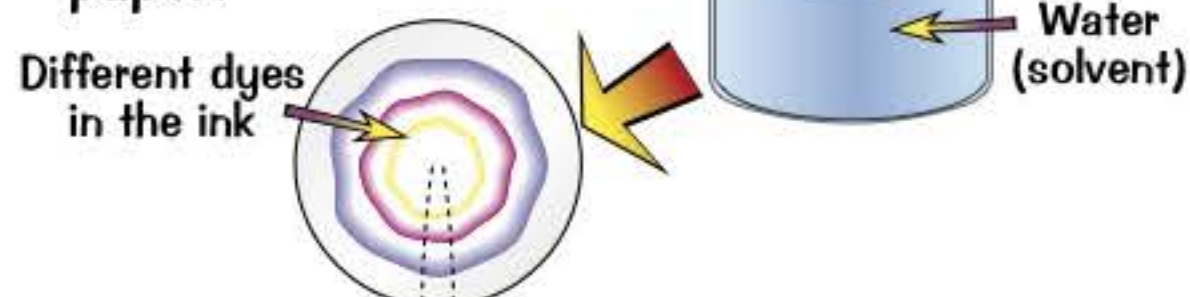
Chromatography is Ideal for Separating Dyes in Inks

- 1) **Different dyes** in ink will **wash** through paper at **different rates**.
- 2) Some will **stick** to the **paper** and others will **dissolve** in the **solvent** (see below) and **travel** through it **quickly**.

Chromatography can also be used to identify blood samples and investigate chlorophyll.

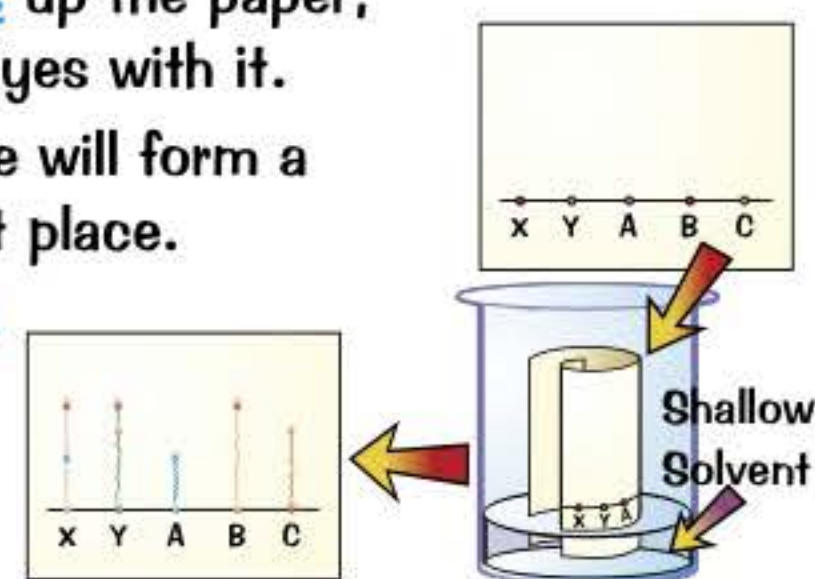
Method 1

- 1) **Dots of ink** are put onto **filter paper**.
- 2) A **wick** is cut from part of the paper (as shown).
- 3) The **solvent** washes the **dyes** through the paper.



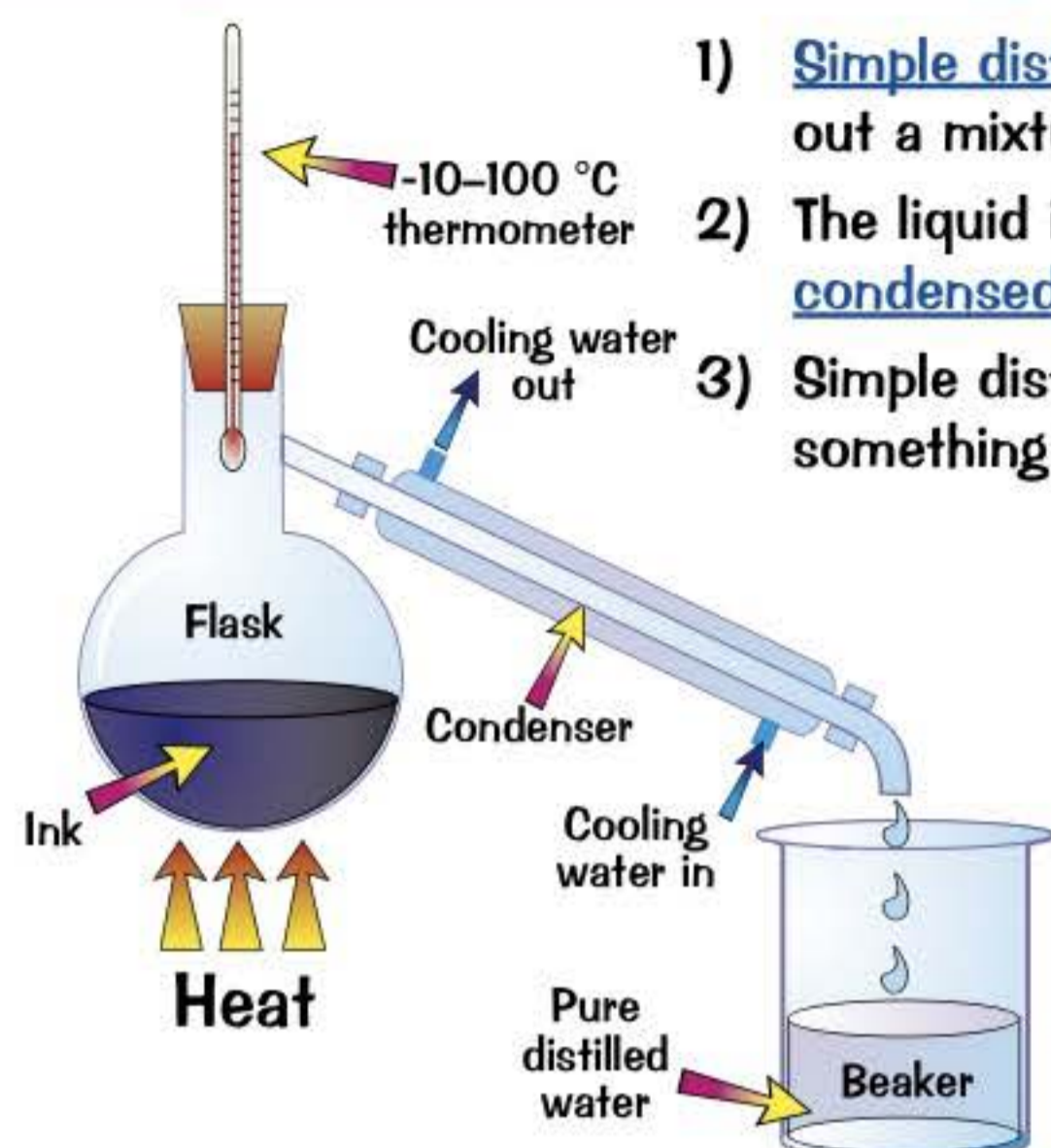
Method 2

- 1) Put **spots of inks** onto a pencil **baseline** on **chromatography paper**.
- 2) **Roll** the sheet up and put it in a **beaker**.
- 3) The solvent **seeps** up the paper, carrying the ink dyes with it.
- 4) Each different dye will form a **spot** in a different place.
- 5) You can **compare** a forged ink to a **known ink** to see which it is.

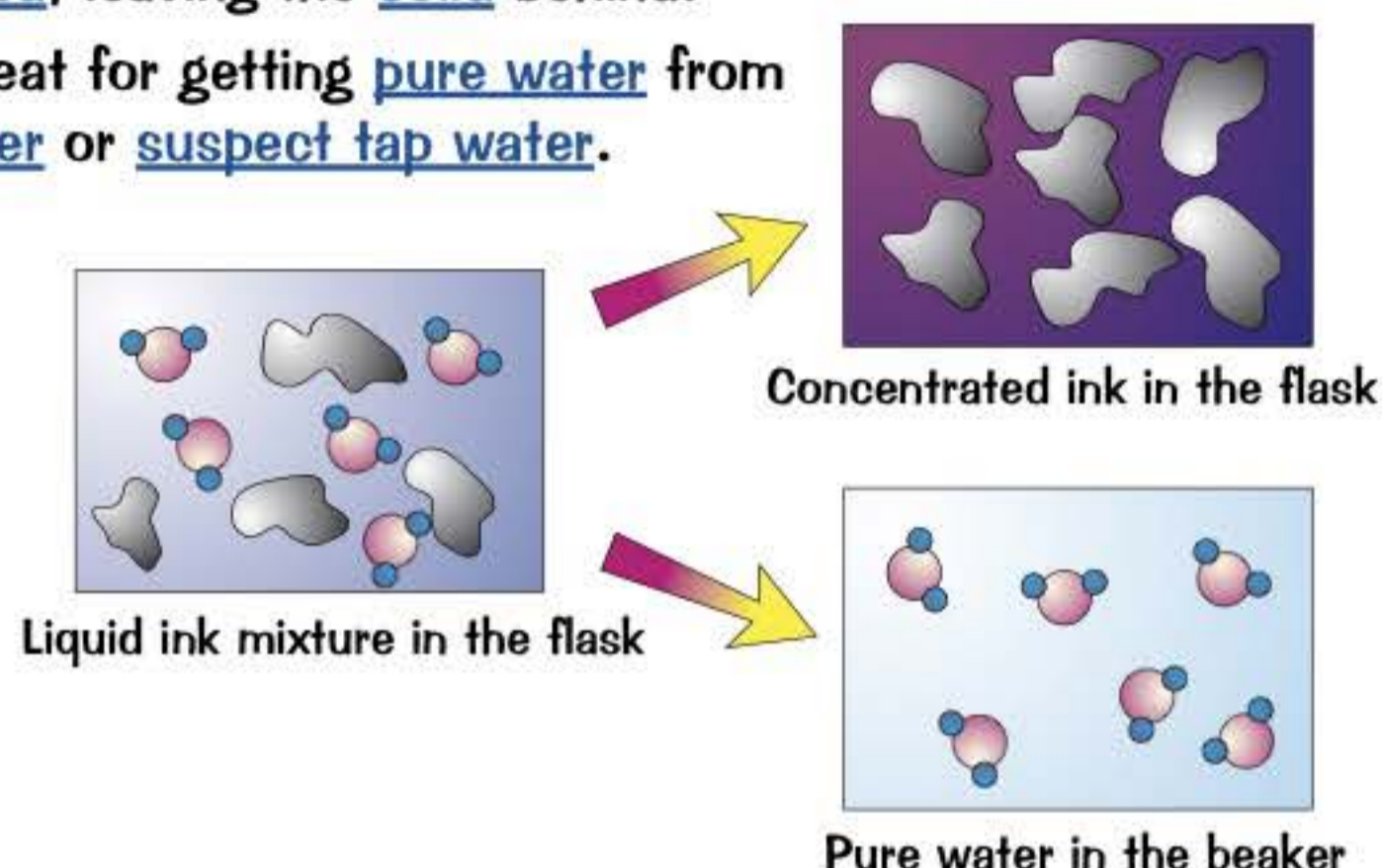


Separating Mixtures

Simple Distillation Separates Pure Water from Ink

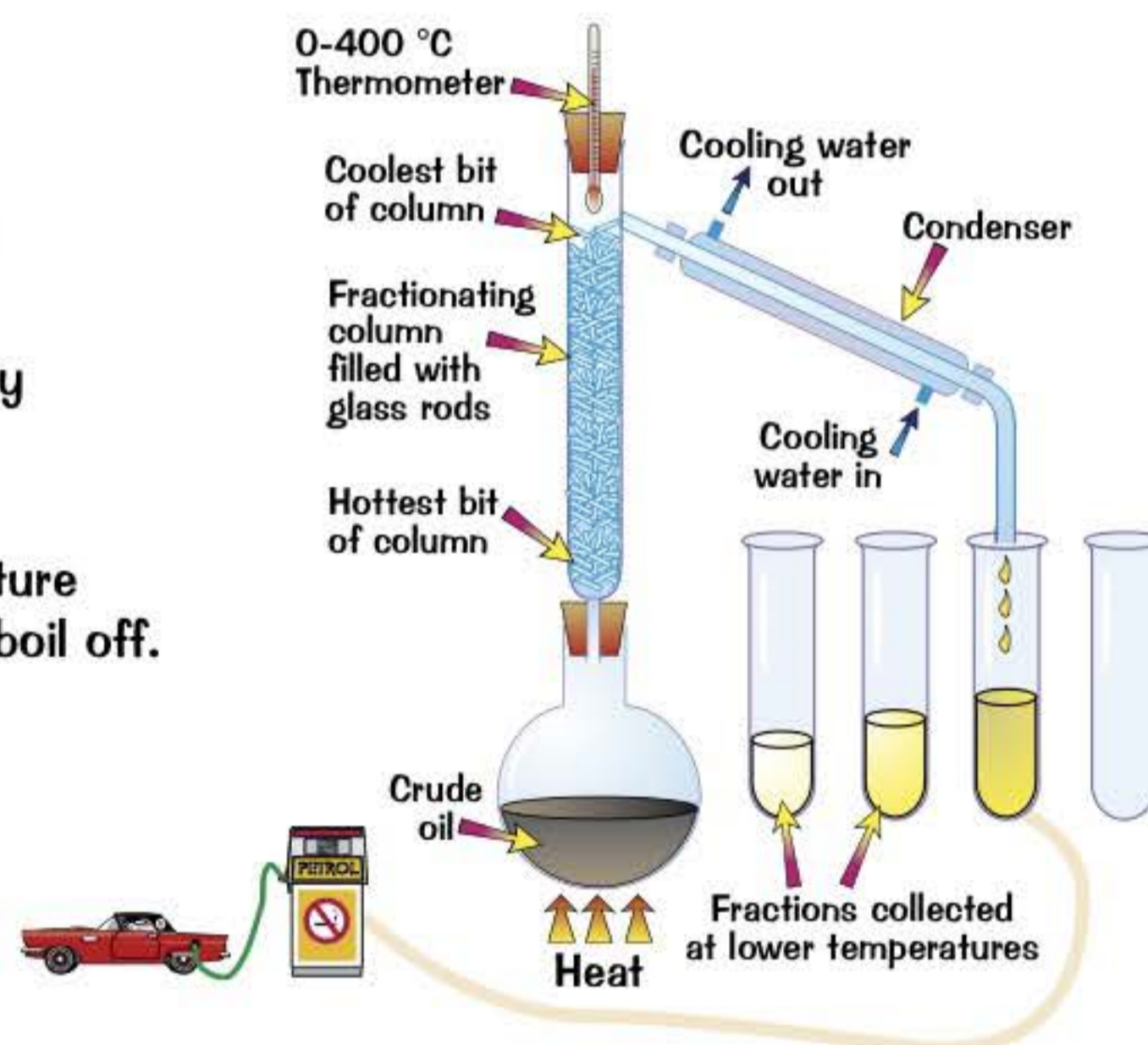


- 1) Simple distillation can be used for separating out a mixture of a liquid and a solid.
- 2) The liquid is heated and boils off. It's then cooled, condensed and collected, leaving the solid behind.
- 3) Simple distillation is great for getting pure water from something like sea water or suspect tap water.



Fractional Distillation Separates Mixed Liquids

- 1) Fractional distillation is used for separating a mixture of liquids like crude oil.
- 2) Different liquids will boil off at different temperatures, around their own boiling point.
- 3) The fractionating column ensures that the "wrong" liquids condense back down, and only the liquid properly boiling at the temperature on the thermometer will make it to the top.
- 4) When each liquid has boiled off, the temperature reading rises until the next fraction starts to boil off.
- 5) Real life examples include:
 - distilling whisky,
 - separating crude oil into petrol, diesel and other fuels.



Check Purity with Melting and Boiling Points

- 1) A pure chemical substance has fixed melting and boiling points. E.g. pure water boils at 100 °C and pure ice melts at 0 °C. These figures are known for a huge range of substances.
- 2) This helps us to identify unknown substances, e.g. if a liquid boils at exactly 100 °C it's likely to be pure water.
- 3) Impurities change melting and boiling points, e.g. impurities in water cause it to boil above 100 °C.
- 4) This means you can test the purity of a substance you've separated from a mixture.

Pure Substance	Melting Point °C	Boiling Point °C
Water	0	100
Ethanol	-114	78
Aluminium	660	2520

Revise mixtures — just filter out the important bits...

Teachers love asking you about separation techniques (strange, I know), so make sure you've got all the facts AND the diagrams absolutely 100% learnt. Make sure you know how to check purity too.

Properties of Metals

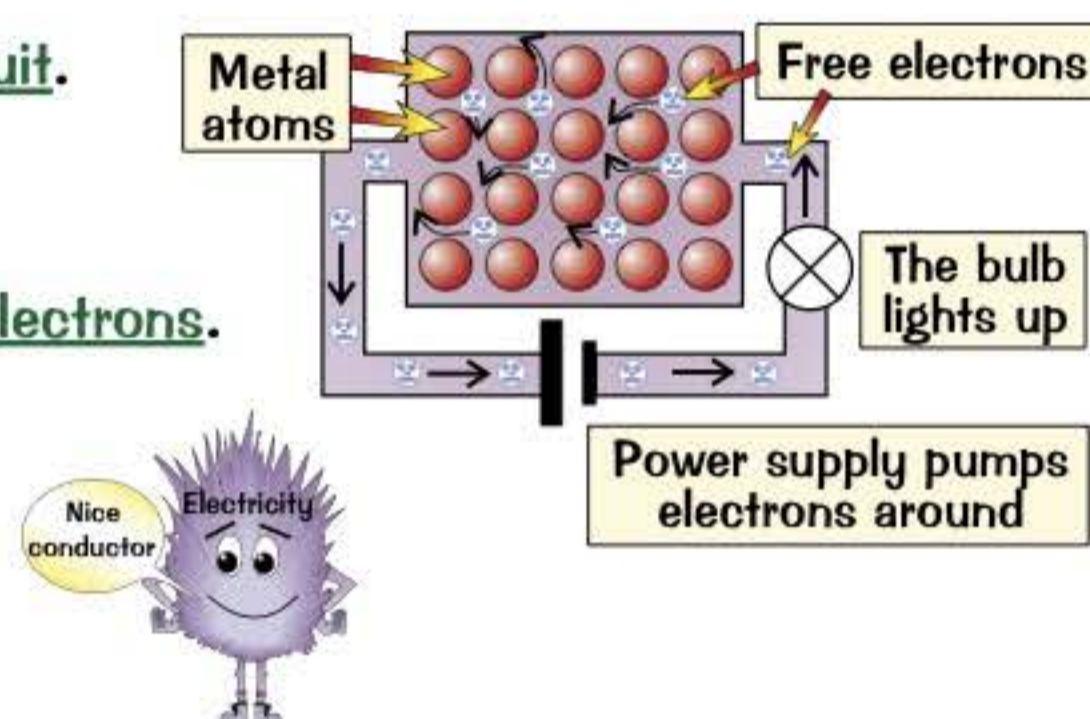
Metals are jolly useful. We use them all the time in bendy wires, bridges, musical instruments and more. So it's only fair that you learn these two pages of glorious facts about them in return...

1) Metals Can be Found in the Periodic Table

- 1) Most of the elements in the periodic table are metals.
- 2) Some are shown here in red, to the left of the zig zag.

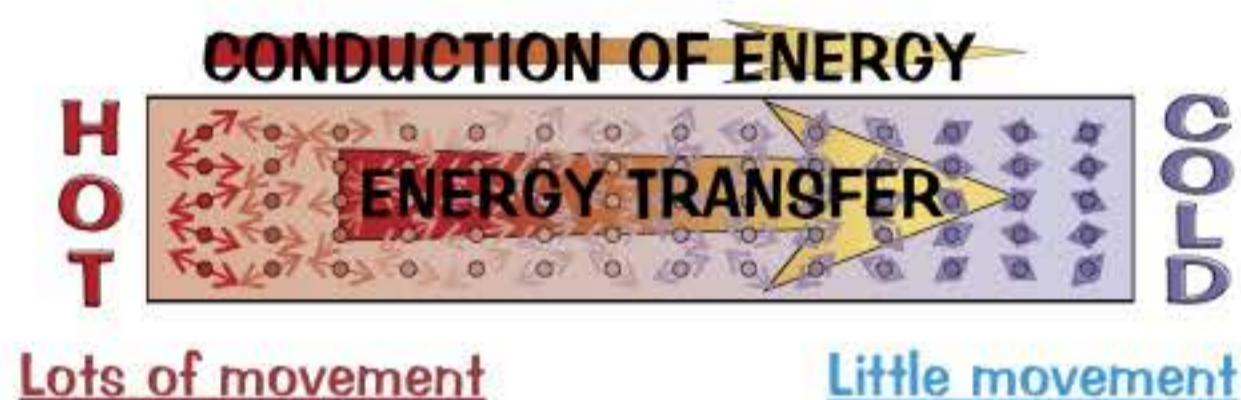
2) Metals Conduct Electricity

- 1) Electric current is the flow of electrical charge around a circuit.
- 2) Metals conduct electricity, which means they allow electrical charge to pass through them easily.
- 3) The moving charges are negatively-charged particles called electrons.
- 4) Metals contain some electrons that are free to move between the metal atoms. These free electrons can carry an electric charge from one end of the metal to the other.
- 5) Because they conduct electricity well, metals are often used to make wires and parts of electrical circuits.



3) Metals Conduct Energy

- 1) Metals transfer energy from a hot place to a cold place quickly and easily.
- 2) The "hot" particles vibrate strongly.
- 3) Because the particles are very close together, the vibrations are easily passed on through the metal.
- 4) Free electrons in the metal also help to transfer energy from the hot parts of the metal to the cooler parts as they move around.



4) Metals are Strong and Tough

- 1) Metals have high tensile strength (they can be pulled hard without breaking).
- 2) This is because there are strong forces between metal atoms that hold them together. Their strength makes them good building materials.



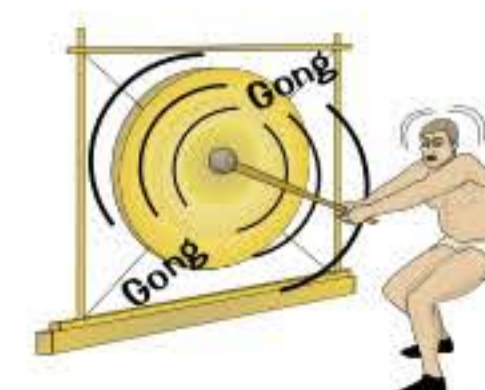
5) Metals are Shiny When Polished

Polished or freshly cut metals give strong reflection of light from their smooth surface. This makes them look shiny.



6) Metals are Sonorous

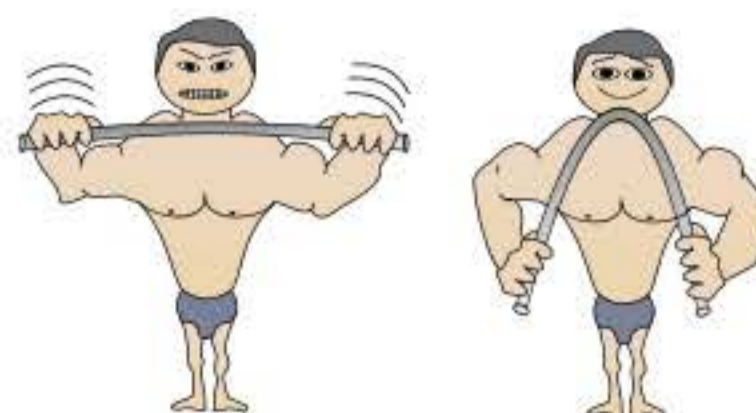
This means they make a nice "donnnnggg" sound when they're hit. If you think about it, it's only metals that do that — you could make a gong out of plastic, but it wouldn't be much good.



Properties of Metals

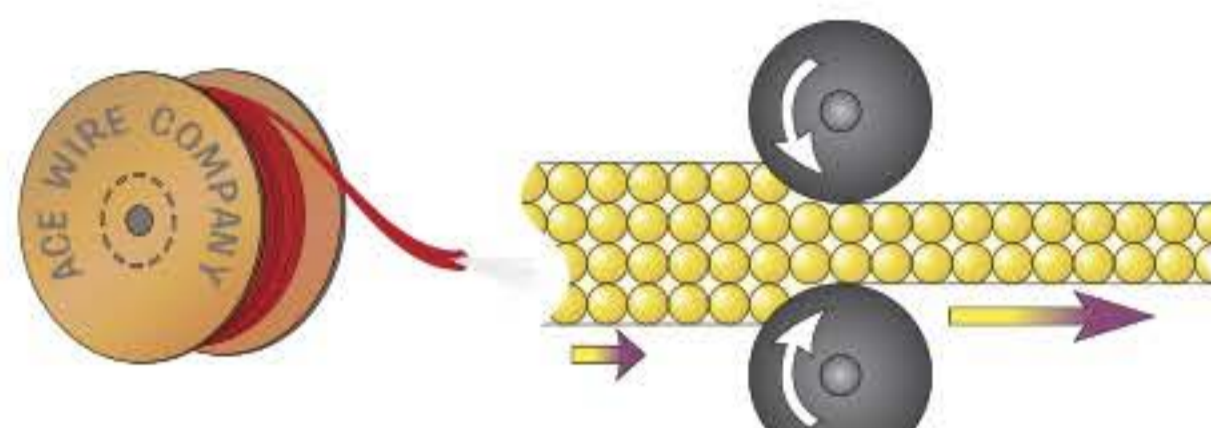
7) Metals are Malleable

- 1) Metals are **easily shaped** (malleable) because the atoms in metals can **slide over** each other.
- 2) This means metals can be **hammered** into **thin sheets** or **bent** — all **without shattering**.



8) Metals are Ductile

- 1) This means they can be drawn into **wires**.
- 2) Metals **aren't brittle** like non-metals (see page 45) are. They just **bend** and **stretch**.



9) Metals have High Melting and Boiling Points

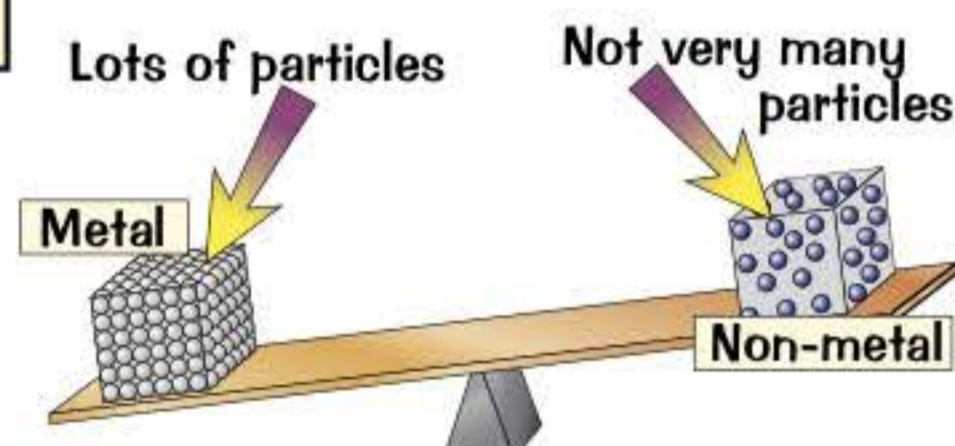
- 1) A **lot** of **energy** is needed to **melt** metals.
- 2) This is because their **atoms** are joined by **strong** forces.
- 3) The table shows how hot they have to get to **melt**.



Metal	Melting Point (°C)	Boiling Point (°C)
Aluminium	660	2520
Copper	1085	2562
Magnesium	650	1090
Iron	1538	2861
Zinc	420	907
Silver	962	2162

10) Metals have High Densities

- 1) **Density** is all to do with how much **stuff** there is squeezed into a certain **space**.
- 2) Metals feel **heavy** for their **size** (i.e. they're **very dense**) because they have a lot of **atoms** tightly packed into a **small volume**.



11) Metals Make Alloys When Mixed with Other Metals

- 1) A **combination** of different metals is called an **alloy**. The **properties** of the metals get **jumbled up** in the new **alloy**.
- 2) So **lighter, weaker metals** can be **mixed** with **heavier, stronger metals** and the **result** is, hopefully, an **alloy** which is **light and strong**.



12) Some Metals are Magnetic

- 1) Only **certain metals** are magnetic.
- 2) **Most** metals **aren't magnetic**. **Iron**, **nickel** and **cobalt** are. **Alloys** made with these three metals will also be magnetic — e.g. **steel** is made mostly from **iron**, so is also **magnetic**.

Iron or nickel or cobalt
(or an alloy containing one of them)



Good Alloys — you can rely on friends from Birmingham...

There they are then. A whole load of facts about metals just waiting to be soaked up into that giant sponge lurking between your ears. You need to **keep practising** till you can **scribble down all the headings** with both pages **covered**. Then try **filling in the details**. Then turn your doodles into an awesome paper aeroplane.

Properties of Non-Metals

The properties of non-metal elements vary quite a lot. Good — life would stink if everything was like sulfur...

1) Non-metals Can be Found in the Periodic Table

- 1) All the non-metals (with the exception of hydrogen) are clustered in the corner over on the right of the zig zag.

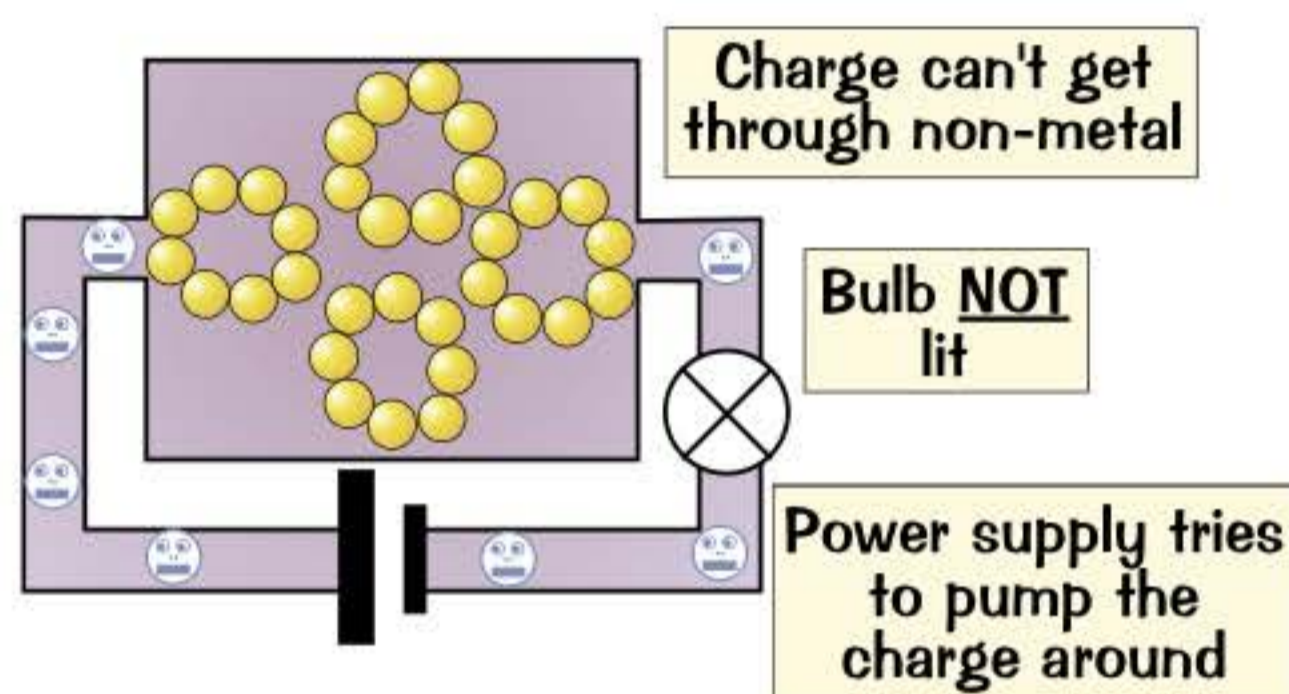
Look, right over there.

- 2) There are fewer non-metals than metals.

2) Non-metals are Poor Conductors of Electricity

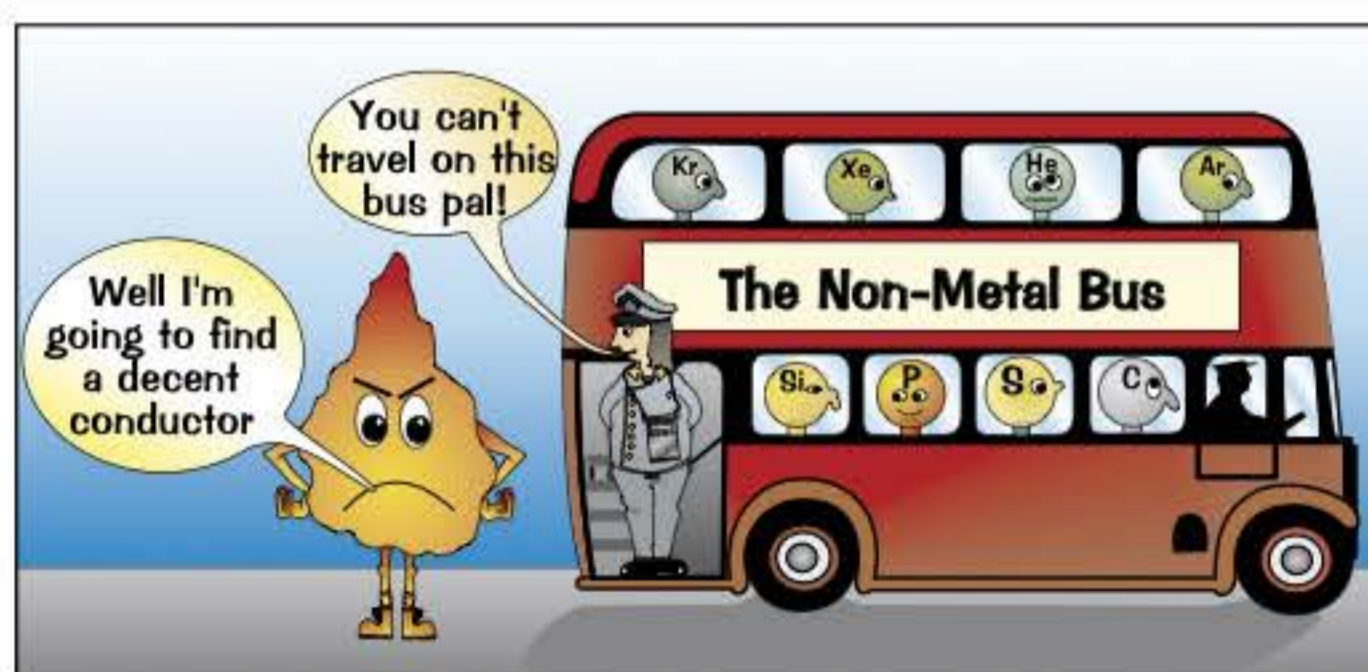
- 1) Most non-metals are insulators, which means that charges can't flow through them.
- 2) If charges can't move then no electric current flows. This is very useful — non-metals combine to make things like plugs and electric cable coverings.

One exception to this rule is graphite — a non-metal made purely from carbon atoms. Its atoms are arranged in layers, which allow electrons to move along them, so graphite can conduct electricity.



3) Non-metals are Poor Conductors of Energy by Heating

- 1) Non-metals don't transfer energy from a hot place to a cold place very quickly or easily.
- 2) This makes non-metals really good insulators.
- 3) "Hot" particles don't pass on their vibrations so well.



4) Non-metals are NOT Strong or Hard-Wearing

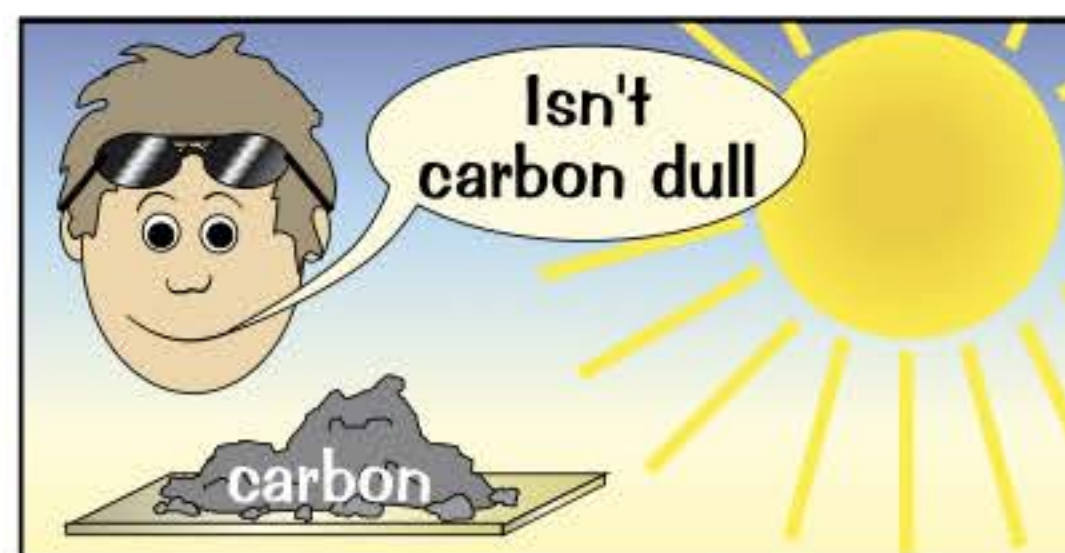
- 1) The forces between the particles in non-metals are weak — this means they break easily.
- 2) It's also easy to scrub atoms or molecules off them — so they wear away quickly.



Properties of Non-Metals

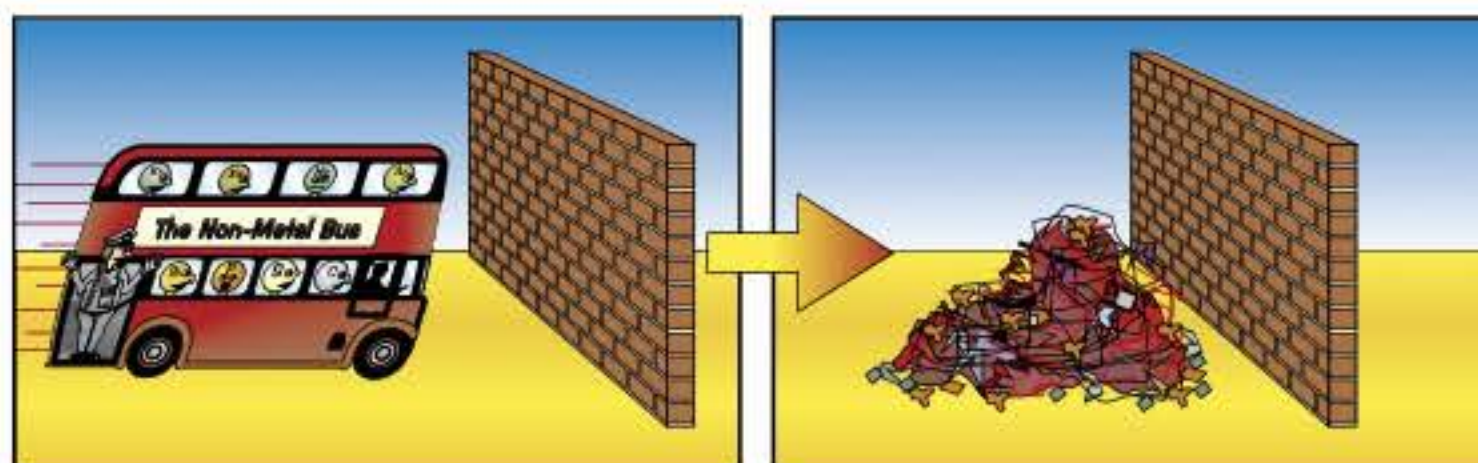
5) *Non-metals are Dull*

- 1) Most non-metals don't **reflect** light very well at all. Their surfaces are not usually as **smooth** as metals.
- 2) This makes them look **dull**.



6) *Non-metals are Brittle*

- 1) Non-metal **structures** are held together by **weak forces**.
- 2) This means they can **shatter** all too easily.



7) *Non-metals Have Low Melting Points and Boiling Points*

- 1) The **forces** which hold the particles in non-metals **together** are **very weak**. This means they **melt** and **boil** very **easily**.
- 2) At room temperature, most non-metals are **gases** or **solids**. Only one is a liquid.

Non-Metal	Melting Point (°C)	Boiling Point (°C)
Sulfur	113	445
Oxygen	-218	-183
Chlorine	-101	-35
Helium	-272	-269
Neon	-249	-246
Bromine	-7	59

8) *Non-metals Have Low Densities*

- 1) Obviously the non-metals which are **gases** will have **very low density**. Some of these gases will even **float** in **air** — ideal for party balloons.
- 2) This means they don't have very many **particles** packed into a certain **space**.
- 3) Even the liquid and solid non-metals have **low densities**.



9) *Non-metals are Not Magnetic*

- 1) Only a few **metals** like **iron**, **nickel** and **cobalt** are **magnetic**.
- 2) **All non-metals** are most definitely **non-magnetic**.



Non-Metals — they REALLY ARE dull aren't they...

You still have to learn all about them though. Do it like this: **Cover the page** with a bit of paper and try and **write down** each of the 9 points, one at a time. Lower the paper each time to see if you scribbled it all down right. Keep trying **till you can get them all**. Then put on some nice relaxing music by Non-Metallica.

Properties of Other Materials

As well as metals and non-metals, you need to learn all about some ace [compounds](#) and [mixtures of compounds](#) — [polymers](#) (plastics), [ceramics](#) (like bone china) and [composites](#) (like fibreglass).

Polymers Have Many Useful Properties

Polymers (that's [plastics](#) to you and me) include nylon, polythene and PVC.

- 1) Polymers are usually [insulators](#) — it's difficult for [energy](#) to be transferred through them [electrically](#) or by [heating](#).
- 2) They're often [flexible](#) — they can be bent without breaking.
- 3) They have a [low density](#) — they can be very [light](#) for their size and strength. This makes them ideal for making things that need to be [strong](#) but [not heavy](#).
- 4) They're [easily moulded](#) — they can be used to manufacture equipment with almost [any shape](#).

Polymers are used to make everything from [crash helmets](#) and [kayaks](#) to [carrier bags](#) and [drinks bottles](#).



Polymers are just compounds, made by joining loads of little molecules together in long chains. They usually contain carbon.

Ceramics are Stiff but Brittle

Ceramics include glass, porcelain and bone china (for posh tea cups). They are:

- 1) [Insulators](#) — it's difficult for [energy](#) to be transferred through them [electrically](#) or by [heating](#).
- 2) [Brittle](#) — they aren't very [flexible](#) and will [break](#) instead of [bending](#).
- 3) [Stiff](#) — they can withstand strong forces before they break.

As well as [tea cups](#), ceramics are used for [brakes](#) and parts of [spark plugs](#) in cars.



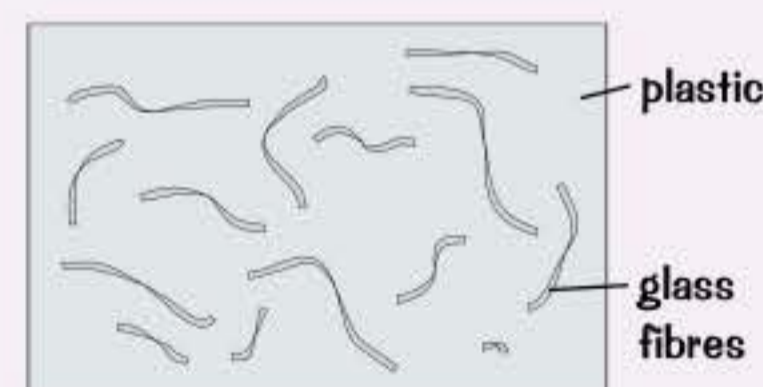
Ceramics are made by 'baking' substances like [clay](#).

Composites are Made of Different Materials

- 1) [Composite materials](#) are made from [two or more materials](#) stuck together.
- 2) This can make a material with [more useful](#) properties than either material alone. For example:

Fibreglass

- 1) [Fibreglass](#) (or Glass Reinforced Plastic — GRP) consists of [glass fibres](#) embedded in [plastic](#).
- 2) It has a [low density](#) (like plastic) but is [very strong](#) (like glass).
- 3) These properties mean fibreglass is used for things like [skis](#), [boats](#) and [surfboards](#).



Concrete

- 1) [Concrete](#) is made from a mixture of [sand](#) and [gravel](#) embedded in [cement](#).
- 2) It can withstand high [compression stresses](#) (i.e. being squashed) so it's great at supporting heavy things. This makes it ideal for use as a [building material](#), e.g. in skate parks, shopping centres, airports, etc.

Boredom is a common property of revision...

Polymers, ceramics and composites. They're pretty handy — especially when the alternative is a wooden surfboard. Now you need to master [everything](#) on this page until you can describe all three [AND](#) their uses without any [sneaky peeking](#). Once that's done, stare smugly out the window for 30 seconds.

Section Summary

We've moved on to Chemistry now. Makes a refreshing change from all that slimy Biology anyway.

Section 5 is all about Classifying Materials so here's a whole page of delicious Section Summary questions to help you classify how much you've remembered.

You know the drill: work through these questions and try to answer them. For any you can't do, look back through Section 5 and find the answer — and then learn it. Then try all the questions again and see how many more you can do that time. Keep going and before you know it you'll be answering them all perfectly.

- 1) What are the three states of matter? Describe five properties for each of them.
- 2) Draw what the particles look like in a solid, a liquid and a gas.
- 3) Explain how gases exert a pressure on the insides of a container.
- 4) What happens to the pressure of a gas if the temperature of the gas is increased?
- 5) What happens to the pressure of a gas if the volume of the gas is decreased?
- 6) Explain what diffusion is.
- 7) Give the names of five changes of state, and say which state they go from and to.
- 8) For any given substance, in which state do the particles have the most energy?
- 9) Does a change of state involve a change in mass?
- 10) Explain why a heating curve has a flat bit when a substance is boiling.
- 11) What is an atom?
- 12) What is an element? Roughly how many elements are there in the periodic table?
- 13) In the periodic table: a) What is a group? b) What is a period?
- 14) Using the periodic table, give the chemical symbol for these:
 a) sodium b) magnesium c) oxygen d) iron e) sulfur
 f) aluminium g) carbon h) chlorine i) calcium j) zinc.
- 15) Which will show a more violent reaction with water — lithium or rubidium? Why?
- 16) Use the periodic table to predict whether fluorine or iodine is more reactive.
- 17) What is a compound? How is a compound different from a mixture?
- 18) Sketch some molecules that could be in a compound.
- 19) In what way is iron sulfide different from a mixture of iron and sulfur?
- 20) Is it easy to split a compound back up into its original elements?
- 21) Write down the two rules for naming compounds.
- 22) If two atoms of the same elements combine, what happens to their name?
- 23)*Give the name of the following:
 a) MgO b) CaO c) NaCl d) CaCO₃ e) CuSO₄
- 24)*Give the name of the compound you get from chemically joining up these:
 a) sodium with chlorine b) magnesium with chlorine c) magnesium with carbon and oxygen.
- 25) What is a pure substance? What is a mixture?
- 26) Describe what happens when a substance dissolves.
- 27) What happens to solubility when the temperature increases?
- 28) List four mixture separation techniques with an example for each one.
- 29) Which of them would you use to try to identify different colours in a paint?
- 30) List the 12 facts you need to know about metals.
 Then list the 9 facts you need to know about non-metals.
- 31) Out of metals and non-metals, which are the:
 a) best conductors b) most brittle c) strongest d) best insulators?
- 32) Name 4 useful properties of polymers.
- 33) What are ceramics useful for?
- 34) What are composites? Name one and describe what it's made of.

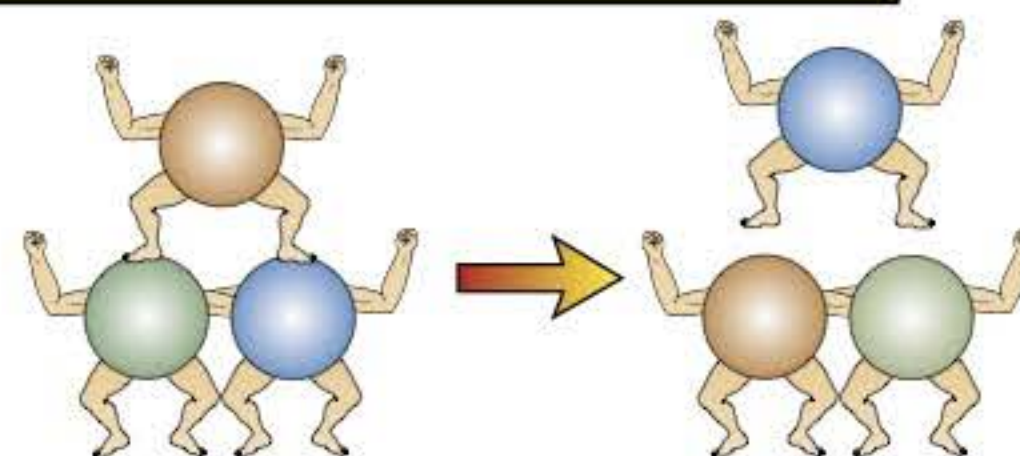
*Answers on page 108

Chemical Reactions

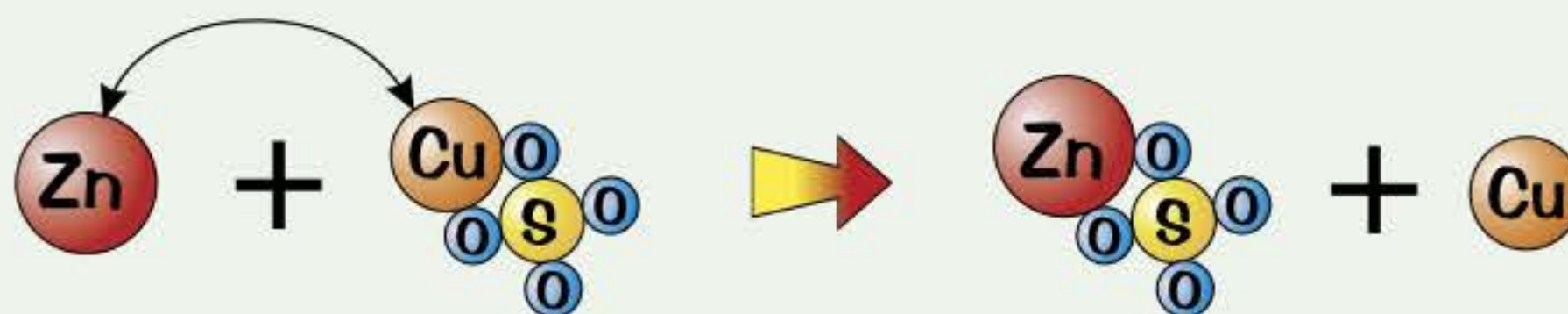
In a chemical reaction, all that's really happening is the atoms moving around into new formations. The reactants might give off energy, make a loud bang, or do a little dance, but the mass won't change.

Atoms Rearrange Themselves in a Chemical Reaction

- 1) In a chemical reaction atoms are not created or destroyed.
- 2) The atoms at the start of a reaction are still there at the end.
- 3) Bonds get broken and made in the reaction, as atoms rearrange themselves in going from the reactants to the products (p. 37). But the atoms themselves are not altered.



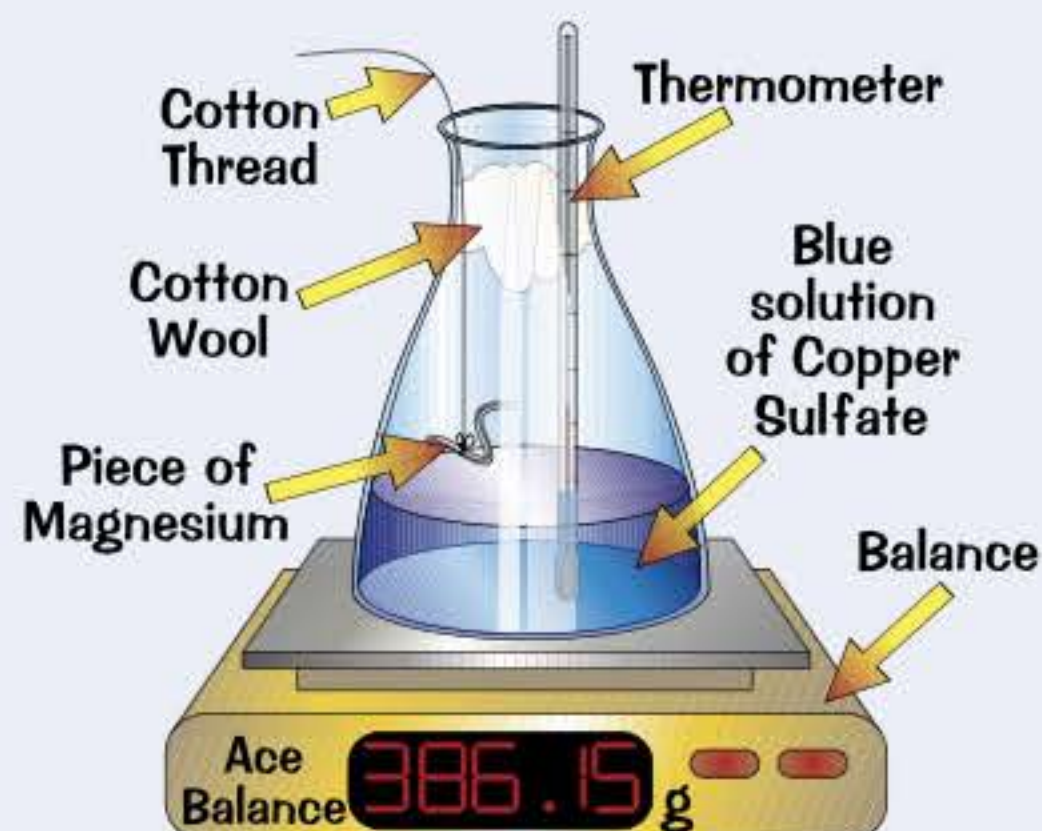
EXAMPLE: zinc + copper sulfate → zinc sulfate + copper



The Mass Doesn't Change in a Chemical Reaction

- 1) In a chemical reaction no mass is lost or gained when the reactants turn into the products.
- 2) This is because the total number of atoms is the same before and after the reaction.
- 3) Chemical reactions involve a change in energy, i.e. reactions always give out or take in energy (p. 50). This energy is usually transferred by heating, which causes the temperature in a reaction to go up or down.
- 4) Visible changes can occur in the reaction mixture. These show that a reaction has taken place. For example — a gas comes off, a solid is made, or the colour changes.

EXAMPLE: When magnesium reacts with blue copper sulfate solution, the solution goes colourless, copper coats the magnesium strip and the temperature rises. But the mass stays the same.



Chemical reactions — just a case of atomic acrobatics...

Some chemical reactions involve colour changes, heating up, stinky emissions and even explosions, but there's one thing that always stays the same — the total mass, before and after the reaction. Get your head round that and you've practically solved all of KS3 chemistry. Okay, maybe that's a slight exaggeration.

Examples of Chemical Reactions

Three common examples of [chemical reactions](#) coming right up... just what the doctor ordered.

Combustion is Burning in Oxygen

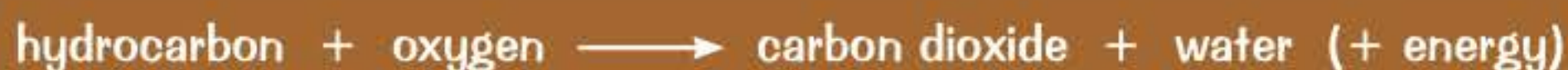
1) Combustion is [burning](#) — a [fuel](#) reacts with [oxygen](#) to release [energy](#).

2) [Three](#) things are needed for combustion:

- 
- 1) Fuel
 - 2) Heating
 - 3) Oxygen



3) [Hydrocarbons](#) are [fuels](#) containing only [hydrogen](#) and [carbon](#). When it's [hot](#) enough there's enough [oxygen](#), hydrocarbons [combust](#) (burn) to give [water](#) and [carbon dioxide](#):



4) Combustion is useful because [energy](#) is transferred away by [heating](#) and [light](#). It's the process behind candles, wood fires, car engines, coal power plants, etc.

Oxidation is the Gain of Oxygen

1) When a substance [reacts](#) and [combines](#) with [oxygen](#), it's called an [oxidation](#) reaction.

2) [Combustion](#) is an oxidation reaction.

3) Another example of oxidation is [rusting](#). [Iron](#) reacts with [oxygen](#) in the air to form [iron oxide](#), i.e. [rust](#).



Thermal Decomposition is Breaking Down When Heated

1) [Thermal decomposition](#) is when a substance [breaks down](#) into at least two other substances when [heated](#).

2) The substance [isn't](#) actually [reacting](#) with anything, but it [is](#) a [chemical](#) change.

3) Some [metal carbonates](#) break down on heating. Carbonates are substances with CO_3 in them, like copper(II) carbonate (CuCO_3) and zinc carbonate (ZnCO_3).

4) They break down into a [metal oxide](#) (e.g. copper oxide, CuO) and [carbon dioxide](#). This usually results in a [colour change](#).

EXAMPLE: The thermal decomposition of copper(II) carbonate.



This is [green](#)...



...and this is [black](#).



This page is easy — let me break it down for you...

Here are three common types of [chemical reaction](#) to read up and [learn](#). They're here because they're important, so make sure you commit them to memory ASAP. That way you'll have plenty of time to enjoy what's coming up on the next page — that's right, yet more fun and interesting chemical reactions.

More on Chemical Reactions

Chemical reactions always involve a transfer of energy to or from the surroundings.

In an **Exothermic Reaction**, **Energy is Transferred Out**

An exothermic reaction is one which transfers energy to the surroundings.

- 1) Energy is usually given out by heating, so exothermic reactions involve a rise in temperature.
- 2) The best example of an exothermic reaction is combustion (see previous page). This gives out a lot of energy — it's very exothermic.
- 3) Many neutralisation reactions (page 53) and oxidation reactions (previous page) are exothermic.
- 4) Everyday uses of exothermic reactions include hand warmers.



In an **Endothermic Reaction**, **Energy is Taken in**

An endothermic reaction is one where energy is taken in from the surroundings.

- 1) Energy is usually taken in by heating, so endothermic reactions involve a fall in temperature.
- 2) Endothermic reactions are much less common. Thermal decompositions (previous page) are a good example, since they involve a substance taking in energy and breaking down.
- 3) Everyday uses of endothermic reactions include sports injury packs. They take in energy and get very cold.



Catalysts Increase the Speed of a Reaction

A catalyst is a substance which speeds up a chemical reaction, without being changed or used up in the reaction itself.

- 1) Catalysts come out of a reaction the same as when they went in — usually they just give the reacting particles somewhere to meet up and do the business. That means catalysts can be reused.
- 2) Chemical reactions need energy to get them started — usually through heating. Catalysts lower the minimum amount of energy needed for a reaction to happen.
- 3) This means a lower temperature can be used to carry out the reaction.



Catalysts Help Reduce Costs in Industry

- 1) Catalysts are very important for business — most industrial reactions use them.
- 2) By increasing the speed of the reaction and lowering the temperature needed, they make industrial reactions cheaper and increase the amount of product made in a given time.
- 3) There are some disadvantages to catalysts. They can be expensive to buy, and different reactions use different catalysts, so businesses can't get away with just buying one to use for everything. They also need to be cleaned and they can be 'poisoned' by impurities.

Catalysts are like my jokes — they can be used over and over

And they're not only used in industry... the enzymes in your body are a type of catalyst — without them, your chemical reactions would be too slow to keep you alive. There's more on enzymes on p. 8.

Balancing Equations

It's important to live a **balanced** life — that includes work, play, nutrition and **chemical equations**.

Chemical Equations Show What Happens in a Reaction

You can show what happens in a chemical reaction using:

- 1) A **WORD EQUATION** — where the **names** of the products and reactants are written out in **full**.
- 2) A **SYMBOL EQUATION** — which uses **chemical symbols** and **formulae** (see pages 35-37).
A **balanced** symbol equation shows **how many** of each chemical react or are made in a reaction.

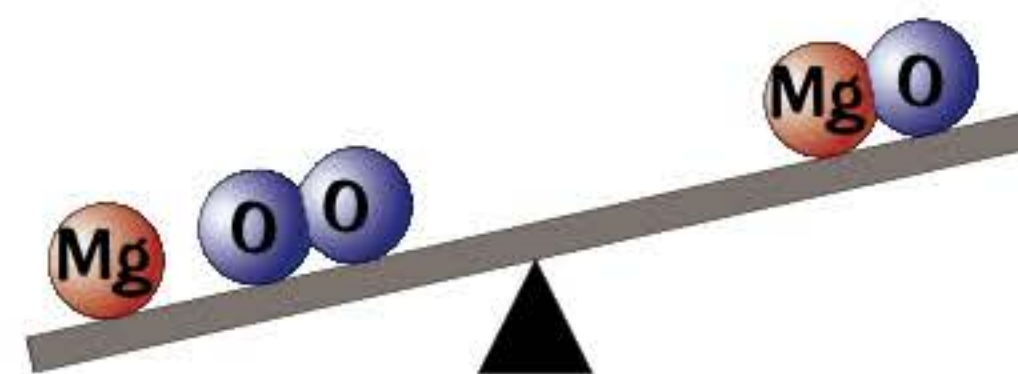
Chemical Equations are Equal on Both Sides

Here's an example of writing a balanced equation for burning magnesium in oxygen.

- 1) Write the **word equation**: magnesium + oxygen \longrightarrow magnesium oxide
- 2) Write in the **chemical formulae** of all the reactants and products: $\text{Mg} + \text{O}_2 \longrightarrow \text{MgO}$
- 3) Check that the equation is **balanced** by **counting** the number of **each atom** on **both sides** of the equation. Then do steps A, B, C and D below to **balance** the atoms up one by one. Keep track of the **number** of atoms on **each side** as you go:

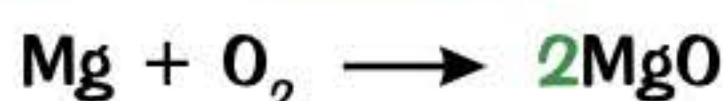
Oxygen gas is made up of pairs of atoms, called molecules — that's why it's O_2 .

Left side of equation	Right side of equation
One Magnesium	One Magnesium
Two Oxygen	One Oxygen



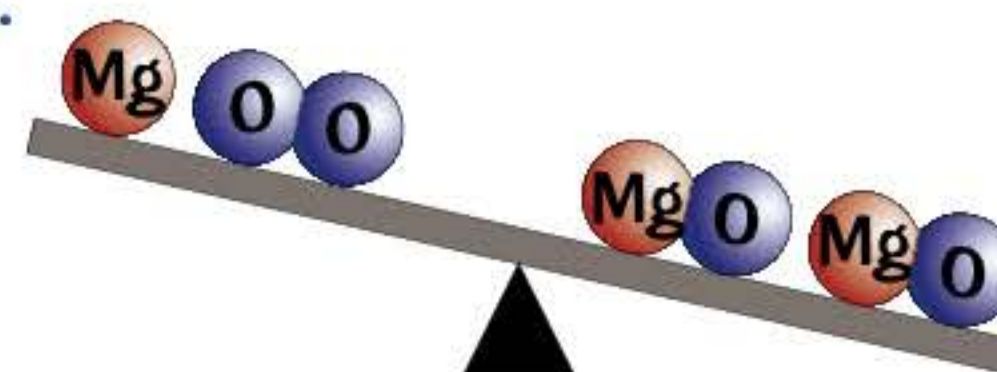
- A** Find an element that doesn't balance and pencil in a number to try and sort it out.

There isn't enough **oxygen** on the **right side** of the equation — add "2" before MgO.



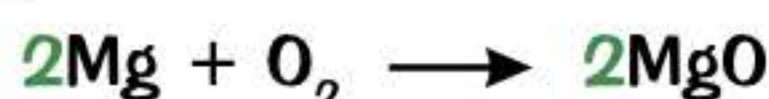
- B** See where that gets you by counting up the atoms again.

Left side of equation	Right side of equation
One Magnesium	Two Magnesium
Two Oxygen	Two Oxygen



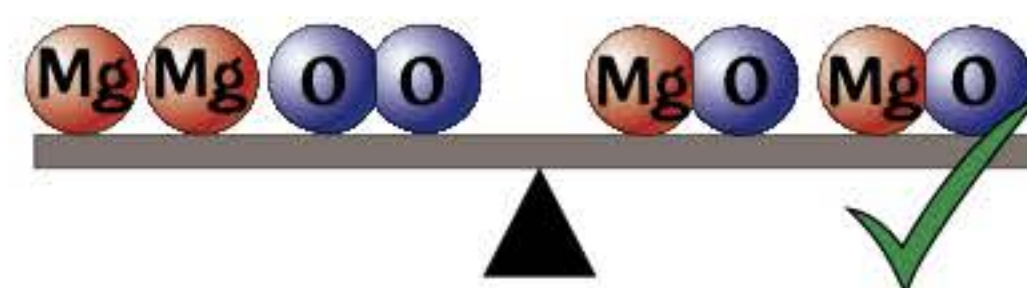
- C** Continue to chase the unbalanced atoms by going back to A) — pencil in a number before a formula, then see where it gets you when you count up the atoms.

There isn't enough **magnesium** on the **left side** of the equation — add a "2" before Mg.



- D** See where that gets you by counting up the atoms again.

Left side of equation	Right side of equation
Two Magnesium	Two Magnesium
Two Oxygen	Two Oxygen



Done and dusted.

All things being equal — you'll be able to sort this out...

This is the **hardest** thing you'll ever be asked to do in this subject, so don't worry if you find it tricky.

Learn the method and then **try this one** out for size: $\text{Na} + \text{Cl}_2 \longrightarrow \text{NaCl}$. *

*Answer on page 108.

Acids and Alkalis

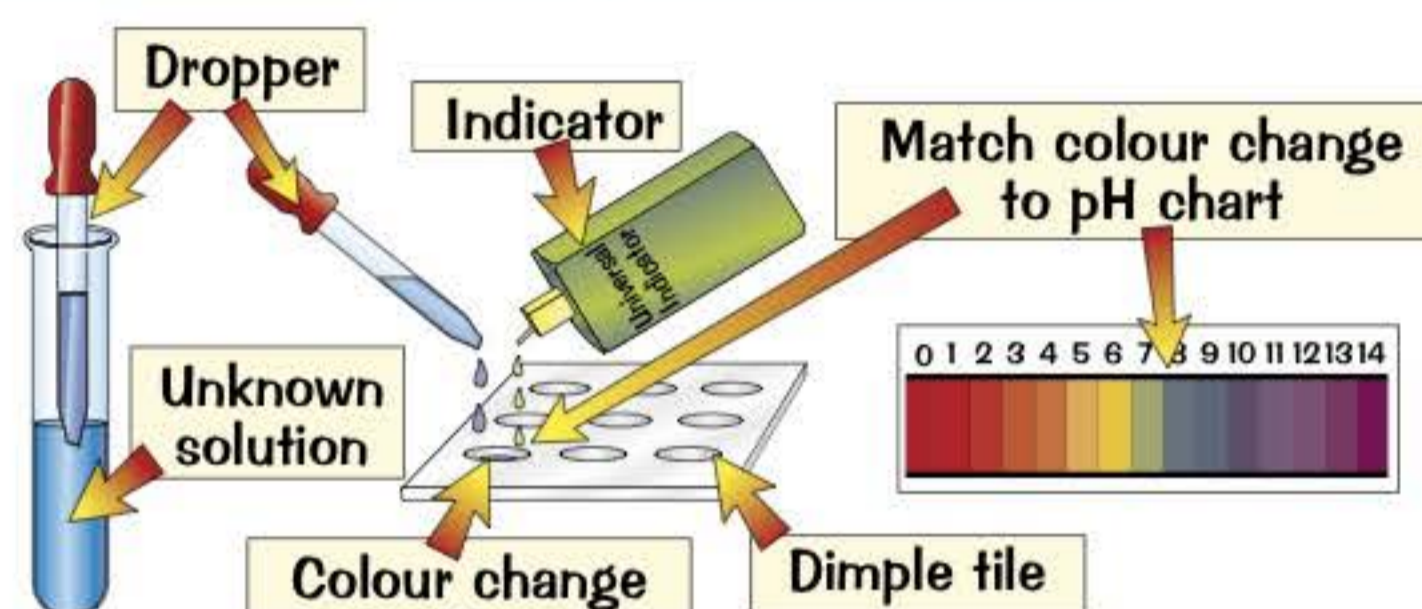
The **pH scale** is what scientists use to describe how **acidic** or **alkaline** a substance is. **Universal indicator** takes on a colour based on the **pH** of the substance it's mixed with.

The pH Scale Shows the Strength of Acids and Alkalis

- 1) The **pH scale** goes from **0 to 14**.
- 2) Anything with a pH **below 7** is an **acid**. The **strongest** acid has **pH 0**.
- 3) Anything with a pH **above 7** is an **alkali**. The **strongest** alkali has **pH 14**.
- 4) A **neutral** substance has **pH 7** (e.g. water).

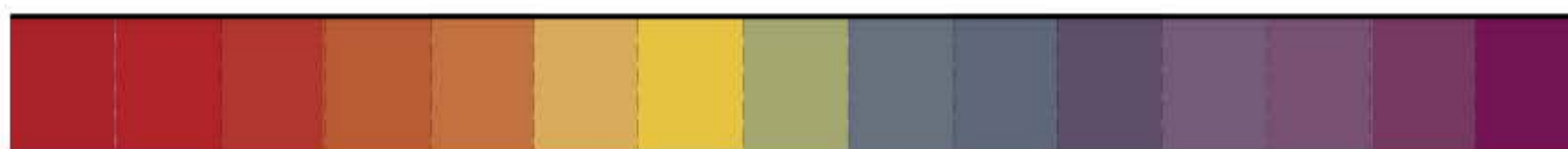
Indicators Are Special Dyes Which Change Colour

- 1) An indicator is just something that **changes colour** depending on whether it's in an **acid** or in an **alkali**.
- 2) **Litmus paper** is quite a popular indicator, but it only tells us whether a liquid is an **acid** or an **alkali** — it **does not** say how **strong** it is. **Acids** turn litmus paper **red** and **alkalis** turn it **blue**.
- 3) **Universal indicator** solution is a very useful **mixture of dyes** which gives the colours shown in a **pH chart**.

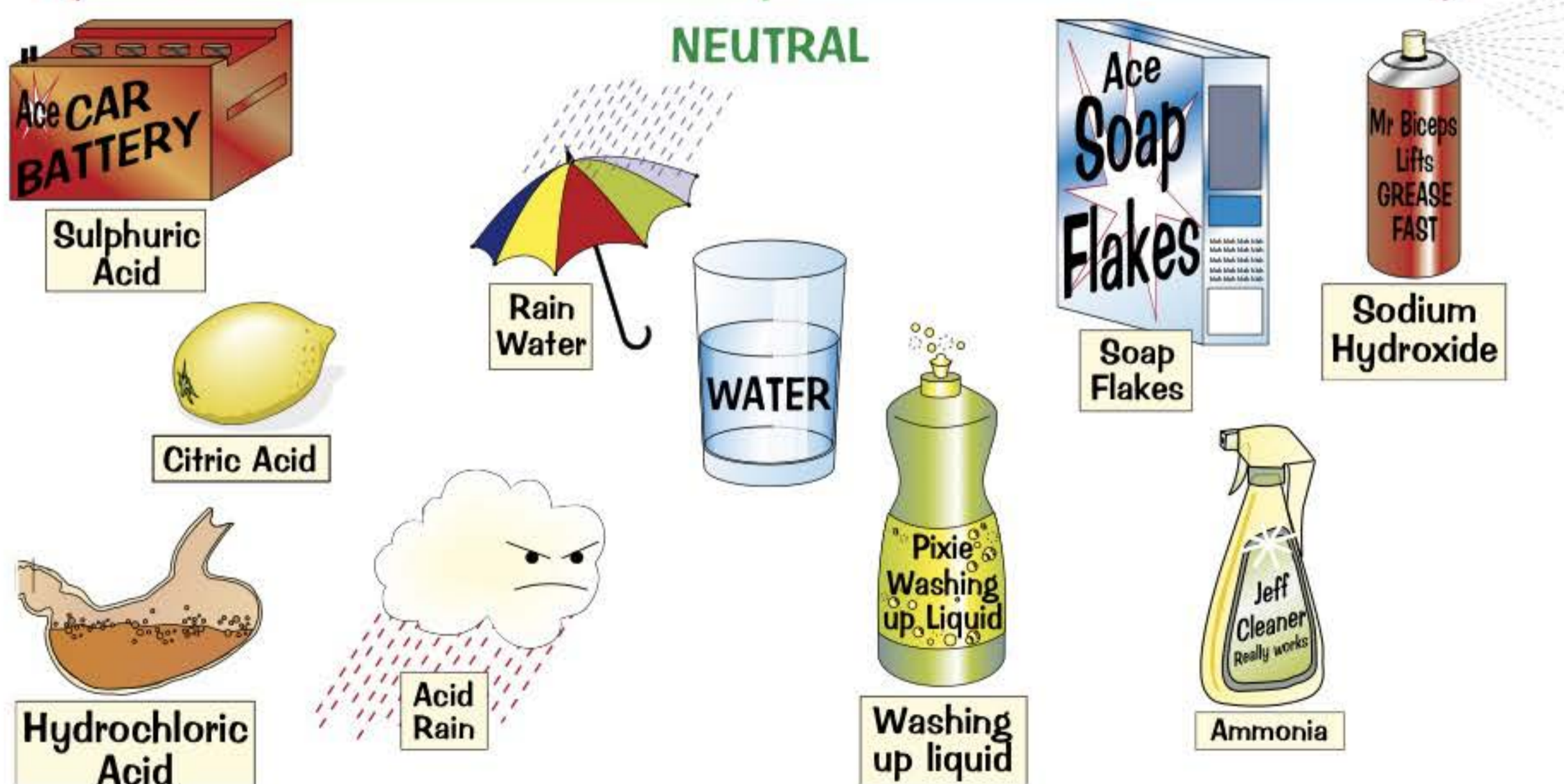


A pH Chart Shows How Strong an Acid or Alkali is

pH 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14



Strong ACIDS Weak ACIDS | Weak ALKALIS Strong ALKALIS



pHew — the end of another page...

All the pictures above are positioned **directly below** their actual **pH** on the pH scale. Make sure you know **where** each one of them goes, so you don't get your acid rain and your soap flakes mixed up.

Neutralisation Reactions

You might have done something like this in the lab and, if not, I bet you will pretty soon. Make sure you **know** all this stuff — it's pretty easy and a **super-useful** thing to know about.

Acids and Alkalis Neutralise Each Other

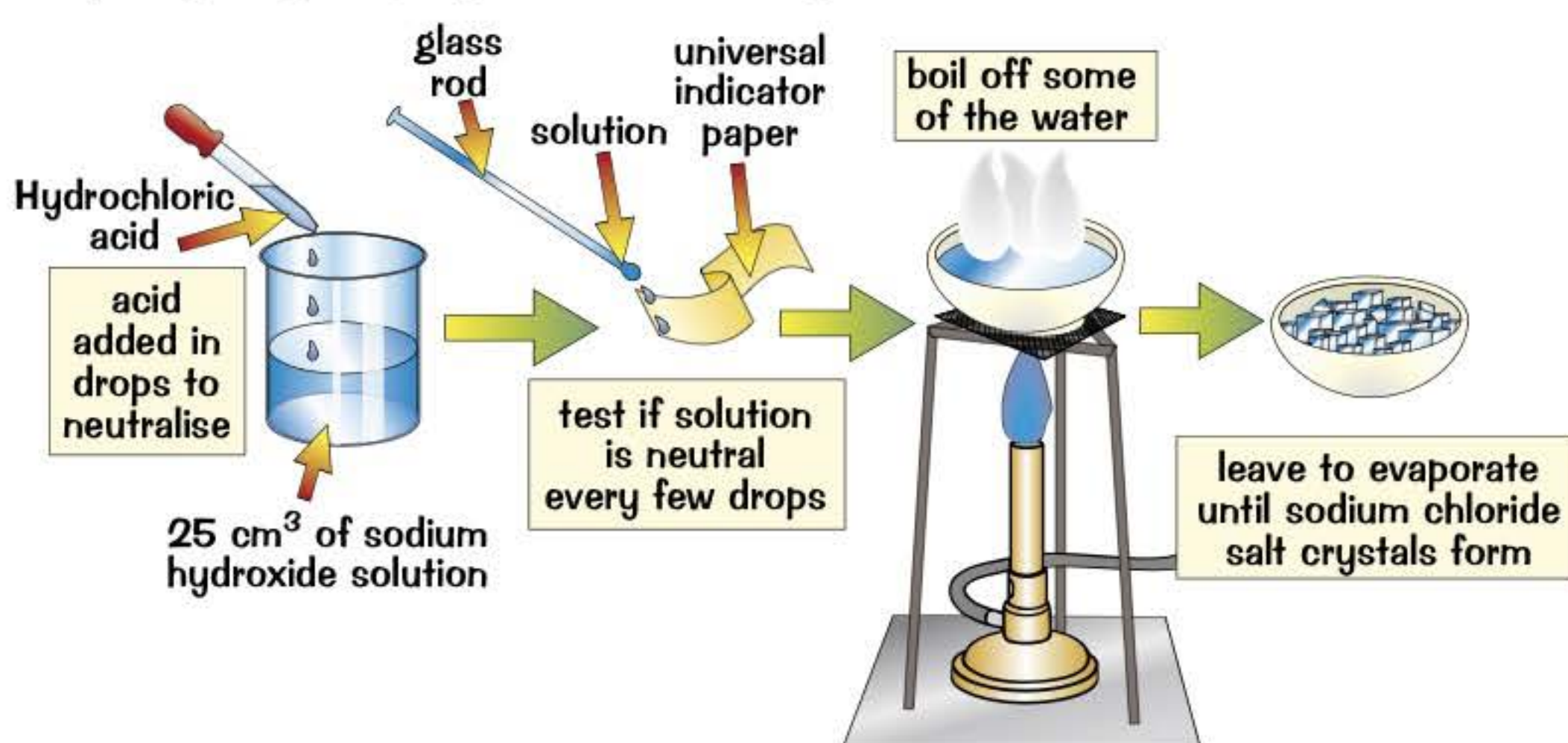
1) **Acids** react with **alkalis** to form a **neutral** solution of a **salt** and **water**:



2) This is known as a **neutralisation** reaction because the products have a **neutral pH**, i.e. a pH of 7.

Making Salts by Neutralisation

Making **salts** is pretty easy — you just need a steady hand and a lot of time. A bit like whisking eggs.



- 1) Wearing **eye protection**, add an **acid** to an **alkali** dropwise with a pipette.
- 2) After every few drops, **remove** a **small sample** to check if the **pH is neutral** (pH 7).
- 3) Keep **adding acid** until the solution is **neutral**.
- 4) When it's neutral the solution is put in an **evaporating dish** and about two thirds of it can be **boiled off** to make a **saturated solution** of the salt.
- 5) Leave this solution **overnight** for the rest of the water to evaporate and nice **big salt crystals** will form. The **slower** the **crystallisation**, the **bigger** the crystals.

A saturated salt solution can't have any more salt dissolved in it. See p.39.

To Change the Salt, You Must Change the Acid

- 1) The **salt** you get out of the **neutralisation** reaction above depends on the **acid** you use.
- 2) The clue is normally in the **name**:

Hydrochloric acid reacts to make **chloride salts**... like **sodium chloride**.

Sulfuric acid reacts to make **sulfate salts**... like **copper sulfate**.

Nitric acid reacts to make **nitrate salts**... like **sodium nitrate**.

It's fun making salts — but I wouldn't put them on yer chips...

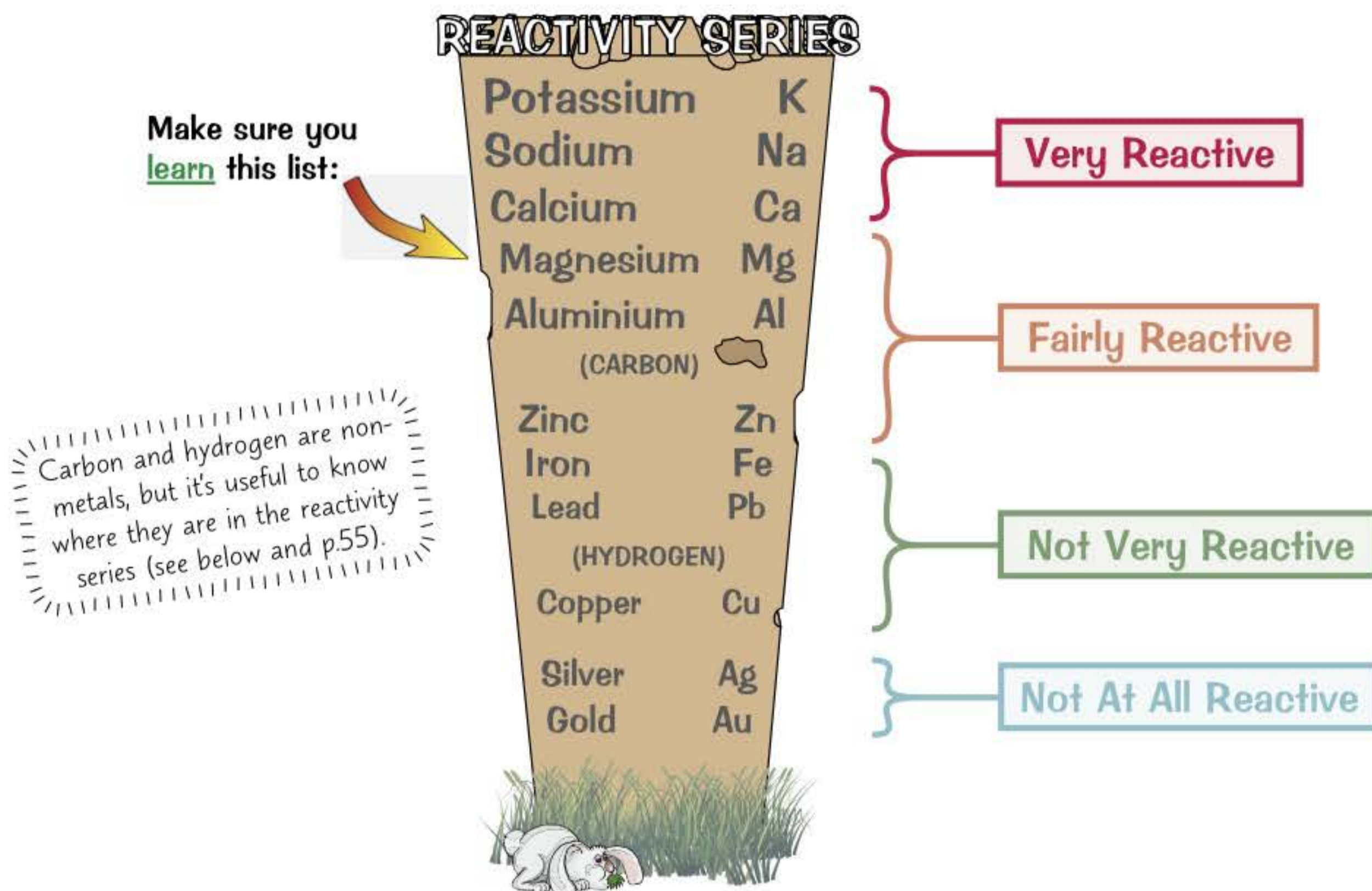
Make sure you **know** which kinds of **salts** you get from which kind of **acid**. I could sit here and tell you that if you don't learn this stuff it'll come up at the worst possible opportunity, and that without knowing the really simple stuff on this page you'll get absolutely nowhere... but that would just be rubbing salt into the wounds.

Reactivity Series and Metal Extraction

You need to know which metals are **most reactive** — and which are **least reactive**.

The Reactivity Series — How Well a Metal Reacts

The **Reactivity Series** lists metals in **order** of their **reactivity** towards other substances.



Some Metals Can Be Extracted With Carbon

- 1) Metals are usually mined as **ores** — rocks containing different **metals** and **metal compounds** (usually metal oxides — see page 56).
- 2) A metal can be **extracted** from its ore by **reduction** using **carbon**. When an ore is reduced, **oxygen is removed** from it.
E.g. the oxygen is removed from iron oxide to extract the iron:



- 3) Only metals that are **less reactive** than **carbon** (i.e. metals **below** carbon in the reactivity series) can be extracted from their ore using carbon.
- 4) Metals that are **more reactive** than carbon need to be extracted using **electrolysis** (where electrical energy **splits up** the ore into the elements that make it up).
- 5) Some metals, like silver and gold, are pretty **unreactive**, so they're often found in their **pure form**.

Potassium
Sodium
Calcium
Magnesium
Aluminium

—CARBON—

Zinc
Iron
Lead
Copper
Silver
Gold

Metal extraction — sounds painful...

Let's face it, this is **pretty basic stuff** on metals. One of the first things you should know about metals is the difference in how **reactive** they are. In Chemistry, the **reactivity** of a metal is **far and away** the most important feature of it, because that's what decides how it will **behave** in every reaction it's faced with.

Reaction of Metals with Acids

One more page on **metals** to test your mettle — it's not so bad though, I promise. You don't need to know about each individual reaction, just how the **reactivity** of each metal affects it. Simple, no?

Reacting Metals With Dilute Acid



All acids contain hydrogen — so the hydrogen here comes from the acid.

- 1) Metals above **hydrogen** in the **reactivity series** (see page 54) will **react** with **acids** to make a **salt** and **hydrogen**.
- 2) The metals **below** hydrogen in the **reactivity series** **don't react** with **acids**.
- 3) The reaction becomes **less and less exciting** as you go **down** the **series**.

More Reactive Metals React More Violently

Reaction with Dilute Acids — Results

Potassium
Sodium
Calcium

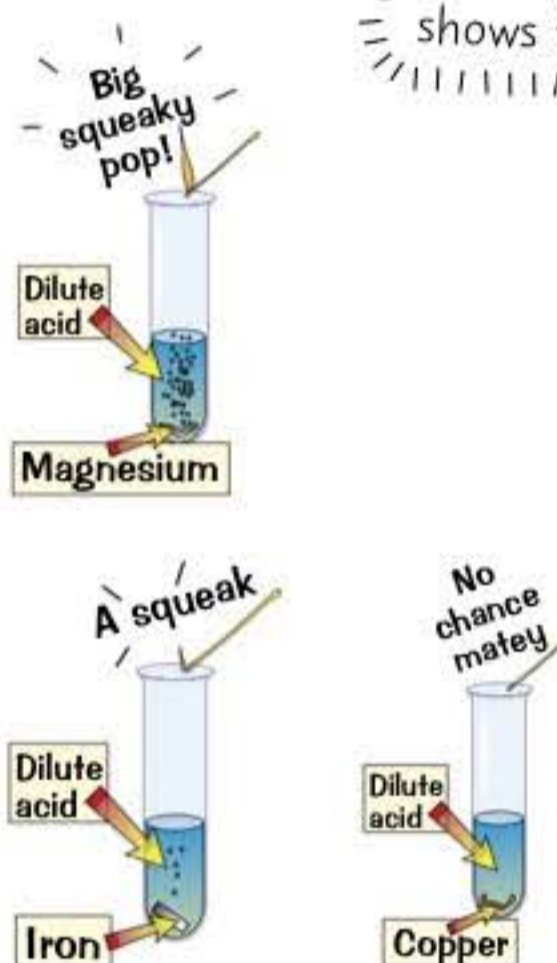
React violently with dilute acids.
(Likely to **explode**.)

Magnesium
Aluminium
Zinc
Iron
Lead

React fairly well with dilute acids.

Copper
Silver
Gold

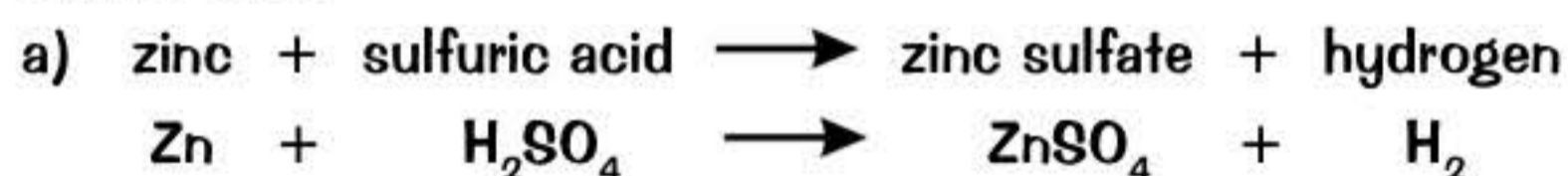
Don't react with dilute acids.



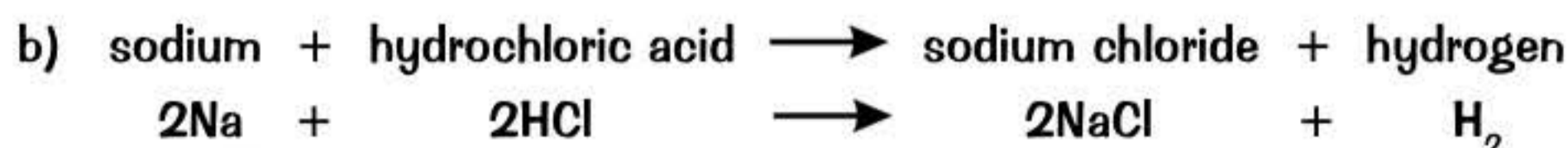
If a lit splint is held to the test tube and a 'squeaky pop' sound is heard, it shows that hydrogen has been made.

The **lower** the reactivity, the **less likely** it is for the reaction to happen.

EXAMPLES:



The zinc **takes the place** of the hydrogen in the acid because it's **more reactive** than the hydrogen.



The sodium **takes the place** of the hydrogen in the acid — again because it's **more reactive** than the hydrogen.

You're probably bored of metals now — time to reactivate...

It might seem like there's **loads** going on here, but really it's just the **same principle** repeated over and over. All the metals have roughly the **same reaction** with acids, some are just **more violent** than others (and some don't happen at all). All you need to know is the **order** of violentness. Is that a word? Let's go with yes.

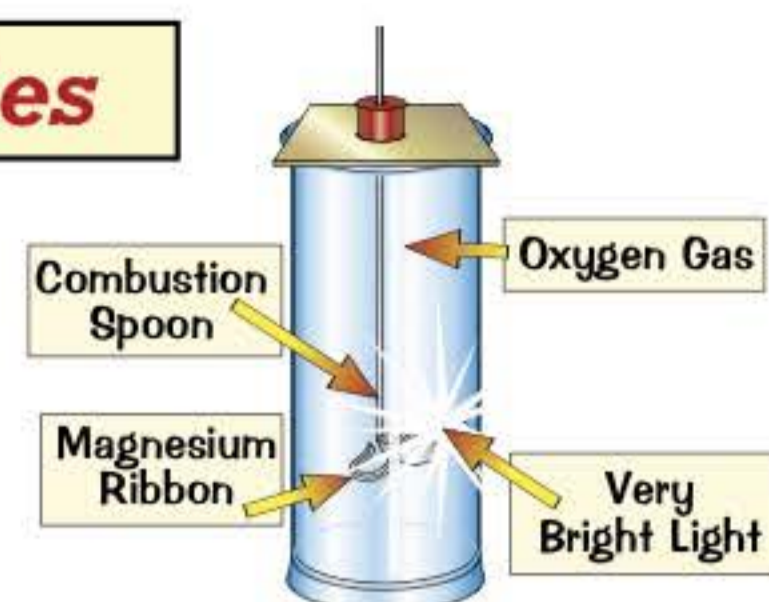
Reactions of Oxides with Acids

Oxides are pretty self-explanatory — they've got **oxygen** in them somewhere...

Metals React With Oxygen to Make Oxides

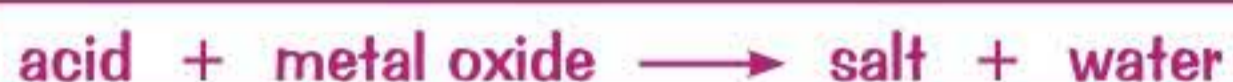
Metals react with **oxygen** to make **metal oxides**.

E.g. magnesium + oxygen → magnesium oxide.



Metal Oxides are Alkaline

- 1) Metal oxides in solution have a **pH** which is **higher than 7** — i.e. they're **alkaline**.
- 2) So **metal oxides** react with **acids** to make a **salt** and **water**.



EXAMPLES:

hydrochloric acid + copper oxide → copper chloride + water

sulfuric acid + zinc oxide → zinc sulfate + water

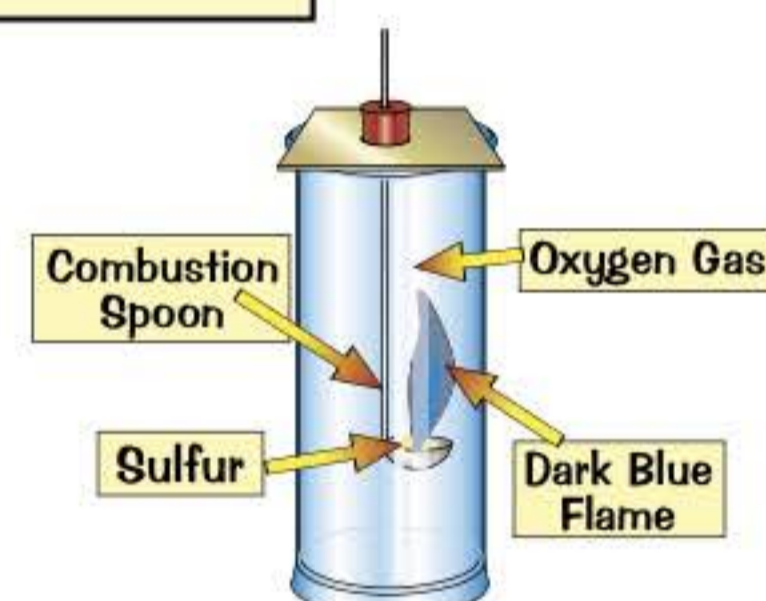
nitric acid + magnesium oxide → magnesium nitrate + water



Non-metals React With Oxygen to Make Oxides

Non-metals also react with **oxygen** to make **oxides**.

E.g. sulfur + oxygen → sulfur dioxide.



Non-metal Oxides are Acidic

- 1) The oxides of non-metals have a **pH below 7**. This means they're **acidic**.
- 2) So **non-metal oxides** will react with alkalis to make a **salt** and **water**.

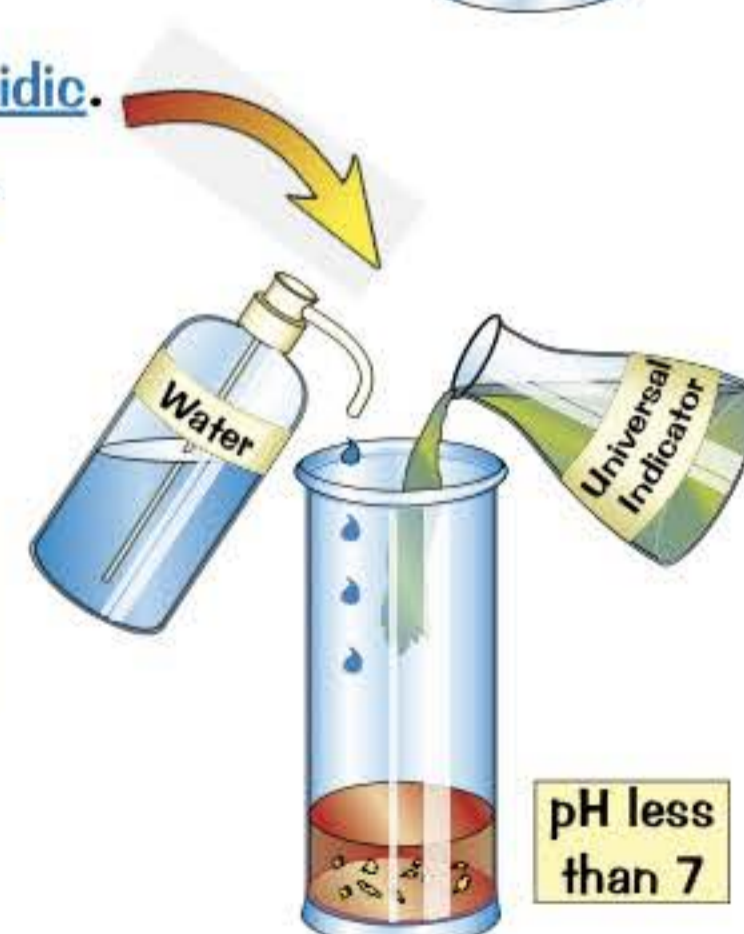


EXAMPLE:

sodium hydroxide + silicon dioxide → sodium silicate + water

↑
an alkali

↑
a non-metal oxide



Everyone has a good side, a bad side and an oxide...

There's not a lot on this page, which means you have no excuses whatsoever not to **learn** it. You might also notice some **similarities** between the reactions of **metals** and **non-metals** — replace "acid" with "alkali" and they're pretty much identical. With that said, you should probably try not to get the two confused.

Displacement Reactions

This page is pretty crammed, but the stuff on it is actually dead easy, I promise...

'Displacement' Means 'Taking the Place of'



A **more reactive** metal will displace a **less reactive** metal from its compound.

- 1) The **reactivity series** (see page 54) tells you which are the most **reactive metals** — i.e. the ones which react **most strongly** with other things.
- 2) If you put a **more reactive** metal like **magnesium** into a solution of a **less reactive** metal compound, like **copper sulfate**, then **magnesium** will take the place of the **copper** — and make **magnesium sulfate**.
- 3) The "**kicked out**" metal then **coats** itself on the reactive metal, so we'd see **copper**.
- 4) This **only happens** if the metal added is **more reactive** — **higher displaces lower**. Got it?

A Reactivity Series Investigation

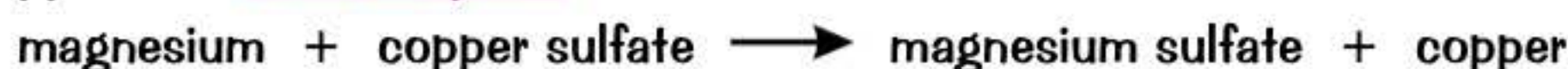
Method: Slap a bit of metal into some salt solutions and see what happens.

Results:

Tube	Metal	Salt Solution Used	Observation
1)	Magnesium	Copper Sulfate $\text{CuSO}_4(\text{aq})$	Deposit of copper
2)	Magnesium	Zinc Sulfate $\text{ZnSO}_4(\text{aq})$	Deposit of zinc
3)	Iron	Copper Sulfate $\text{CuSO}_4(\text{aq})$	Deposit of copper
4)	Zinc	Iron Sulfate $\text{FeSO}_4(\text{aq})$	Dull deposit of iron
5)	Copper	Zinc Sulfate $\text{ZnSO}_4(\text{aq})$	No deposit

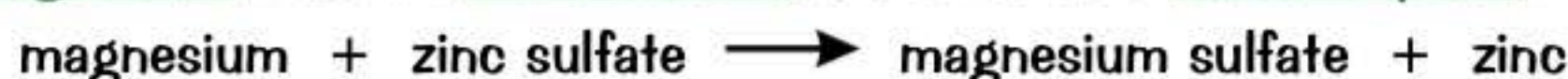
Tube 1: The blue **copper sulfate** solution goes **colourless** and the **copper** coats the magnesium strip.

Magnesium must be **more reactive** than copper as it **takes its place**.



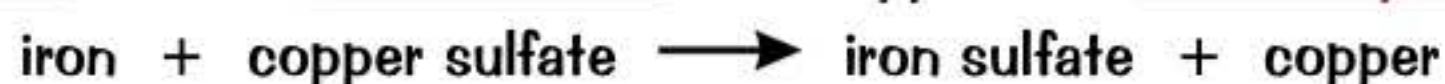
Tube 2: **Zinc** is seen coating the magnesium strip.

Magnesium must be **more reactive** than zinc as it **takes its place**.

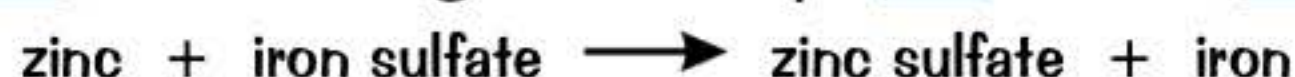


Tube 3: The blue **copper sulfate** solution goes **green** and the **copper** coats the nail.

Iron must be **more reactive** than copper as it **takes its place**.



Tube 4: **Iron** is seen coating the zinc strip. **Zinc** must be **more reactive** than iron as it **takes its place**.



Tube 5: There's **no reaction**. Copper **can't displace** zinc — it's **not reactive** enough.



Most Reactive

Magnesium

Zinc

Iron

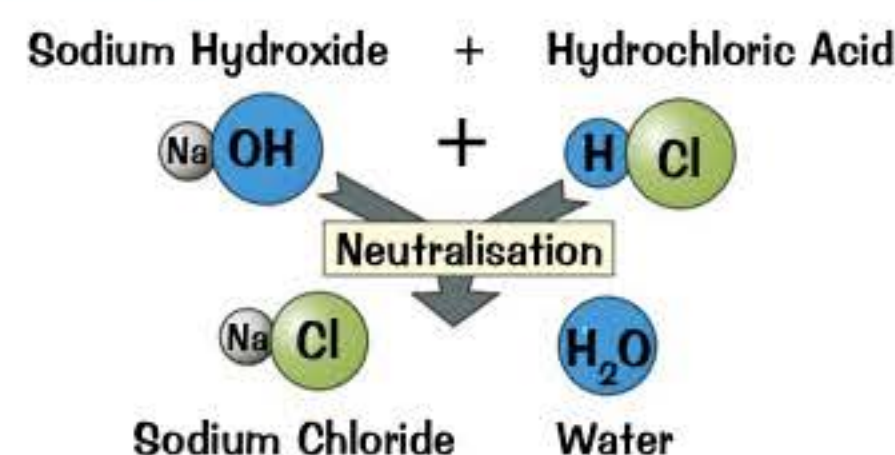
Copper

Least Reactive



Neutralisation is a Displacement Reaction

- 1) The **hydrogen** in hydrochloric acid is **displaced** (or replaced) by **sodium** from the **sodium hydroxide** (the alkali).
- 2) This makes **NaCl** and **H₂O**.
- 3) NaCl is **sodium chloride** — common salt. And of course H₂O is **water**. Of course you knew.



Displace or datplace — wherever you do it, learn this stuff...

You've made it to the promised land — the end of another section. What every aspiring student dreams of. **Learn** all the **displacement** stuff, then try not to misplace your knowledge when it comes to crunch time.

Section Summary

There's no use getting through a whole section of Chemistry if you can't summarise it with a handy set of questions that test everything you need to know. Luckily for you, that's exactly what this page is for. You must have heard it all before by now, and it's the usual shtick — work through the questions one by one, make sure you know everything, then maybe treat yourself to something sweet.

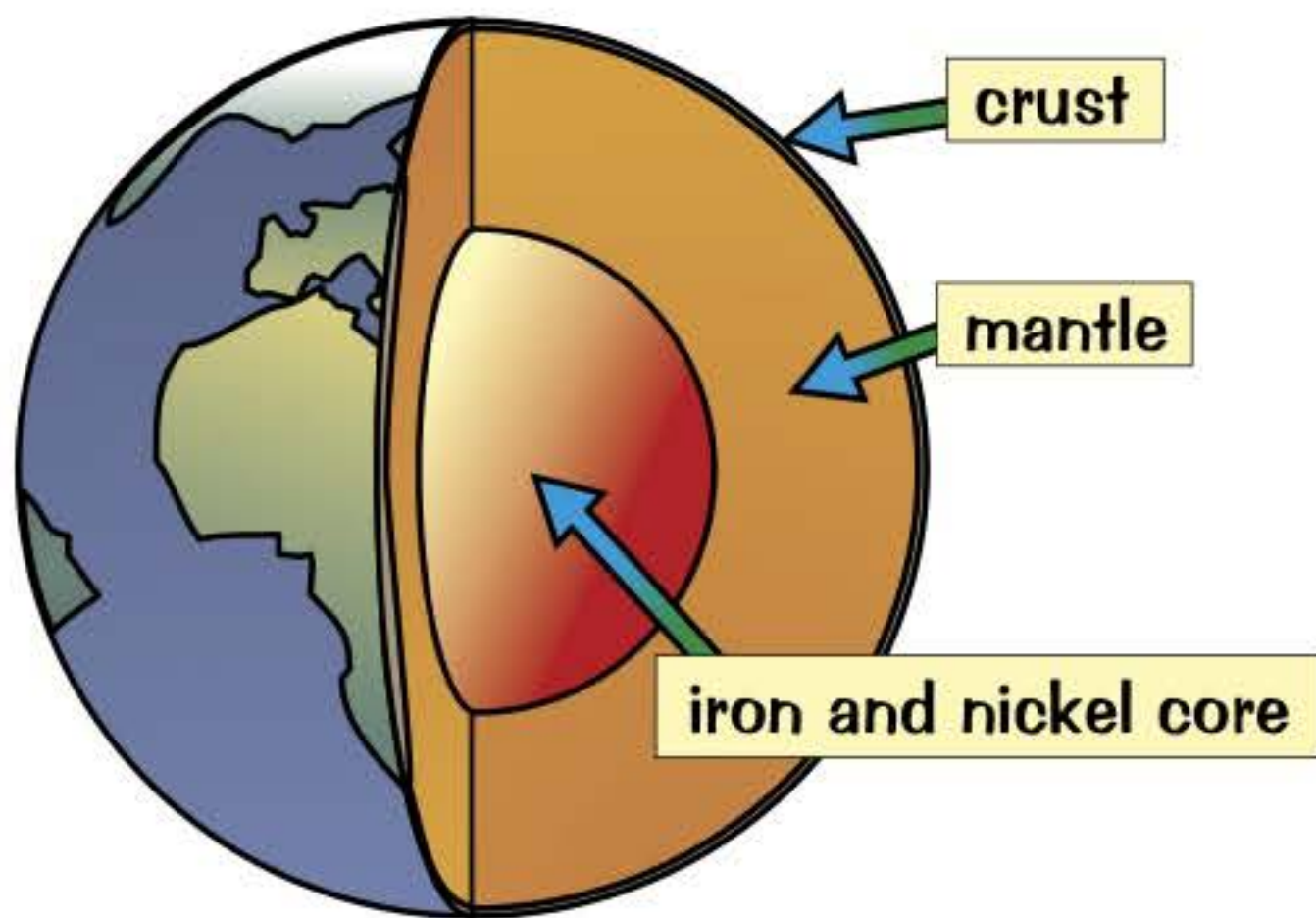
- 1) What happens to the atoms in a chemical reaction?
- 2) Does the mass change during a chemical reaction? Why or why not?
- 3) What's combustion?
- 4) What's the name of the process in which a chemical gains oxygen?
- 5) What's thermal decomposition?
- 6) What's formed when a metal carbonate breaks down by thermal decomposition?
- 7) What's the main difference between exothermic and endothermic reactions?
- 8)* If you put sodium in water, it catches fire and burns up. Is this reaction exothermic or endothermic?
- 9)* When ammonia breaks down to nitrogen and hydrogen, the temperature drops. Is this reaction exothermic or endothermic?
- 10) How does a catalyst affect the speed of a reaction?
- 11) Give two reasons why a chemical production plant might want to use catalysts.
- 12) Give two reasons why a chemical production plant might not want to use catalysts.
- 13)* Write a balanced symbol equation for: sulfur + oxygen \longrightarrow sulfur dioxide (clue: $S + O_2 \longrightarrow ?$)
- 14)* Write a balanced symbol equation for: calcium + oxygen \longrightarrow calcium oxide
- 15) What pH does the strongest acid on a pH chart have? And the strongest alkali?
- 16) What pH does a neutral solution have?
- 17) What colour would universal indicator go if it was mixed with:
 - a) a strong acid
 - b) a neutral solution
 - c) a strong alkali
- 18) What is neutralisation?
- 19) Outline the method to make common salt — sodium chloride.
- 20) Hydrochloric acid makes chloride salts — what salts does sulfuric acid make?
- 21) What kind of salts do you get from nitric acid?
- 22) List the reactivity series in the correct order. Take the first letter of each element and make up a rhyme to help you remember it — there, that'll cheer you up.
- 23) If you haven't already, add carbon and hydrogen to your reactivity series from the previous question. If you've already done this, give yourself a pat on the back.
- 24) Which metals in the reactivity series can be extracted from their ores using carbon? Which can't? Explain why they can't.
- 25) What do metals produce when they react with an acid?
- 26) Which metal will react the most violently with acid?
- 27) Are metal oxides in solution acidic, neutral or alkaline?
- 28) Give an example of a neutralisation reaction involving a metal oxide.
- 29) Are non-metal oxides in solution acidic, neutral or alkaline?
- 30) What does displacement mean?
- 31) What is the rule for displacement reactions?
- 32) Explain why magnesium can displace copper from copper sulfate.
- 33) In the neutralisation of sulfuric acid by potassium hydroxide, what displaces the hydrogen in the acid?

*Answers on page 108.

The Earth's Structure

Ever wondered what the planet's like on the inside? Well you're in for a treat with this page then.

The Earth Has a **Crust**, a **Mantle** and a **Core**



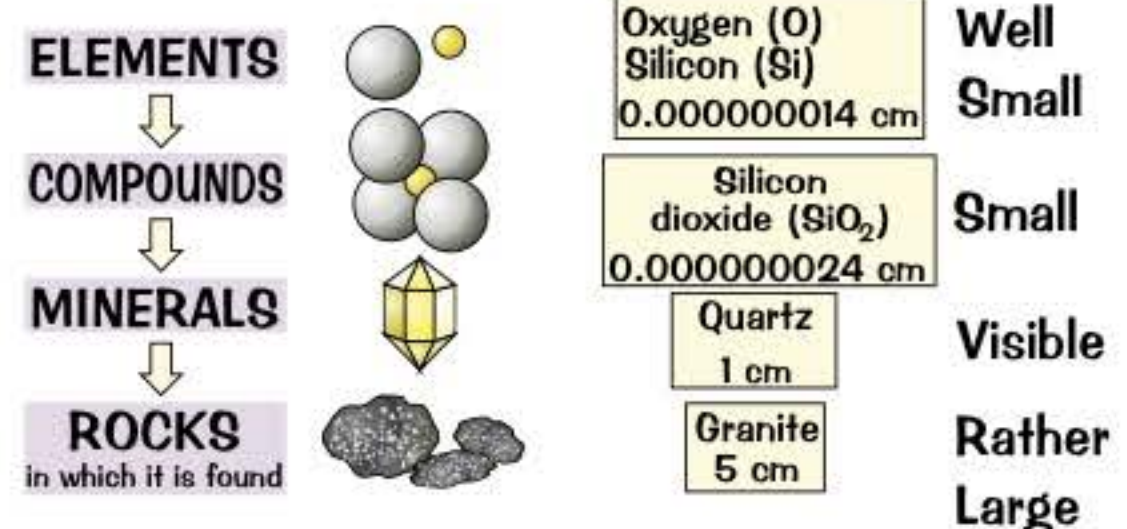
The Earth is almost a sphere and it has a layered structure. A bit like a scotch egg. Or a peach.

- 1) We live on the crust — a thin, outer layer of solid rock.
- 2) Below that is the mantle.
- 3) The mantle is mostly solid, but deep down it can flow very slowly (like a liquid). This is because the temperature increases as you go deeper into the mantle.
- 4) At the centre of the Earth is the core. We think it's made of iron and nickel.

The Crust Contains **Minerals**

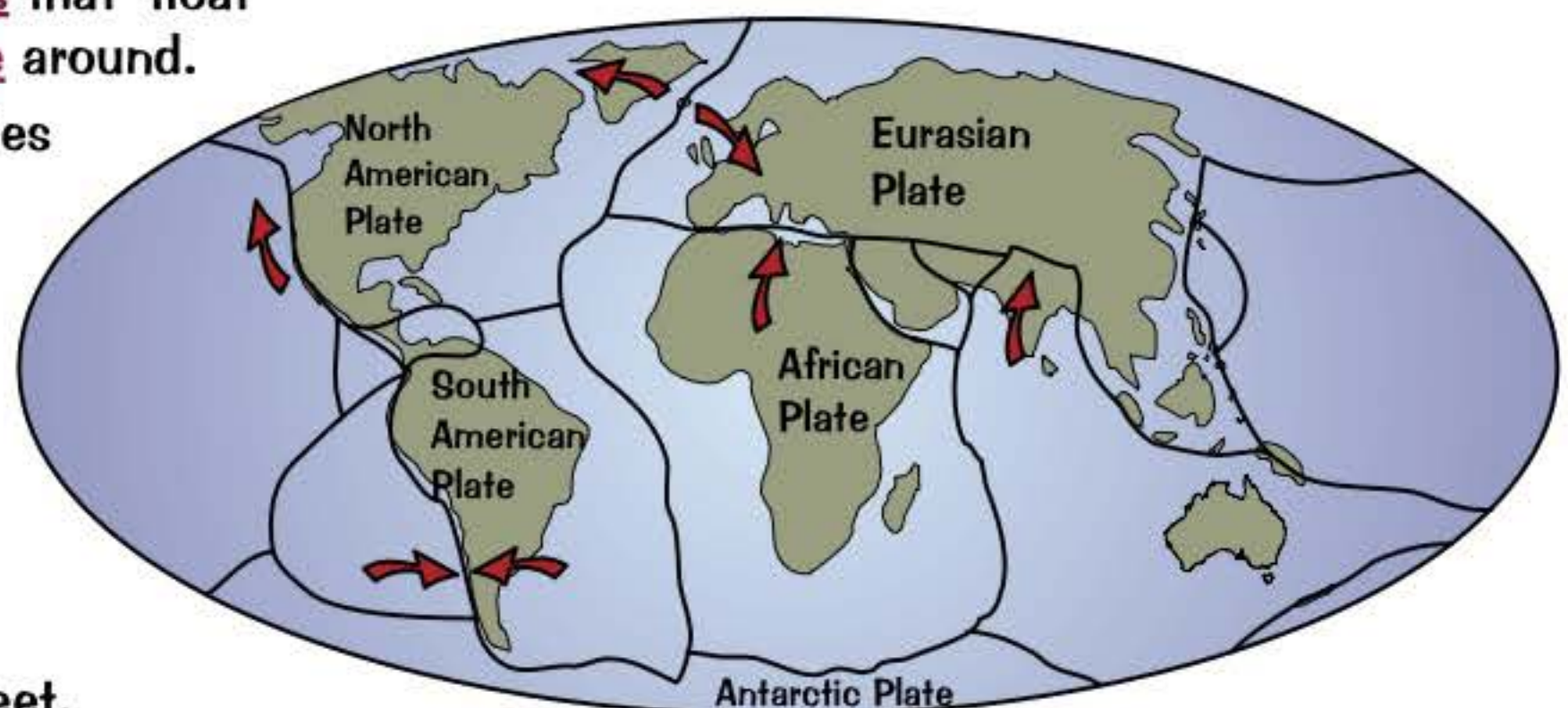
Elements and compounds make up minerals — and these make up rocks in the crust. E.g.

Elements	Compound	Mineral	Rock
Silicon & Oxygen	Silicon dioxide	Quartz	Granite



The Earth's Surface is Made Up of **Tectonic Plates**

- 1) The crust and the upper part of the mantle are cracked into a number of large pieces. These pieces are called tectonic plates.
- 2) Tectonic plates are a bit like big rafts that 'float' on the mantle. They're able to move around.
- 3) The map shows the edges of the plates as they are now, and the directions they're moving in (red arrows).
- 4) Most of the plates are moving very slowly (a few centimetres a year).
- 5) Sometimes, the plates move very suddenly, causing an earthquake.
- 6) Volcanoes and earthquakes often happen where two tectonic plates meet.



Personally, I always cut off the crust...

You need to know the structure of Earth, i.e. what it would look like if you cut it open (which I wouldn't recommend) and what it's made of. That top diagram is your friend — learn it and learn it well.

And, while we're on the subject, you'll need to learn all the words too. On the whole page. Phew.

Rock Types

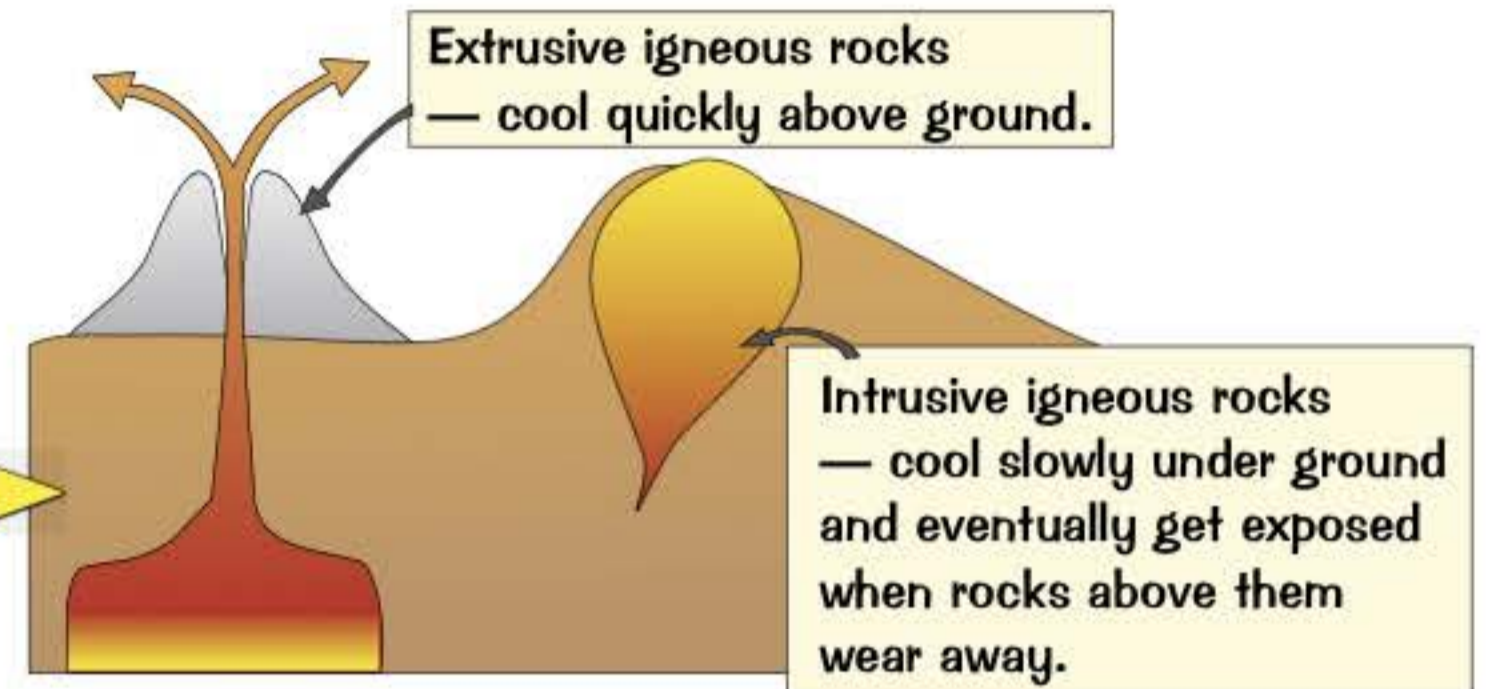
Yep, there's more than one sort of rock. Who'd have thought it.

There are **Three Different Types of Rock**

1) **Igneous Rocks**

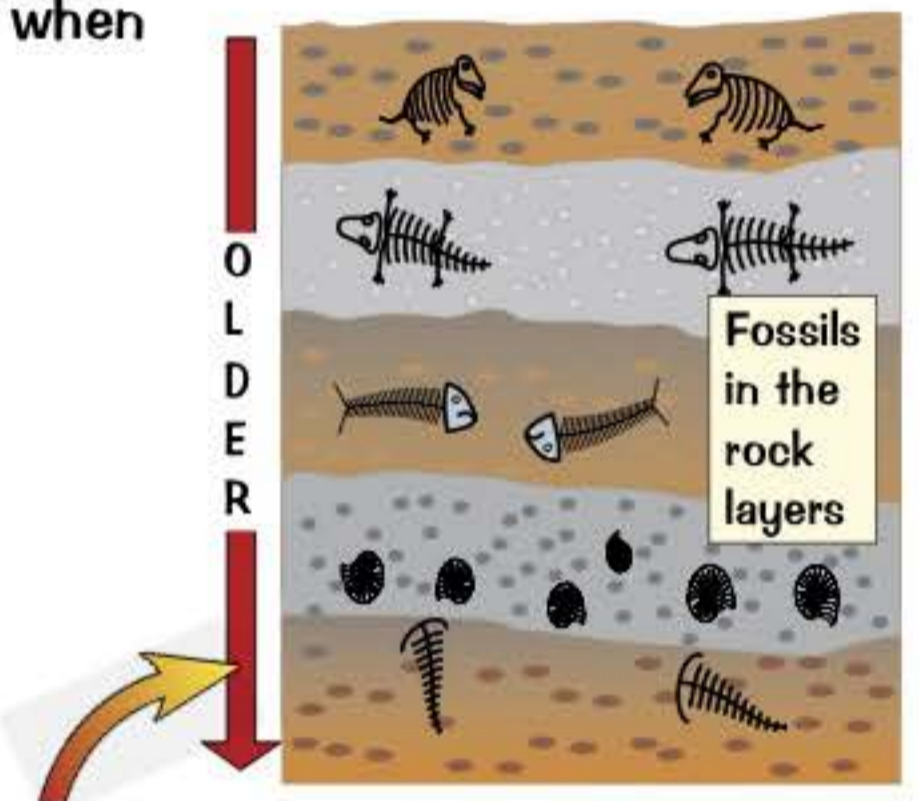
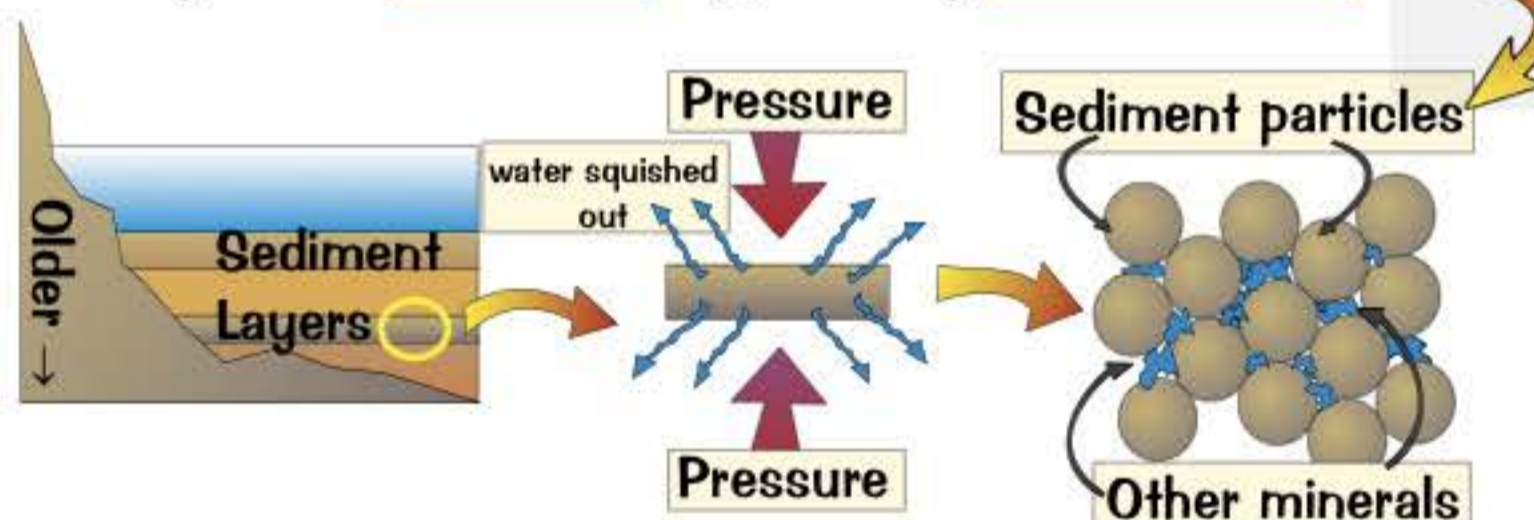
- 1) These are formed from **magma** (melted underground rock) which is pushed up to the surface of the crust — and often out through **volcanoes**.
- 2) They contain various minerals in randomly arranged **interlocking crystals**. The size of the crystals (or texture) depends on the speed of cooling. **Large** crystals mean that the rock has cooled **slowly**.
- 3) There are **two types** of igneous rocks: **extrusive** and **intrusive**.

EXAMPLES: basalt (extrusive), granite (intrusive).



2) **Sedimentary Rocks**

- 1) These are formed from **layers** of **sediment** (rock fragments or dead matter) laid down in lakes or seas over **millions** of years. Sedimentary rocks can also form when water evaporates and leaves a **dissolved solid** (like salt) behind.
- 2) The layers are **cemented** together by **other minerals**.



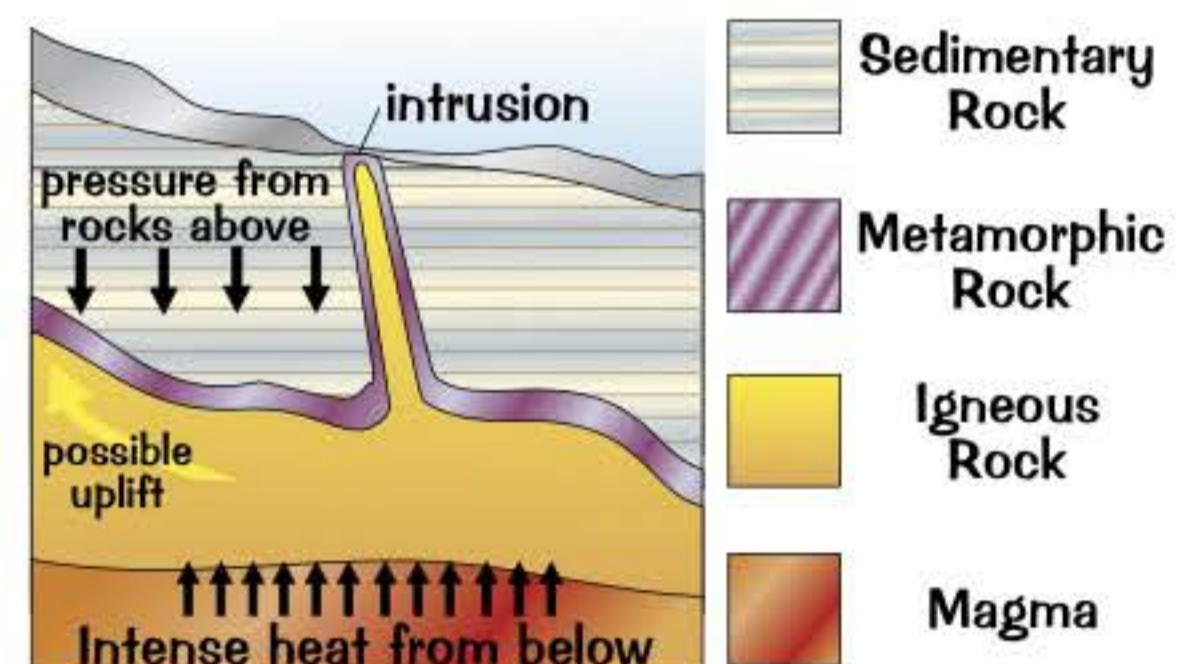
- 3) **Fossils** can form in the sediments. These are the long dead **remains** of **plants** and **animals**. The **type** of fossil is used to work out the relative age of the rock.

EXAMPLES: limestone, chalk, sandstone.

3) **Metamorphic Rocks**

- 1) These are the result of **heat** and **increased pressure** acting on existing rocks over **long** periods of time.
- 2) They may have really **tiny crystals** and some have layers.

EXAMPLES: marble, slate, schist.



OK, sure — but doesn't Glam-Rock deserve a mention...

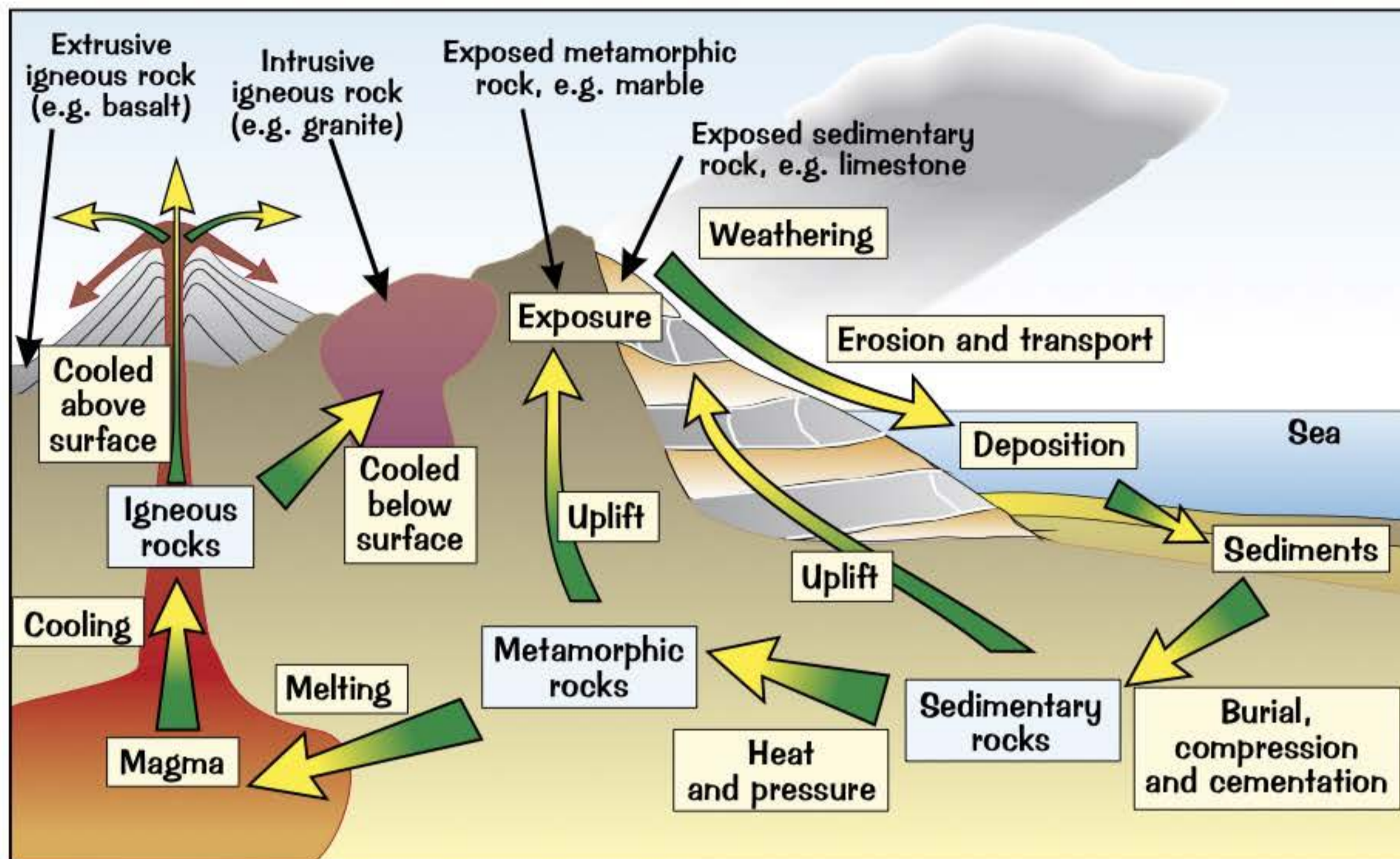
Three types of rock for you to know about — make sure you do. I agree they've got pretty scary-looking names but once you get over that little hurdle and just **learn them**, the rest all follows a lot easier.

Learn the headings, then do a **mini-essay** for each one **from memory**. Draw out the **diagrams** too.

The Rock Cycle

The rock cycle involves changes to rocks both **inside** and **outside** the Earth.

The Rock Cycle Takes Millions of Years to Complete



The rock cycle involves **changing** the three types of rock (**igneous**, **sedimentary** and **metamorphic**, see previous page) from one to another. This happens by:

- 1) **WEATHERING**: **breaking down** rocks into **smaller bits**. There are a few different ways this can happen, e.g.
- 2) **EROSION**: wearing down rocks, e.g. by rain.
- 3) **TRANSPORTATION**: moving the eroded bits of rock round the world by wind and water (mostly).
- 4) **DEPOSITION**: laying down of sediment.
- 5) **BURIAL/COMPRESSION/CEMENTATION**: squeezing and compressing the layers — eventually they form **sedimentary rocks**.
- 6) **HEAT/PRESSURE**: further squashing and heating — turns the rocks into **metamorphic rocks**.
- 7) **MELTING**: intense heating makes the rock partially melt — that changes it to magma.
- 8) **COOLING**: solidification of the molten (melted) rock to form **igneous rocks**.
- 9) **EXPOSURE**: back to weathering and erosion again. Simple huh.
(The **amount** of rock on the surface is always **about the same**, even though it's **weathered** away.)

Onion skin weathering — this happens when the Sun **warms** the **surface** of a rock by **day** and by **night** it **cools** down. This causes the surface to **expand** and **contract**, and eventually it **breaks away**, like **peeling an onion**.

Freeze-thaw weathering — when water **freezes**, it **expands**. If this happens in a **crack** in a rock it can make the crack **bigger**. After freezing and thawing many times, **bits break off**.

The Rock Cycle's a bit like homework — it takes forever...

Nine stages of the rock cycle to learn there — make sure you know **what happens** at each stage, but also how each of the stages are **linked**. You'll really impress teach' if you can **explain** how a **sedimentary rock** changes into a **metamorphic rock** and so on. Learn it well and you'll be a rock (cycle) star before long.

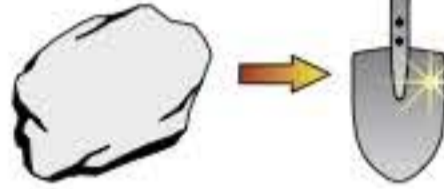
Recycling

My mum is pretty big on recycling. You can't throw anything in the bin in our house. Turns out we're doing our bit to save limited resources though, so that's OK.

The Earth is the Source of All Our Resources

1) For example, we get:

Metals from metal ores (rocks) in the Earth's crust.



Energy from fossil fuels (coal, crude oil and natural gas).

Fossil fuels are made from the remains of dead plants and animals buried in the Earth's crust for millions of years.

Plastics from crude oil.

2) But these resources are limited. Once we've burnt all the Earth's fossil fuels or mined all the metal ores, that's it — we won't be getting any more any time soon. And that's where recycling comes in.

There are Lots of Good Reasons for Recycling

Recycling means taking old, unwanted products and using the materials to make new stuff. Recycling is generally better than making things from scratch all the time because:

- 1) It uses less of the Earth's limited resources — things like crude oil and metal ores.
- 2) It uses less energy — which usually comes from burning fossil fuels.
- 3) Energy is expensive — so recycling tends to save money too.
- 4) It makes less rubbish — which would usually end up in landfill sites (rubbish dumps).



Example — recycling aluminium cans:

- 1) If aluminium wasn't recycled, more aluminium ore would have to be mined.
- 2) Mining costs money and uses loads of energy. It also makes a mess of the landscape.
- 3) The ore then needs to be transported and the aluminium extracted — which uses more energy.
- 4) It then costs to send the used aluminium to landfill.

It's a complex calculation, but for every 1 kg of aluminium cans that are recycled, you save:

- 95% of the energy needed to mine and extract 'fresh' aluminium,
- 4 kg of aluminium ore,
- a lot of waste.

It's really efficient to recycle aluminium.



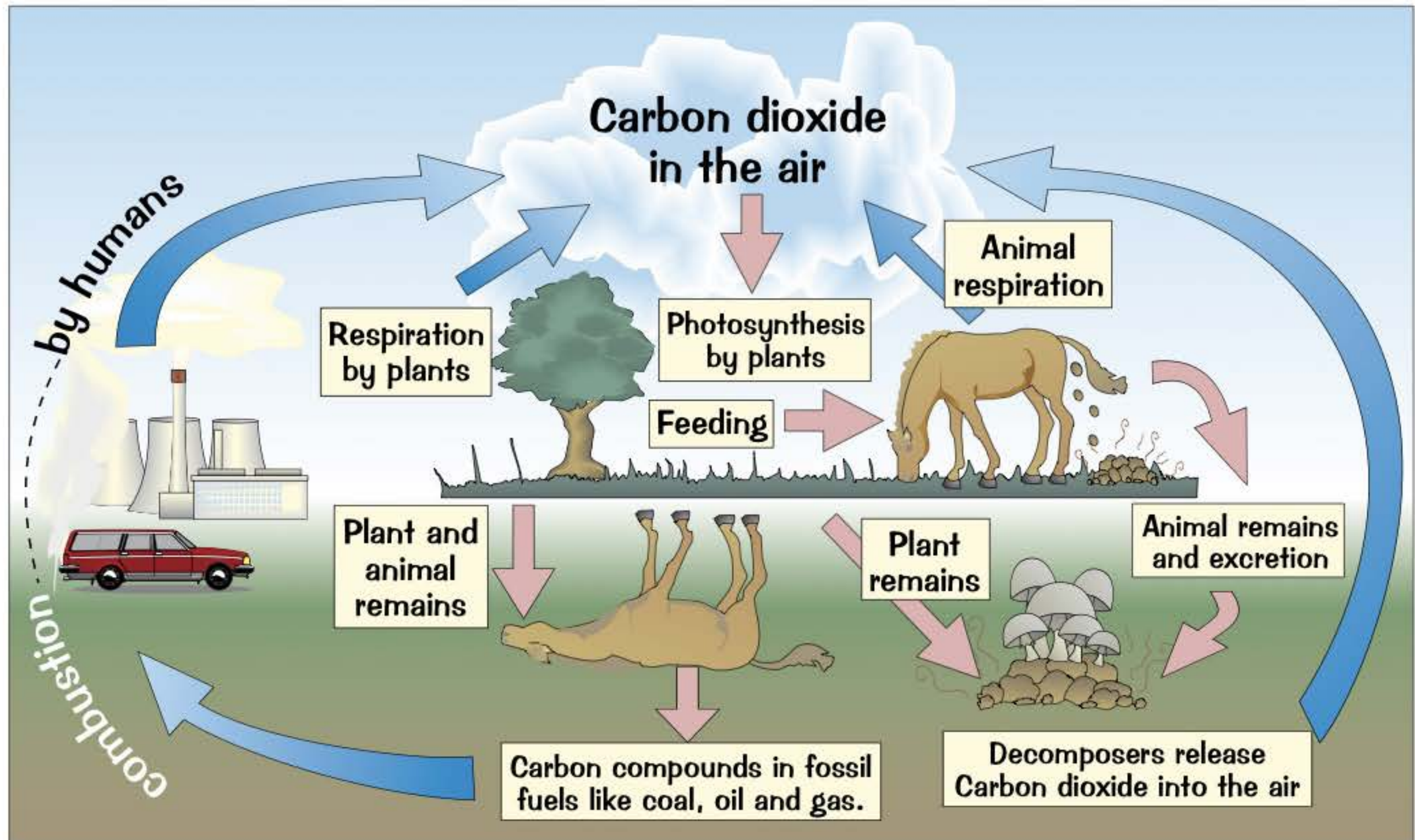
It's usually more efficient (in terms of energy and cost) to recycle materials rather than throw them away and produce new ones. But the efficiency varies depending on what it is you're recycling. E.g. you get an energy saving of 95% by recycling aluminium, but less with plastics (70%) and steel (60%).

Recycle this book — but wait till you've finished KS3 science

Not all materials are as efficient to recycle as aluminium. But even if the energy and cost savings are relatively small, you could still be saving precious limited resources and creating less waste — which can only be a good thing. There's nothing too tricky on this page, so get it all learnt. Pronto.

The Carbon Cycle

Carbon is a very important element because it's part of all living things. As shown below, it's constantly recycled through the environment.



Learn these points:

1) **Photosynthesis Removes Carbon Dioxide from the Air**

- 1) Green plants and algae take in carbon dioxide from the air during photosynthesis (see p.19).
- 2) The plants and algae use the carbon to make carbohydrates, fats and proteins.

2) **Carbon is Passed Along the Food Chain When Animals Feed**

- 1) Some of the carbon in plants is passed on to animals when they eat the plants.
- 2) The animals then use the carbon to make fats and proteins of their own. The carbon moves along the food chain when the animals are eaten by other animals.

3) **Respiration and Combustion Return Carbon Dioxide to the Air**

- 1) Some carbon is returned to the air as carbon dioxide when plants and animals respire (see p.4).
- 2) When plants and animals die, decomposers (like bacteria and fungi) feed on them. Decomposers also feed on animal waste. When the decomposers respire, carbon dioxide is returned to the air.
- 3) Some dead plant and animal remains get buried and eventually form fossil fuels. When fossil fuels are burnt (combustion) this releases carbon dioxide back into the air.

Carbon Cycle — you know, like Bradley Wiggins'...

Another cycle for you to learn here. Start by learning the headings — they're the key to how the whole cycle works. Then focus on the details. And remember, photosynthesis removes carbon (in the form of carbon dioxide) from the air. Respiration and combustion put it back again. Well I'm glad we cleared that up.

The Atmosphere and Climate

It's important to know exactly what you're **breathing** in and out. So read this page and find out.

The Earth's Atmosphere is Made Up of Different Gases

- 1) The **gases** that surround a planet make up that planet's **atmosphere**.
- 2) The **Earth's atmosphere** is around:

78% nitrogen (N_2)

21% oxygen (O_2)

0.04% carbon dioxide (CO_2)

It also contains **small amounts** of other gases, like **water vapour** and a few **noble gases** (see page 36). (There's **more** water vapour than carbon dioxide in the atmosphere.)

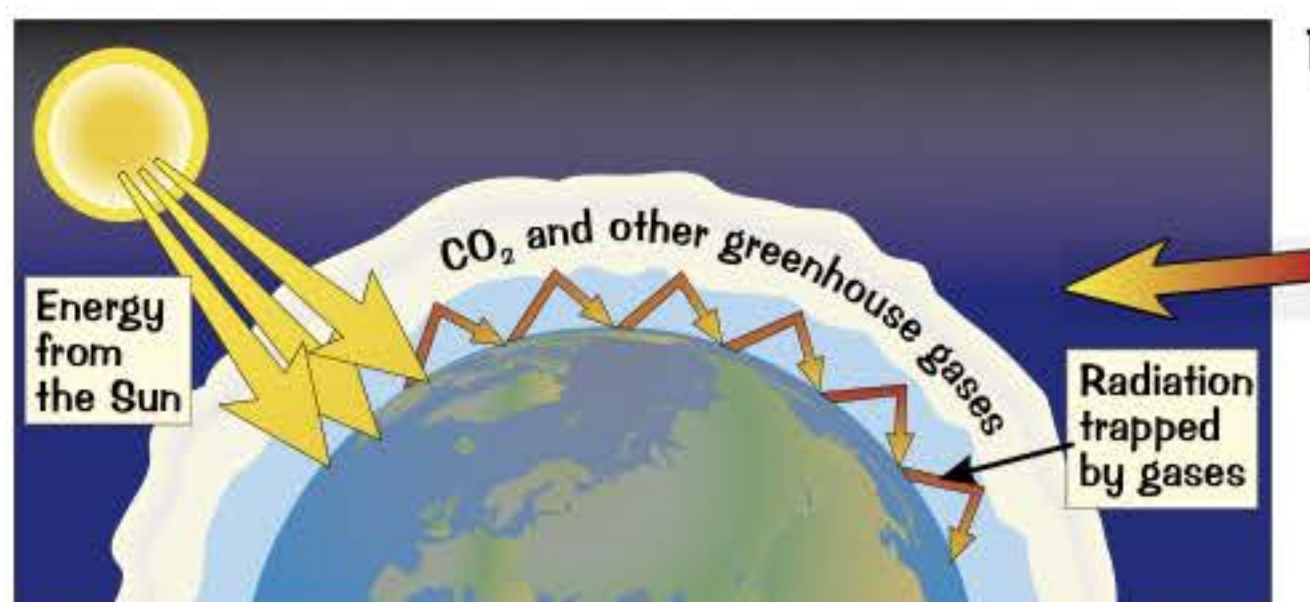
The Carbon Dioxide Level is Increasing...

The level of carbon dioxide in the Earth's **atmosphere** is rising — and it's down to **human activities** and **natural causes**. Here are some **examples** of human activities that affect carbon dioxide levels:



- 1) **Burning fossil fuels** to power **cars**, and to make **electricity** in **power stations**, releases lots of carbon dioxide into the atmosphere.
- 2) **Deforestation** (chopping down trees) means **less carbon dioxide** is **removed** from the atmosphere by **photosynthesis**.

...Which is Affecting the Earth's Climate



- 1) Carbon dioxide is what's known as a **greenhouse gas**. This means it **traps energy** from the **Sun** in the **Earth's atmosphere**. This **stops** a lot of energy from **being lost** into **space** and helps to keep the **Earth warm**.

This is a bit like what happens in a greenhouse. The Sun shines in, and the glass helps keep some of the energy in.

- 2) But the **level** of **carbon dioxide** (and a few **other greenhouse gases**) is **increasing**. The long term **trend** also shows that the **temperature** of Earth is **increasing**. Based on the evidence, most scientists believe this is **due to** the rise in carbon dioxide levels.
- 3) This increase in the Earth's temperature is called **global warming**.
- 4) Global warming is a type of **climate change**. It seems to be having **serious effects**, e.g.
 - **Glaciers** and **ice sheets** covering Greenland and Antarctica are **melting**. They may melt faster, which could cause **sea levels** to **rise** and coastal areas to **flood**.
 - **Rainfall patterns** are changing, which might make it **harder** for some farmers to **grow crops**.



This page is so atmospheric...

You need to know the **composition** of the Earth's atmosphere — so get learning those **percentages** at the top of the page. You also need to understand how **human activities** are affecting the **Earth's climate** — it's important for both **KS3 Science** and the **future of the planet**. So there's no excuse not to know the details.

Section Summary

Well there we are. The end of Section 7. All you have to do now is learn it all. And yes you've guessed it, here below are some lovely questions I prepared earlier. It's no good just idly going through them and managing half-baked answers to one or two that take your fancy. Make sure you can answer all of them.

- 1) The Earth is covered with a thin outer layer of rock. What is this layer called?
- 2) What is the name of the structure between the outer layer of rock and the Earth's core?
Explain how this structure is both a solid and a liquid.
- 3) Which two metals do we think the Earth's core is made of?
- 4) Name a mineral present in the Earth's crust. Say what elements it contains.
- 5) What are tectonic plates?
- 6) How are igneous rocks formed?
- 7) What determines the size of the crystals in igneous rock?
- 8) How do sedimentary rocks form?
- 9) The dead remains of plants and animals can become trapped in sedimentary rocks.
What are these remains called?
- 10) How do metamorphic rocks form?
- 11) Give two examples of: a) igneous rocks, b) sedimentary rocks, c) metamorphic rocks.
- 12) Draw out the full diagram of the rock cycle with all the labels.
- 13) What must happen to sedimentary rocks to turn them into metamorphic rocks?
- 14) What must happen to metamorphic rocks to turn them into igneous rocks?
- 15) Name two limited resources we get from the Earth.
- 16) Give four reasons why it's important to recycle materials.
- 17) How is carbon dioxide removed from the air by plants?
- 18) How does carbon get from the air into your body?
- 19) How do plants, animals and decomposers all return carbon dioxide to the air?
- 20) How else is carbon dioxide returned to the air?
- 21) What percentage of the Earth's atmosphere is: a) nitrogen, b) oxygen, c) carbon dioxide?
- 22) Name one other gas present in the Earth's atmosphere.
- 23) Give two human activities that are increasing the level of carbon dioxide in the atmosphere.
Say why each one has an effect on the level of CO₂.
- 24) How does carbon dioxide help to keep the Earth warm?
- 25) What is global warming? What's causing it?
- 26) Describe two possible effects of global warming.

Energy Transfer

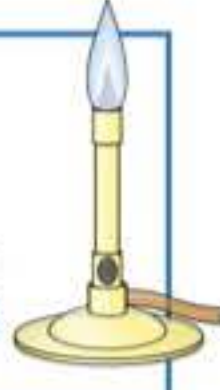
Ah, energy transfer. Everything you do involves energy transfer, which makes this a pretty important page.

Energy Can Be Stored

There are seven stores of energy. Here are some examples of each type:

Thermal Energy Store

Everything has some energy in its thermal energy store — the hotter it is, the higher its temperature and the more energy is in its thermal energy store.



Gravitational Potential Energy Store

Anything in a gravitational field (i.e. anything that can fall) has energy in its potential energy store — the higher it goes, the more it has.



Magnetic Energy Store

Two magnets that attract or repel each other have energy in their magnetic energy stores.

There's more on magnets on page 99.



Kinetic (Movement) Energy Store

Anything that moves has energy in its kinetic energy store.



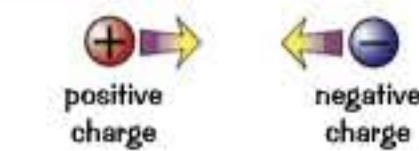
Chemical Energy Store

Anything with energy which can be released by a chemical reaction — things like food, fuels and batteries.



Electrostatic Energy Store

Two electric charges that attract or repel each other have energy in their electrostatic energy stores.



See page 98 for more.

Elastic Potential Energy Store

Anything stretched has energy in its elastic energy store — things like rubber bands, springs, knickers, etc.



Energy Can Be Transferred Between Stores

Whenever (pretty much) anything happens to an object, energy is transferred from one store to another — the store of energy you transfer to increases and the store of energy you transfer from decreases.

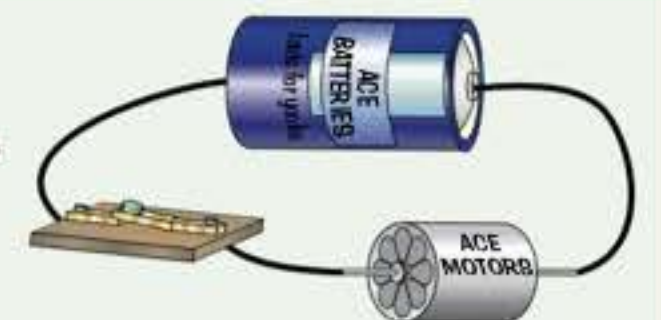


When you drop an object, it moves through a gravitational field. This causes energy to transfer from its gravitational energy store to its kinetic energy store.

When you burn fuel, energy is transferred from the fuel's store of chemical energy to the thermal energy store of the surroundings.



When you switch on this electrical circuit, energy is transferred from the chemical energy store in the battery to the kinetic energy store of the motor. As the motor turns, parts of it rub together — this causes some energy to be transferred from the kinetic energy store to the thermal energy store.



A stretched object, like a spring, has an elastic energy store. When it's released, the energy in the elastic energy store decreases quickly as it is transferred to the kinetic energy store.



Food has energy stored in chemical energy stores. When you eat food, it is metabolised (changed during chemical processes inside your body), which releases (transfers) the energy in the food. You can then use the energy for useful things like walking, keeping warm and studying science.



Energy Transfer

There are *Four Ways of Transferring Energy*

The four main ways you can transfer energy between stores are:

Mechanically

When a **force** makes something **move** (see page 67).
E.g. if an object is **pushed**, **pulled**, **stretched** or **squashed**.

By Heating

When energy is transferred from **hotter** objects to **colder** objects (see page 68).

Electrically

When **electric charges** move around an electric **circuit** due to a potential difference (see page 95).

By Light and Sound

When **light** or **sound** waves (see Section 10) carry energy from **one place** to **another**.

Energy is Transferred When a Force Moves an Object

When a **force moves** an object through a **distance**, **energy is transferred**.

Energy transferred is the same as work done — see page 83.

- 1) Whenever something **moves**, something else is supplying some sort of '**effort**' to move it.
- 2) The thing putting in the **effort** needs a **supply of energy** (from **fuel** or **food**, etc.).
- 3) It then **transfers energy** by **moving** the object — the supply of energy is transferred to **kinetic energy stores**.



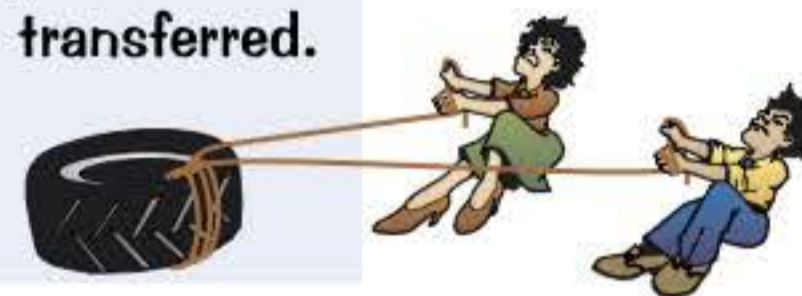
Energy Transferred, Force and Distance are Linked

- 1) To find how much **energy** has been **transferred** (in joules), you just multiply the **force in N** by the **distance moved in m**.

$$\text{Energy Transferred (in joules, J)} = \text{Force (in newtons, N)} \times \text{Distance (in metres, m)}$$

EXAMPLE: Some farmers drag an old tractor tyre **5 m** over rough ground. They pull with a total force of **340 N**. Find the energy transferred.

ANSWER: Energy transferred = force \times distance
= $340 \times 5 = 1700 \text{ J}$



- 2) So, if a machine transfers a **certain amount** of energy, the amount of **force** it can apply and the **distance** over which it can apply it are **linked** — if one goes up, the other must come down.
- 3) So the machine can apply a **large force** over a **small distance**, or a **small force** over a **large distance**.

Start of a new section — I'm feeling energised...

There's plenty to learn here. Make sure you know how **energy** can be **stored** and **transferred** (learn all the **examples** on the previous page). You also need to know that **equation** to work out how much energy's transferred when a force moves an object. Cover up the pages and scribble down everything you remember.

Energy Transfer by Heating

Energy can be **transferred** between **objects** by heating.

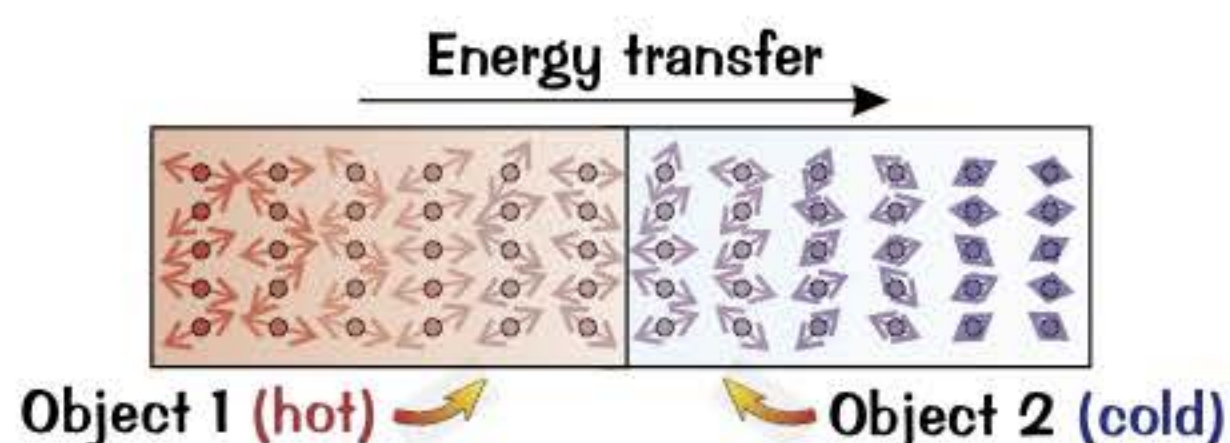
Energy is Transferred From Hot Objects to Cooler Ones

- 1) When there's a **temperature difference** between two objects, **energy** will be **transferred** from the **hotter** one to the **cooler** one (so the hotter object will **cool down** and the cooler object will **heat up**).
- 2) This carries on until the objects reach **thermal equilibrium** — the point at which they're both the **same temperature**.

You need to know about **two ways** in which energy can be transferred between objects **by heating**:

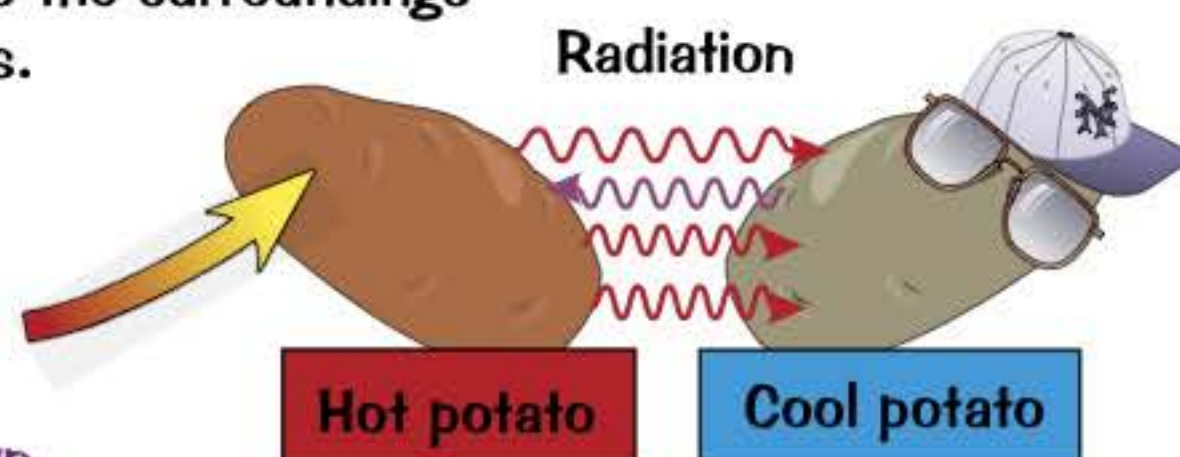
1) Conduction

- 1) When an object is **heated**, the particles in the object start vibrating more — they gain energy in their **kinetic energy stores**.
- 2) Conduction occurs when **vibrating particles** pass on their **extra energy** to **neighbouring particles**.
- 3) It only happens when particles can **bump** into each other, so the objects must be **touching**.
- 4) Particles in the hotter object **vibrate faster** than particles in the cooler object. When the particles in the hot object **bump** into the particles in the cold object, energy is **transferred**. This means the **hot** object **loses** energy and **cools down** and the **cold** object **gains** energy and **heats up**.



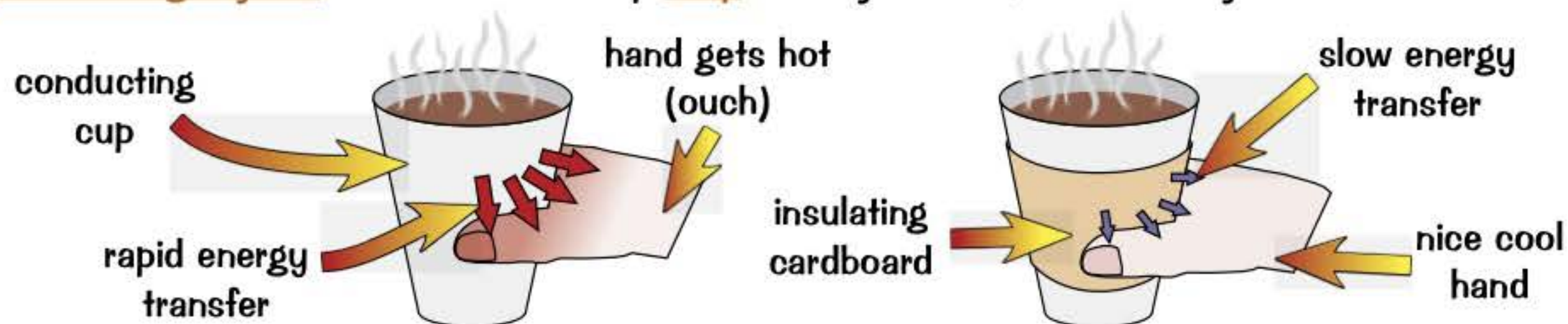
2) Radiation

- 1) **All objects** radiate invisible **waves** that carry **energy** to the surroundings — the **hotter** an object is, the **more energy** it radiates.
- 2) Radiation isn't transferred by **particles**, so the objects **don't** need to be **touching**.
- 3) The **hotter** object (like this hot potato) **radiates more** energy than the **cooler object**. The hotter object **radiates more energy than it absorbs**, so it **cools down**.
- 4) The cooler object **absorbs** some of the radiation from the hot object. It **absorbs more energy than it radiates**, so it **heats up**.



Insulators Can Slow Down the Rate of Energy Transfer

- 1) Some materials **transfer** energy **more quickly** than others. Objects made from **conductors** (e.g. metals) will transfer energy more **quickly** than objects made from **insulators** (e.g. plastics).
- 2) **Wrapping** an object in an **insulator** will **slow down** the rate at which it **transfers energy** to and from **surrounding objects**. So insulators help **keep** hot objects hot, and cold objects cold.



I love energy transfer — it's totally radiation...

Ever wondered why **metals** at room temperature feel **cold** when you touch them? Metals are really good **conductors**, which means they draw energy **away** from your hand really quickly. **Insulators** like plastics and wood feel warmer even though they're the same temperature because they **don't conduct** energy as well.

Conservation of Energy

It's not that energy can be transferred, but more that it has to be. Not necessarily in a useful way, mind.

The Principles of Conservation of Energy

Scientists have only been studying energy for about two or three hundred years so far, and in that short space of time they've already come up with two "Pretty Important Principles" relating to energy. Learn them really well:

THE PRINCIPLE OF CONSERVATION OF ENERGY

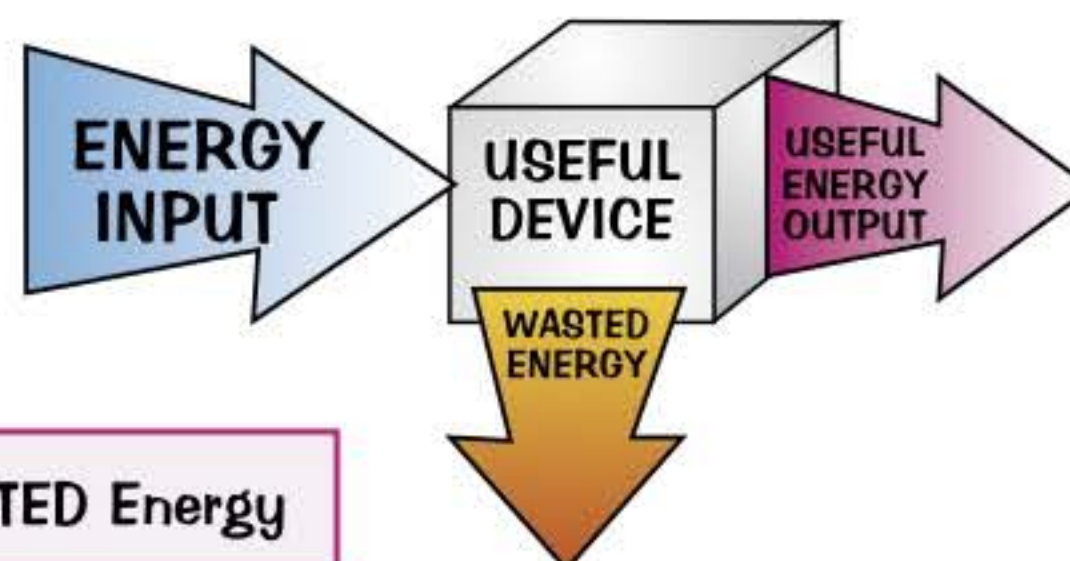
Energy can never be **CREATED** nor **DESTROYED** — it's only ever **TRANSFERRED** from one store to another.

That means energy never simply disappears — it always transfers to another store. This is another very useful principle:

Energy is **ONLY USEFUL** when it's **TRANSFERRED** from one store to another.

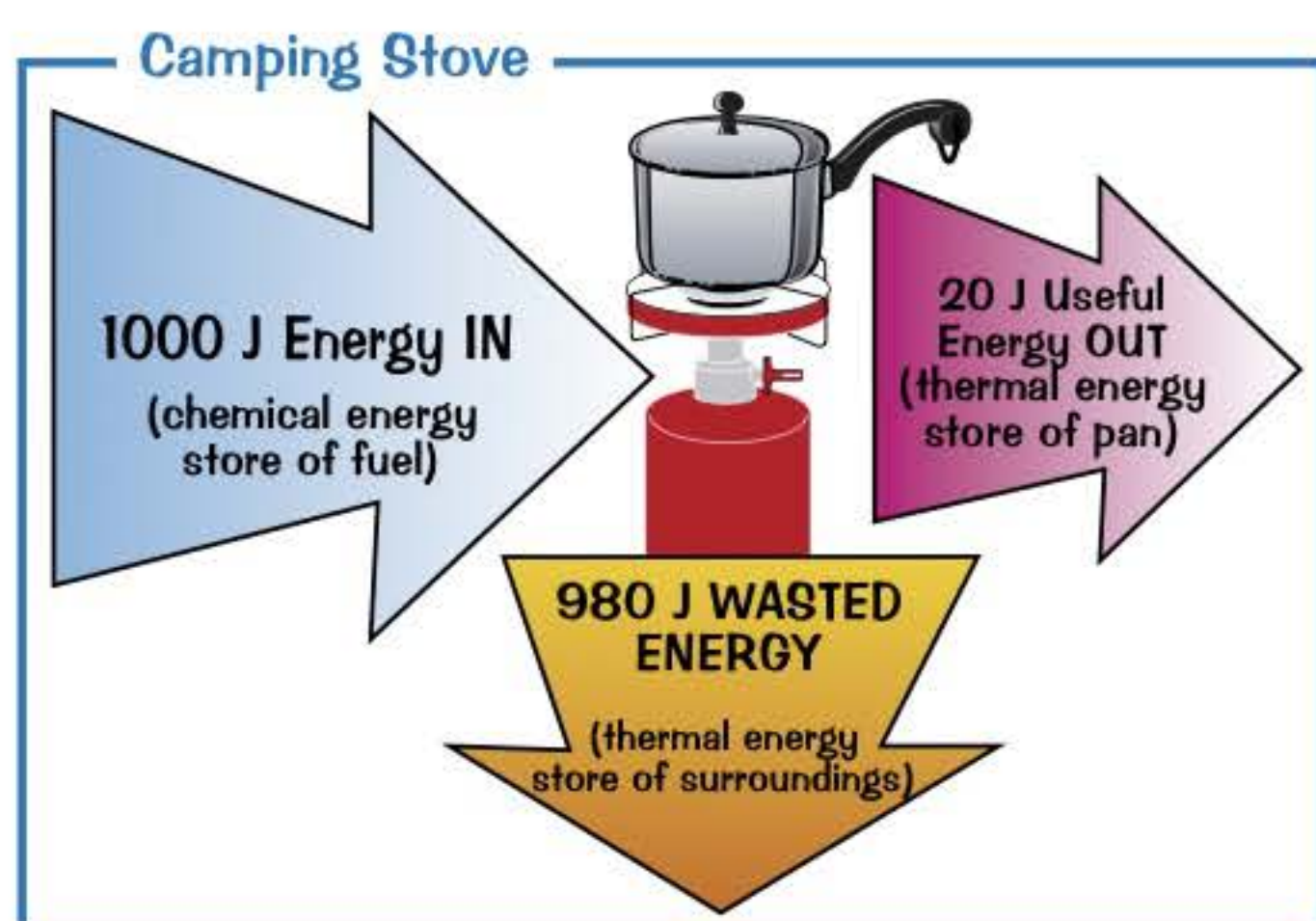
Most Energy Transfers are Not Perfect

- Useful devices are useful because they transfer energy from one store to another.
- Some energy is always lost in some way, nearly always by heating.
- As the diagram shows, the energy input will always end up coming out partly as useful energy and partly as wasted energy — but no energy is destroyed:

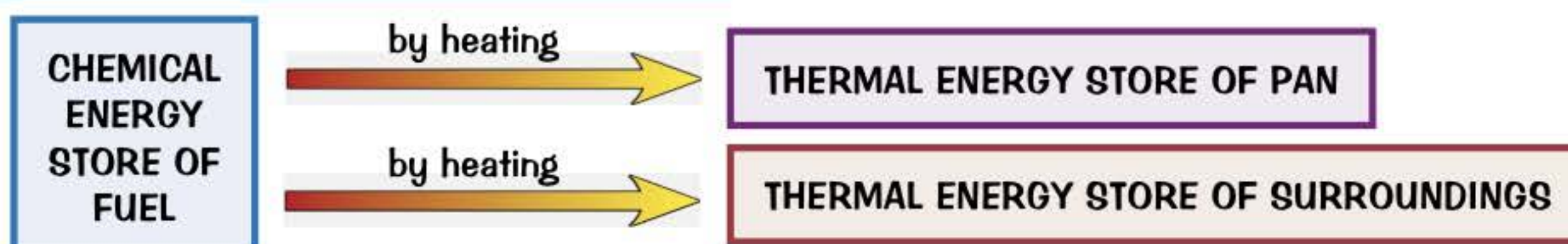


Total Energy INPUT = The USEFUL Energy + The WASTED Energy

You Can Also Draw Energy Transfer Diagrams



- You can show how energy moves between stores by drawing an energy transfer diagram (see below).
- Rectangles are used to represent the different stores.
- Draw an arrow to show energy being transferred and label it with the method of transfer.
- If there's more than one transfer, draw an arrow for each one, each going to a different store.



No mum I'm not slacking — I'm just conserving energy...

This stuff's super important, so make sure you can wrap your head around it before ploughing on. Remember, energy's only ever transferred to other stores. No matter how hard you try, you can't ever create or destroy energy. It's just impossible. Futile. Unattainable. 100% completely out of the question.

Energy Resources

The **Sun**'s a useful little critter. It provides us with oodles of **energy** and asks for nothing in return.

The **Sun** is the **Source** of Our **Energy Resources**

Most of the **energy** around us **originates** from the **Sun**. The Sun's **energy** is really useful for supplying our energy demands. Often the Sun's energy is **transferred** to **different stores** before we use it.

Learn These **Six Energy Transfer Chains**

1 Sun's Energy → Coal, Oil, and Gas (Fossil Fuels)

Sun → light → photosynthesis → dead plants/animals → FOSSIL FUELS



2 Sun's Energy → Biomass (e.g. Wood)

Sun → light → plants → photosynthesis → BIOMASS (wood)



3 Sun's Energy → Food

Sun → light → plants → photosynthesis → BIOMASS (food)



4 Sun's Energy → Wind Power

Sun → heats atmosphere → air circulates → causes WINDS



5 Sun's Energy → Wave Power

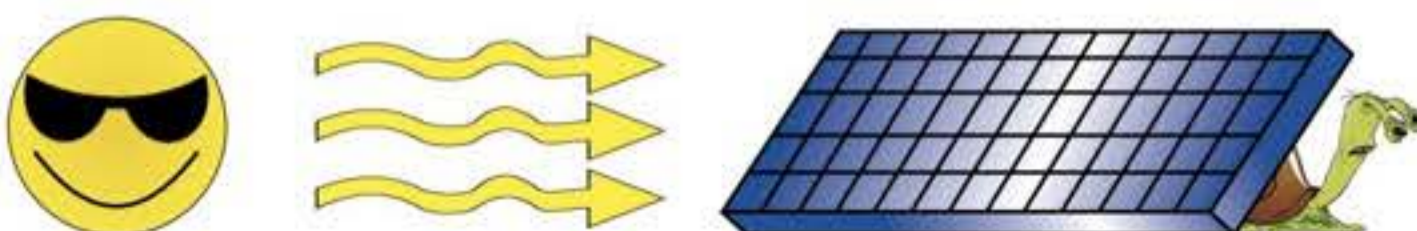
Sun → heats atmosphere → causes WINDS → causes WAVES



We can use the energy in the kinetic energy stores of the wind and waves to turn turbines and generators, giving us electricity.

6 Sun's Energy → Solar Cells

Sun → light hits solar cells → generates ELECTRICITY



Baby you light up my world like nobody else...

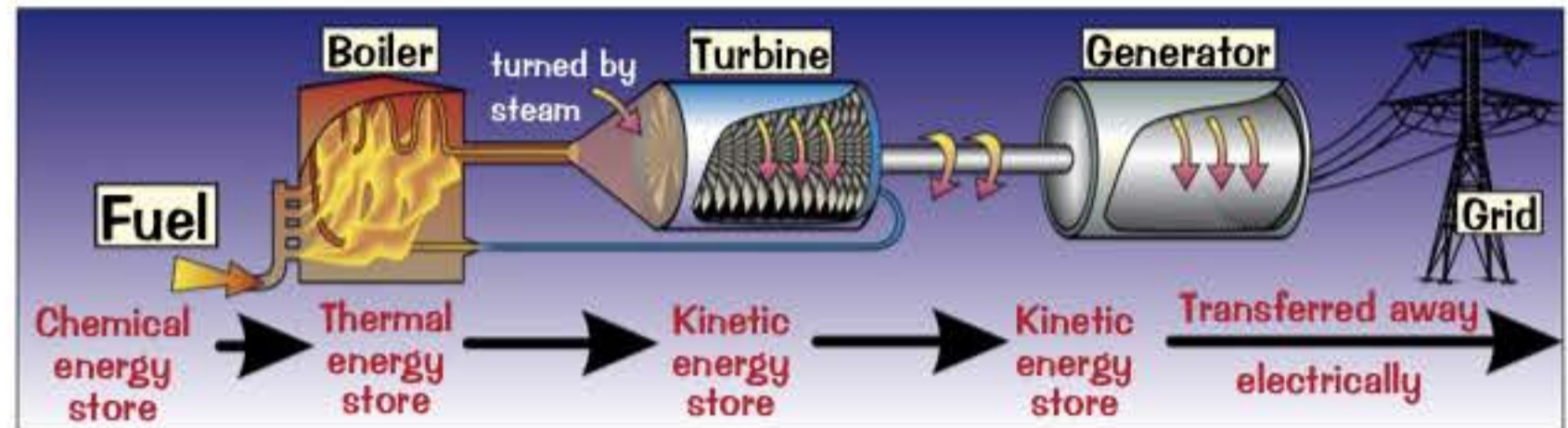
...the way you give energy gets me overwhelmed. The **Sun**'s pretty amazing — without it we'd be totally scuppered. Don't take it for granted, because it supplies pretty much **all the energy** we have here on Earth.

Generating Electricity

We can use the **energy** we get from the Sun to **generate electricity**, in lots of different ways...

There Are Different Ways of Generating Electricity

- 1) There are a variety of **different fuels** that people use in their homes, e.g. **coal** is used for fires, **gas** is used for cookers, etc. But most homes these days rely on **electricity** for most of their energy needs.
- 2) We can use **energy resources** (see previous page) to **generate electricity**.
- 3) At the moment we generate most of our electricity by burning **fossil fuels**.
- 4) Most ways of **generating electricity** turn a **turbine** and a **generator** — the generator transfers the energy in **kinetic energy stores electrically**.
- 5) Energy resources that we use to generate electricity can be split into two groups — **non-renewable** and **renewable**.

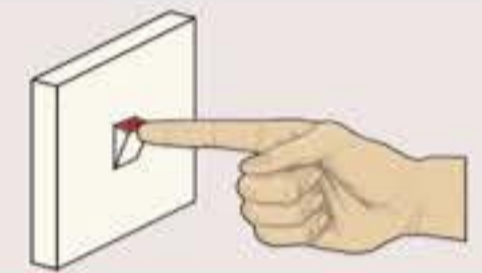


Non-renewable Energy Resources Will Run Out

- 1) **Fossil fuels** took **millions** of years to come about — and only take **minutes** to burn.
- 2) Once they've been **taken** from the Earth — that's it, they're **gone**, (unless you're gonna wait around a few more million years for more to be made).
- 3) There'll come a **time** when we **can't find** any **more** and then we could have a **problem**.
- 4) We need to **reduce** the amount of fossil fuels we use, so they won't run out as quickly.
The **answer** is:



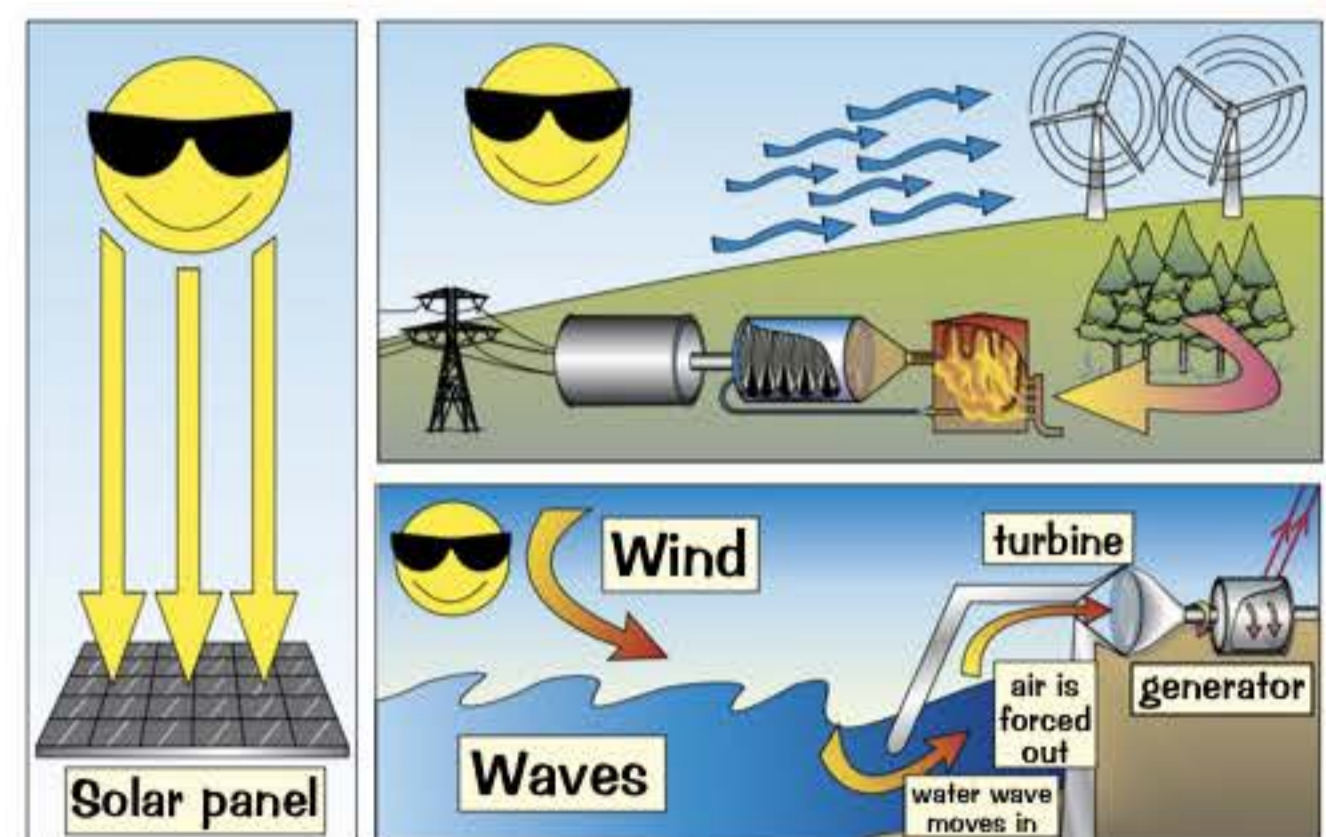
- i) **Save energy** (e.g. turn lights off, drive cars with more fuel-efficient engines).
- ii) **Recycle** more (see page 62).
- iii) Use more **renewable energy resources** (see below).



Renewable Energy Resources Won't Run Out

As long as the Sun still shines...

- 1) The **WIND** will always **blow** — and turn **turbines** to generate electricity.
- 2) **PLANTS** will always **grow** — which can be **burnt** to generate electricity.
- 3) **WAVES** will always be **made** — and **drive generators** to make electricity.
- 4) **SOLAR** cells will always **work** — and use light to make electricity.



One of the drawbacks of renewable energy is that it's **not always available** like non-renewable resources. For example, there will always be **wind**, but it **isn't** always blowing with the **same strength**, **solar cells** are only useful during the **day** etc.

Think on pal — this'll affect all your generation...

Don't call renewable energy resources "**re-usable**" — no no no no no. They'll **renew** themselves, like trees will grow again if replanted, etc. But once a tree is burnt you can't **re-use** that particular tree. Don't let the name put you off though — renewable resources are, on the whole, pretty darn **great**.

The Cost of Electricity

Electricity **ain't free** you know — ask your mum and dad. At least the **cost** is pretty easy to **calculate**.

You Can Calculate the Energy an Appliance Transfers

- 1) Anything that needs **electricity to work** is an **electrical appliance** — electricity is its "**fuel**".
- 2) All electrical appliances **transfer** energy electrically to stores of energy. Energy can be measured in **joules (J)**, **kilojoules (kJ)** or **kilowatt-hours (kWh)**.
- 3) **Power** tells you **how fast** something transfers **energy**. It's usually measured in **watts (W)** or **kilowatts (kW)**. 1 kW = 1000 W.
- 4) The total amount of **energy transferred** depends on the **amount of time** something's switched on for, and its **power**. If you know the power in **watts** and the time in **seconds**, you can calculate **energy transferred** using this equation:
- 5) If you know the power in **kilowatts** and the time in **hours**, you can use this equation:

$$\text{ENERGY TRANSFERRED (J)} = \text{POWER (W)} \times \text{TIME (s)}$$

$$\text{ENERGY TRANSFERRED (kWh)} = \text{POWER (kW)} \times \text{TIME (h)}$$

Electricity Meters Record How Much Electricity is Used

Electricity meters record the amount of **energy** transferred in **kWh**. You can use them to work out the **energy transferred** over different **periods of time**, e.g. at day and at night:

EXAMPLE: Ganesh wants to find out how much electricity he uses during the day compared to during the night. He writes down his meter reading at three different times during a 24 hour period:
6pm = 44281.25 kWh 6am = 44284.76 kWh 6pm = 44296.12 kWh
Does he use more electricity during the day or during the night?



ANSWER: Energy from 6pm to 6am (i.e. during the night) = $44284.76 - 44281.25 = 3.51 \text{ kWh}$
Energy from 6am to 6pm (i.e. during the day) = $44296.12 - 44284.76 = 11.36 \text{ kWh}$
So he uses more electricity **during the day**.

Calculating the Cost of Electricity

Domestic **fuel bills** charge by the **kilowatt-hour**.

You can calculate what your electricity bill should be with this handy little **formula**:

$$\text{COST} = \text{Energy transferred (kWh)} \times \text{PRICE per kWh}$$

$$\text{Cost} = \text{kWh} \times \text{Price}$$

EXAMPLE: Electricity costs 16p per kWh. At the start of last month, Jo's electricity meter reading was 42729.66 kWh. At the end of the month it was 43044.91 kWh. Calculate the cost of her electricity bill last month.

ANSWER: Energy transferred = $43044.91 - 42729.66 = 315.25 \text{ kWh}$
Cost = Energy transferred \times price = $315.25 \times 16 = 5044\text{p} = \text{£}50.44$

Many homes use **gas** as a **fuel**, e.g. for gas central heating, gas cookers etc.

Your gas bill is calculated using the energy used in **kWh**, just like your electricity bill.

Feeling left in the dark? Maybe you didn't pay your bills...

Ever wondered what those little numbers on your **electricity meter** read? No? Oh, I guess it's just me then. It's good to check the power company's charged you the right amount every now and then — and now you can do just that with a nice little **formula**. Lucky you. Make sure you know how to **use it** — it's dead useful.

Comparing Power Ratings and Energy Values

If you want to know how much energy an **appliance** uses you can work it out using its **power rating**. And if you want to know how much energy is in your **food**, just look on the label. This energy stuff's everywhere.

Power Ratings of Appliances

- 1) The power rating of an appliance is the **energy** that it transfers **per second** when it's operating at its recommended maximum power (i.e. when it's plugged into the mains).
- 2) You can **work out** the energy transferred by an appliance in a certain **time** if you know its **power rating**. To do this you need to use the **equations** on the **previous page**.



The Energy Transferred Depends on the Power Rating

The higher the **power rating** of an appliance, the **more energy** it transfers in a **given amount of time**. You can compare how much energy is transferred by appliances with **different power ratings**.



EXAMPLE: How much energy is transferred by a 1.5 kW electric heater compared to a 4 kW electric heater, when they're both left on for 1.5 hours?

ANSWER: **Energy transferred (kWh) = power rating (kW) × time (h).**
 Energy transferred by the 1.5 kW heater = $1.5 \times 1.5 = 2.25$ kWh.
 Energy transferred by the 4 kW heater = $4 \times 1.5 = 6$ kWh.

So the 4 kW heater transfers (6 – 2.25) **3.75 kWh more energy** than the 1.5 kW heater in 1.5 hours.

Remember, transferring energy **costs money**. So an appliance with a **higher power rating** will cost **more to run** over a set period of time than an appliance with a **lower power rating**.

Food Labels Tell You How Much Energy is in Food

- 1) All the **food** we eat contains **energy** — it's important to make sure you're taking in the **right amount** of energy each day (page 7).
- 2) The energy in food is measured in **kilojoules (kJ)**.
- 3) You can **compare** the amount of **energy** in different foods by looking at their **label**.

You may also see a value for kcals on a food label — this is just another unit that energy can be measured in.

Goosey Chocolatey Pudding With Cream Nutrition per 100 g	
Energy	1500 kJ
Carbohydrates of which sugars	24 g
Fats	45 g

Super Healthy Nutritious Fruit Salad Nutrition per 100 g	
Energy	150 kJ
Carbohydrates of which sugars	9 g
Fats	0 g

What's my power rating you ask? About 8 out of 10...

Reading **labels** is not just good fun, but also useful — a label can tell you the power rating of an **appliance**, or how much **energy** is in your **food**. And, you know what they say — energy is what makes the world go round. Ok, I might have made that up, but this stuff's **important** — make sure you **learn** it good 'n' proper.

Physical Changes

Even just a change of temperature can change a substance physically. Sounds easier than the gym...

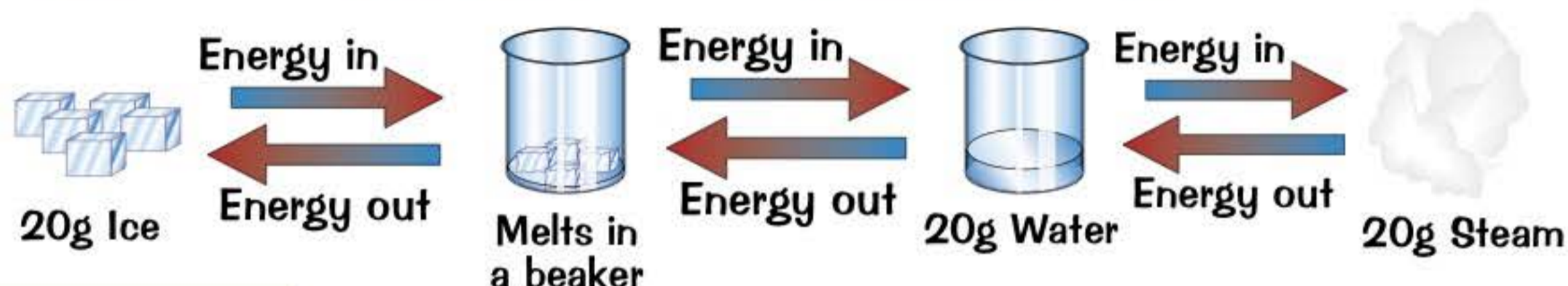
Physical Changes Don't Involve a Change in Mass

- 1) A substance can either be a solid, a liquid or a gas. These are called states of matter. When a substance changes between these physical states, its mass doesn't change.
- 2) Physical changes are different to chemical changes because there's no actual reaction taking place and no new substances are made. The particles stay the same, they just have a different arrangement and amount of energy.

There are several different processes that can change the physical state of a substance:

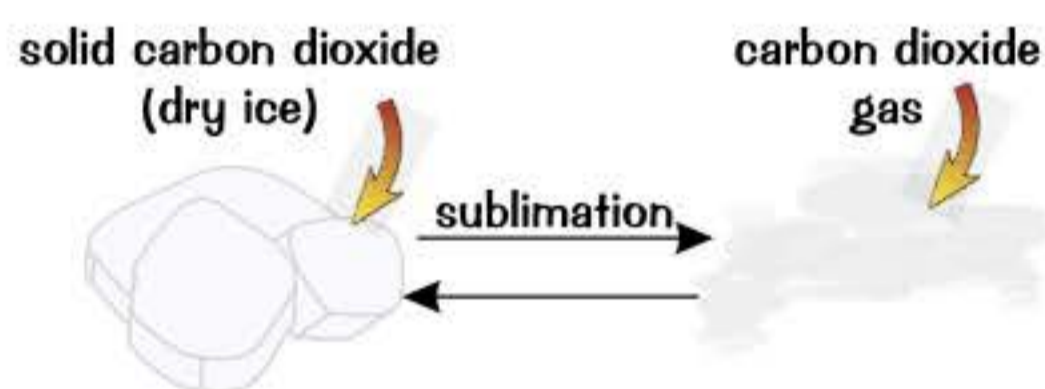
Melting, Evaporating, Condensing, Freezing

- 1) If you melt a certain amount of ice, you get the same amount of water — and then if you boil that so it evaporates, you get the same amount of steam.
- 2) It's the same in the other direction — if the steam condenses, you get the same amount of water, and if the water freezes, you get the same amount of ice.



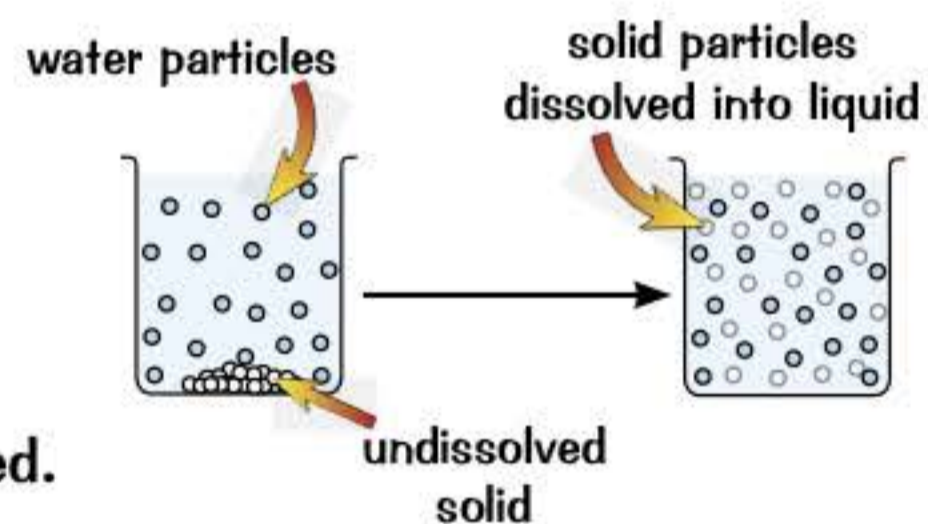
Sublimation

Some substances, such as carbon dioxide, can go straight from being a solid to being a gas — this is called sublimation. When this happens, the mass of gas is (you guessed it) the same as the mass of the solid.



Dissolving

- 1) When a solid substance dissolves to form a solution (page 39), there's no change in mass. The amount of substance after dissolving is the same as before, it's just in a different form.
- 2) Dissolving is reversible — if you evaporate all the solvent, you'll be left with the same amount of solid as before it dissolved.



Changes of State Affect a Substance's Physical Properties

- 1) The particles in solids are packed together tightly compared to gases and liquids — so they're usually more dense. They're also difficult to compress and can't flow.
- 2) The particles in liquids and gases are free to move around each other, so they can flow.
- 3) When you heat a substance, the particles move around more and move further apart, causing it to change from a solid, to a liquid, to a gas. The substance expands and becomes less dense.
- 4) Ice is a funny one though — when it melts (to become water), the particles actually come closer together and its density increases.

See p.32 for more on the physical properties of solids, liquids and gases.



All this studying's getting me in a right change of state...

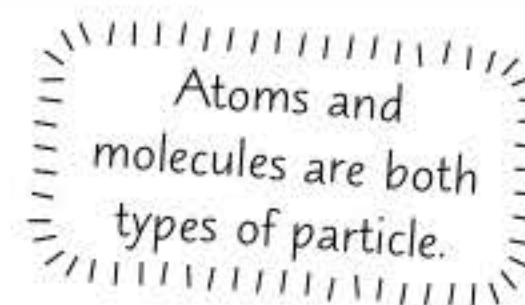
Remember, physical changes have no effect on the chemical structure of the substance — they just cause it to change state between solid, liquid and gas. Ice is really just water, but with the particles in a more structured formation. If it melts, it goes back to being tasty refreshing water without losing any mass at all.

Movement of Particles

Brownian motion has nothing to do with colours — Brown was just the name of the guy who first noticed it.

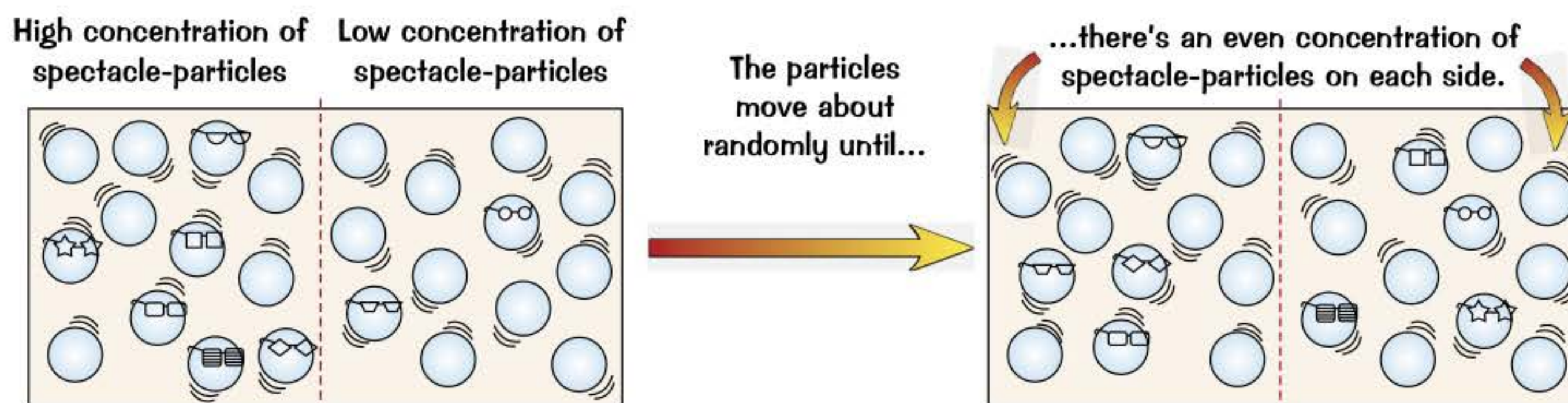
Brownian Motion is the Random Movement of Particles

- 1) In 1827, a scientist called Robert Brown noticed that tiny pollen particles moved with a **zigzag, random motion** in water.
- 2) This type of movement of any particle **suspended** ('floating') within a **liquid** or **gas** is known as **Brownian motion**.
- 3) **Large, heavy particles** (e.g. smoke) can be moved with Brownian motion by **smaller, lighter** particles (e.g. air) travelling at **high speeds** — which is why smoke particles in air appear to move around randomly when you observe them in the lab.



Diffusion is Caused by the Random Motion of Particles

- 1) The particles in a liquid or gas move around at **random**.
- 2) Particles eventually bump and jiggle their way from an area of **high concentration** to an area of **low concentration**. They constantly **bump** into each other, until they're **evenly spread** out across the substance.



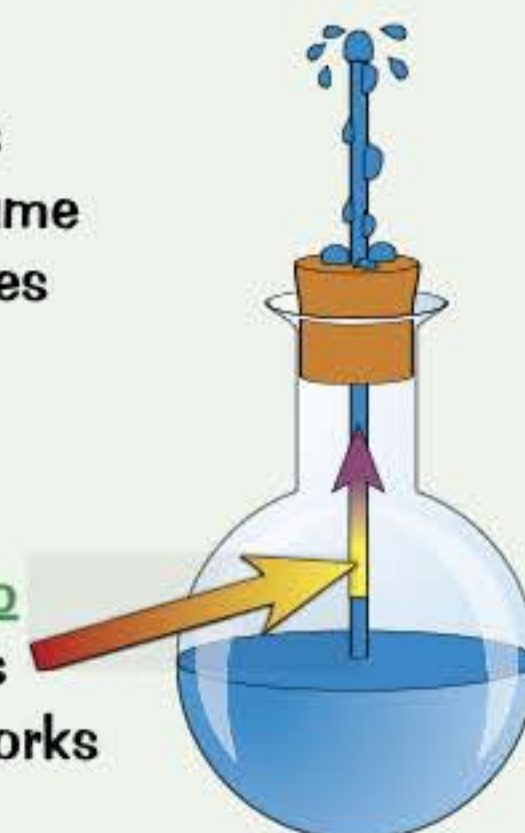
Movement of Particles Increases With Temperature

- 1) An **increase** in **temperature** causes particles to move around **more** — their speed increases. This means the **spaces between the particles** get **bigger** so they take up **more space**, which causes the material to **expand**.
- 2) If you **heat** a gas or liquid inside a container, the **pressure** inside the container **increases** as the particles bump into the sides **more often** and **more quickly**.
- 3) The particles **don't** get **bigger** — they just need **more space** to move around in.

EXAMPLE:

When the liquid in this flask is heated its volume **expands** as the particles move apart with their **extra energy**.

So the liquid moves **up** the thin tube — this is how a **thermometer** works — dead useful...





I'm a golf comedian — I specialise in par-tickle movement...

...with a PhD in Greenian motion. Ok, I'll admit that was a fairway off being funny, but it's worth taking a long shot every now and then in case you hit the hole in one. You just have to putt in the **time** if you want to **remember** all this stuff, so get in your **study** bunker and buckle down... it'll be over soon, I promise.

Section Summary

Ah, the section summary — on the home stretch at last. In this section, you got to go on a voyage of discovery into the weird and wonderful world of all things energy and matter. All that's left for you now is to work through the exciting questions below and claim your free ice cream at the start of the next section. Ok, the ice cream is a lie, but you won't regret taking the time to work through these questions if you want to be super-amazing at science, trust me. Take your time with them if you like, and maybe have the odd cheeky peek back at the appropriate page if you're stuck — I won't tell anyone, honest.

- 1) Name the seven types of energy stores and the four ways of transferring energy between them.
- 2) Give one example of energy being transferred electrically to one or more energy stores.
- 3) Describe the energy transfers for an object that is falling.
- 4) When does an object have energy stored in its chemical energy store?
- 5) Replace each row of bumble bees in the sentence below with the correct words.
When a  moves an object through a distance,  is transferred.
- 6)* A crane applies a force of 2000 N to lift a small elephant 10 m. How much energy does it transfer?
- 7) What does thermal equilibrium mean?
- 8) Name two ways in which energy can be transferred between two objects by heating.
- 9) Describe how energy is transferred when two objects at different temperatures are touching.
- 10) How does adding an insulator to an object affect the rate of energy transfer?
- 11) What is the Principle of Conservation of Energy?
- 12) Why is it important that devices transfer energy from one store to another?
- 13) Why are most energy transfers **NOT** perfect?
- 14) How is wasted energy usually transferred?
- 15) How does the Sun's energy get stored in fossil fuels?
- 16) Other than fossils fuels, give two energy resources created using the Sun's energy.
- 17) What are non-renewable energy resources? How can we use less of them?
- 18) What are renewable energy resources? Why will they never run out?
- 19)* Calculate the energy transferred by a 1.5 kW remote-control gibbon used for half an hour.
- 20) What unit is household electricity measured in?
- 21)* Electricity costs 15p per kWh. Calculate the cost of an electricity bill for 298.2 kWh.
- 22) What does the power rating of an appliance tell you?
- 23)* Which will transfer more energy — a 200 W device left on for 1 hour, or a 300 W device left on for 1 hour?
- 24) What unit is the energy in food usually measured in?
- 25) How could you find out the energy contained in a packet of chocolate-flavoured baba ganoush?
- 26) Give an example of a physical change of state.
- 27)* 50 g of iron is melted. How much liquid iron would be produced?
- 28) What is sublimation?
- 29) True or false? Dissolving is not a reversible process.
- 30) Give two differences between the physical properties of a gas and a solid of the same substance.
- 31) What's meant by Brownian motion?
- 32) Particles in gases move from areas of high concentration to low concentration.
What is the name of this process?
- 33) Explain why gases expand when they're heated.

*Answers on page 108.

Speed

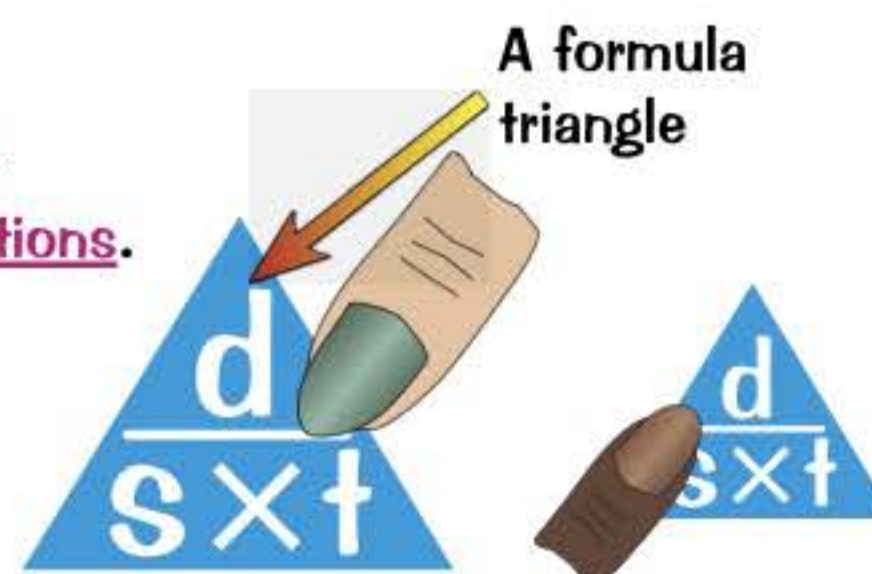
Neeeeoww... Yes, it's a page on speed. Make sure you can do these calculations — don't zoom through.

Speed is How Fast You're Going

- 1) Speed is a measure of how far you travel in a set amount of time.
- 2) The formula triangle is definitely the best way to do speed calculations.

$$\text{Speed} = \frac{\text{Distance}}{\text{Time}}$$

This line means divided by or shared by (\div).



- 3) Use the word SIDOT to help you remember the formula:

SIDOT — speed Is Distance Over Time.

Always use UNITS.

- 4) There are three common units for speed. You should realise that they're all kind of the same, i.e. distance unit per time unit.

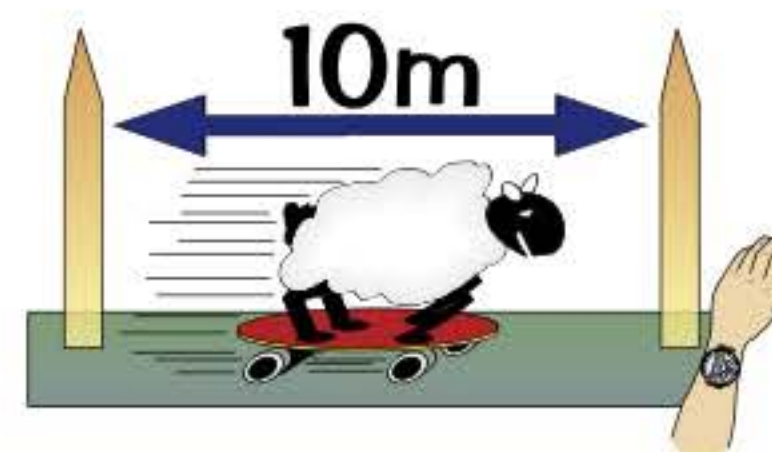
metres per second — m/s
miles per hour — mph or miles/h
kilometres per hour — km/h

Work Out Speed Using Distance and Time

To work out SPEED you need to know the distance travelled and the time taken.

Example 1:

A hooligan sheep is skateboarding down a farmer's track. You notice it takes exactly 5 seconds to move between two fence posts, 10 metres apart. What's the sheep's SPEED?



Answer:

STEP 1) Write down what you know:
 distance, $d = 10 \text{ m}$ time, $t = 5 \text{ s}$

STEP 2) We want to find speed, s, from the formula triangle: $s = d/t$

$$\text{Speed} = \text{Distance} \div \text{Time} = 10 \div 5 = \underline{2 \text{ m/s}}$$



Put your finger over "S" in the formula triangle — which leaves d/t (i.e. $d \div t$).

Speed questions are a doddle if you just learn the formula triangle.

Example 2:

A campervan sprints down the motorway and travels 15 miles in 30 minutes. What's its speed?



Answer:

STEP 1) Write down what you know:
 distance, $d = 15 \text{ miles}$ time, $t = 30 \text{ minutes} = 0.5 \text{ of an hour}$.

STEP 2) We want to find speed, s, from the formula triangle: $s = d/t$

$$\text{Speed} = \text{Distance} \div \text{Time} = 15 \div 0.5 = \underline{30 \text{ miles/hour (mph)}}$$

For the answer to be in miles per hour you need the distance in miles and the time in hours so the 30 mins had to become 0.5 hrs.



Speed is ace — well it takes some beating...

Speed is a pretty simple idea really. This page has all the really basic and important facts about speed. There's the formula for a start, and the units, and then a couple of worked examples. Learn it all. Now.

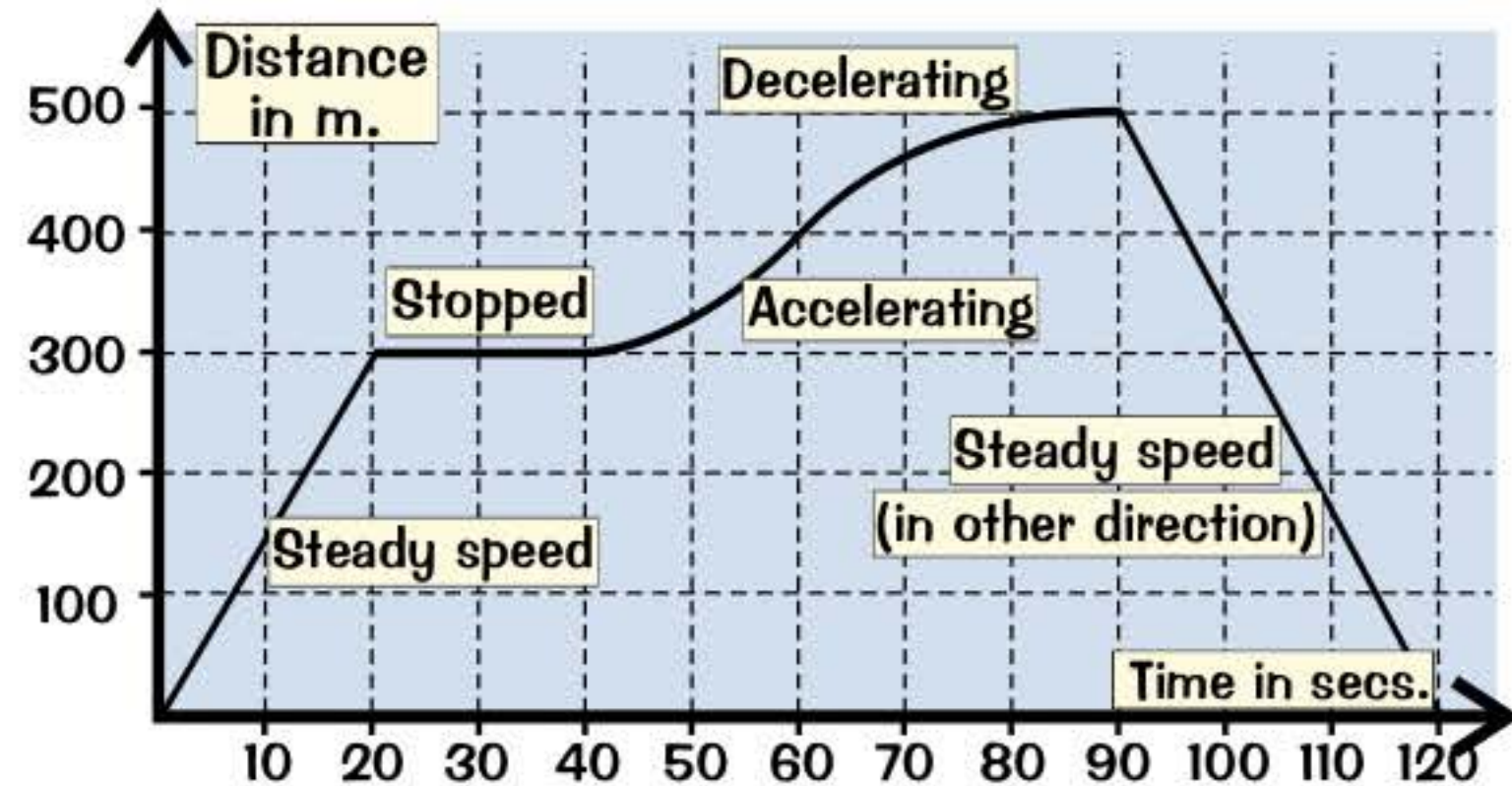
More on Speed

You know what they say — more haste, less speed. Here's some **more speed**. Make sure you're not hasty.

Distance-Time Graphs

A distance-time graph shows the **distance** travelled by an object over **time**.

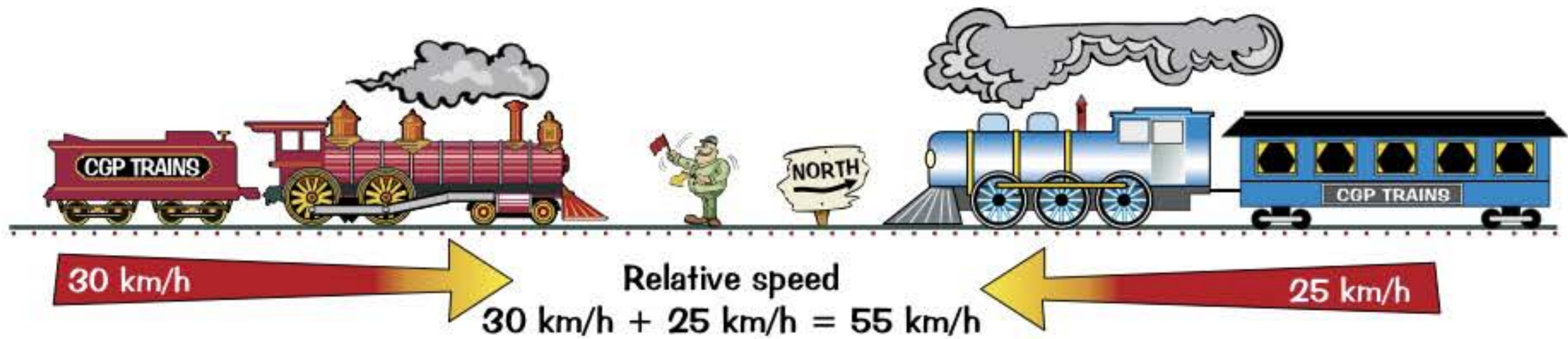
- 1) The **slope** of the line (**gradient**) shows the **speed** at which the object is moving.
- 2) The **steeper** the graph, the **faster** the object is going.
- 3) **Flat** sections are where it's **stopped**.
- 4) **Downhill** sections mean it's **moving back** toward its starting point.
- 5) **Curves** represent a **changing** speed.
- 6) A **steepening** curve means the object is **speeding up** (**accelerating**).
- 7) A curve **levelling off** means the object is **slowing down** (**decelerating**).



Relative Motion — Two Objects Passing Each Other

Relative motion is useful if you want to know the **speed** of something when **you are moving too**.

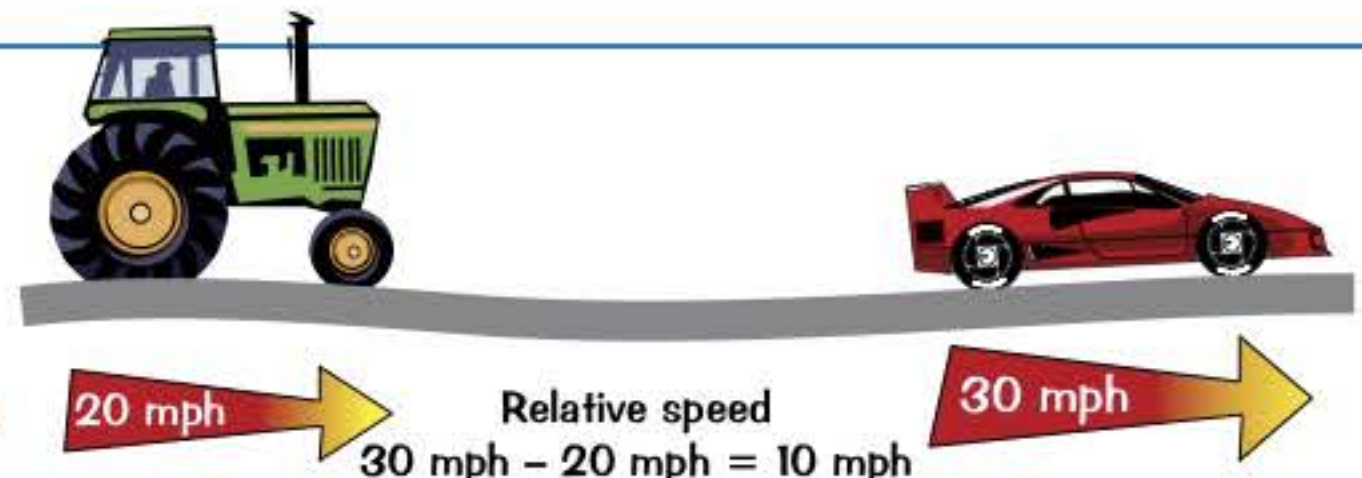
- 1) If two objects are moving **in opposite directions** on the **same straight line** you can **add their speeds together** to calculate their **relative motion**. Look:



- Both trains are moving **towards** each other **from opposite directions**. So if you're sat on the red train, the blue train is getting **closer much faster** than if you were sat still at the side of the track. This is because it is **moving towards you** while **you're moving towards it**.
- To work out the speed of the blue train relative to the red train, just **add the speeds together**. $30 + 25 = 55 \text{ km/h}$, so the speed of the blue train relative to the red train is 55 km/h.

- 2) If the objects are moving in the **same direction** on the same straight line you can **subtract their speeds** to calculate their **relative motion**.

- The car is moving in the **same direction** as the tractor but at a **faster speed**. If you're in the car, you're getting further away from the tractor **more slowly** than if it wasn't moving (since it's **moving towards you** while **you're moving away from it**).
- To work out the speed of the car relative to the tractor, **subtract the speeds**. $30 - 20 = 10 \text{ mph}$ — the car gets 10 miles further away from the tractor every hour.



I hate Christmas — all my relatives get too motional...

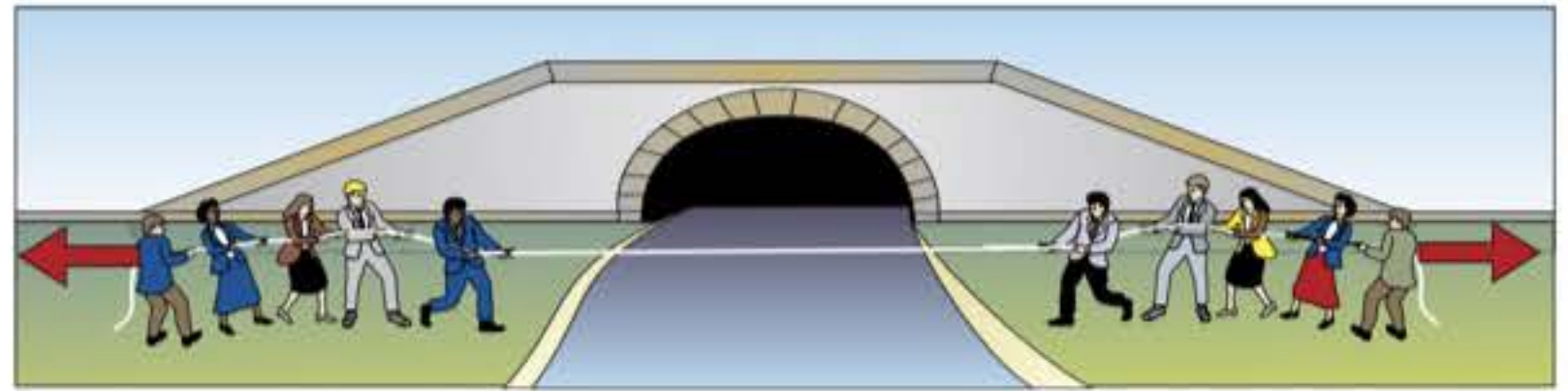
There are **two really important things** on this page — distance-time graphs and relative motion. Make sure you can read **all** the info hidden in a **distance-time graph**, then check you've got **relative motion** nailed.

Forces and Movement

Well, I can't force you to read this page — but if I were you, I'd push on with it...


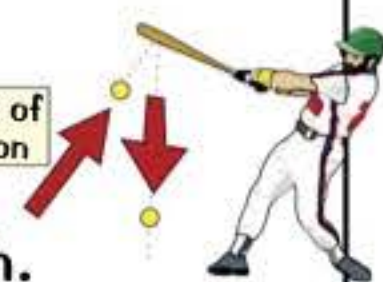


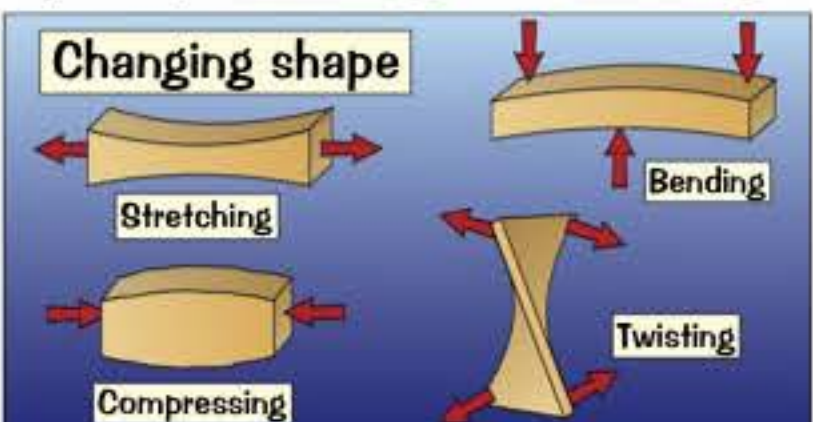
Forces are Nearly Always Pushes and Pulls

- 1) Forces are pushes or pulls that occur when two objects interact.
- 2) Forces can't be seen, but the effects of a force can be seen.
- 3) Forces are measured in newtons — **N**.
- 4) They usually act in pairs.
- 5) They always act in a certain direction.
- 6) A newton meter is used to measure forces.



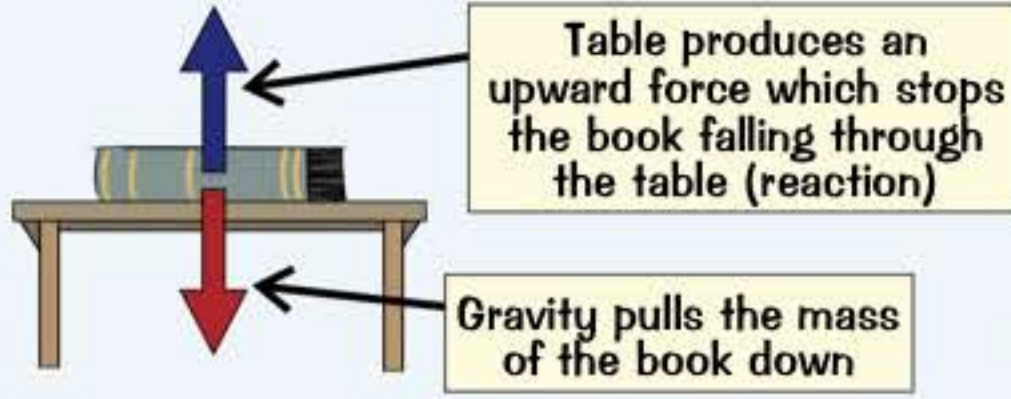
Objects don't need to touch to interact. The gravitational pull between planets (p.102), forces between magnets (p.99) and forces due to static electricity (p.98) are all non-contact forces.

Forces Can Make Objects Do Five Things

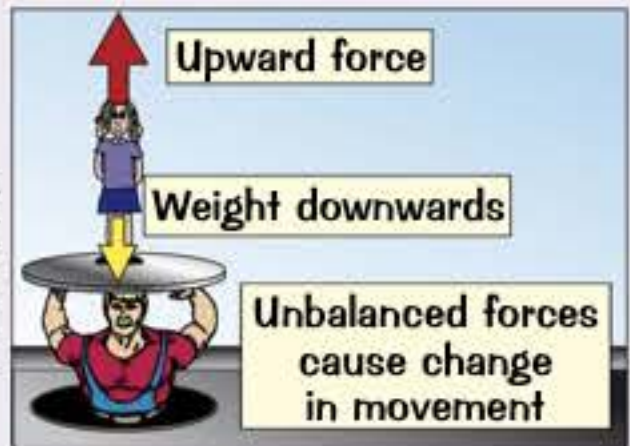
<p>1. <u>Speed Up</u> or <u>Start Moving</u></p>	<p>Like <u>kicking</u> a football. To <u>start</u> something moving, a push force must be <u>larger</u> than <u>resisting forces</u> like friction (see next page).</p> 	<p>3. <u>Change Direction</u></p>	<p>Like hitting a <u>ball</u> with a <u>bat</u> or gravity causing footballs to come back down to Earth.</p> 
<p>2. <u>Slow Down</u> or <u>Stop Moving</u></p>	<p>Like <u>drag</u> or <u>air resistance</u> (see next page).</p> 	<p>4. <u>Turn</u></p>	<p>Like <u>turning a spanner</u>.</p> 
<p>5. <u>Change Shape</u></p>		<p>Like <u>stretching</u> and <u>compressing</u> (see p.83), <u>bending</u> and <u>twisting</u>.</p> 	

Learn These Two Important Statements:

Balanced Forces produce No Change in Movement



Unbalanced Forces Change the Speed and/or Direction of Moving Objects



These are force diagrams. See page 81 for more.

Force is ace — well it beats speed...

Forces are a simple enough idea, but you still need to know all of the details on this page. Luckily there really isn't much to learn here — just make sure you do. Learn, cover, scribble, check...

Friction and Resistance

Friction Tries to Stop Objects Sliding Past Each Other

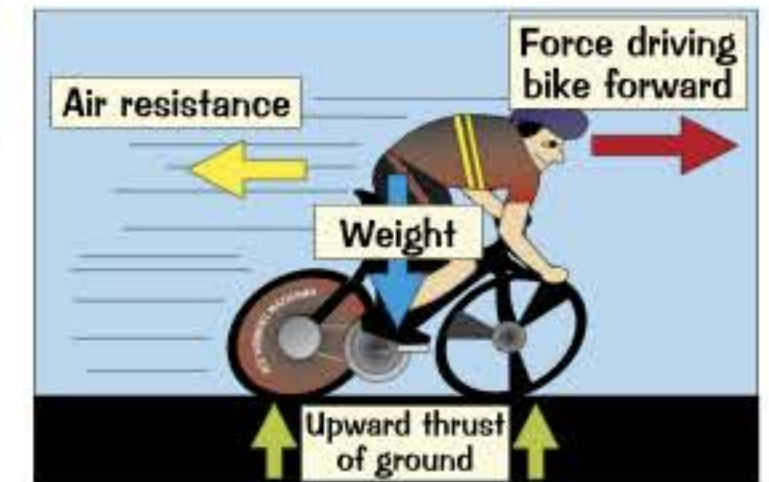
Friction is a **force** that always acts in the **opposite** direction to movement. It's the force you need to **overcome** when **pushing an object** out of the way.

The Good Points of Friction — It Allows Things to Start and Stop

- 1) Friction allows the tyres on a bike to **grip** the road **surface** — without this grip you couldn't make the bike move **forward** and you wouldn't be able to **stop** it either — it'd be like riding on **ice**.
- 2) Friction also acts at the **brakes** where they **rub** on the **rim** of the **wheel** or on the **brake disc**. Friction also lets you **grip** the **bike** — important if you want to ride it without slipping off.

The Bad Points of Friction — It Slows You Down

- 1) **Friction** always **wastes energy** — friction between the moving parts of a bike **warms up** the gears and bearings — a **waste** of energy.
- 2) Friction **limits top speed**. The **air resistance** (a kind of friction, see below) takes **most** of your energy and **limits** your maximum **speed**.



Air and Water Resistance Slow Down Moving Objects

- 1) Air and water resistance (or "drag") **push against** objects which are moving through the air or water.
- 2) These are kinds of **frictional** force because they try to **slow** objects down.
- 3) If things need to go fast, then they have to be made very **streamlined** — which just means they can **slip** through the **air** or **water** without too much resistance. A good example is a sports car.



How Air Resistance Affects Sheep Jumping Out of Planes

1) Gains Speed

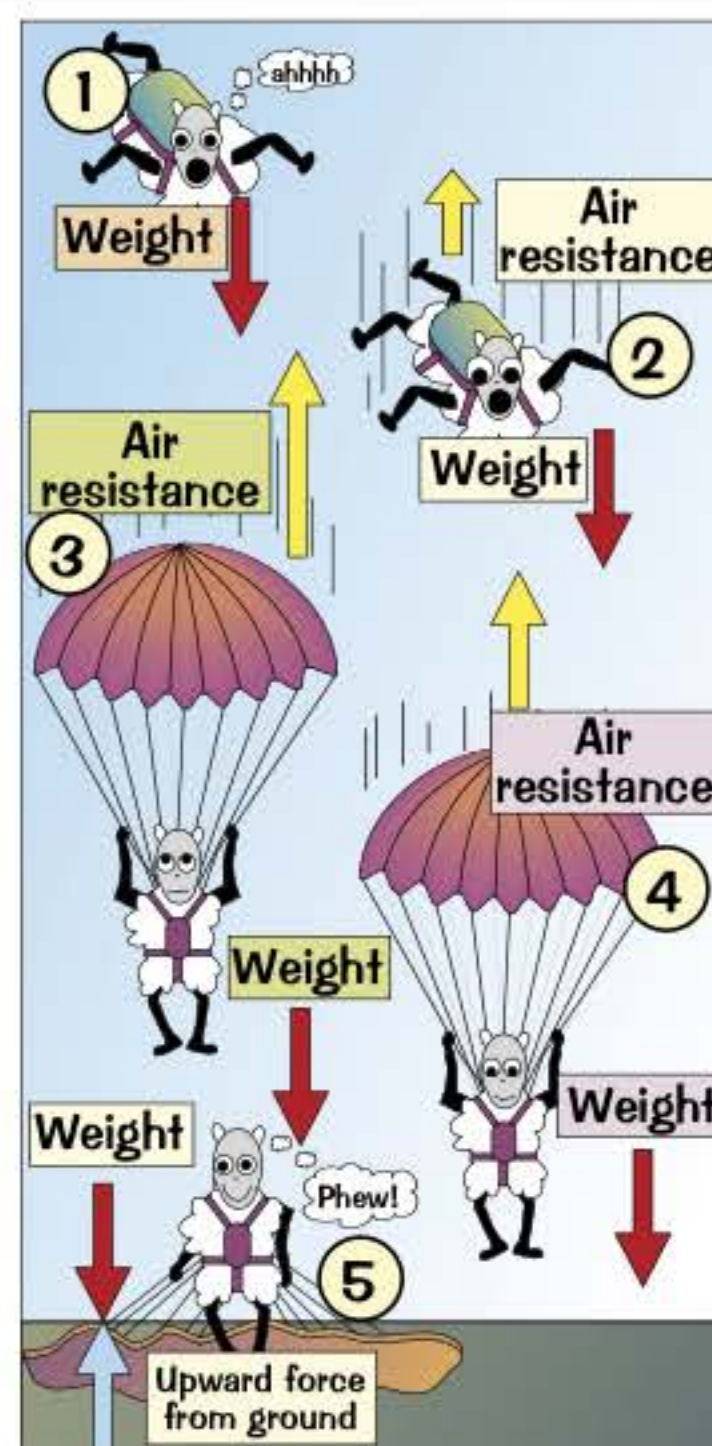
At the start, the sheep only has the **force** of its **weight** (i.e. **gravity**) pulling it down — so it starts to **move faster**.

2) Still Gaining Speed

As it moves **faster**, the opposing force of **air resistance** gets more and more.

3) Losing Speed

When the parachute opens **air resistance increases** enormously — because there's a much **larger** area trying to **cut** through the air. The sheep loses speed and **slows down** gratefully.



(It happens all the time round here.)

4) Steady Speed

Very quickly the **air resistance** becomes **equal** to the **weight** — the two forces are **balanced**. The overall force is zero, so the sheep now moves at a **steady speed**.

5) No Speed

Once safely on the ground, the sheep's **weight** acting downwards is balanced by an equal **upward force** from the ground.

Resistance is useless — you've just got to learn about friction...

Air resistance — what a drag, huh. Anyway, here's a page of **key facts** that you need to **learn**. Go go go.

Force Diagrams

Force diagrams. They're **diagrams** that show **forces**. Bet you weren't expecting that...

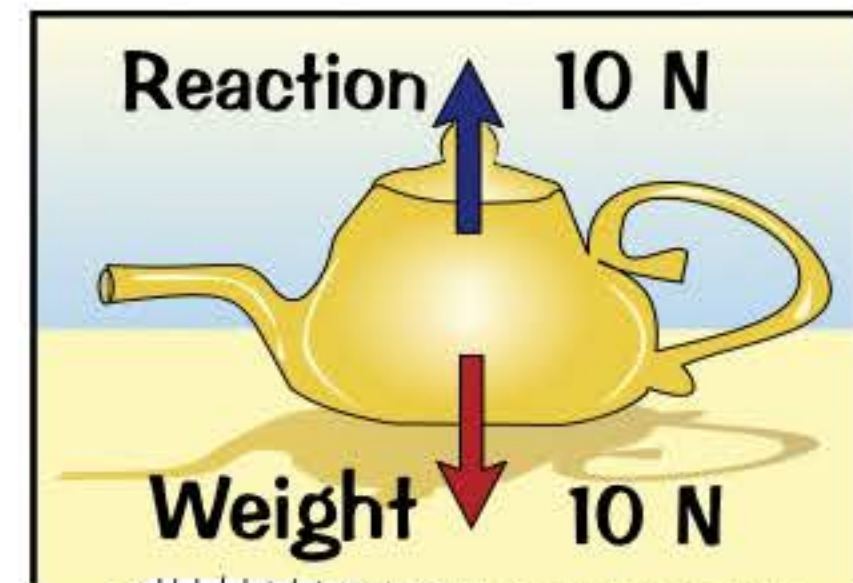
Show the Forces Acting on an Object Using a Force Diagram

Force diagrams show the **forces** acting on an object and whether they are **balanced** or **unbalanced**.

Example: Stationary Teapot Force Diagram

Here's a teapot on a table...

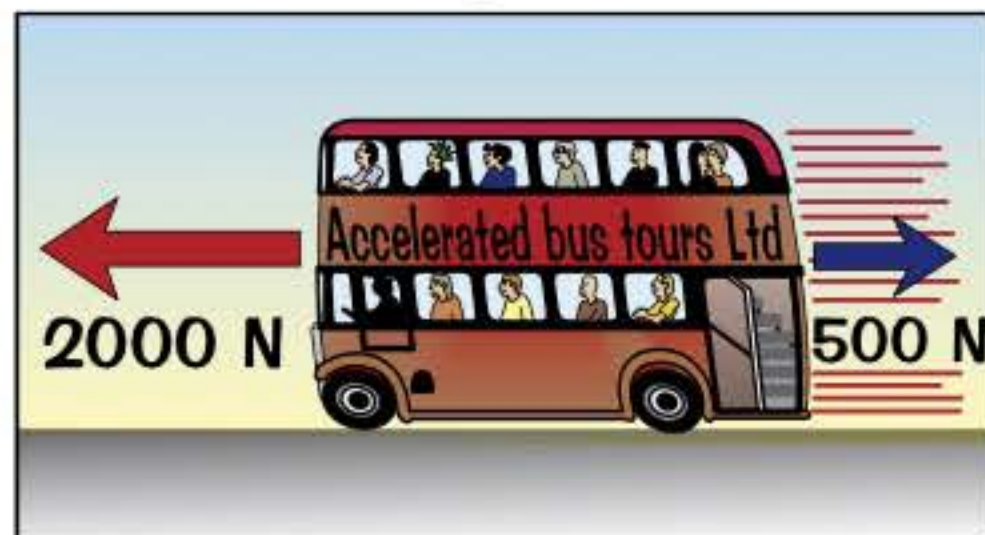
- 1) The force of **gravity** (or weight) is acting **downwards** on the teapot (see page 102) — it's the **red** arrow.
- 2) This causes a **reaction force** from the table's surface **pushing up** on the teapot — the **blue** arrow.
- 3) The **reaction force** and **weight** are **equal** and **opposite** — you can tell because the **arrows are the same size** and pointing in **opposite directions**.
- 4) This means the **forces** on the teapot are **BALANCED**. So it **remains stationary** (not moving).



If the forces acting on a **moving object** are **balanced**, it **carries on moving** at a **steady speed** in the **same direction**.

Example: Accelerating Bus Force Diagram

Here's a force diagram of a bus...



- 1) The **red** arrow shows that the engine is creating a force of 2000 N to make the bus move **forwards**.
- 2) The **blue** arrow shows that there is a **frictional** force of 500 N acting in the **opposite direction**.
- 3) The forces are **unbalanced** (the arrows in the diagram are **unequal** sizes) so the bus is **accelerating** in the direction of the **bigger force** (forwards).

You Can Add or Subtract Forces Along the Same Line

- 1) If you've got a force diagram where all the forces are acting along the same line (e.g. **forwards and backwards** OR **up and down**), you can calculate the **overall force** by **adding** or **subtracting** the forces.
- 2) This is handy for **working out** if an object is **accelerating** (getting faster), **decelerating** (slowing down) or staying at a **steady speed**:

Forces acting along the same line are said to be acting in **one dimension**.

Golden Rules of Force Diagrams

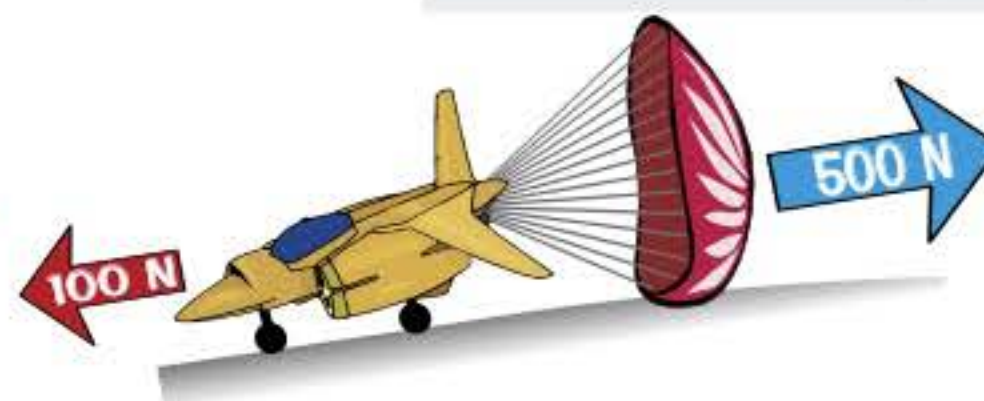
- 1) If the forces are acting in **opposite directions**, you **subtract** the forces to get the **overall force**.
- 2) If they're acting in the **same direction**, you **add** the forces together to get the **overall force**.



Overall force

$$100 - 100 = 0 \text{ N}$$

No acceleration, moves at a steady speed



Overall force

$$100 - 500 = -400 \text{ N}$$

Strong deceleration



Overall force

$$200 + 50 - 20 = 230 \text{ N}$$

Strong acceleration

Use the force — look at a diagram, find out if it's accelerating...

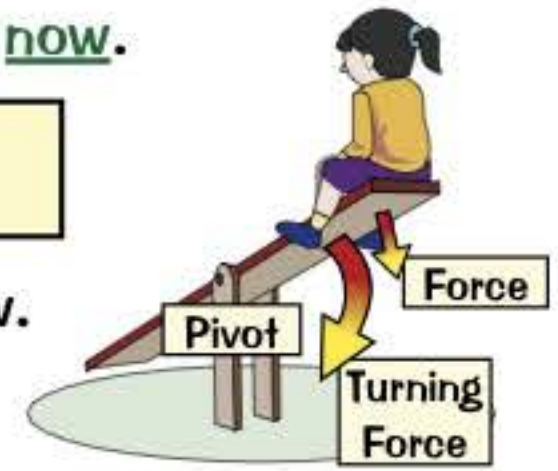
Just remember: if the arrows on a force diagram are **equal** and **opposite**, the object **isn't moving** or is moving at a **steady speed**. If they're **different sizes**, the forces are **unbalanced** and the **speed** will **change**.

Moments

Don't wait a lifetime to learn moments like this — memorise what's on this page now.

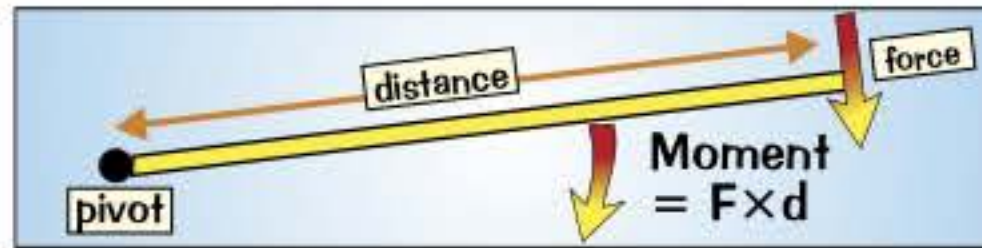
Forces Cause Objects to Turn Around Pivots

A pivot is the point around which rotation happens — like the middle of a seesaw.



A Moment is the Turning Effect of a Force

- 1) When a force acts on something which has a pivot, it creates a moment.
- 2) Learn this important equation:



Moment = force x perpendicular distance

in newton metres, Nm

in newtons, N

M = F x d

in metres, m

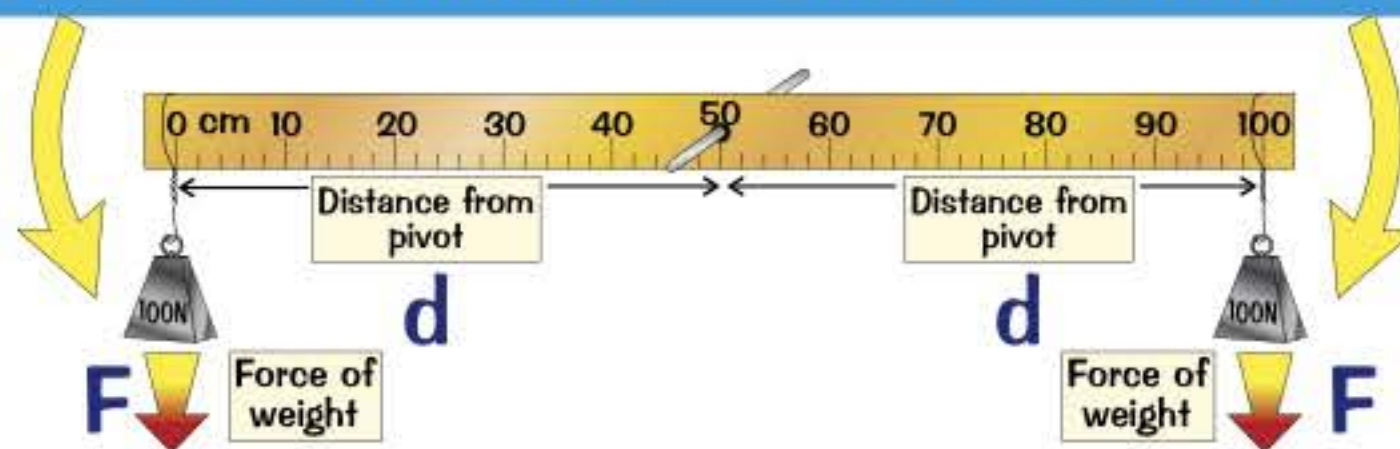
You might remember moments from 'How Muscles Work' (p. 11). Sadly, you need to revisit them again here.

Balancing Moments

Balanced moments mean that...

anticlockwise moments = clockwise moments

If the moments are not balanced, the ruler will turn in the direction of the bigger moment.



ANTICLOCKWISE

force x perpendicular distance = force x perpendicular distance

CLOCKWISE

100 N x 0.5 m = 100 N x 0.5 m

50 Nm = 50 Nm



Is it Balanced?

Which rulers are balanced? If you think the ruler is balanced write it on a bit of paper. If you reckon it's unbalanced, then write unbalanced, but say which side of the ruler will dip down. Words to use: balanced, unbalanced, left side down or right side down. Answers on page 108.

1)

2)

3)

4)

5)

6)

Learn all this page — it'll only take a few moments...

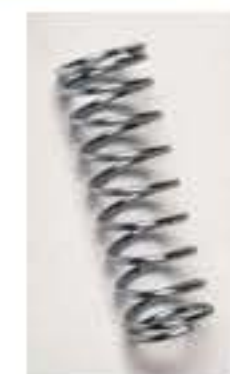
Nope — I don't know why they call them "moments" either. It's a good word for a short period of time, but that's about it. After that it just seems to cause confusion. But there you go — it wouldn't be proper science if it all made perfect sense first time round. And it's a better name than rotating forcey thingy.

Forces and Elasticity

It's not just about turning, pushing and pulling — forces are also able to stretch or squash things.

You Can Deform Objects by Stretching or Squashing

- 1) You can use forces to stretch or compress (squash) objects, e.g. when you stomp on an empty fizzy pop can.
- 2) The force you apply causes the object to deform (change its shape).
- 3) Springs are special because they usually spring back into their original shape after the force has been removed — they are elastic.



Work is Done When a Force Deforms an Object

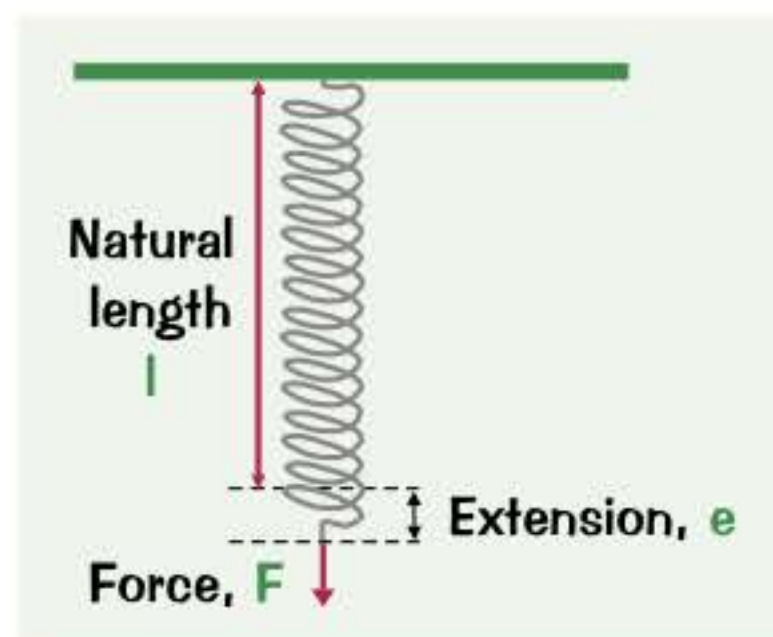
- 1) You might remember energy transfer from page 67 (if not, take a look). Work done is the same thing.
- 2) Energy is transferred and work is done when an object is deformed. For example:

- When you stretch a spring, you're doing work by transferring energy.
- The energy is transferred from the kinetic energy store of the spring to its elastic potential energy store.
- When the spring 'springs' back into its original shape, the energy is transferred back to the kinetic energy store.

There's more on different stores of energy on page 66.

Hooke's Law Says Extension of a Spring Depends on the Force

If a spring is supported at the top and then a weight is attached to the bottom, it stretches.



- 1) Hooke's Law says the amount it stretches (the extension, e), is directly proportional to the force applied, F.
I.e. the relationship between force and extension is linear.
- 2) Some objects obey Hooke's Law, e.g. springs.
But it only applies up to a certain force.
- 3) For springs, the force at which Hooke's Law stops working is much higher than for most materials. Springs are unusual.

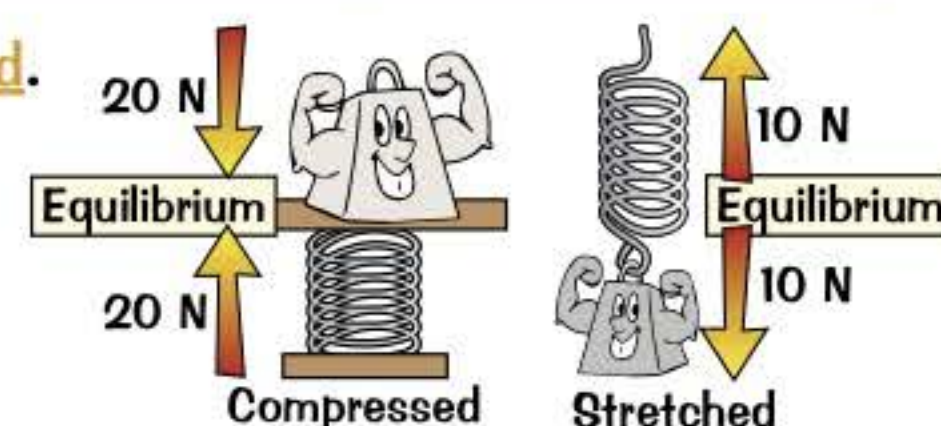
$$\text{Hooke's Law}$$

$$F = k \times e$$

k is the spring constant. Its value depends on the material that you're stretching and it's measured in newtons per metre (N/m).

When a Stretched Spring Holds a Weight, it's in Equilibrium

- 1) Equilibrium is just a fancy way of saying all the forces are balanced.
- 2) When a stretched or compressed spring holds a weight still, the force of the weight is the same as the force of the spring as it tries to return to its original shape. So the forces are balanced and in equilibrium.



This page will stretch you — better do some extra work on it...

It's true — there's an awful lot of stuff to learn here. So read it through again, cover up the page and see if you can scribble down the headings. Then the diagrams and equation. Then the rest. Better get to it...

Pressure

Don't let pressure get you down — here's a lovely page that explains it all. Now that's a load off your mind.

Pressure is How Much Force is Put on a Certain Area

Pressure, force and area are all kind of tied up with each other — as the formula shows. The formula can also be put in a triangle, which is nice.

A given force acting over a big area means a small pressure (and vice versa).

$$\text{Pressure} = \frac{\text{Force}}{\text{Area}}$$



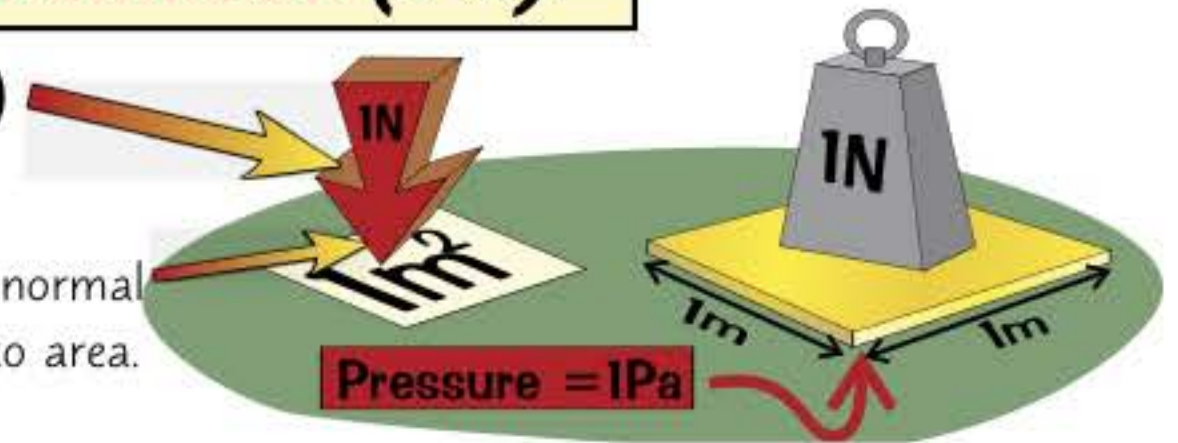
Pressure is Measured in N/m^2 or Pascals (Pa)

If a force of 1 newton is spread over an area of 1m^2 (like this) then it exerts a pressure of 1 pascal. Simple as that.

$$1 \text{ newton/metre}^2 = 1 \text{ pascal}$$

$$1 \text{ N/m}^2 = 1 \text{ Pa}$$

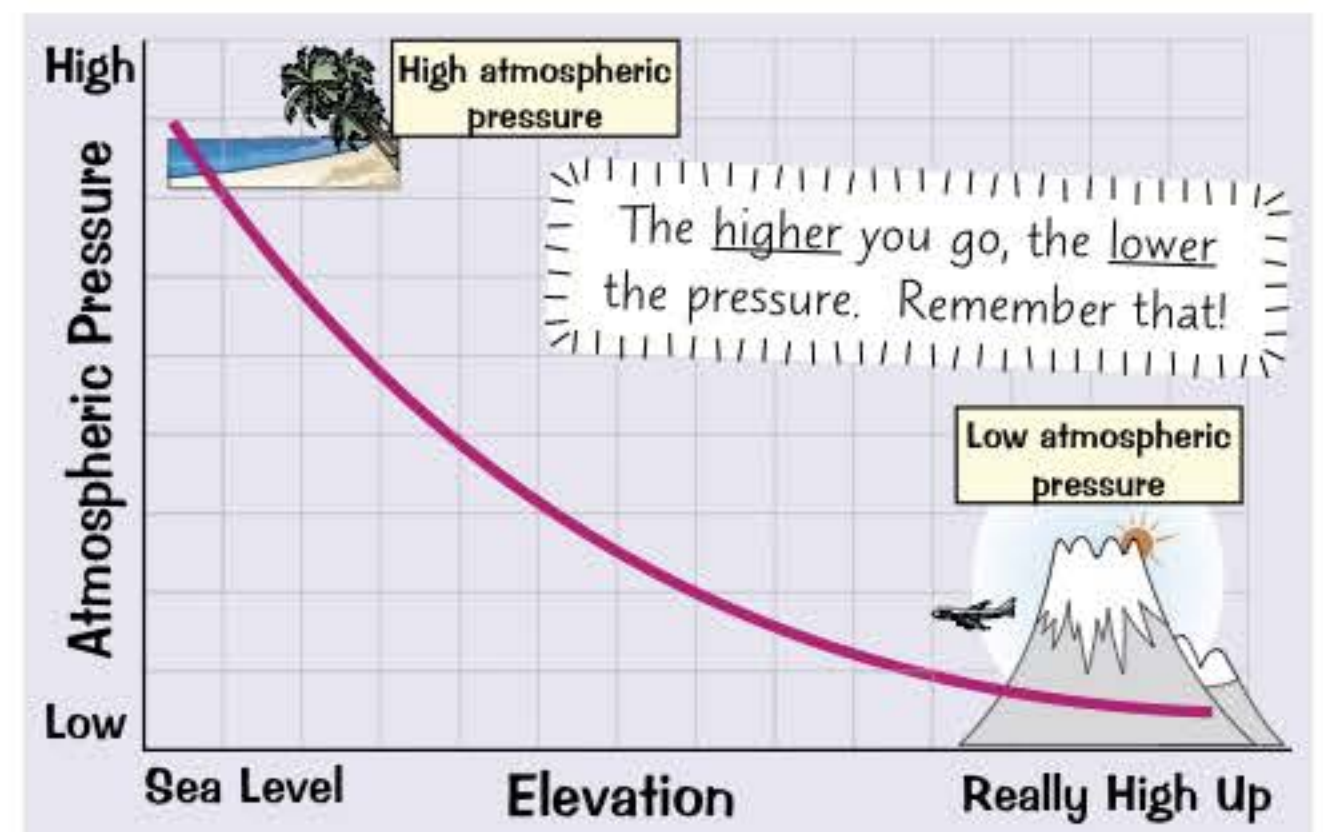
Force acts normal (at 90°) to area.



Atmospheric Pressure is All Around Us All the Time

The weight of the atmosphere is constantly pushing against us — but we're so used to it we can't feel it.

- 1) The lower you are, the more atmosphere there is above you — so the pressure due to the weight of the atmosphere increases.
- 2) If you gain height, there's less atmosphere above you, so the atmospheric pressure decreases.
- 3) Atmospheric pressure is over 100 000 Pa at sea level. But at the top of Mt Everest (8800 m above sea level) the atmospheric pressure is only around 33 000 Pa.

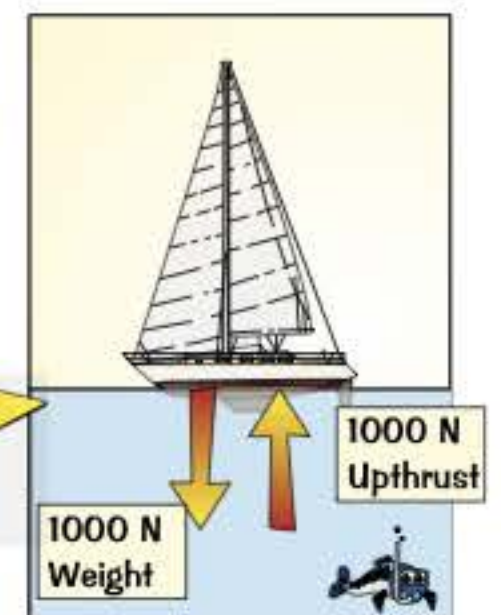


The Pressure in Liquids Increases with Depth

For liquids like water, the pressure increases with depth due to the weight of water above.

Water Pressure Causes Upthrust and Makes Things Float

- 1) If you place an object in water, it experiences water pressure from all directions.
- 2) Because water pressure increases with depth, the force pushing upwards at the bottom of the object is greater than the force pushing down at the top of the object.
- 3) This causes an overall upwards force, called upthrust.
- 4) If the upthrust is equal to the object's weight, then the object will float — like this boat:
- 5) If the upthrust is less than the object's weight, it will sink.



Pressure — pushing down on you, pressing down on me...

First things first, get that formula learnt. Remember: air and water have a mass. If you increase the amount of this mass above your head, you're increasing the force acting over a given area and you'll get an increase in pressure. That's why pressure in liquids increases with depth and why air pressure decreases with height.

Section Summary

Section 9 is all about forces and motion. It's all pretty straightforward stuff really and the questions below will test whether you've learnt the basic facts.

If you're having trouble learning the stuff, try taking just one page on its own. Start by learning part of it, then covering it up and scribbling it down again. Then learn a bit more and scribble that down. Soon enough you'll have learnt the whole section and be ready to face whatever questions your teachers throw at you.

- 1) What exactly is speed? Write down the formula triangle for speed.
- 2) How does SIDOT help you remember what speed is?
- 3)* A bogie is flicked across the lab by some hoodlum. It travels 5 m in 2 seconds. Calculate the speed of the bogie.
- 4)* On sports day you run 100 m in 20 seconds. Can you run faster than the flicked bogie?
- 5)* When a car is going at 40 mph, how far will it travel in 15 minutes?
- 6) What does the gradient show on a distance-time graph?
- 7) What does a straight, flat line mean on a distance-time graph?
- 8) How would you calculate the relative speed of two trains travelling in the same direction?
- 9) Can forces be seen? How do we know they're there?
- 10) What are the units of force? What would you use to measure force?
- 11) What are the five different things that forces can make objects do?
- 12) What do balanced forces produce? What do unbalanced forces do?
- 13) What is friction? When does it occur?
- 14) Give three good points of friction. Give two bad points of friction.
- 15) What is air resistance? And water resistance?
- 16) When a sheep first jumps out of a plane what happens to its speed?
- 17) As the sheep moves faster, what happens to the air resistance?
- 18) What happens to air resistance when the sheep's parachute opens?
- 19) Does the speed then change? When does the sheep's speed become steady?
- 20) What might happen if the ground didn't provide an upward force to equal the sheep's weight?
- 21) Draw a force diagram of a kettle resting on a table. The force due to gravity acting on the kettle is 10 N.
- 22) If the forces acting on a moving bus are balanced, what will happen to its speed?
- 23) Draw a force diagram showing a bus accelerating. Make sure the arrows are different sizes.
- 24) What is a pivot?
- 25) What is a moment? Give the formula for a moment.
- 26) What does "balanced moments" mean?
- 27) *A force of 100 N is put 1 m away from the middle of a seesaw.
What distance from the middle should a force of 50 N be applied to balance the seesaw?
- 28) Give two ways you can deform objects.
- 29) What does Hooke's Law say? Write down the formula.
- 30) What is pressure? Give the formula for calculating pressure.
- 31)* A force of 200 N acts on an area of 2 m². Calculate the pressure.
- 32) Is atmospheric pressure higher at the seaside or up a mountain? Why?
- 33) When does an object placed in water float?

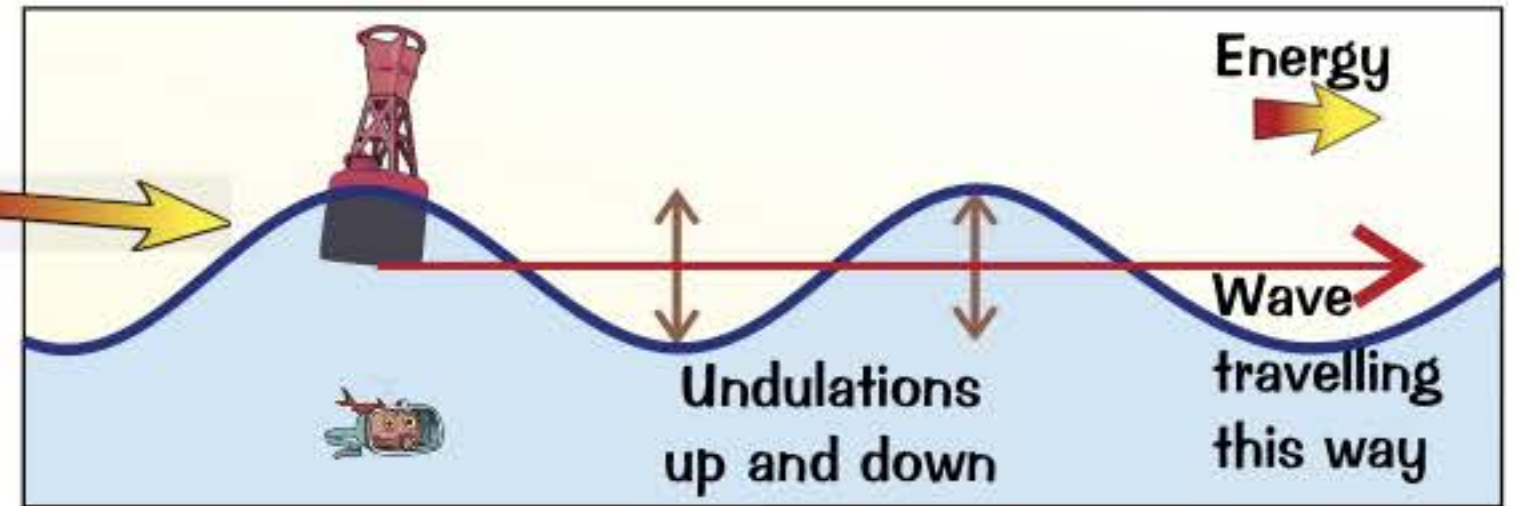
*Answers on page 108

Water Waves

Take a [deep breath](#) and [dive into](#) the wonderful world of water waves...

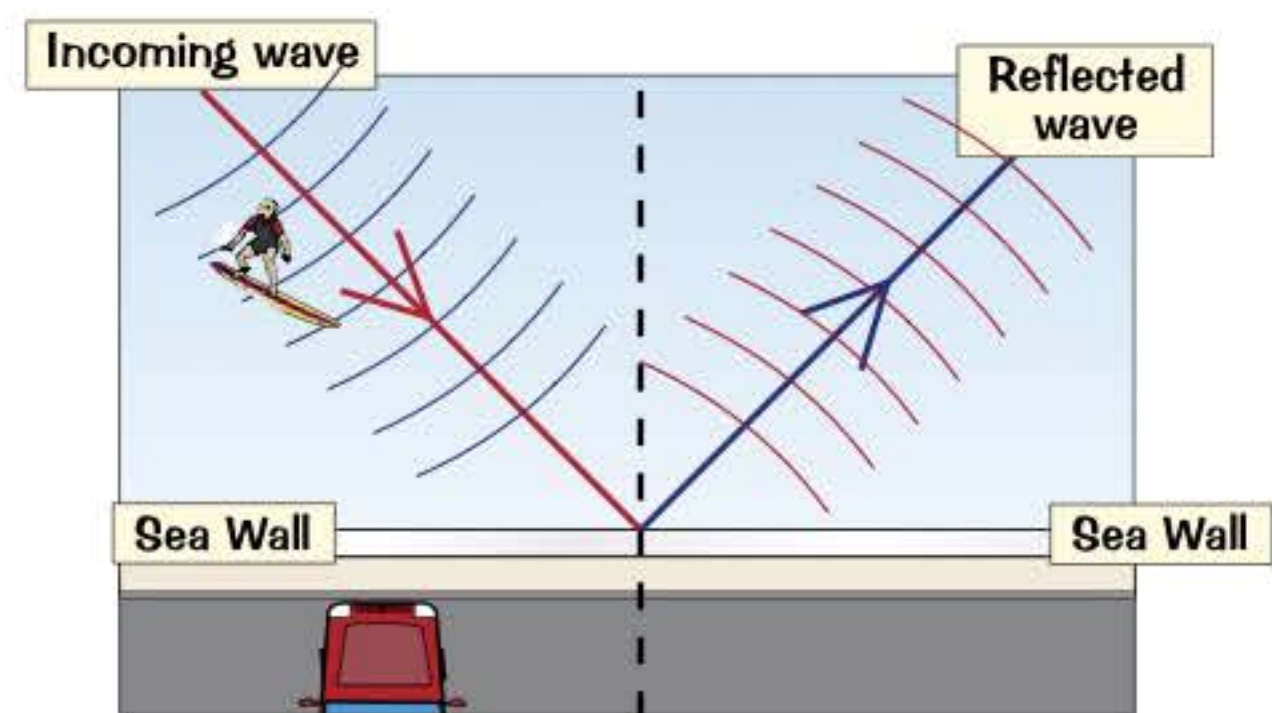
Water Waves are Transverse

- 1) [Waves](#) travelling across the [ocean](#) are good examples of [transverse waves](#).
- 2) A transverse wave has [undulations](#) ([up](#) and [down](#) movements) that are at [right angles](#) to the [direction](#) the wave is travelling in.
- 3) Waves [transfer energy](#) from one place to another. So the undulations are also at right angles to the direction of [energy transfer](#).
- 4) Lots of other important waves are [transverse](#) too, like [light](#) (see next page).

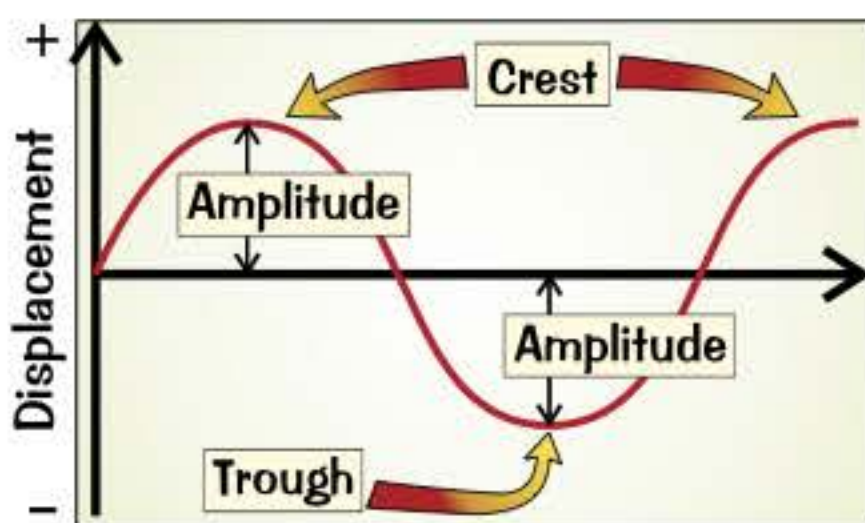


Waves Can be Reflected

- 1) If a water wave hits a surface, it will be [reflected](#).
- 2) This causes the [direction](#) of the wave to change.
- 3) [All waves](#) can be reflected.
There's more on reflection on page 88.



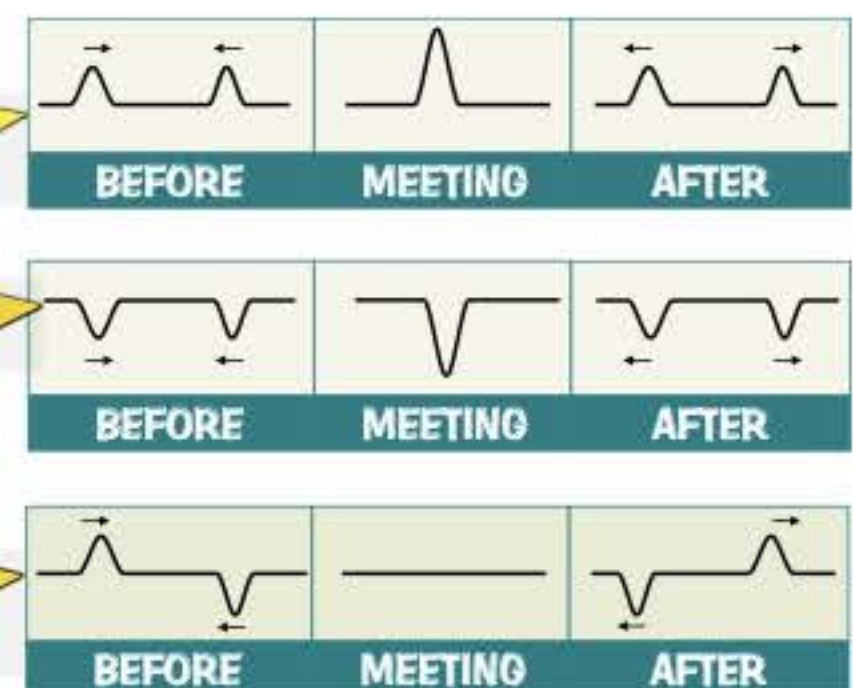
Transverse Waves Have Crests, Troughs and Displacement



- 1) The [crest](#) is the [highest](#) part of the wave.
- 2) The [trough](#) is the [lowest](#) part of the wave.
- 3) The [displacement](#) is [how far](#) a point on the wave is from the [middle](#) line. The [amplitude](#) is the [maximum displacement](#) — the distance from the middle of the wave to a crest or trough.

Superposition Happens When Two Waves Meet

- 1) If two water waves meet, their displacements [combine](#) briefly. This is [superposition](#). The waves then carry on as they were.
- 2) If two [identical CRESTS](#) meet, the [height](#) of each wave is [added together](#). So the crest height [doubles](#).
- 3) If two [identical TROUGHS](#) meet, the [depth](#) of each wave is [added together](#). So the trough depth [doubles](#).
- 4) If [one](#) wave is at a [crest](#) and the other is at a [trough](#), you [subtract](#) the trough [depth](#) from the crest [height](#). So the crest or trough will be [smaller](#) and may even [cancel out](#), leaving a [flat water surface](#).



Don't let your progress waver — reflect on what you've learnt...

[Eek](#), that was a bit [complicated](#). So grab a piece of paper and [write](#) down all the [technical terms](#) on this page and what they [mean](#). Then draw and explain the [diagrams](#). Finally, do all that again with the book closed.

Light Waves

You wouldn't know from looking, but light is actually a wave. Here's a page all about it...

Light is a *Wave* that Transfers *Energy*

- 1) Light is produced by luminous objects such as the Sun, candles, light bulbs, flames and glow worms.
- 2) Light is a wave, which always travels in a straight line.

Light Waves and Water Waves Are *Similar*...

- 1) Like waves in water, light waves are transverse waves — they have undulations at right angles to the direction the wave is travelling in (see previous page).
- 2) And like waves in water, light waves transfer energy from one place to another.
- 3) Light waves can be reflected too — this is how mirrors work (see next page for more).

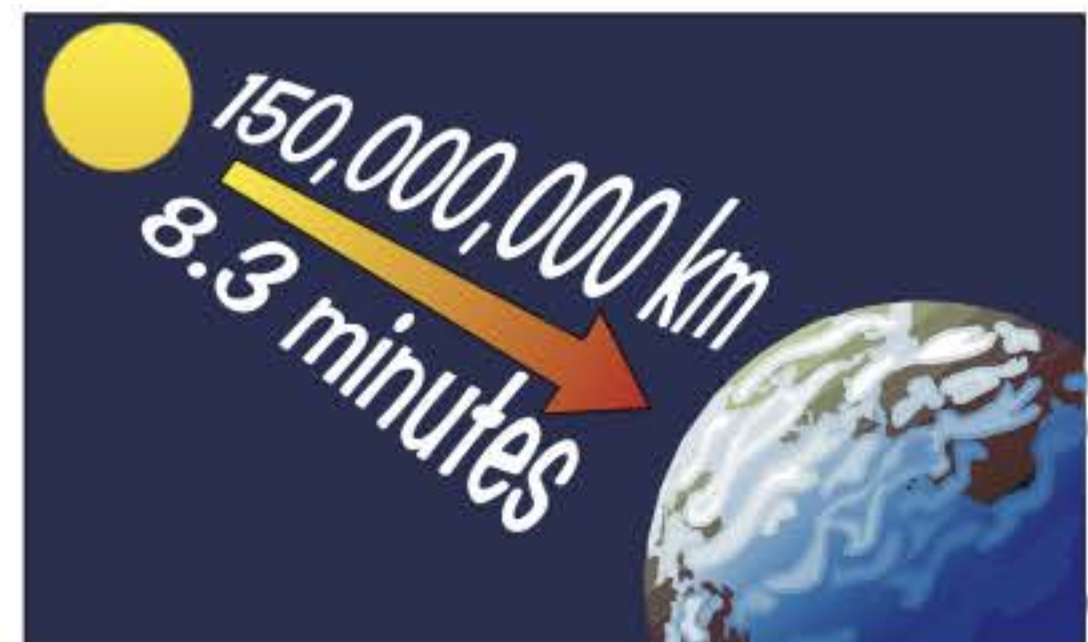


...But *Light Waves Don't Need Particles* to Travel

- 1) Water waves travel (and transfer energy) by moving particles.
- 2) Light waves don't need particles to travel. This is a good thing — light from the Sun has to travel through space (where there aren't many particles, see below) to reach Earth.
- 3) Light waves are slowed down by particles.

Light Waves *Always Travel at the Same Speed* in a *Vacuum*

- 1) Light travels faster when there are fewer particles to get in the way.
- 2) Light always travels fastest in a vacuum. A vacuum is where there is nothing at all — no air, no particles, nothing. Space is mostly a vacuum.
- 3) The speed of light in a vacuum is always 3×10^8 m/s (that's three hundred million metres per second). It's a constant.
- 4) This means light from the Sun gets to Earth in only 8.3 minutes — even though it's 150,000,000 km away.
- 5) Nothing travels faster than light in a vacuum.
- 6) Make sure you learn this:



Speed of light waves in a vacuum = 3×10^8 m/s

- 7) Although light is slower when it has to travel through matter (like air or water), it's still so fast that its movement appears instant to the human eye.

Confused? Let me shed some light on the problem...

So there you have it. Light is just like all those waves you see at the beach. Except that it doesn't need a load of water to get from A to B — anything like water puts a load of particles in the way and slows the light waves down. Nope, light only hits top gear when it's in a vacuum with absolutely nothing in the way at all.

Reflection and Refraction

Take a moment and **reflect** on what you're about to learn...

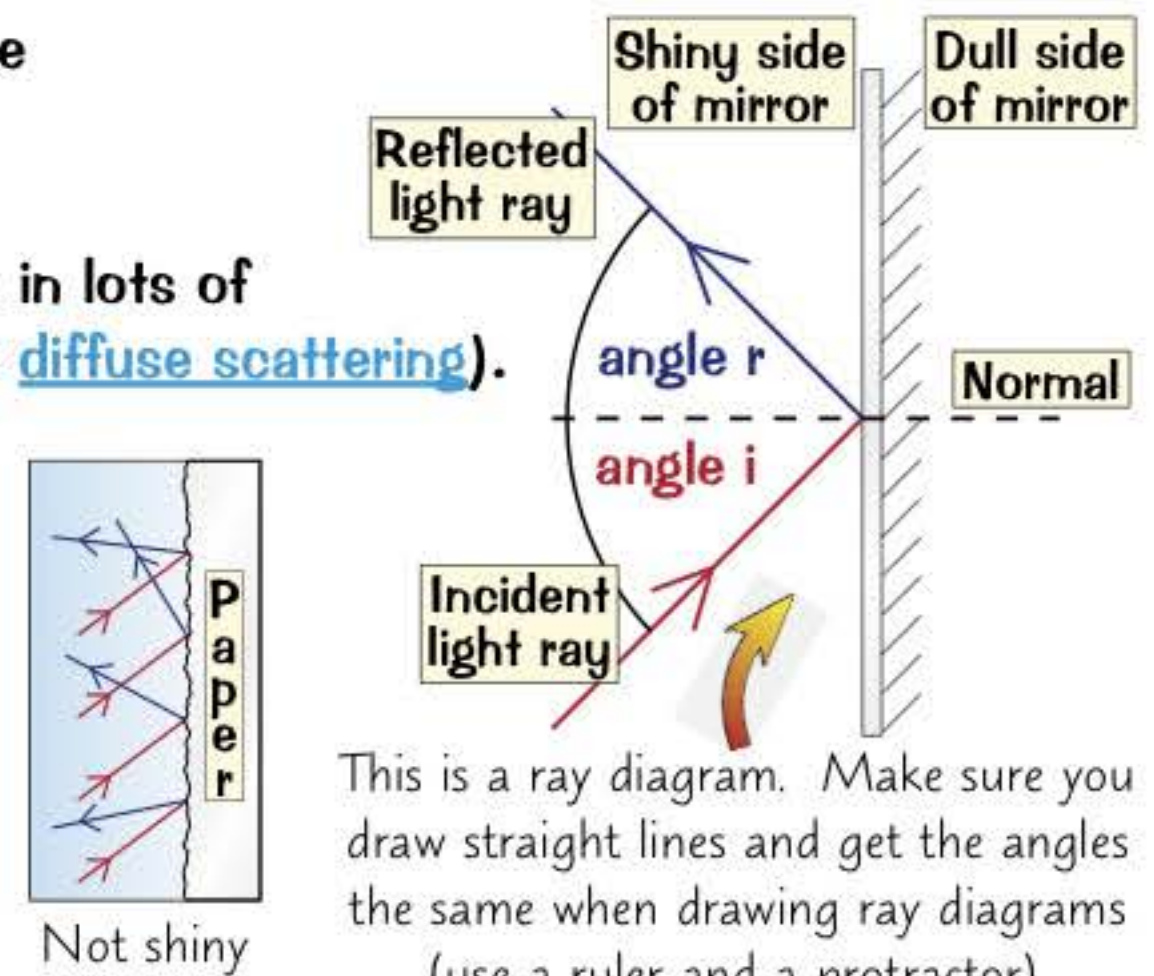
Mirrors Have Shiny Surfaces Which Reflect Light

- 1) A light wave is also known as a light **ray**. Light rays **reflect** off **mirrors** and **most other things**.
- 2) **Mirrors** have a very **smooth shiny surface**. The shiny surface allows each light ray to reflect off it at the **same angle**, giving a **clear reflection**. This is **specular reflection**.
- 3) **Rough surfaces** look **dull**, because the light is reflected back in lots of different directions (scattered). This is **diffuse reflection** (or **diffuse scattering**).
- 4) Learn the **LAW OF REFLECTION**:

$$\text{ANGLE OF INCIDENCE} = \text{ANGLE OF REFLECTION}$$

$$\text{ANGLE } i = \text{ANGLE } r$$

- 5) The **angle of incidence** and the **angle of reflection** are always measured between the **light ray** and the **normal**.
- 6) The **normal** is a line at a **right angle** (90°) to the surface.



Not shiny

Refraction is When Light Bends as it Crosses a Boundary

- 1) Light will travel through **transparent** (see-through) material, but it **won't** go through anything **opaque** (not see-through).
- 2) Any **substance** that **light** (or another wave, e.g. sound) **travels through** is called a **medium**.
- 3) When light travels **from one** transparent medium **to another**, it **bends** or **refracts**.

**LEARN THESE
REAL GOOD:**

The plural of medium is 'media'.

When light goes from a **LESS dense** medium to a **MORE dense** medium: light bends **TOWARDS THE NORMAL**.

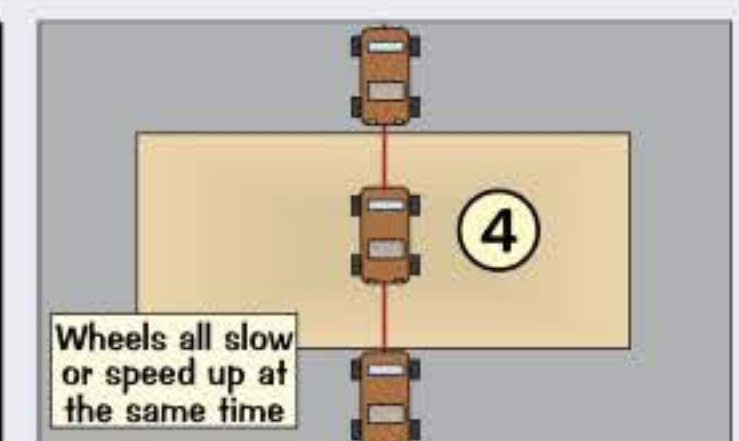
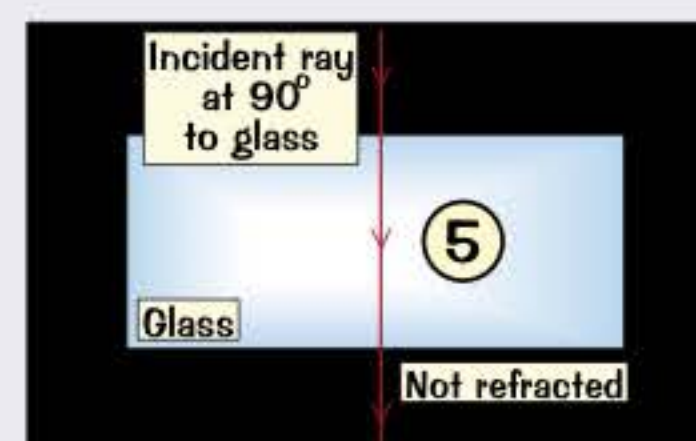
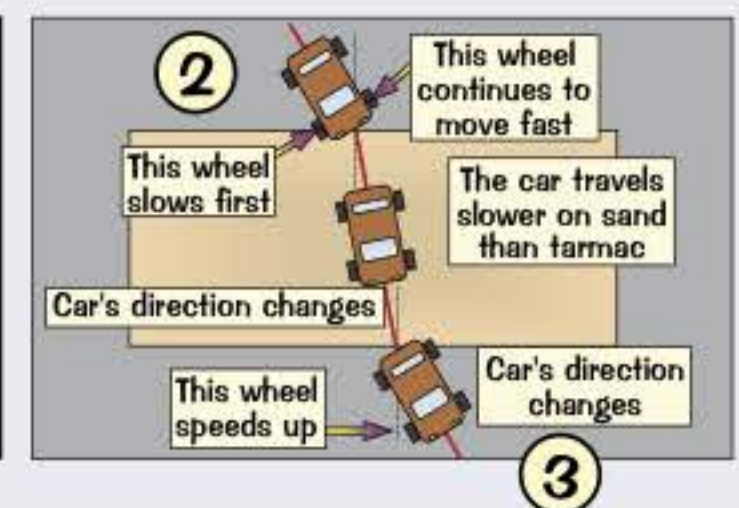
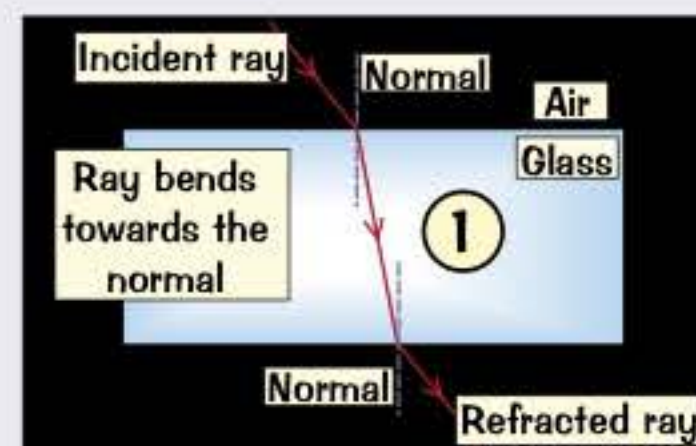
Example:
air to glass.

When light goes from a **MORE dense** medium to a **LESS dense** medium: light bends **AWAY FROM THE NORMAL**.

Example:
glass to air.

Light hitting a glass block is like a car hitting sand

- 1) **Light** hits the **glass** at an **angle**, **slows down** and **bends**.
- 2) It's a bit like a **car** hitting **sand** at an angle. The right wheels get **slowed down first** and this turns the car to the **right** — **TOWARDS the normal**.
- 3) Leaving the sand, the right wheel **speeds up first** and this turns the car to the **left** — **AWAY from the normal**.
- 4) If **both** wheels hit the sand **together** they **slow down together**, so the car goes straight through, **WITHOUT TURNING**.
- 5) **Light** does exactly the **same** when it hits the glass block **straight on**.



My friend thought she was a medium — but I saw through her...

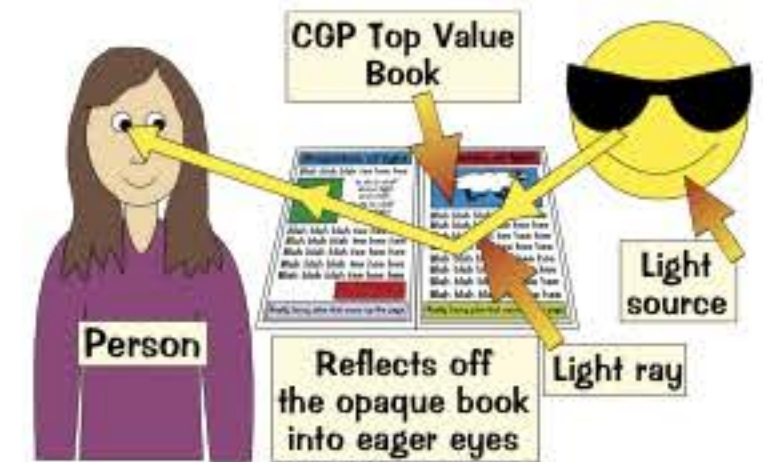
Reflection and refraction — the first thing you've gotta do is spot that they're actually **two different words**. Watch, I'll do it again: ref-**l-e-c**-tion and ref-**r-a-c**-tion. Now all you need to do is **learn** what they both are.

How We See

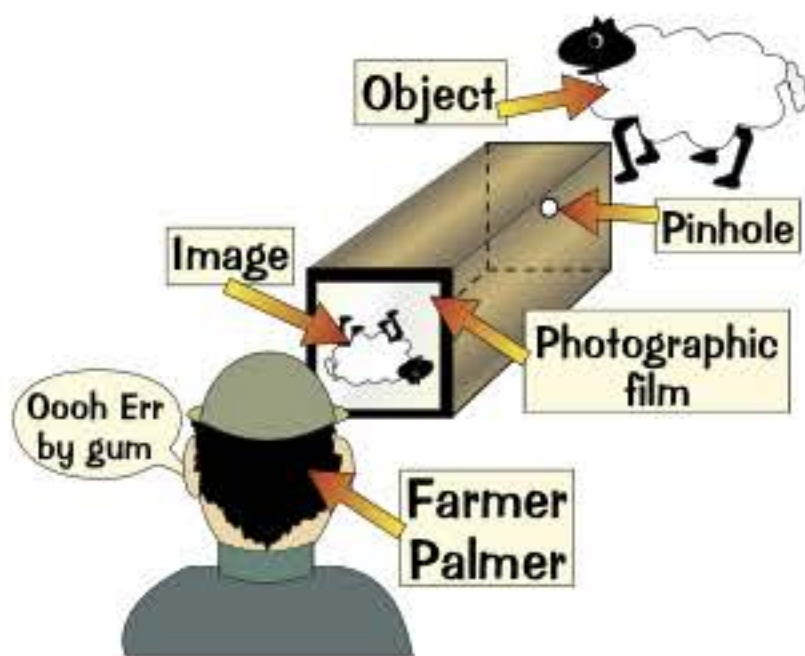
An important page this one — it's all about how we see stuff.

We See Things Because *Light Reflects* into our Eyes

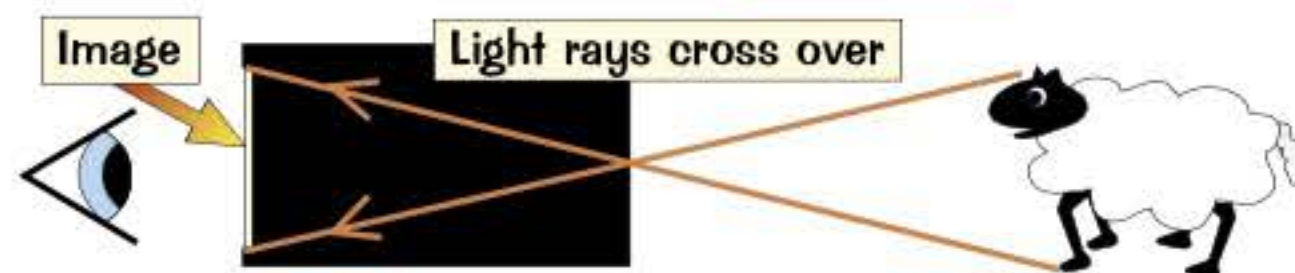
- 1) When luminous objects produce light (see page 87), it reflects off non-luminous objects, e.g. you, me, books, sheep, etc.
- 2) Some of the reflected light then goes into our eyes and that, my friend, is how we see.



The Pinhole Camera is a Simple Camera

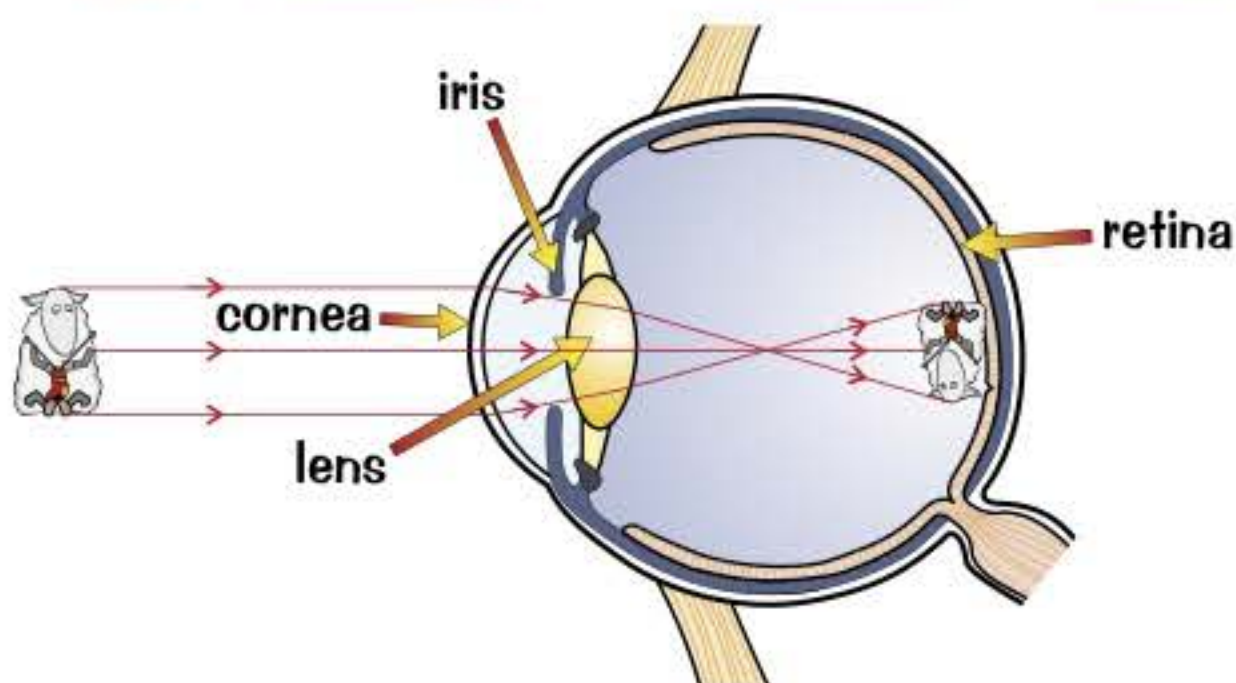
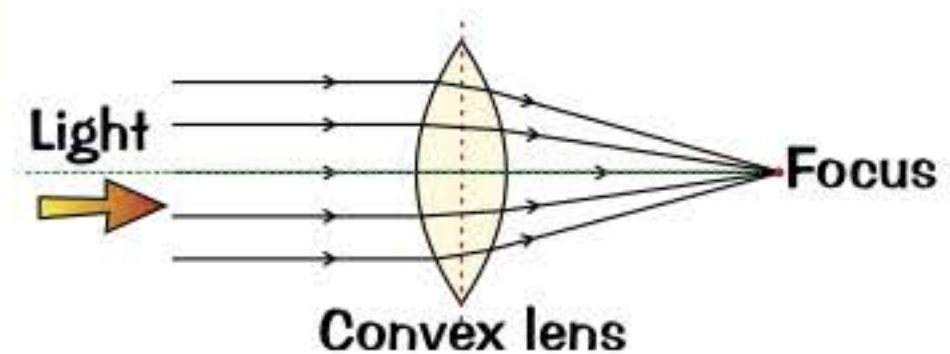


- 1) The light travels in a straight line from the sheep to the photographic film through the pinhole. Because the hole is small, only one ray gets in from each point on the sheep.
- 2) The image of the sheep seen by the farmer is upside down and crossed over. This is because the rays of light cross over inside the camera:



Lenses Can be Used to Focus Light

- 1) A lens refracts (bends) light.
- 2) A convex lens bulges outwards. It causes rays of light to converge (move together) to a focus.



- 3) In the human eye, the cornea is a transparent 'window' with a convex shape. The cornea does most of the eye's focusing.
- 4) The convex lens behind the cornea changes shape to focus light from objects at varying distances.
- 5) The iris is the coloured part of the eye. It controls the amount of light entering the eye.
- 6) Images are formed on the retina. Cells in the retina are photo-sensitive (sensitive to light).

Energy is Transferred From a Light Source to an Absorber

- 1) Energy is carried by light waves.
- 2) Anything that absorbs this energy is called an absorber, e.g. a retina cell in the eye, the film in a film camera or the digital image sensor in a digital camera.
- 3) The energy is transferred to the absorber when it hits the absorber.
- 4) When light waves hit a retina cell it causes chemical and electrical changes in special cells that send signals to the brain.
- 5) In a digital camera, light causes the sensor to generate an electrical charge. The changes in charge are read by a computer and turned into an image.



Next up — How We Dee, Eee and Eff...

So that's how we see stuff. Now it needs learning — so cast your gaze back up to the top of the page and read it all over again. Then cover up the book and note down the most important bits.

Colour

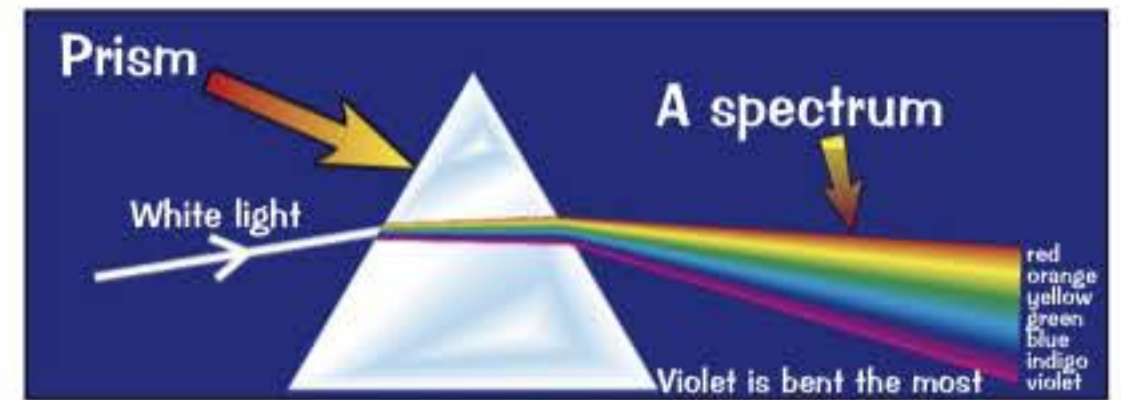
Ok, prepare yourself — there's a **big plot twist** coming up on this page. Hold on to your hats.

White Light is Not just a Single Colour

- 1) Bit of a shocker, I know — but white light is actually a **mixture** of **colours**.
- 2) This shows up bigstyle when white light hits a **prism** or a **rain drop**. It gets **dispersed** (i.e. **split up**) into a full rainbow of colours.
- 3) The proper **name** for this **rainbow** effect is a **spectrum**.
- 4) Learn the **order** that the colours come out in:
Red Orange Yellow Green Blue Indigo Violet

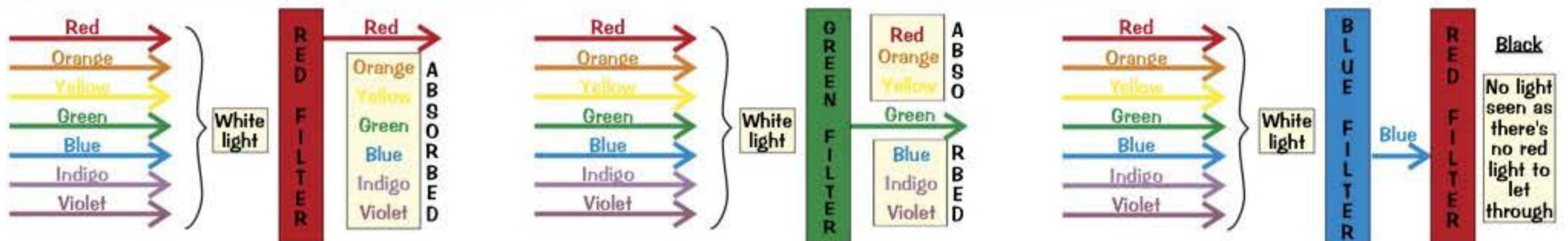
Remember it with this **historical jollyism**:
Richard Of York Gave Battle In Velvet

- 5) The **frequency** of light is the **number of complete waves** that pass a point **per second**.
- 6) Light waves **increase** in frequency from **red** (**low** frequency) to **violet** (**high** frequency).



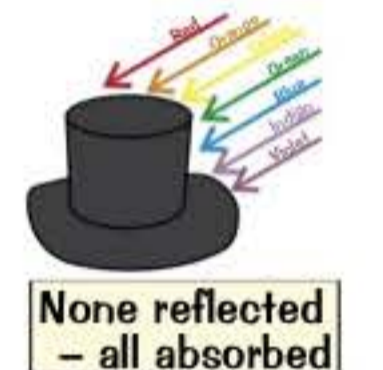
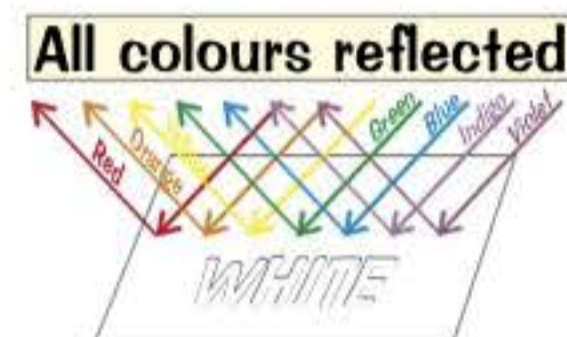
Coloured Filters Only let Their Colour Through

- 1) A **filter** only allows one **particular colour** of light to **go through it**.
- 2) **All other colours** are **ABSORBED** by the filter — so they **don't get through**.



Coloured Objects Reflect Only That Colour

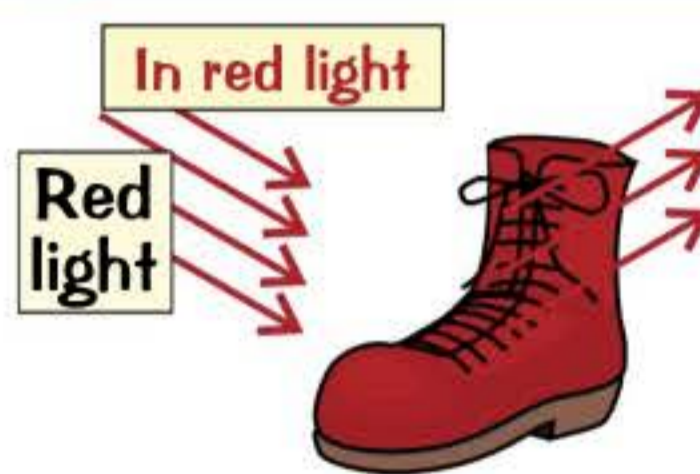
- 1) **Blue** jeans are **blue** because they **diffusely reflect** blue light and **absorb** all the other colours.
- 2) **White** objects **REFLECT** all colours.
- 3) **Black** objects **ABSORB** all colours.



Objects Seem to Change Colour in Coloured Light



- 1) The boot looks **red** — it reflects **red** light and **absorbs** all other colours.
- 2) The lace looks **green** — it reflects **green** light and absorbs all other colours.



- 1) The boot looks **red** — it reflects the **red** light.
- 2) The lace looks **black** — it has **no green** light to reflect and it absorbs all the **red** light.



- 1) The boot looks black — it has **no red light** to reflect and it absorbs the **green** light.
- 2) The lace looks **green** — it **reflects** the **green** light.

Red boots and green laces? Colour me impressed...

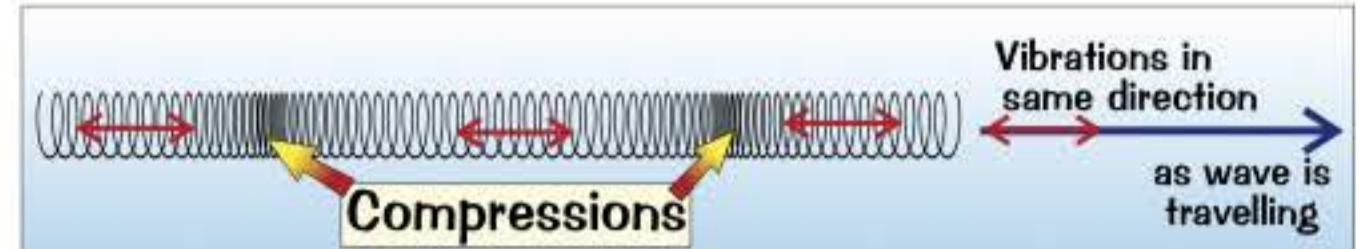
Light — it's **full** of **different colours**, but they're all **mixed up** together so it looks **white**. Better get learning it.

Sound

Like **light**, sound is a **wave**. It's a **different type** of wave to light though.

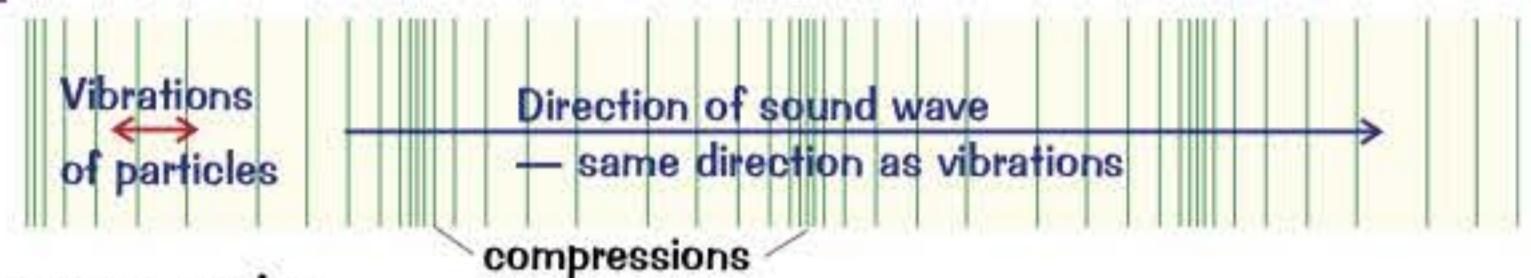
Longitudinal Waves Have Vibrations Along the Same Line

- 1) Longitudinal waves have **vibrations** that are **parallel** to the direction of the wave.
- 2) This means the vibrations are also parallel to the direction of **energy transfer**.
- 3) Examples of **longitudinal waves** include:
 - **Sound waves**.
 - A **slinky spring** when you **push** the end.



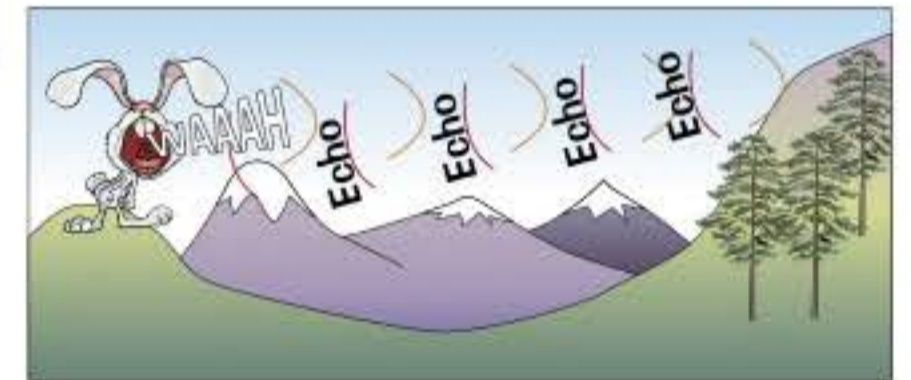
Sound Travels as a Longitudinal Pressure Wave

- 1) **Sound waves** are caused by **vibrating objects**.
- 2) Sound needs a **medium** (e.g. air or water) to travel through because something has to **pass on** the sound **vibrations**.
- 3) The vibrations are **passed through** the medium as a series of **compressions** (regions of **squashed up particles**).
- 4) Sound can't travel in **space**, because it's mostly a **vacuum** (there are no particles).



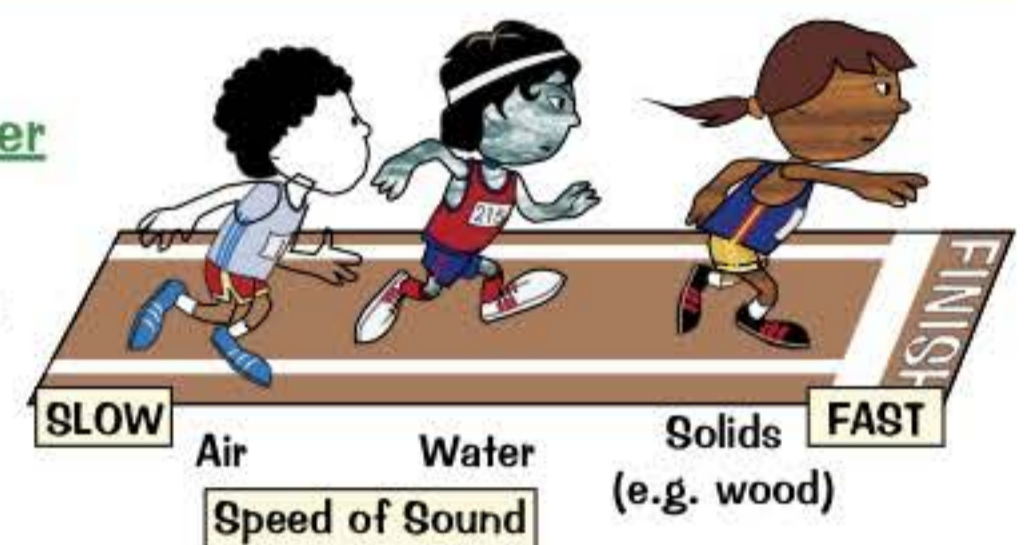
Sound Can be Reflected and Absorbed

- 1) Sound can be **reflected** and **refracted** just like light (see page 88). An **echo** is sound being **reflected** from a surface.
- 2) Sound can also be **absorbed**. **Soft** things like carpets, curtains, sheep, etc. **absorb** sound easily.



The Speed of Sound Depends On What it's Passing Through

- 1) The **more particles** there are, the **faster** a sound wave travels.
- 2) Dense media have lots of particles in a small space. So the **denser** the medium, the **faster** sound travels through it (usually).
- 3) Sound generally travels **faster in solids** (like wood) than in **liquids** (like water) — and faster in liquids than in **gases** (like air).
- 4) Sound travels **much slower** than light.



Frequency is the Pitch of Sound

- 1) The frequency of sound is the **number of complete waves** that pass a point per second. A **high frequency** means more vibrations per second.
- 2) Frequency is a measure of how **high-pitched** (squeaky) the sound is. A **high frequency** means a **high-pitched** sound.
- 3) Frequency is measured in **hertz (Hz)** — the number of **vibrations** per **second**.

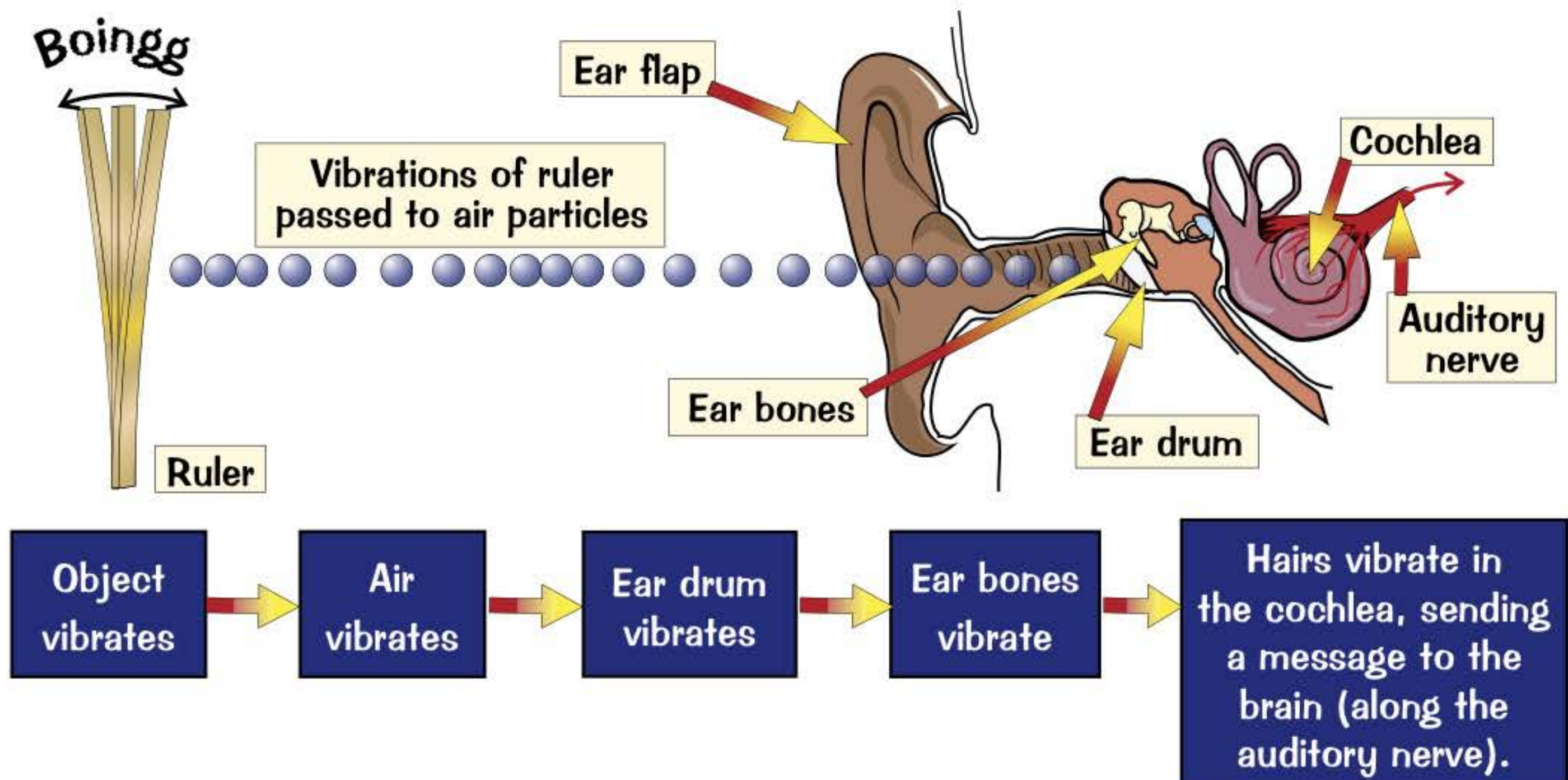
Dear Coldplay, birds can't fly at the speed of sound. Love, CGP.

Yep. That's **another** sort of wave for you to get your head around. **Sound** waves are caused by **vibrations** — if you've ever put a hand on a **bass speaker** (or turned **up** the volume and felt the **floor vibrate**) you'll have 'felt' a sound wave being made. **Higher-pitched** sounds are just the same, but the vibrations are more frequent.

Hearing

They say gags about mishearing don't work in books. I think that's silly — I'm not fearing anything. Anyway, let's crack on with this here page...

Sound Waves Make Your Ear Drum Vibrate

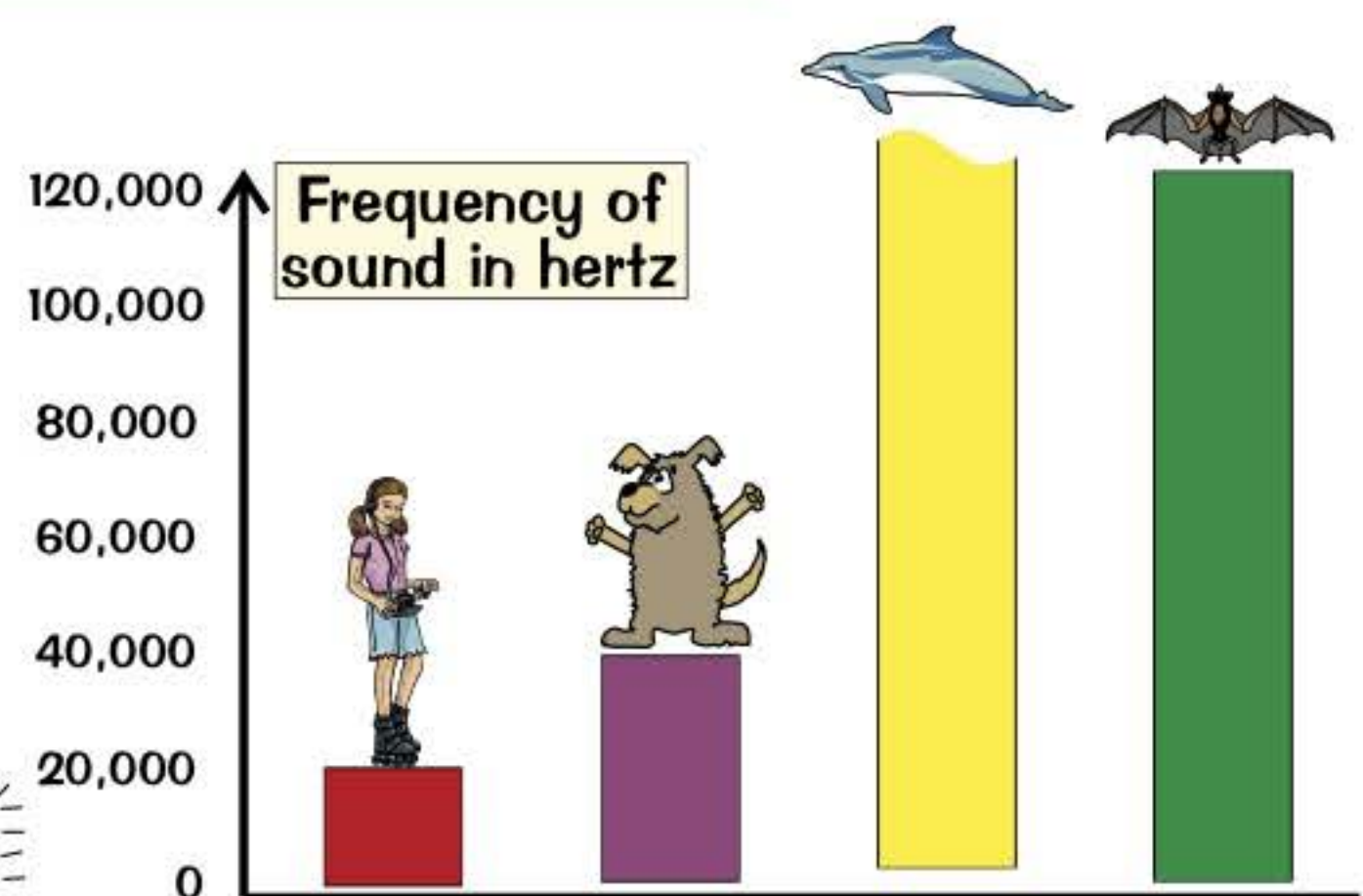


People and Animals Have Different Auditory Ranges

Your **AUDITORY RANGE** is the range of frequencies (vibrations per second) that you can hear.

- 1) The auditory range of humans varies a lot — but it's typically 20-20 000 Hz.
- 2) This means we can't hear low-pitched sounds with frequencies of less than 20 Hz or high-pitched sounds above 20 000 Hz.
- 3) Some animals like dogs, bats and dolphins can hear much higher frequencies than humans, as the chart shows.

Look back at the previous page for more on frequency and pitch.



Save 50% on your auditory range — chop an ear off...

Hey I tell you what, it's a bit of a blockbuster of a diagram that one at the top isn't it? I reckon you really should learn what all the labels are. Remember that we hear things because the air carries the vibrations right into our ear. Also learn all the stuff about auditory ranges — you never know when it might come in useful.

Energy and Waves

You might remember how waves transfer energy (page 86). Well here's a whole page on how useful that is.

Information Can be Transferred by Pressure Waves

- 1) All waves transfer energy from one place to another. In doing so, they can also transfer information.
- 2) Sound waves do this through vibrations between particles — in other words, the pressure changes.
- 3) This is very useful for recording and replaying sounds.

Sound Waves are Detected by Diaphragms in Microphones

- 1) The vibrations in a sound wave make a sensitive diaphragm (e.g. a thin paper or plastic sheet) vibrate inside the microphone.
- 2) The microphone converts the vibrations to electric signals.
- 3) Another device can record the electrical signals so that the sound can be reproduced later.

Loudspeakers Recreate Sound Waves

- 1) An electrical signal is fed into a loudspeaker.
 - 2) This signal causes the diaphragm to vibrate.
 - 3) This makes the air vibrate, producing sound waves.
- It's a bit like a microphone in reverse.



Ultrasound is High Frequency Sound That We Can't Hear

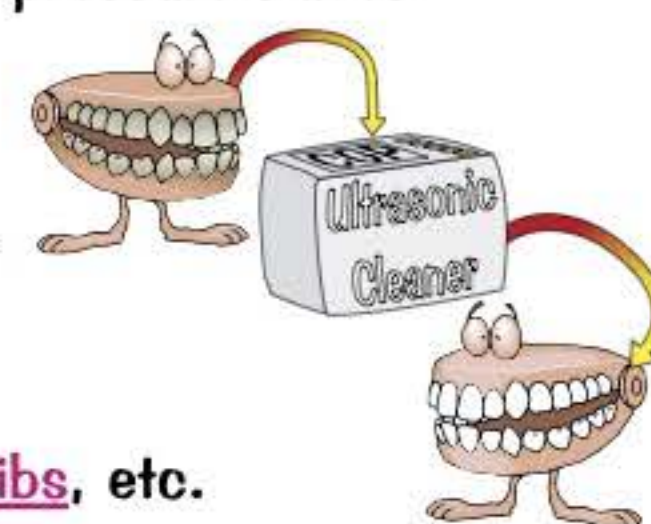
- 1) Ultrasound includes all sounds that have a higher pitch than the normal auditory range of humans.
- 2) So that'll be any sound over 20 000 Hz.

Ultrasonic Cleaning Uses Ultrasound

High-frequency sound waves are used to clean things — the vibrations of the pressure waves dislodge dirt in tiny cracks that wouldn't normally be cleaned.

- 1) An item is placed in a special bath filled with water (or another liquid).
- 2) High-pressure ultrasound waves cause bubbles to form in cavities (holes).
- 3) The bubbles knock any bits of dirt (contaminants) off the object, leaving it clean enough to eat your dinner off.

You can use ultrasonic cleaning to clean jewellery, false teeth, fountain pen nibs, etc.



Ultrasound Physiotherapy May be Helpful

- 1) Ultrasound pressure waves transfer energy through matter — so they can reach inside your body.
- 2) Some physiotherapists think that this means ultrasound can be used to treat aches and pains in parts of the body that are hard to access — like muscles and tendons deep inside your shoulders.
- 3) But scientists have found little evidence that ultrasound physiotherapy is an effective treatment.

Ultrasound? What's next, SuperDuperSound?

This page is full of uses for the energy that is transferred by sound waves. And just in case you were wondering, you do have to learn them. Listening to your music player on the way to school doesn't count...

Section Summary

Section 10 tells you everything you need to know about waves. There are quite a few words in there — and some pretty important diagrams too. Science isn't always a complete doddle, so you're bound to find some of the facts a bit tricky to learn. Never fear! As somebody famous once said, "Nothing can take the place of persistence" — in other words, if you want to achieve anything worthwhile or difficult, all you have to do is keep on slogging away at it. Better get cracking with this lot then...

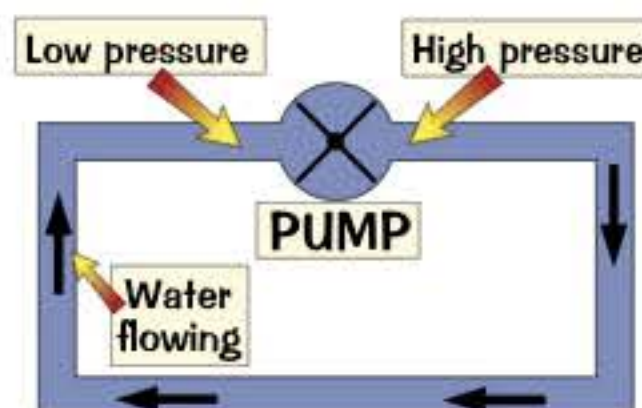
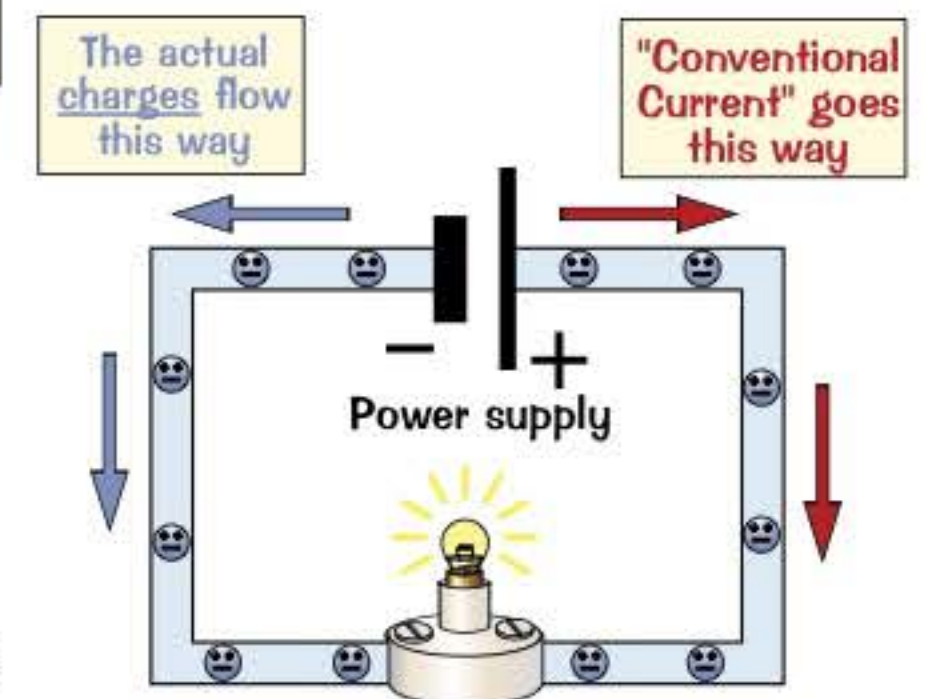
- 1) What do water waves look like? Sketch out a diagram and label it.
- 2) Describe what happens to the displacement when two waves meet. What is this called?
- 3) Give three similarities between water waves and light waves.
- 4) Give one big difference between water waves and light waves.
- 5) What speed does light travel at in a vacuum?
- 6) What is meant by a diffuse reflection?
- 7) What is the law of reflection?
- 8) What does that bizarre word "medium" mean?
- 9) What is refraction?
- 10) What happens when light goes from a less dense medium to a more dense medium?
- 11) What happens when light goes from a more dense medium to a less dense medium?
- 12) Explain in your own words why light "bends" as it enters a glass block.
- 13) Sketch a diagram of a pinhole camera.
- 14) Use a diagram to explain why the image is upside down and crossed over.
- 15) Draw a diagram to show how a convex lens refracts parallel rays of light.
- 16) Which two parts of the eye help you focus on an object?
- 17) How do digital cameras form images?
- 18) How could you show that white light is not just one colour?
- 19) What is the jollyism for remembering the order of colours in a spectrum?
- 20) What colour of light has the highest frequency?
- 21) What colour of light will a red filter let through?
- 22) Why does something blue look blue in white light?
- 23) What happens to all the colours in white light when they hit a black object?
- 24) What colour would green laces look in red light and why?
- 25) What type of wave are sound (pressure) waves? In which direction are the vibrations?
- 26) What does sound need to travel from one place to another?
- 27) Why couldn't you hear a ringing bell in a vacuum?
- 28) What is an echo?
- 29) Does sound usually travel faster in solids, liquids or gases? Explain your answer.
- 30) What does the frequency of a sound mean?
- 31) Draw a labelled diagram of an ear. Explain how a flicked ruler can be heard.
- 32) What does auditory range mean?
- 33) What is the auditory range of humans?
- 34) How do microphones work?
- 35) What is ultrasound? What can it be used for?

Electrical Circuits

First up in this section, some [electricity basics](#)...

Electric Current is the Flow of Charge

- 1) [Electric current](#) is the [flow](#) of [charge](#) around a circuit.
- 2) It can only flow if a circuit is [complete](#).
- 3) The moving charges are actually [negative electrons](#) (page 98).
- 4) Irritatingly, they flow the [opposite](#) way to the direction of [conventional current](#), which is shown on circuits as [arrows](#) pointing [always](#) from [positive](#) to [negative](#).
- 5) It's vital that you realise that [CURRENT IS NOT USED UP](#) as it flows through a circuit. The [total current](#) in the circuit is always the [same](#).



Current is a bit like water flowing...

The pump drives the [water along](#) like a power supply. The water is [there](#) at the [pump](#) and is [still there](#) when it returns to it — and just like the water, electric current in a circuit [doesn't get used up](#) either.

Potential Difference Pushes the Current Around

- 1) In a circuit the [battery](#) acts like a [pump](#) — it provides the driving [force](#) to [push](#) the charge round the circuit. This driving force is called the [potential difference](#).
- 2) If you [increase](#) the potential difference [more current](#) will flow.
- 3) Different batteries have different potential differences. You can put several batteries together to make a [bigger potential difference](#) too.

Potential difference is sometimes called voltage.

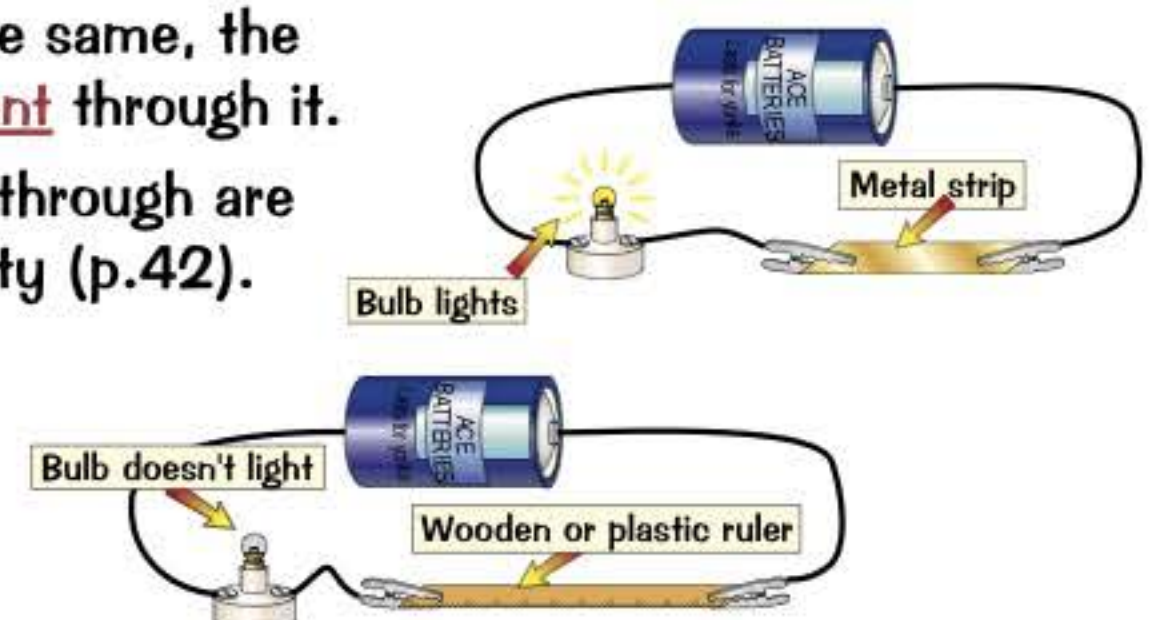
Resistance is How Easily Electricity Can Flow

- 1) [Resistance](#) is anything in a circuit that [slows down](#) the flow of current. It is measured in [ohms](#) (Ω).
- 2) You can calculate the [resistance](#) of a component by finding the [ratio](#) of the [potential difference](#) and [current](#). This is just a fancy way of saying:

$$\text{RESISTANCE} = \text{POTENTIAL DIFFERENCE} \div \text{CURRENT}$$

- 3) This means that as long as the potential difference stays the same, the [higher the resistance](#) of a component, the [smaller the current](#) through it.
- 4) Components and materials that electricity can [easily](#) travel through are called [conductors](#). [Metals](#) are good conductors of electricity (p.42).
- 5) [Insulators](#) (e.g. wood) are components and materials that [don't](#) easily allow electric charges to pass through them.
- 6) The [lower the resistance](#) of a component, the [better](#) it is at [conducting electricity](#).

A [component](#) is anything you put in a circuit.



E.g. bulb A has a resistance of 3Ω and bulb B has a resistance of 1.5Ω . Bulb B has a [lower resistance](#), so bulb B is a [better conductor](#) than bulb A.

I power all my cakes with electric currents...

Here we have a page that covers all the [really basic stuff](#) about electricity. Comparing electric current with water really does help make things clear, so make sure you get that example clear in your head.

Measuring Current and Potential Difference

Sadly you don't just need to know what current and potential difference are — you need to be able to measure them too. Handily, some clever chaps have made machines to do just that...

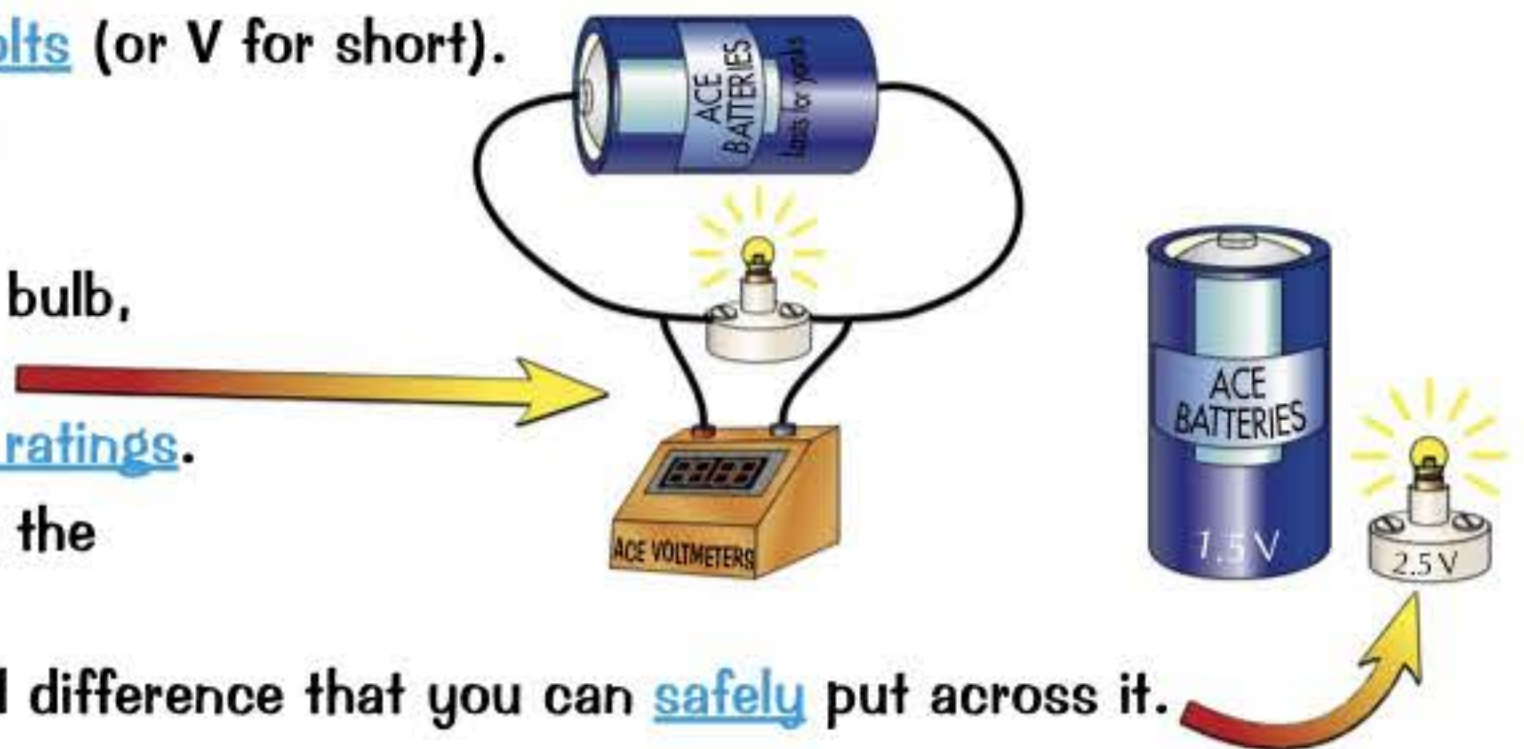
Ammeters Measure Current

- 1) Ammeters measure electric current. It's measured in amperes (or amps, A, for short).
- 2) You measure the current through a circuit by inserting the ammeter into the circuit like this:
- 3) Remember — current doesn't get used up, so the current through the ammeter is the same as through the bulb.



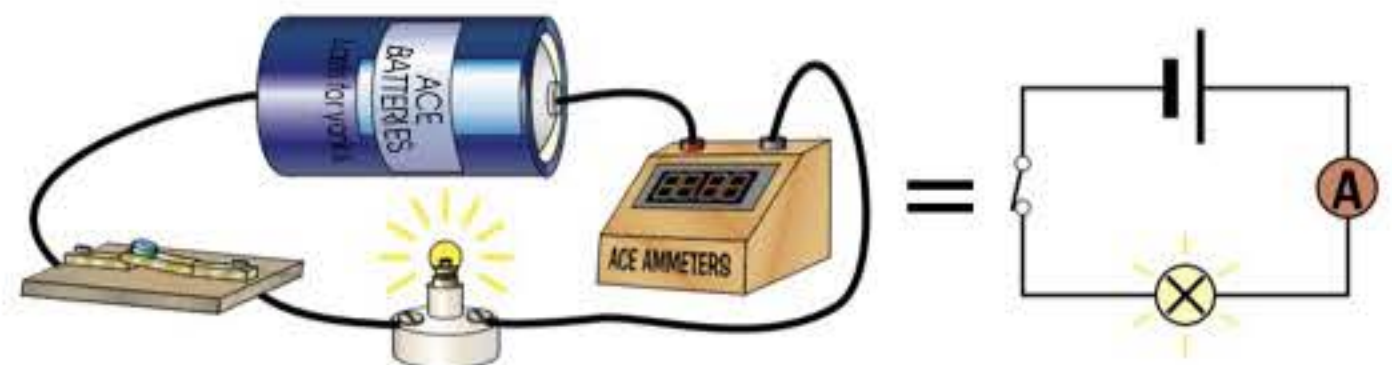
Voltmeters Measure Potential Difference

- 1) Voltmeters measure potential difference in volts (or V for short).
- 2) You measure the potential difference across something in the circuit, such as a bulb.
- 3) To measure the potential difference across a bulb, you'd connect a voltmeter across it like this: Batteries and bulbs have potential difference ratings.
- 4) A battery potential difference rating tells you the potential difference it will supply.
- 5) A bulb rating tells you the maximum potential difference that you can safely put across it.

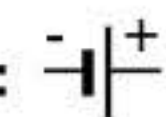



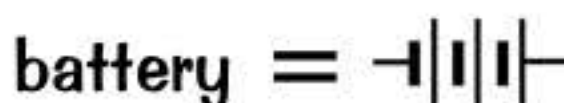
Circuit Diagrams Represent Real Circuits

Circuit diagrams are simplified drawings of real circuits. You start at the cell or battery and go round the circuit, putting in the symbol for each component.

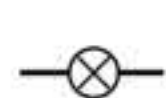



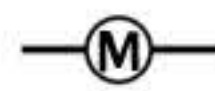

Here are the circuit symbols you need to know:

A cell = 
(a single energy source) 

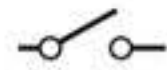
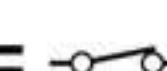


A battery = 
(a battery is two or more cells put together)



A voltmeter = 

A bulb = 


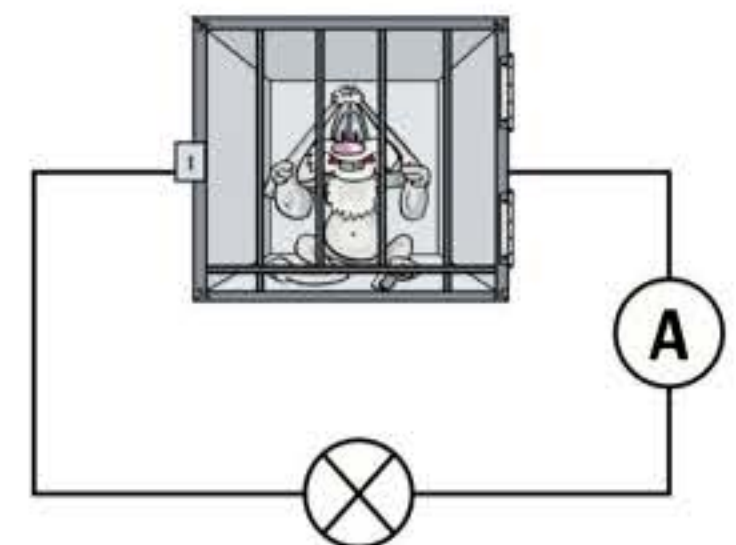
A motor = 


An ammeter = 

A switch:
- open = 
- closed = 



A buzzer = 


In everyday life we call a cell a battery.



A kilogram of bacon? — Weigh it on the 'ammeter...

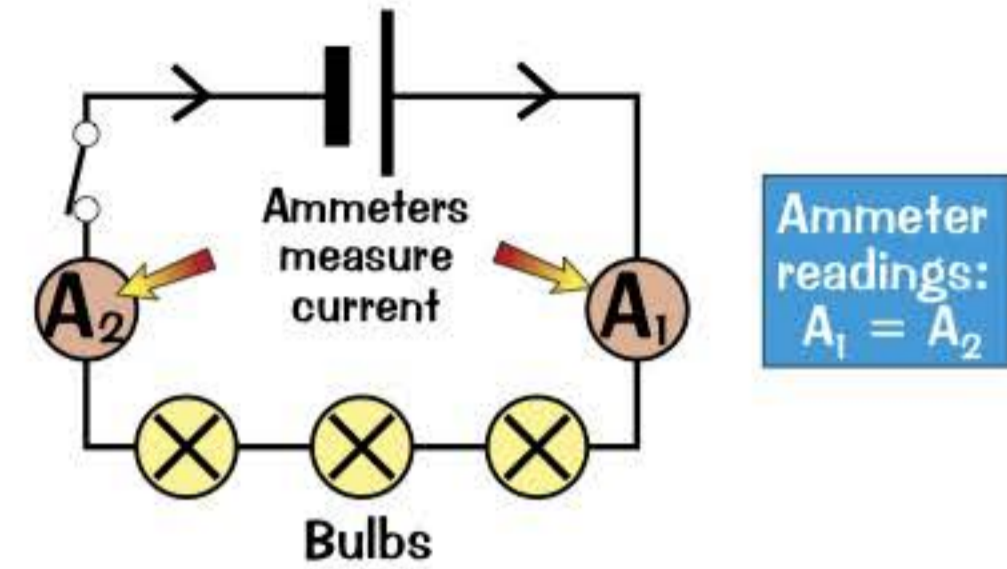
You'll need to get your ruler out to draw a nice, neat circuit diagram. They don't look much like the real circuits they show — but they do make it easier to see how everything is connected up. It's a bit like the London Tube map that way. Symbols are also much quicker and easier to draw than the actual components.

Series and Parallel Circuits

The big difference between series and parallel circuits is that in parallel circuits, current can take different routes around the circuit. And the charges don't even need a map or a GPS to do it...

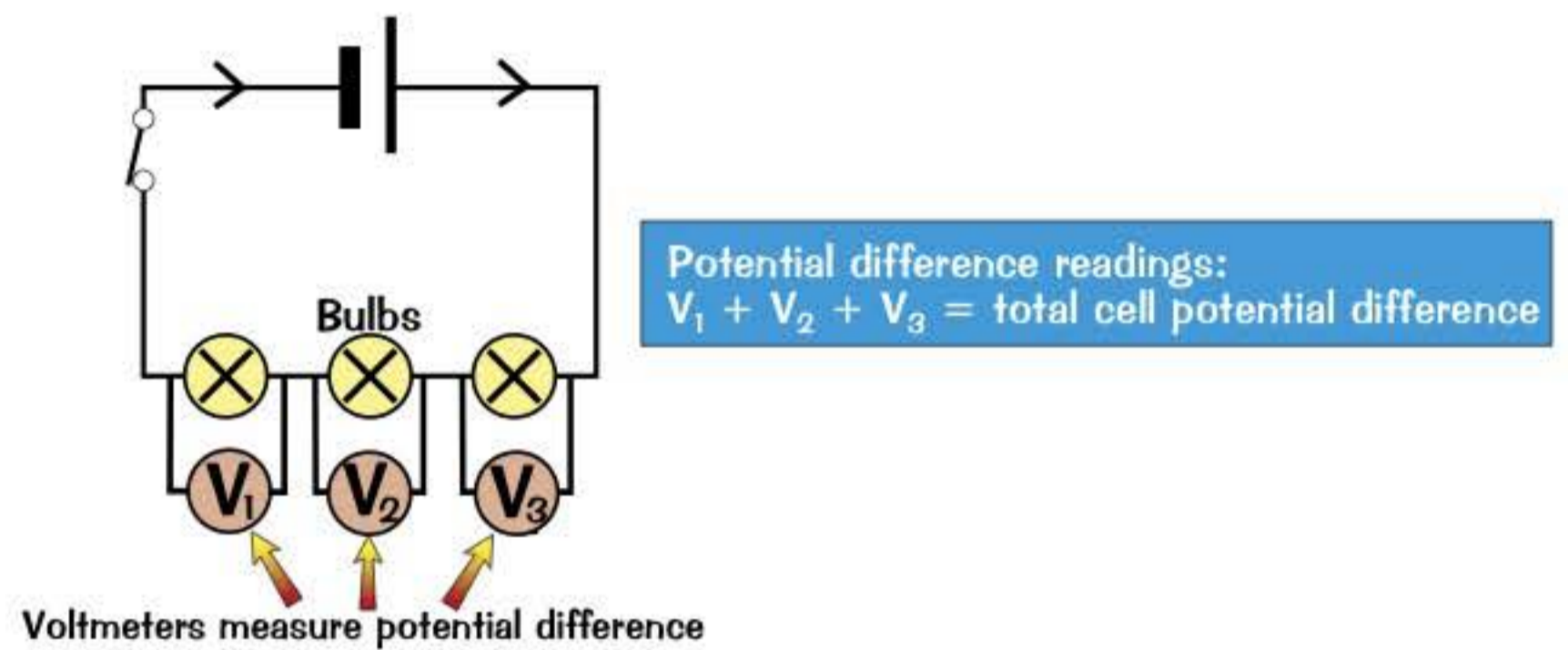
Series Circuits — Current has No Choice of Route

- 1) In the circuit on the right current flows out of the cell, through the ammeter, the bulbs, then through the other ammeter and the switch and back to the cell. As it passes through, the current gives up some of its energy to the bulbs.
- 2) The current is the same anywhere in this circuit as the current has no choice of route. Did I tell you current isn't used up — well don't forget.



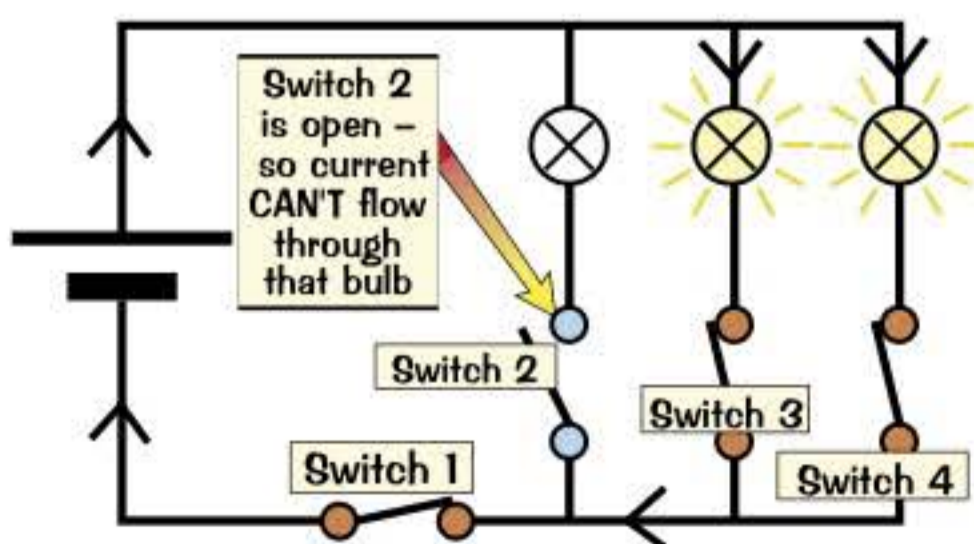
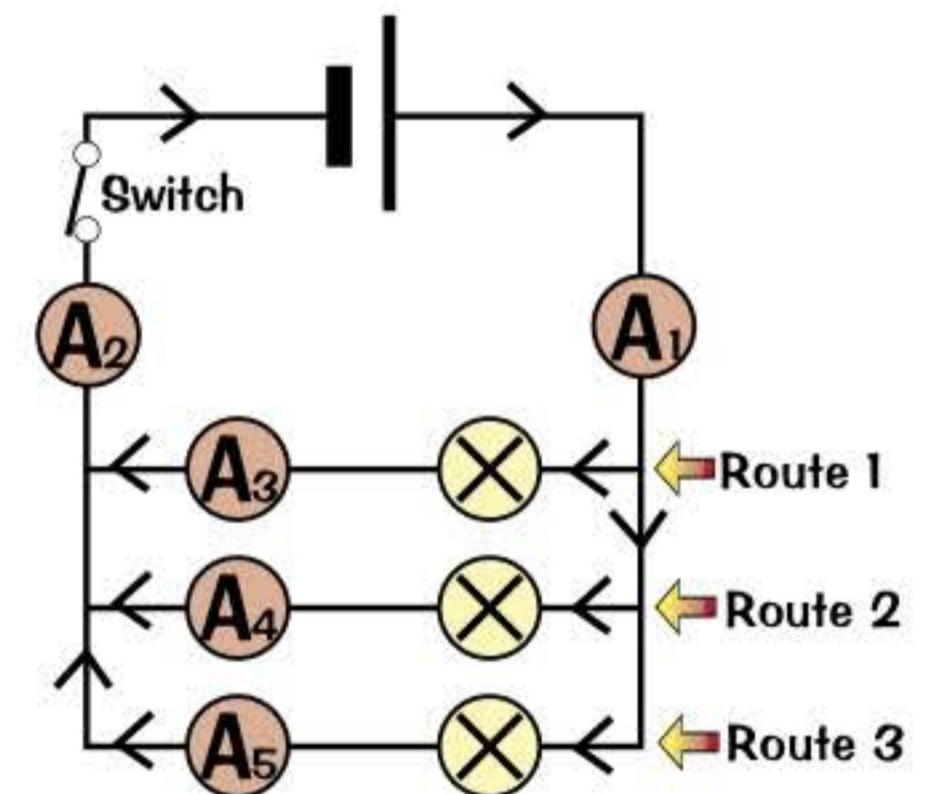
In series circuits the current is either on or off — the switch being open or any other break in the circuit will stop the current flowing everywhere.

- 3) In series circuits, the potential differences across the components add up to the potential difference of the cell (or battery).



Parallel Circuits — Current has a Choice

- 1) In the circuit shown, current flows out of the cell and it all flows through the first ammeter A_1 . It then has a "choice" of three routes and the current splits down routes 1, 2 and 3.
- 2) The readings of ammeters A_3 , A_4 and A_5 will usually be different, depending on the resistances of the components — i.e. the bulbs.
- 3) The three currents join up again on their way back to the cell. So the readings of $A_3 + A_4 + A_5$ added together will be equal to the reading for current on ammeter A_2 (which will also equal A_1).
- 4) It's difficult to believe I know, but the current through A_1 is the same as the current through A_2 — the current is NOT USED UP. (I may have told you that once or twice already.)



- 5) Parallel circuits are sensible because part of them can be ON while other bits are OFF. In the circuit here, two bulbs are on and the other one is off.
- 6) Don't get confused — the potential difference across each bulb in this circuit is equal to the potential difference of the cell.

A series of circuits — well, there are four on this page...

Circuits cause people a lot of gyp, that's for sure. The worst thing about them is that you can't actually see the current flowing, so it's very difficult to appreciate what's going on. Toughsky.

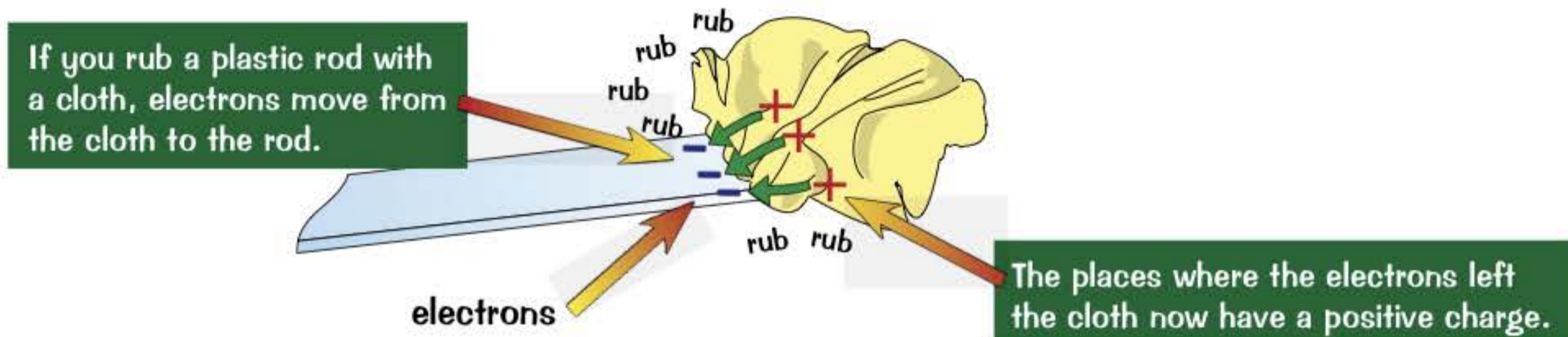
Static Electricity

Right, that's enough on charges flowing about the place. Now let's look at static charges...

Charges Can Build Up When Objects are Rubbed Together

- 1) Atoms (see page 35) contain positive and negative charges.
- 2) The negative charges are called electrons. Electrons can move, but positive charges can't.
- 3) When two insulating objects (see page 95) are rubbed together, the electrons are scraped off one object and left on the other.

The object that gains electrons becomes negatively charged.
The object that loses electrons is left with an equal but positive charge.



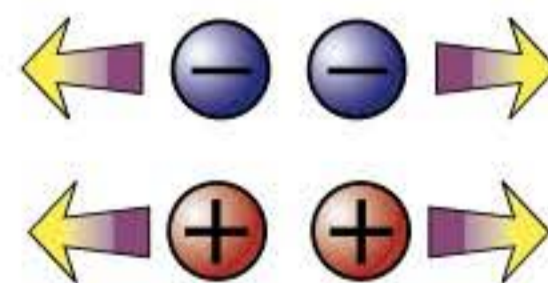
All Charged Objects Have an Electric Field Around Them

- 1) Charged objects don't have to touch each other for them to feel a force from each other.
- 2) An electric field is the space around a charged object where other charged objects will feel a force. That's right, electric forces can act across a gap. Clever stuff.
- 3) The force charged objects feel when they come near each other depends on what type of charge they have.

Two things with OPPOSITE electric charges are ATTRACTED to each other.
Positive and negative charges attract.



Two things with the SAME electric charge will REPEL each other.



Electrons put me in a bad mood — they're so negative...

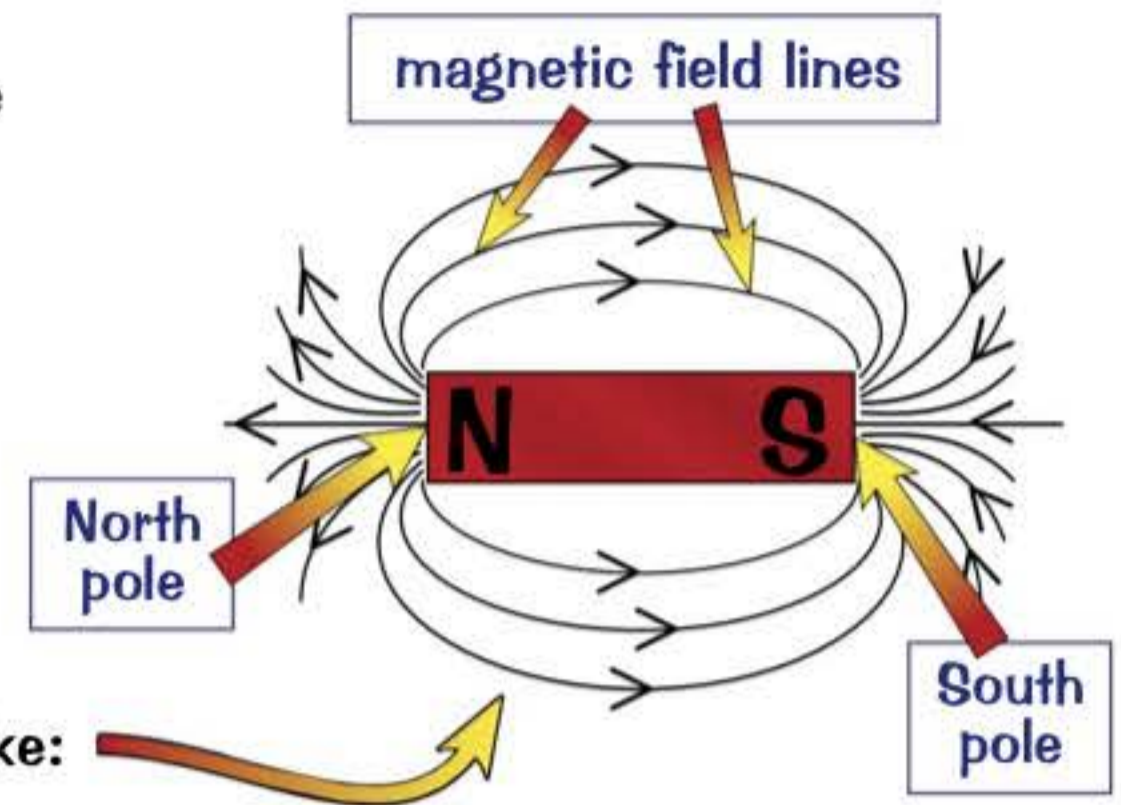
When materials are rubbed together it's only ever the electrons that move — the positive charges never ever get to go anywhere (poor lambs). Static electricity's great fun. You must have tried it — rubbing a balloon against your head and getting your hair to stick up like a crazy scientist's. Your hair sticks up like that because each of your hairs has the same type of charge, so they repel each other. Neat.

Magnets

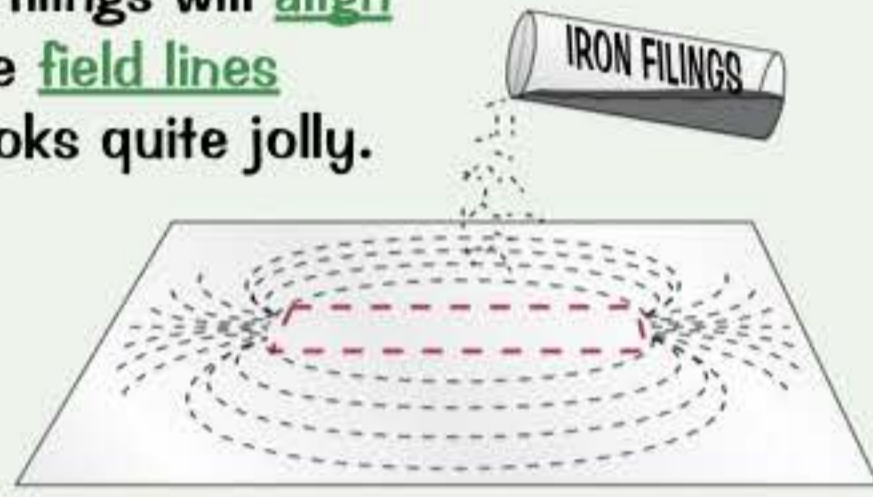
Electric charges aren't the only things to **push** and **pull** each other **without touching**, **magnets** can do it too.

Magnets are Surrounded by Fields

- 1) **Bar magnets** are (surprisingly enough) **magnets** that are in the shape of a bar. One end of the bar magnet is called the **North pole** and the other end is called the **South pole**.
- 2) All bar magnets have **invisible magnetic fields** round them.
- 3) A **magnetic field** is a **region** where **magnetic materials** (e.g. iron) experience a **force**.
- 4) You can draw a magnetic field using lines called **magnetic field lines**. The magnetic field lines always **point** from the **N-pole** to the **S-pole**.
- 5) This is what the magnetic field around a bar magnet looks like:
- 6) You can investigate magnetic fields using either **iron filings** or a **plotting compass**...



The iron filings will **align** along the **field lines** which looks quite jolly.



The **compass** will always point from **N to S** along the field lines wherever it's placed in the field.

The **field lines** (or "lines of force") always point from **NORTH** to **SOUTH**.

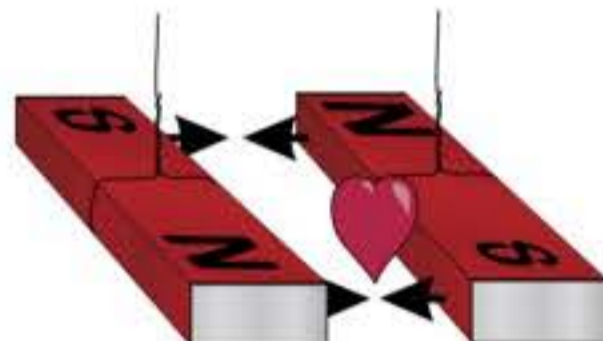


Opposite Poles Attract — Like Poles Repel

Just like electric charges (see page 98), magnets **don't need to touch** for there to be a **force** between them.

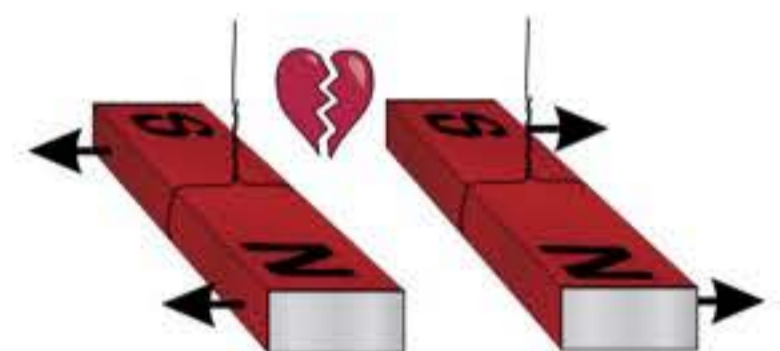
Attraction

North poles and South poles are **attracted** to each other.



Repulsion

If you try and bring two of the **same type** of magnetic pole together, they **repel** each other.



The Earth has a Magnetic Field



- 1) The **Earth** has a **magnetic field**. It has a **North pole** and a **South pole**, just like a bar magnet.
- 2) Compasses **line up** with magnetic fields — so unless you're stood right next to a magnet, they will point to the **Earth's magnetic North pole** (which handily is very close to the actual North pole).
- 3) Maps always have an arrow on them showing you which direction is **North**. This means you can use a **map** and a **compass** to find your way.

Magnets are like farmers — surrounded by fields...

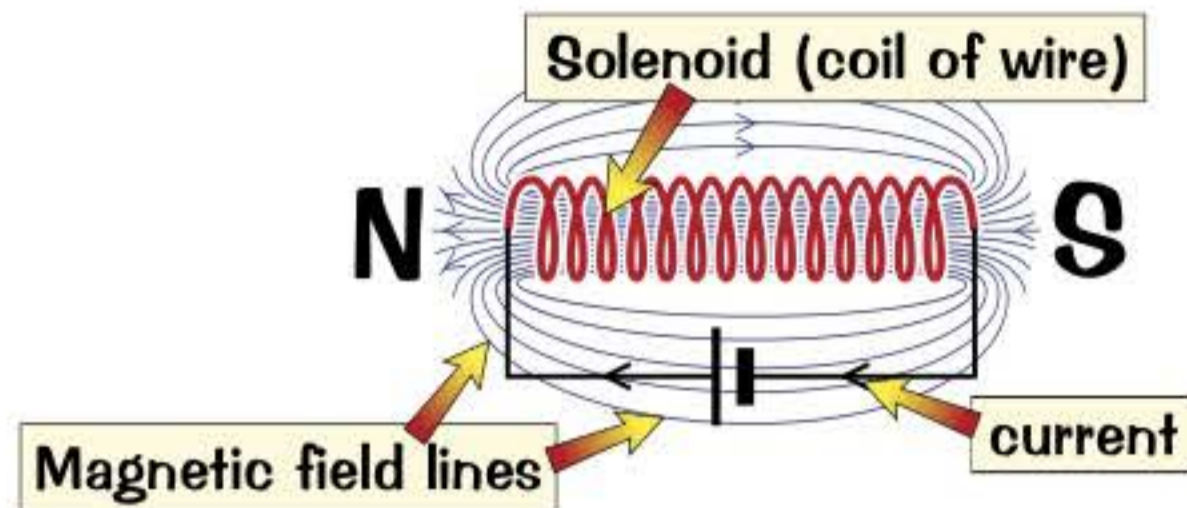
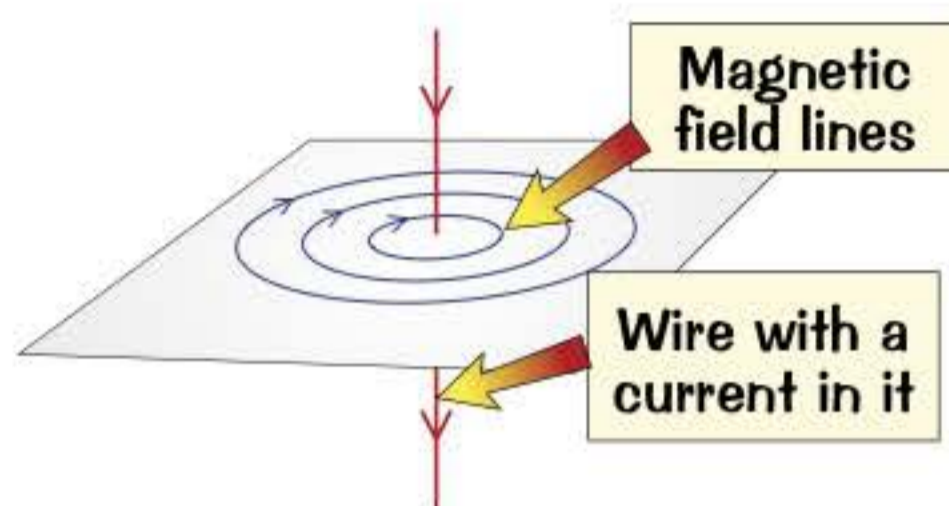
Who knew that magnets weren't only fun to play with, but could also stop you getting lost? Make sure you know all the fun magnetic facts on this page. You know the drill by now — **learn**, **cover** and **scribble**.

Electromagnets

Bar magnets stay magnetic all the time. Electromagnets are fancy magnets which you can turn on and off.

A Wire With a Current in it Has a Magnetic Field Round it

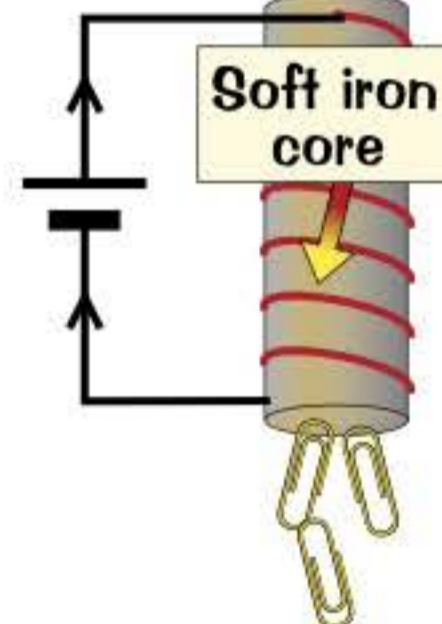
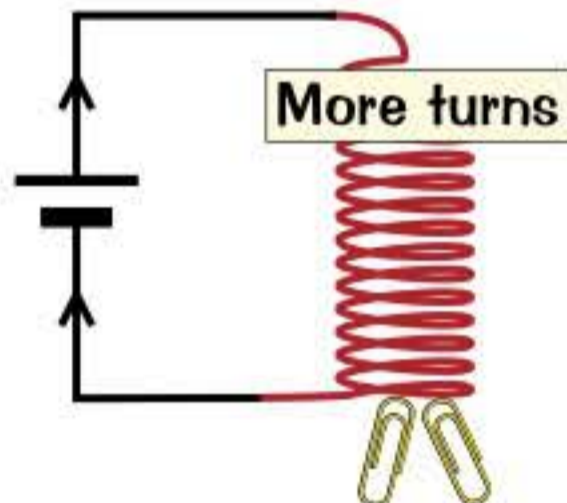
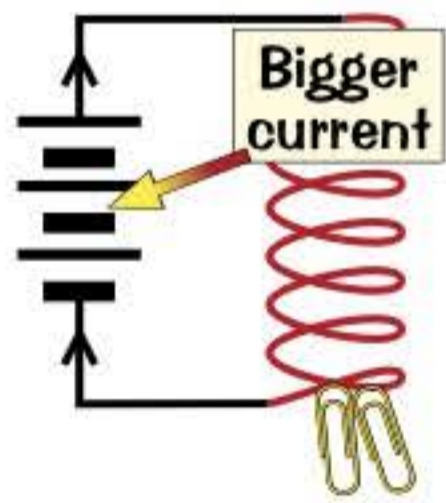
- 1) A current going through a wire causes a magnetic field around the wire.
- 2) A solenoid is just a long coil of wire. Its magnetic field is the same as that of a bar magnet when a current flows through it.



- 3) Magnets made from a current-carrying wire are called ELECTROMAGNETS.
- 4) Because you can turn the current on and off, the magnetic field can be turned on and off.

You Can Increase the Strength of an Electromagnet

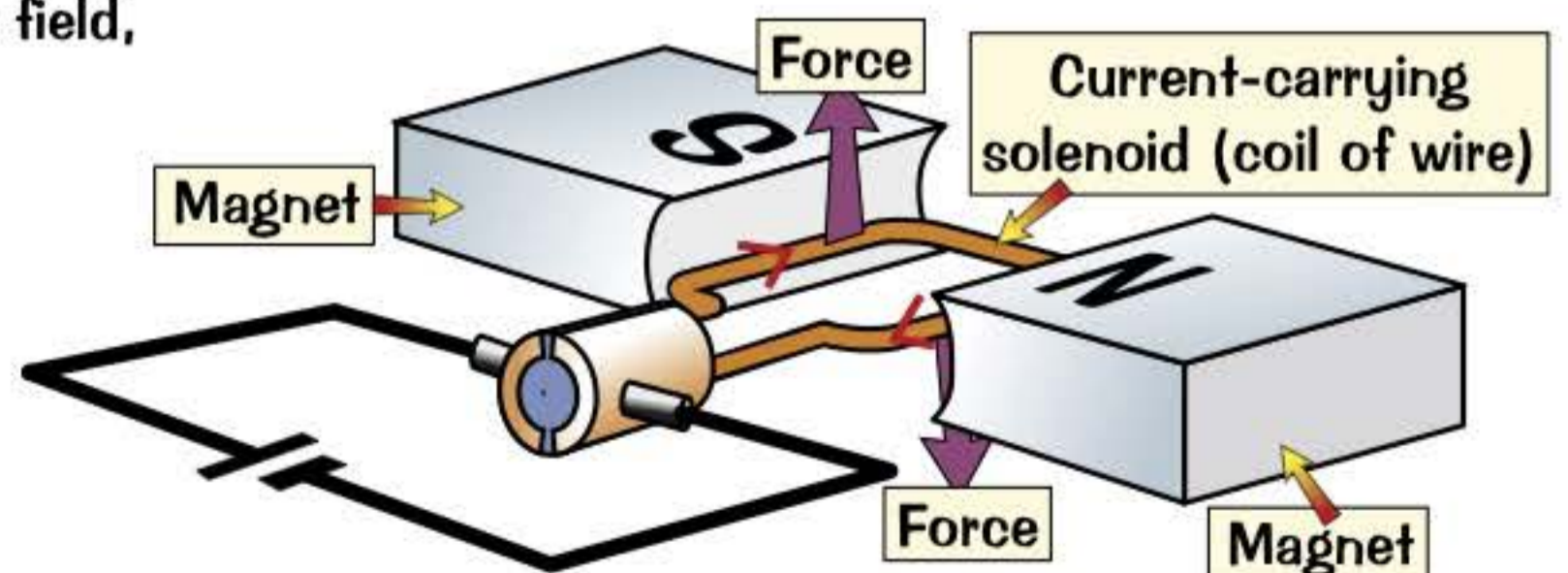
- 1) More current in the wire.
- 2) More turns on the solenoid per unit length.
- 3) A core of soft iron inside the solenoid.



You can't just use any metal to make an electromagnet core. Soft iron has to be used for the core to make it perform as an electromagnet should — i.e. turning on and off when the current is turned on and off.
If a steel core was used, it would stay magnetised after the current was switched off — which would be no good at all.

Electric Motors are Made Using an Electromagnet

- 1) A simple electric motor is made from a loop of coiled wire in a magnetic field.
- 2) When current flows through the wire, a magnetic field forms around the wire.
- 3) Because the wire is already in a magnetic field, there are forces on the loop of the wire. These forces act in opposite directions and cause the loop of wire to turn.
- 4) Bob's your uncle, you've got a motor.



Electromagnets — they're so awesome...

... not only can we use them to make motors, but they're also used in medicine, in scrap yards, in loudspeakers... is there anything they can't do? Well yes, sadly they can't learn this page for you. Make sure you know what an electromagnet is, how to strengthen one and how a simple motor works.

Section Summary

Phew. Electricity and Magnetism — it's no holiday, that's for sure. There are certainly quite a few grisly bits and bobs in this section. There again, life isn't all bad — just look at all these lovely questions I've cooked up for your delight and enjoyment. These are very simple questions which just test how much stuff you've taken on board. They're in the same order as the stuff appears throughout Section 11 — so for any you can't do, just look back, find the answer, and then learn it good and proper for next time.

Yeah that's right, next time — the whole idea of these questions is that you just keep practising them time after time after time — until you can do them all effortlessly.

- 1) Current is the flow of what?
- 2) Can current flow in an incomplete circuit?
- 3) What job does a battery do in a circuit?
- 4) What is potential difference?
- 5) What is resistance?
- 6) What is the difference between a conductor and an insulator?
- 7)* Component A has a resistance of $1\ \Omega$, Component B has a resistance of $0.5\ \Omega$ and Component C has a resistance of $0.01\ \Omega$. Which component is the best electrical conductor?
- 8) What instrument do we use to measure current? How would you connect it in a circuit?
- 9) What are the units of current?
- 10) What instrument do we use to measure potential difference? How would you connect it in a circuit?
- 11) What are the units of potential difference?
- 12) What is a circuit diagram? Why don't we draw out the real thing all the time?
- 13) Sketch the circuit symbol for all of these:
 - a) a buzzer b) a bulb c) a battery d) a switch (open) e) a cell
 - f) an ammeter g) a voltmeter.
- 14)* A series circuit contains 3 bulbs. A current of 3 A flows through the first bulb. What current flows through the third bulb?
- 15) What happens if there is a break in a series circuit?
- 16) Which type of circuit allows part of the circuit to be switched off?
- 17) In parallel circuits current has a choice of what?
- 18) True or false? Adding the current through each branch of a parallel circuit gives you the total current.
- 19) Explain how a cloth and a plastic rod both become charged when they're rubbed together.
- 20) Do charged objects need to touch to repel each other?
- 21) State whether each of these pairs of charged objects will be attracted or repelled by each other.
 - a) positive and positive b) negative and positive c) negative and negative
- 22) What is a magnetic field? In which direction do field lines always go?
- 23) Sketch a diagram showing how a plotting compass points around a bar magnet.
- 24) Name two magnetic poles that will: a) attract each other b) repel each other.
- 25) Explain why you can use a compass to navigate.
- 26) What's a solenoid? What do the field lines around a solenoid look like?
- 27) What's an electromagnet? List three ways to increase the strength of one.
- 28) Explain how a simple electric motor works.

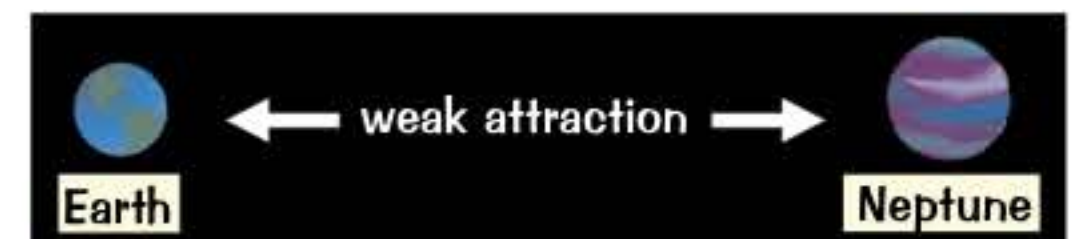
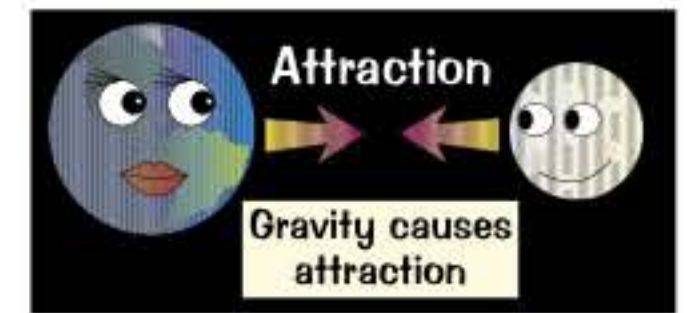
* Answers on page 108.

Gravity

It's not **magic** that keeps your feet on the ground, it's **gravity**. As Sandra Bullock will tell you.

Gravity is a Force that Attracts All Masses

- 1) Anything with **mass** will **attract** anything else with mass. In other words, everything in the Universe is attracted by the force of **gravity** to everything else.
(But you only **notice** it when one of the things is really big like a planet.)
- 2) The **Earth** and **Moon** are **attracted by gravity** — that's what keeps the Moon in its orbit. The **Earth** and the **Sun** are attracted by an even **bigger force** of **gravity**.
- 3) The **more massive** the object (or body) — the **stronger** the force of gravity is (so planets with a **large mass** have **high gravity**).
- 4) The **further the distance** between objects — the **weaker** the gravitational attraction becomes.

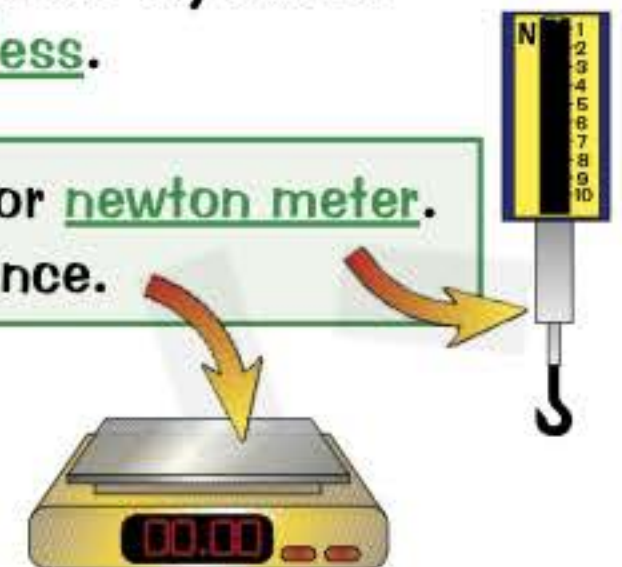


Gravity Gives You Weight — But Not Mass

To understand this you must **learn all these facts** about **mass and weight**:

- 1) **Mass** is just the **amount of 'stuff'** in an object. The mass of an object **never changes**, no matter where it is in the Universe.
- 2) **Weight** is caused by the **pull** of **gravity**.
- 3) An object has the **same mass** whether it's on **Earth** or on **another planet** (or on a **star**) — but its **weight** will be **different**. For example, a 1 kg mass will **weigh less** on **Mars** (about 3.7 N) than it does on **Earth** (about 10 N), simply because the **force** of gravity pulling on it is **less**.

Weight is a **force** measured in **newtons** (N). It's measured using a **spring** balance or **newton meter**. **Mass** is **not** a force. It's measured in **kilograms** (kg) with a **mass** balance.



Learn this Important Formula...

$$\text{weight} = \text{mass} \times \text{gravitational field strength}$$

↑
in N

↑
in kg

$$W = m \times g$$

↑
in N/kg

- 1) The letter "**g**" represents the **strength** of the gravity and its value is **different** for **different planets**. **On Earth** $g \approx 10 \text{ N/kg}$. **On Mars**, where the gravity is weaker, g is only about 3.7 N/kg .
- 2) This formula is **hideously easy** to use:

Example: What is the weight, in newtons, of a 5 kg mass, both on Earth and on Mars?

Answer: $W = m \times g$. On Earth: $W = 5 \times 10 = 50 \text{ N}$ (The weight of the 5 kg mass is 50 N.)

On Mars: $W = 5 \times 3.7 = 18.5 \text{ N}$ (The weight of the 5 kg mass is 18.5 N.)

See what I mean? Hideously easy — as long as you've learnt what all the letters mean.

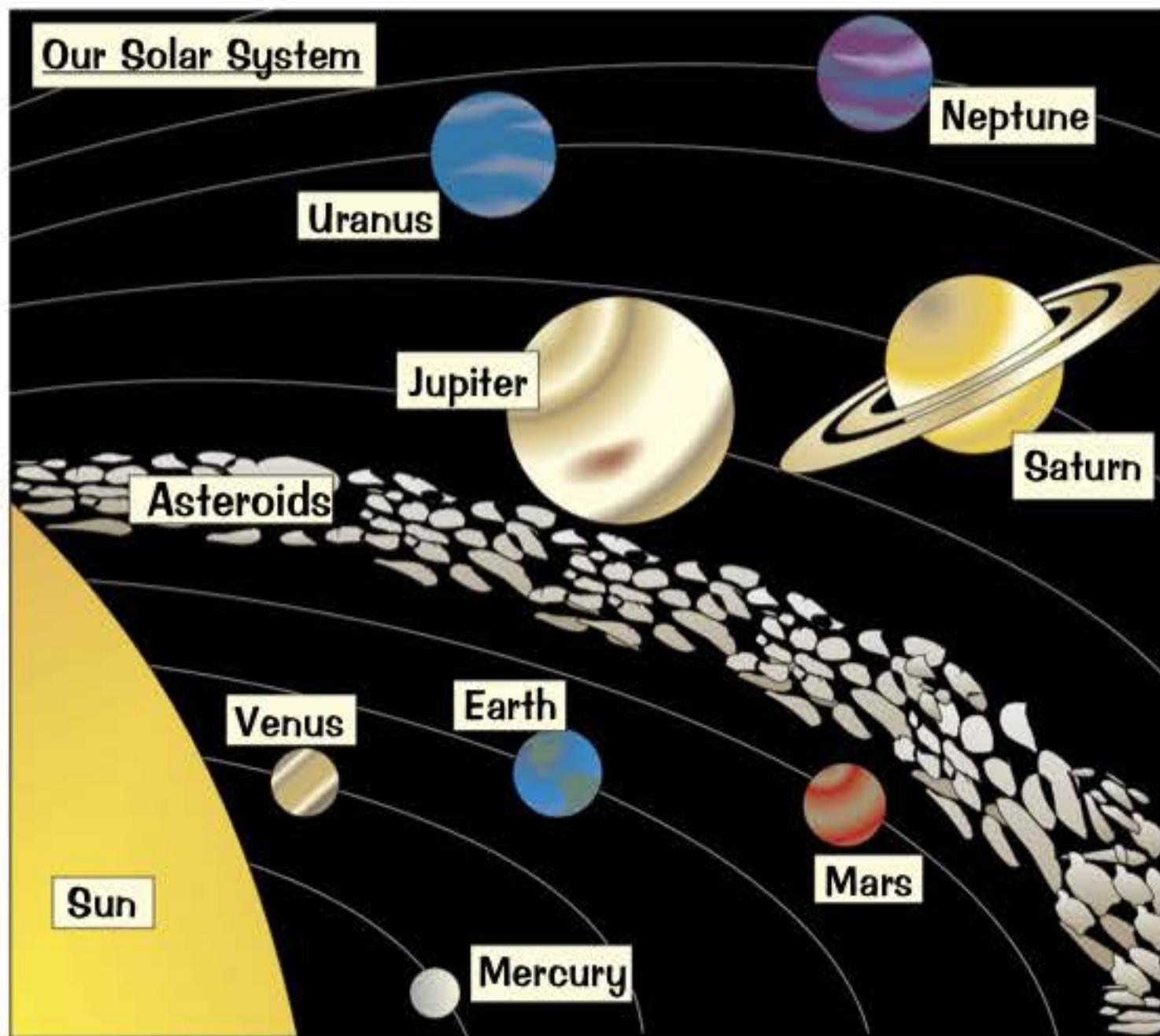
Just make sure you appreciate the gravity of all this...

Remember: **weight** and **mass** are **NOT the same** — they're linked by the **formula** above. **Learn it**. You don't need to know what **g** is on other planets, but you do need to know that on **Earth** it's around 10 N/kg .

The Sun and Stars

Ahh. This is going to be a nice page, I can tell. Look at all those lovely big pictures for a start.

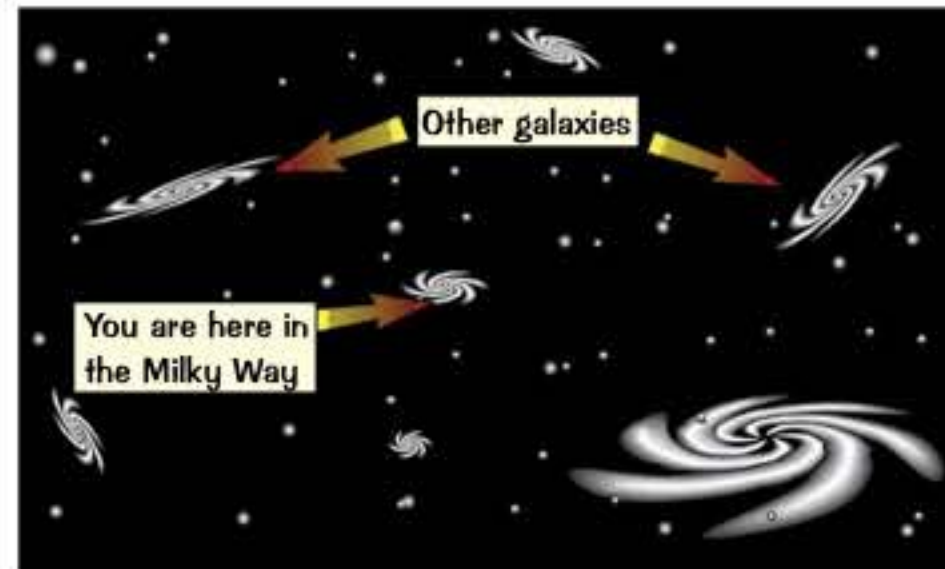
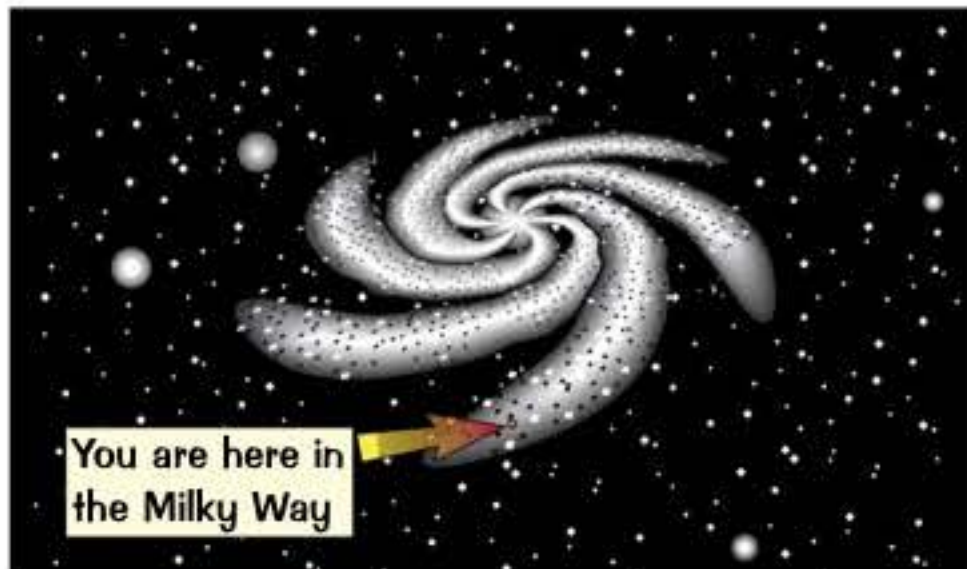
The Sun is at the Centre of Our Solar System



- 1) A planet is something which orbits around a star.
- 2) The Sun (at the centre of our Solar System) is a star. The Earth is one of eight planets which orbit the Sun.
- 3) The Sun is really huge and has a big mass — so its gravity is really strong. The pull from the Sun's gravity is what keeps all the planets in their orbits.
- 4) The planets all move in elliptical orbits (elongated circles).
- 5) Planets don't give out light but the Sun and other stars do.
- 6) The Sun gives out a massive amount of energy which is transferred by light.

Beyond the Solar System

- 1) A galaxy is a large collection of stars. The Universe is made up of billions of galaxies.
- 2) Most of the stars you see at night are in our own galaxy — the Milky Way. The other galaxies are all so far away they just look like small fuzzy stars.

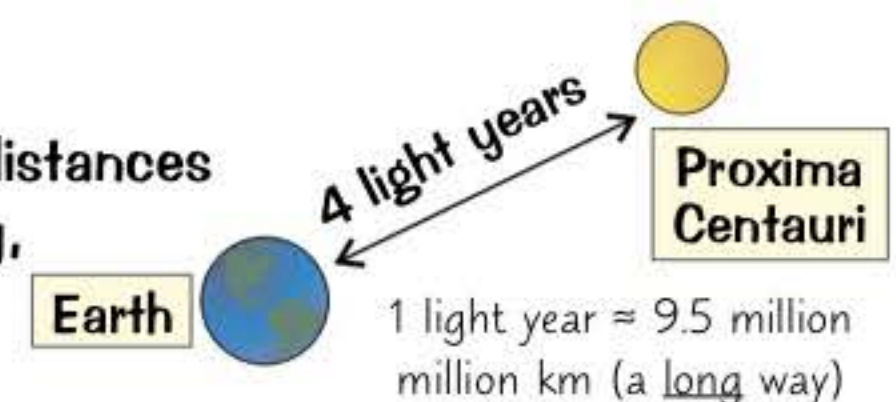


- 3) There are billions of stars in our galaxy, including the Sun.
- 4) Other stars in our galaxy include the North star or Pole star (which appears in the sky above the North Pole) and Proxima Centauri (our nearest star after the Sun).



A Light Year is a Unit of Distance

- 1) A light year is how far light travels in one year.
- 2) It's used for measuring huge distances between objects — like the distances you find in space. E.g. Proxima Centauri is about 4 light years away, which means it takes light from the star 4 years to reach Earth.



Galaxies, the Milky Way — physicists must like chocolate...

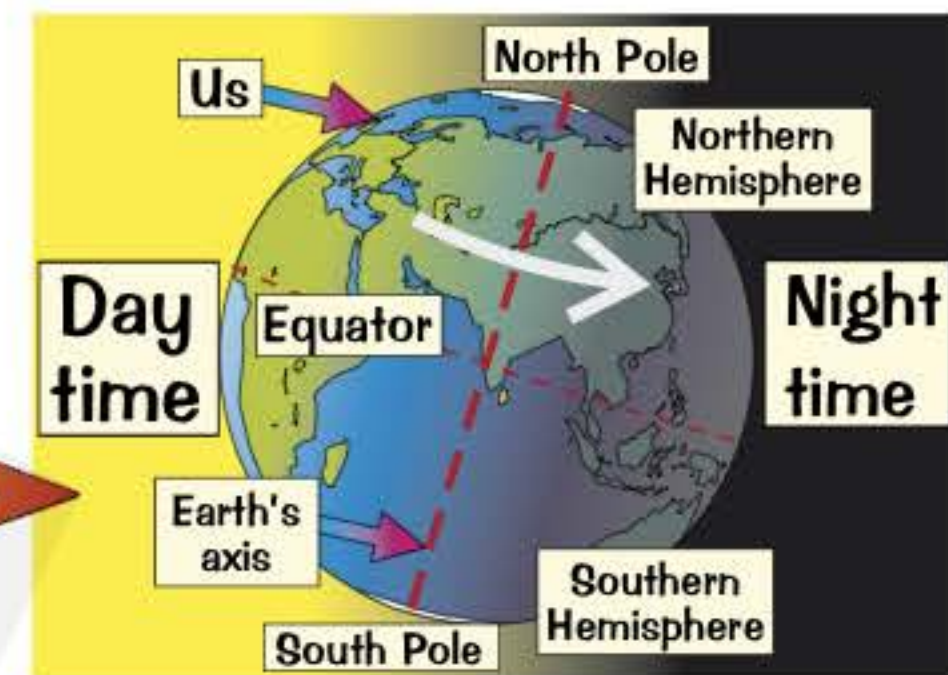
See, I told you this would be a nice page. And an easy one at that. So there's absolutely no excuse for not learning everything on it. You know the score by now. Cover up the page and scribble down everything you can remember. Then check back over the page to see what you missed. Then try again, till you get it all.

Day and Night and the Four Seasons

In years to come, this stuff will come up in a quiz and you'll be able to wow your teammates with the answer. You also need to know it for KS3 Science. So get cracking...

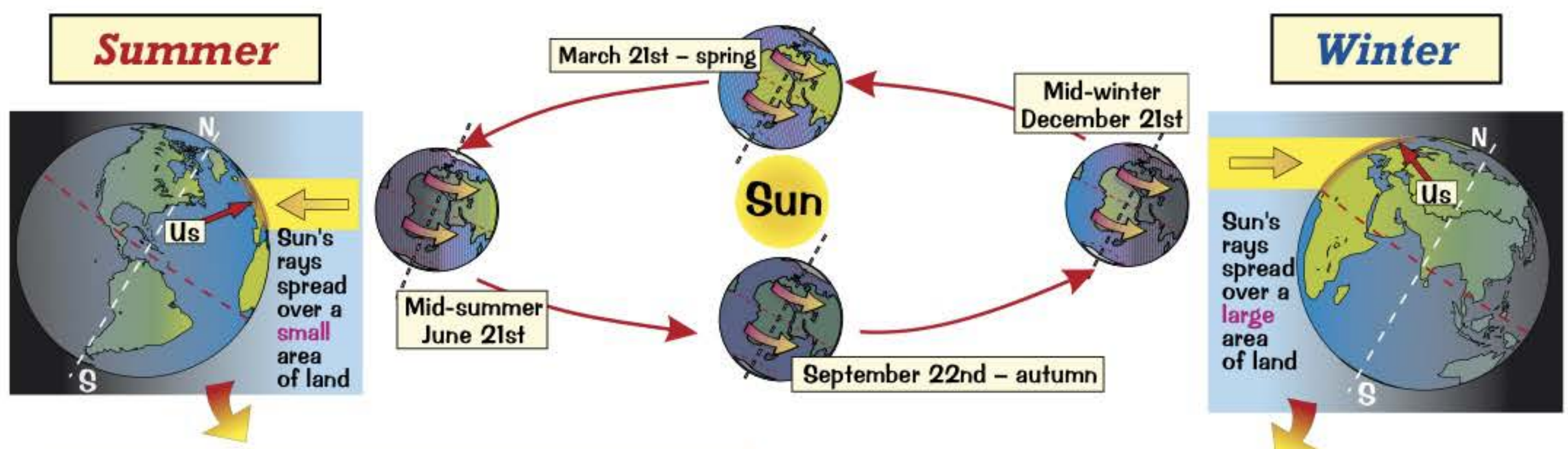
Day and Night are Due to the Steady Rotation of The Earth

- 1) The Earth does one complete rotation in 24 hours. That's what a day actually is — one complete rotation of the Earth about its axis.
- 2) The Sun doesn't really move, so as the Earth rotates, any place on its surface (like England, say) will sometimes face the Sun (day time) and other times face away into dark space (night time).



The Seasons are Caused by the Earth's Tilt

- 1) The Earth takes 365 ¼ days to orbit once around the Sun. That's one year of course. (The extra ¼ day is sorted out every leap year.) Each year has four seasons.
- 2) The seasons are caused by the tilt of the Earth's axis.



- 1) When it's summer in the UK, the northern hemisphere (everything above the equator) is tilted towards the Sun.
- 2) The northern half of the Earth spends more time in sunlight than it does in darkness, i.e. days are longer than nights. Longer days mean more hours of sunshine — so the land heats up.
- 3) Not only that, but the Sun's rays cover a small area of land. This means that the radiation is focused on a small area. So it gets warm (see p.67) and we have summer — hoorah.

- 1) When it's winter in the UK, the northern hemisphere is tilted away from the Sun.
- 2) The north now spends less time in sunlight so days are shorter than nights.
- 3) Also, the Sun's rays cover a larger area of land so the radiation is more spread out. So it gets colder and we have winter.

When it's summer in the northern hemisphere, it's winter in the southern hemisphere — and vice versa.

Phew — I feel quite giddy now...

Well this is all very jolly. Not like usual boring old science at all. This is really interesting. OK. Fairly interesting. Anyway, learn the headings, the diagrams, the details — and scribble. Make sure you know how the tilt of the Earth's axis gives us warm summers (yeah, right) and cold winters.

Section Summary

Section 12 only has three pages of information — not much really, considering it deals with the whole Universe. It's amazing just how many people go their whole lives and never really know the answers to all those burning questions, like what is gravity? Or why are the days longer in summer than in winter? Make sure you learn all the burning answers now...

- 1) What is gravity?
- 2) Which is stronger, the gravitational attraction between the Moon and the Earth or the Sun and the Earth?
- 3) How does the mass of a planet affect its gravitational field strength?
- 4) What is the difference between weight and mass?
- 5) What is weight measured in? What is mass measured in?
- 6) In the formula $W = m \times g$, what does 'g' stand for?
- 7) On Earth, what does 'g' equal?
- 8)*On Jupiter, $g = 25 \text{ N/kg}$. What would a 5 kg mass weigh on Jupiter?
Remember to include the correct unit in your answer.
- 9) What is at the centre of our Solar System?
- 10) How are all the planets kept in orbit around the Sun?
- 11) What is a galaxy?
- 12) What is the name of our galaxy?
- 13) Apart from the Sun, name one other star in our galaxy.
- 14) What is a light year?
- 15) How long does it take for the Earth to complete one full rotation on its own axis?
- 16) Explain what "day time" and "night time" actually are.
- 17) Do all places on the Earth have "day time" at the same time?
- 18) How long does it take for the Earth to complete one full orbit around the Sun?
- 19) How many seasons are there?
- 20) Why are days longer than nights in summer?
- 21) Give two reasons why it's (supposedly) hotter in Britain in summer than winter.
- 22) When it's summer in the northern hemisphere, what season is it in the southern hemisphere?
Explain why.

* Answers on page 108.

Index

- A**
- absorption
 - of food 9
 - of light 90
 - of sound 91
 - acids 52, 53, 55, 56
 - aerobic respiration 4
 - air resistance 80
 - alimentary canal 8
 - alkalis 52, 53, 56
 - alveoli 12, 14
 - ammeters 96, 97
 - Amoeba 2
 - amperes 96
 - amplitude 86
 - anaerobic respiration 4
 - animal cells 2
 - antagonistic muscles 11
 - asthma 14
 - atmosphere 64
 - atmospheric pressure 84
 - atoms 35, 37, 48
 - attraction 99
 - auditory ranges 92
- B**
- babies 16
 - bacteria 9
 - balanced diet 6, 7
 - balanced forces 79, 81
 - balancing equations 51
 - bar magnets 100
 - basic energy requirement (BER) 7
 - batteries 95, 96
 - bell jar demonstration 13
 - biodiversity 29
 - biological catalysts 8
 - blood cells 10
 - boiling 34, 74
 - bones 10
 - breathing 13
 - bronchi 12
 - bronchioles 12, 14
 - Brownian motion 75
 - bulb ratings 96
- C**
- carbohydrates 6
 - carbon cycle 63
 - carbon dioxide 4, 12, 19, 23, 63, 64
 - carpels 20
 - catalysts 8, 50
 - cell
 - membranes 2
 - organisation 3
 - walls 2
 - cells (electric) 96
 - cells (living organisms) 2, 3
 - ceramics 46
 - changes of state 34, 74
 - characteristic features 27
 - charge 95, 98
 - chemical
 - bonds 37, 48
 - energy stores 66, 67
 - equations 51
 - formulae 37
 - reactions 37, 48–50
 - symbols 35
 - chlorophyll 2, 19
 - chloroplasts 2, 19
 - chromatography 40
 - chromosomes 26
 - circuit diagrams 96
 - circuits 95–97
 - climate change 64
 - colour 90
 - combustion 49, 50, 63
 - compasses 99
 - competition 28
 - composites 46
 - compounds 37
 - naming 38
 - compression 83
 - condensing 34, 74
 - conduction (electricity) 42, 95
 - conduction (heating) 42, 68
 - conservation of energy 69
 - consumers 24
 - continuous variation 27
 - conventional current 95
 - convex lenses 89
 - cooling curves 34
 - core (Earth) 59
 - cornea 89
 - crests (waves) 86
 - Crick 26
 - crust (Earth) 59
 - current 95, 96, 100
 - cytoplasm 2
- D**
- Dalton model 35
 - day 104
 - deficiency diseases 7
 - deforestation 64
 - density 31, 32, 74
 - depending on plants 23
 - diaphragm (muscle) 12–14
 - diaphragms (microphone) 93
 - diet 7
 - diffuse scattering 88
 - diffusion 3, 12, 33, 75
 - digestion 8, 9
 - digital cameras 89
 - discontinuous variation 27
 - displacement reactions 57
 - displacement (waves) 86
 - dissolving 39, 74
 - distance-time graphs 78
 - distillation 41
 - DNA 26
 - drugs 17
- E**
- ear drum 92
 - Earth's
 - atmosphere 64
 - gravitational field strength 102
 - magnetism 99
 - resources 62
 - structure 59
 - tilt 104
 - echoes 91
 - ecosystems 23
 - eggs (ova) 15, 16
 - elastic potential energy stores 66, 67
 - elasticity 83
 - electric
 - charges 95
 - current 95
 - fields 99
 - motors 100
 - electrical
 - appliances 72, 73
 - transfers 67, 71–73
 - electricity meters 72
 - electromagnets 100
 - electrons 95, 98
 - electrostatic energy stores 66
 - elements 35–38
 - embryos 16
 - endangered species 29
 - endothermic reactions 50
 - energy
 - conservation of 69
 - in food 66, 73
 - requirements in the diet 7
 - resources 70
 - stores of 66
 - transfer 23, 50, 66–69, 72, 73, 86, 93
 - enzymes 8, 9
 - ethanol (alcohol) 4
 - Euglena 2
 - evaporation 40, 74
 - exercise 14
 - exhaling 13
 - exothermic reactions 50
 - extinction 29
 - eyes 89
- F**
- fallopian tubes 15
 - fats and oils 6
 - fermentation 4
 - fertilisation 15, 16
 - in plants 21
 - fibre 6
 - field lines 99
 - filtration 40
 - flower structure 20
 - foetuses 16
 - food
 - chains 24, 63
 - energy in 66, 73
 - labels 73
 - webs 24
 - force diagrams 79, 81
 - forces 11, 67, 79–84, 98, 99, 102
 - formula triangles 77, 84
 - fossil fuels 62–4, 70, 71
 - fossils 60
 - fractional distillation 41
 - Franklin 26
 - freezing 34, 74
 - frequency 90–92
 - friction 80
 - fruit formation 21
 - fuel bills 72
- G**
- galaxies 103
 - gametes 15
 - gases 31, 32
 - gas exchange 12, 14
 - gas pressure 33
 - gene banks 29
 - generating electricity 71
 - genes 26, 27
 - gestation 16
 - global warming 64
 - glucose 4, 19
 - gravitational
 - fields 66
 - field strength 102
 - potential energy stores 66
 - gravity 102
 - greenhouse gases 64
 - groups (periodic table) 36

Index

- H**
 health 17
 heating curves 34
 heredity 26
 hertz 91
 historical jollyism 90
 Hooke's Law 83
 human food security 23
 hydrocarbons 49
- I**
 ice 74
 igneous rocks 60, 61
 illegal drugs 17
 indicators 52
 inhaling 13
 inheritance 26, 27
 insect pollination 20, 23
 insulators 42, 68, 95
 intercostal muscles 12–14
 interdependent organisms 23, 24
- J**
 joules 67
- K**
 kilowatt-hours 72
 kinetic energy stores 66
- L**
 lactic acid 4
 large intestine 8, 9
 law of reflection 88
 leaf structure 19
 legal drugs 17
 lenses 89
 life processes 17
 light 66, 87
 light years 103
 limited resources 62
 lipids 6
 liquids 31, 32
 litmus paper 52
 liver 8
 longitudinal waves 91
 loudspeakers 93
 lungs 12, 13
 lung volume 13
- M**
 magnetic energy stores 66
 fields 99, 100
 magnets 99
 making salts 53
 mantle 59
 mass 48, 74, 102
 matter 31, 32, 74
 mechanical transfers 67
 media 88, 91
 melting 34, 74
 Mendeleev 36
 menstrual cycle 15
 metals 42, 43
 displacement of 57
 extraction 54
 ores 54, 62
 oxides 54, 56
 reactions with acids 55
 reactivity series 54
 metamorphic rocks 60, 61
 microphones 93
 microscopes 1
 Milky Way 103
 minerals 6, 7, 19, 59
 mitochondria 2, 4
 mixtures 37, 39–41
 molecules 37
 moments 11, 82
 Moon 102
 mother's lifestyle 16
 mouth 8
 muscles 10, 11
- N**
 natural selection 28
 neutralisation 53, 57
 newton metres 79
 newtons 79, 102
 night 104
 non-contact forces 79
 non-metal oxides 56
 non-metals 44, 45
 non-renewable energy resources 71
 nucleus (of a cell) 2, 26
 nutrition 6, 7, 19
- O**
 obesity 7
 oesophagus 8
 ohms 95
 ores 54
 organisms 2, 3
 organs 3
 organ systems 3
 ovaries 15, 16
 ovulation 15, 16
 ovules 20, 21
 oxidation 49
 oxides 56
 oxygen 4, 12, 19, 23, 64
- P**
 pancreas 8
 parallel circuits 97
 particle theory 32–34
 pascals 84
 penis 15, 16
 periodic table 36, 42, 44
 periods (menstrual cycle) 15
 periods (periodic table) 36
 petals 20
 photosynthesis 19, 23, 63
 pH scale 52
 physical changes 34, 74
 pinhole cameras 89
 pitch 91, 92
 pivots 11, 82
 placenta 16
 planets 102, 103
 plant cells 2
 nutrition 19
 reproduction 20, 21
 plotting compasses 99
 poisons (in food chains) 24
 poles 99
 pollen 20, 21
 pollination 20
 polymers 46
 potential difference 95, 96
 power 72, 73
 power ratings 73
 predicting patterns in reactions 36
 pregnancy 16
 pressure 84
 pressure waves 91, 93
 producers 24
 products (of a reaction) 37, 48
 properties of ceramics 46
 composites 46
 elements 35, 36
 metals 42, 43
 non-metals 44, 45
 polymers 46
 solids, liquids and gases 31, 32, 74
 proteins 6
 Proxima Centauri 103
 pure substances 39
 identification of 41
- R**
 radiation 68
 ray diagrams 88
 reactants 37, 48
 reactivity series 54, 55, 57
 recreational drugs 17
 rectum 8
 recycling 62
 reduction 54
 reflection 86, 88, 91
 refraction 88, 91
 relative motion 78
 renewable energy resources 71
 reproductive systems humans 15
 plants 20
 repulsion 99
 resistance 95
 respiration 4, 63
 retina 89
 ribcage 12, 13
 rock cycle 61
 rock types 60
 roots 19
 rusting 49
- S**
 salts 53
 scurvy 7
 seasons 104
 sedimentary rocks 60, 61
 seed dispersal 21
 investigation of 22
 seed formation 21
 sepals 20
 separating mixtures 40, 41
 series circuits 97
 sex cells 15
 SIDOT 77
 simple distillation 41
 skeleton 10
 small intestine 8, 9
 smoking 14
 Solar System 103
 solenoids 100
 solids 31, 32
 sound 91–93
 spectrums 90
 specular reflection 88
 speed 77, 78
 of light 87
 of sound 91
 sperm 15, 16
 spirometers 13
 springs 67, 83
 stamens 20
 stars 103
 starvation 7
 states of matter 31, 32, 74
 static electricity 98

Index and Answers

stigmas 20
 stomach 8
 stomata 19
 stores of energy 66
 sublimation 34, 74
 summer 104
 Sun 70, 87, 102, 103
 superposition 86
 switches 97
 symbol equations 51

T

tar 14
 tectonic plates 59
 teeth 8
 testes 15

thermal
 decomposition 49, 50
 energy stores 66
 equilibrium 68
 tissues 3
 trachea 12
 transverse waves 86, 87
 troughs (waves) 86
 turbines 71

U

ultrasound 93
 unbalanced diet 7
 unbalanced forces 79, 81
 undulations 86, 87
 unicellular organisms 2

Universal indicator 52
 Universe 103
 upthrust 84
 usefulness of energy 69
 uterus 15, 16

V

vacuoles 2
 vacuums 87
 vagina 15, 16
 variation 27, 28
 villi 9
 vitamins 6, 7
 voltmeters 96
 volts 96

W

wasted energy 69
 water
 in the diet 6
 pressure 84
 resistance 80
 waves 86
 Watson 26
 watts 72
 waves 86, 87, 91, 93
 weight 102
 white light 90
 Wilkins 26
 wind pollination 20
 winter 104
 womb 15, 16
 word equations 51
 work done 83

Answers to Top Tip Questions

- p.24** a) Fewer otters means more pike, which will eat more water beetles.
 b) More pike would mean fewer perch, which could mean fewer water beetles get eaten.
p.38 a) sodium fluoride b) iodine c) calcium sulfate
p.51 $2\text{Na} + \text{Cl}_2 \longrightarrow 2\text{NaCl}$
p.82 1) Balanced. 2) Balanced. 3) Unbalanced — right side down.
 4) Unbalanced — left side down. 5) Balanced. 6) Balanced.

Answers to Selected Section Summary Questions

Section Summary 2 — Page 18

- 6)** Daily basic energy requirement = $5.4 \times 24 \text{ hours} \times \text{body mass (kg)} = 5.4 \times 24 \times 54 = 6998.4 \text{ kJ}$
19) Size of moment = force \times perpendicular distance = $8 \times 0.2 = 1.6 \text{ Nm}$.
 Force applied by the muscle = moment \div perpendicular distance = $1.6 \div 0.04 = 40 \text{ N}$.

Section Summary 5 — Page 47

- 23)** a) magnesium oxide b) calcium oxide c) sodium chloride d) calcium carbonate e) copper sulfate
24) a) sodium chloride b) magnesium chloride c) magnesium carbonate

Section Summary 6 — Page 58

- 8)** exothermic **9)** endothermic **13)** $\text{S} + \text{O}_2 \longrightarrow \text{SO}_2$ **14)** $2\text{Ca} + \text{O}_2 \longrightarrow 2\text{CaO}$

Section Summary 8 — Page 76

- 6)** Energy transferred (J) = force (N) \times distance moved (m) = $2000 \times 10 = 20\,000 \text{ J} = 20 \text{ kJ}$
19) Energy transferred = power (kW) \times time (h) = $1.5 \text{ kW} \times 0.5 \text{ h} = 0.75 \text{ kWh}$
21) Cost = energy transferred in kWh \times price per kWh = $298.2 \times 15 = 4473\text{p} = \text{£}44.73$
23) The 300 W device (it has a higher power rating).
27) 50 g (the amount of substance is the same before and after).

Section Summary 9 — Page 85

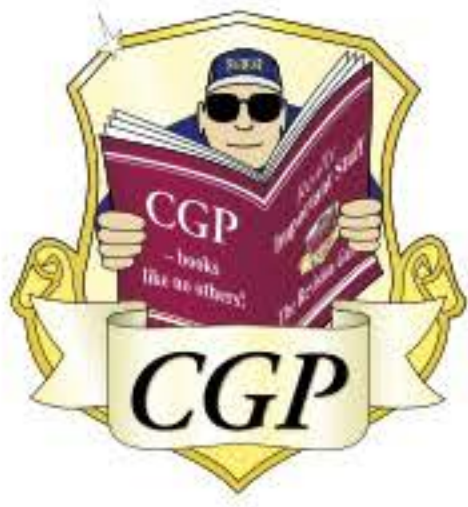
- 3)** $s = d/t = 5 \div 2 = 2.5 \text{ m/s}$. **4)** $s = d/t = 100 \div 20 = 5 \text{ m/s}$. Yes.
5) $s = d/t$ so $d = s \times t = 40 \times 0.25 = 10 \text{ miles}$. (15 minutes = 0.25 hours).
27) $50 \times d = 100$ so $d = 2 \text{ m}$. **31)** $200/2 = 100 \text{ N/m}^2$ (or 100 Pa).

Section Summary 11 — Page 101

- 7)** Component C (it has the smallest resistance). **14)** 3 A

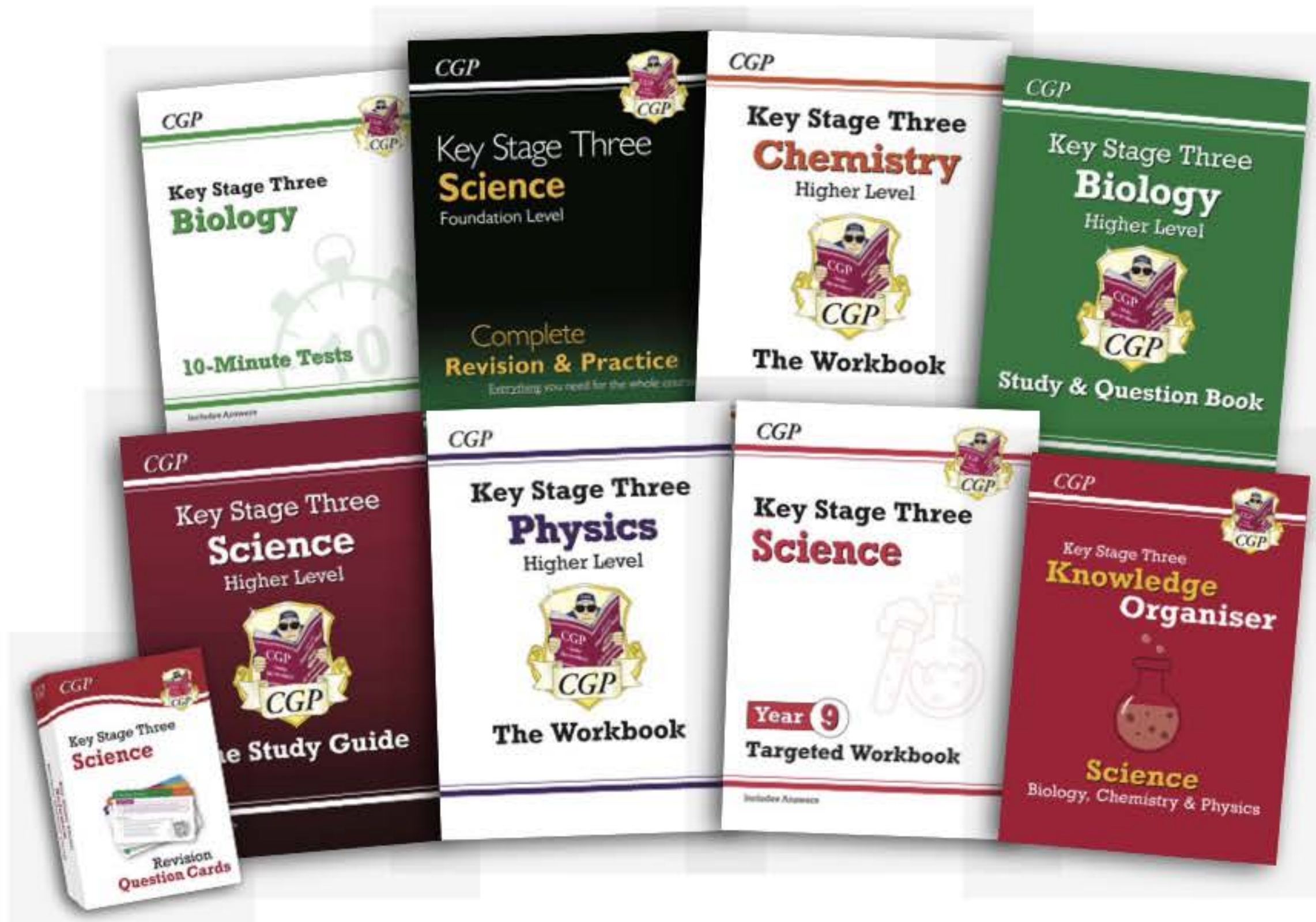
Section Summary 12 — Page 105

- 8)** $W = m \times g = 5 \times 25 = 125 \text{ N}$



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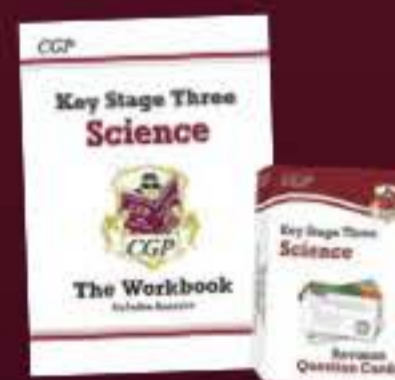
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