



ASX / MEDIA RELEASE

14 July 2010

STIRLING RESOURCES APPOINTS MANAGING DIRECTOR

Stirling Resources Limited (“Stirling”) (ASX: SRE) advises it has appointed Mr. Marty Adams as Managing Director.

Mr. Adams has thirty years’ experience in the Australian mining industry. Holding a degree in Mining Engineering from Melbourne University and an MBA from Deakin University, he has held a range of operational and senior management positions in open pit and underground operations and has extensive experience in gold, copper, mineral sands, iron ore and lead/zinc projects. Mr. Adams’ experience includes 17 years with Normandy Mining Limited, including three years as General Manager of Normandy’s Tennant Creek Operations. He was recently the Project Manager for Hillgrove Resources Limited’s Kanmantoo Copper Project, where he oversaw the successful completion of its feasibility studies and permitting activities. He is currently also the Chief Executive Officer of Australian Zircon NL.

Stirling’s Chairman, David Nabarro, said “We are delighted Marty has accepted the challenge of optimising Stirling’s portfolio of resource investments. His mining industry qualifications and extensive experience will be both of great value to the Board and of vital importance in realising value for all of Stirling’s stakeholders”.

For more information:

Marty Adams
Managing Director
Tel: 08 6389 6800





SUMMARY OF KEY EMPLOYMENT CONTRACT TERMS.

Commencement of position.

Mr Marty Adams is appointed as Managing Director of Stirling Resources Limited effective 14 July 2010 with an unspecified term.

Remuneration and Benefits.

Base remuneration: A\$1,400 per day + GST. This amount includes any superannuation contributions.

Other benefits: Stirling shall provide a fully maintained vehicle. Stirling shall provide furnished accommodation in Perth for Mr. Adams for a period of six months from the date of Mr. Adams' relocation to Perth.

Other items: Stirling agrees that Mr. Adams will be spending some of his time working for Australian Zircon NL. This is expected to be approximately 30% of Mr. Adams' time and will be subject to negotiation.

Termination.

Either party may terminate the employment by providing 30 days written notice.

Other provisions.

Mr Adams' employment arrangements include provisions dealing with Mr Adams' duties, confidentiality, intellectual property and insurance.





STIRLING RESOURCES LIMITED

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About Stirling

Stirling is a mining investment company with strategic investments in a range of Australian natural resource projects, including copper (Redbank Copper - ASX: RCP), gold (Swan Gold Mining) and minerals sands (Matilda Zircon – ASX: MZI).

Stirling is backed by the DCM DECOMetal group's financial resources and strong knowledge of and commitment to the Australian natural resources sector.

DCM DECOMetal is an international commodity trader based in Austria with multiple investments in the mining and metallurgy sector in Australia, South Africa and Eastern Europe. DCM has an extensive client base in Western Europe, North America, the Middle East and Asia.

Stirling's strategy is to identify projects that comprise commodities considered to have strong future demand, and with favorable geological characteristics. The focus is on brown fields projects close to development or production.

Driven by the underlying fundamentals of the Chinese economy and their continued substantial urbanization process taking place requiring commodities such as copper, gold and zircon (for the use in ceramics and porcelain) Stirling is well placed to benefit from the resulting strong continuing demand for these resources.

The Company's website is www.stirlingresources.com.au



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